EL GATO 1978

Laura—
I'm so glad we had
OLIVER because it gave us
the chance to really become GOOD
Friends. Laura, I wish you much
luck for the future with all my love
Have a great summer because you deserve it.

Love always—
Julie Ris

Laura,
You made my first
year in California
most enjoyable.
Thank You

Laura,
It's been
fun knowing you and
I'm looking forward to seeing you
this Summer. Love

PICTURE PAGE 61

Laura Steinwender
26851 Verdo Circle, Mission Viejo
Calif. 92675 831-1655

Laura,
I'm glad I met you this year & I wish I could have got to know you even better though maybe next year. Have a great Summer & take care

Love always Jenny

Laura, I had hope that I will team done better this year but with nancey as captain I don't w but me you ha gains I now the

love always

Have a nice summer, and I hope to know you next year a bit more. Nick Constantino

Try to have a good summer and not go especially with Have a great summer and a perfect life.

Bob Hope

Either Life a Remember
wipe out. Ride it or

CAPISTRANO VALLEY

Hello Laura
I haven't got to talk to you much this year but I still think you're the greatest & hope we will keep in more & more as time goes by. This reminder. Love Jo

Laura,
It was really great knowing you this year. Hope we're friends next year. Have a great summer and I'll see ya next year!

Ed

Laura, well what can I say. We had a lot of good times together, and I don't regret them. Well I hope I see you in the summer. Have fun. Have ya

Dear

Laura,
It was nice knowing you this year. You were really fun to be with on drill team. I think you should have a pair of those electric skis made for me! Have fun with Jim this summer. Hope to see ya this summer + next year. See ya,

Luv,
Sharon

LAURA:

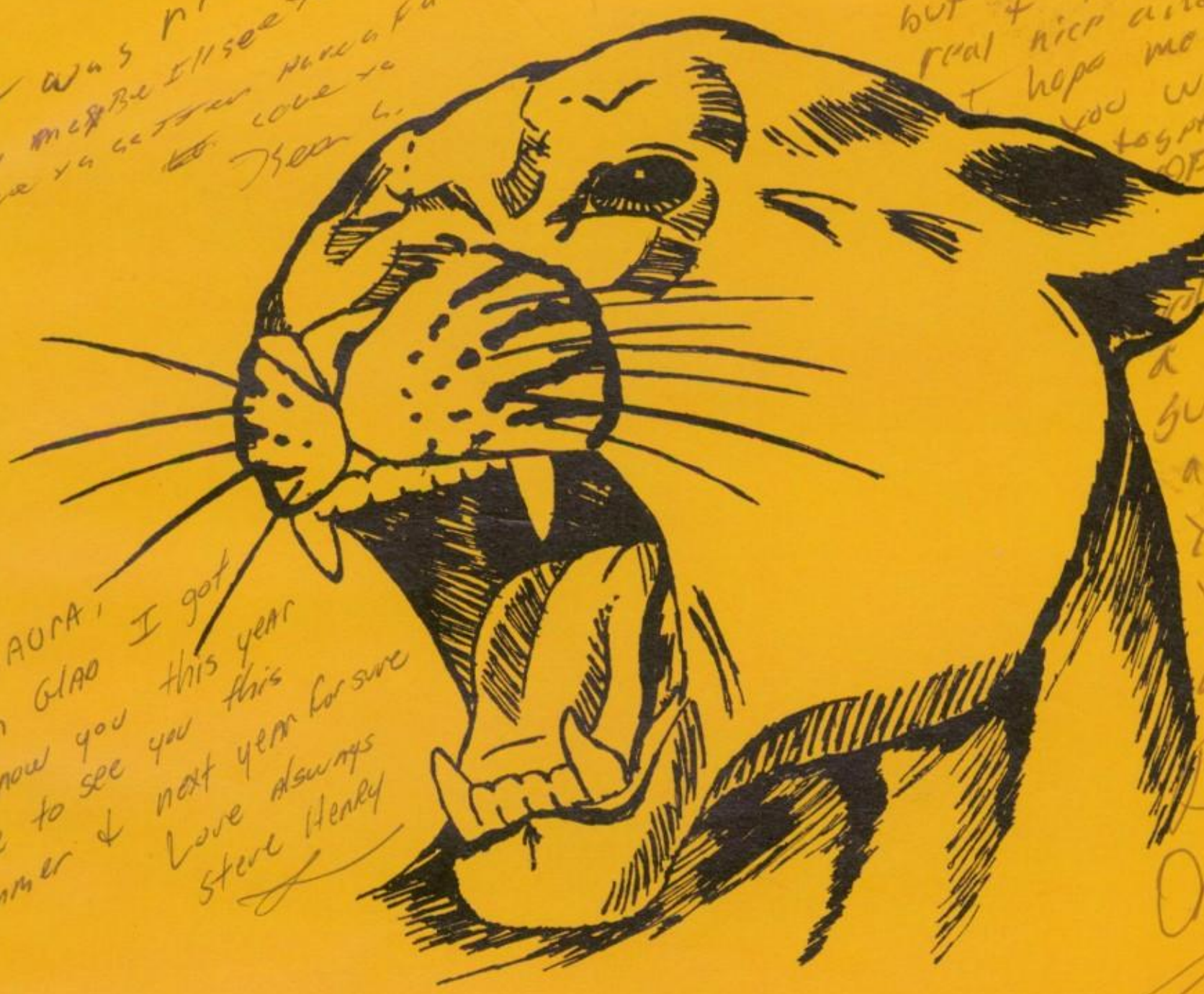
IT WAS NICE KNOWING YOU THIS YEAR, HAVE FUN THIS SOMMER SEE YOU NEXT YEAR.

CHARLE
OCSD

It's been fun having you in class. See you next year!

K. Karp

El Gato

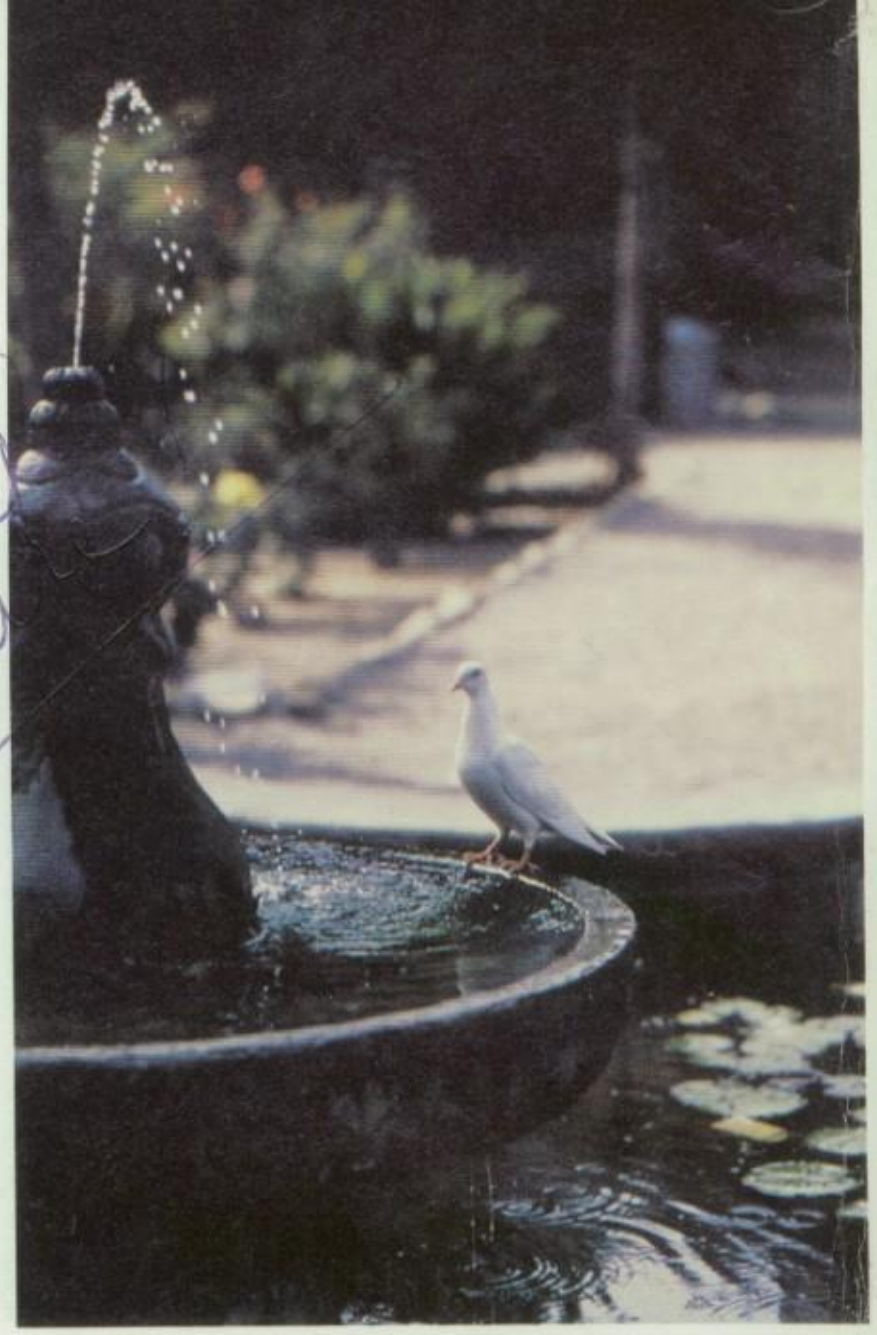


Capistrano Valley High School

Vol. 1

Sunrise and morning dew,

Mixing old with new,



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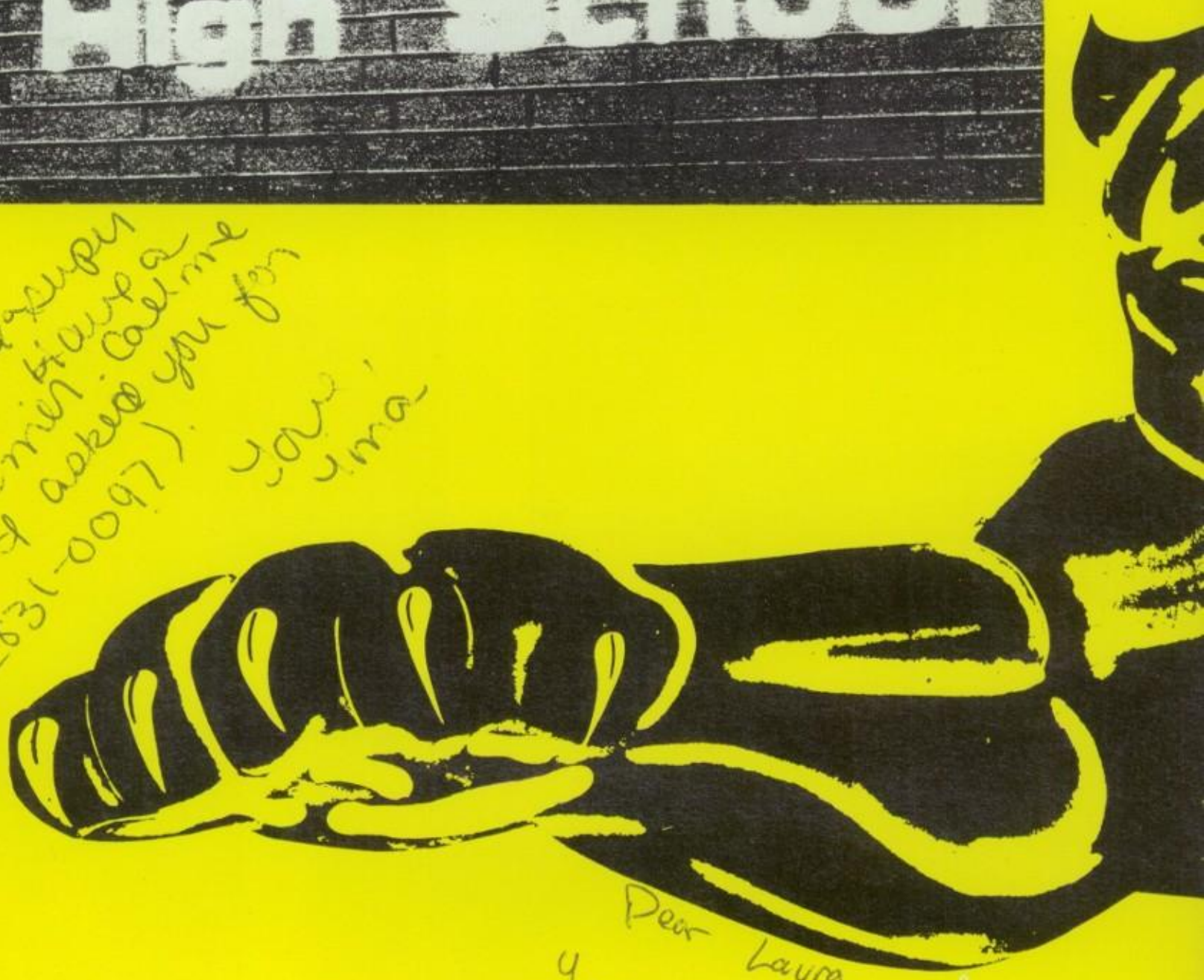
LAURA,
IT'S BEEN A
FUN YEAR AND I'LL ALWAYS
REMEMBER YOU. YOU'RE
A GOOD PERSON. ENJOY
YOUR LIFE
A VERY NICE PERSON. I HOPE
I GOT TO KNOW YOU
BETTER OVER THE SUMMER
TO SEE YOU OVER THE SUMMER
SEE YOU AROUND. LOVE,
AMANDA SAUS '87

Learning of the world and each other,

Burning a memory within us forever.

Laura,
I didn't see you as much
this semester, but it was
fun in english. Um glad
were friends and neighbors
have fun
Dee Gibbs - '87



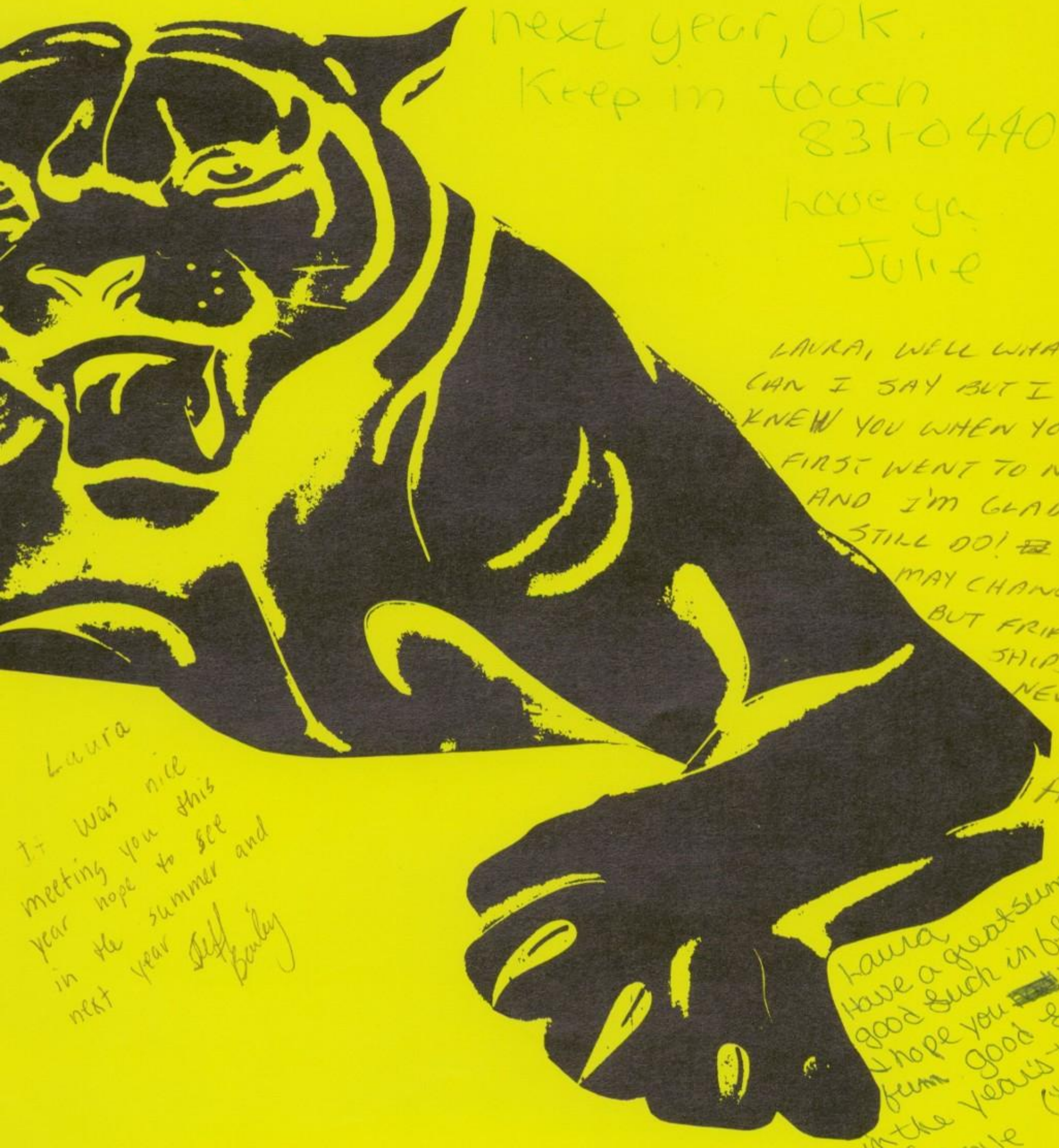
Laura,
Well, remember that first time you came to Niguel? I remember. To bad we weren't good friends this year. Have a great summer.

Jamie

Dear Laura,
You sure have a way of moving through different guys that also happen to be my friends. I wish you luck on more. Have a nice summer,

Love
Mark

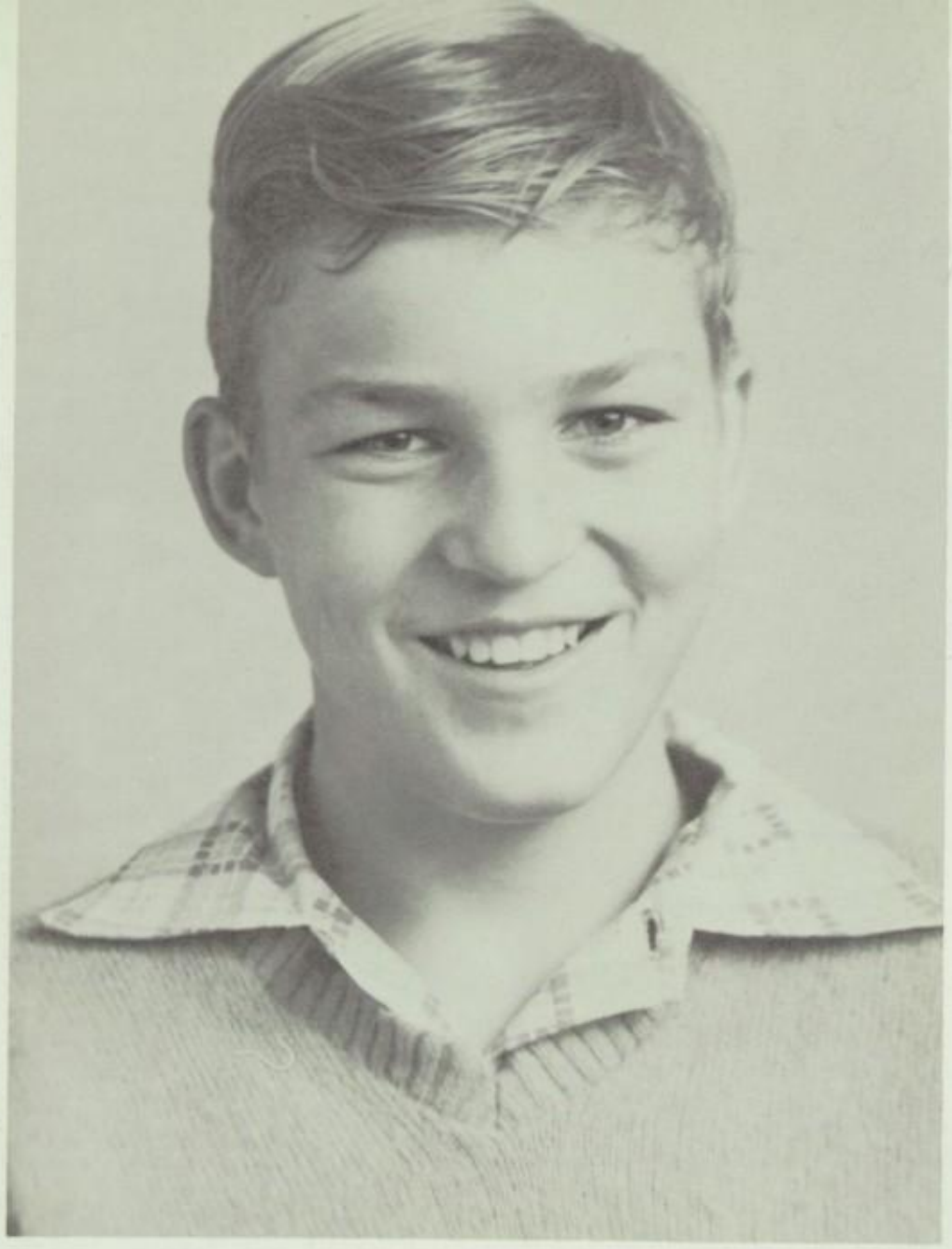
laura, i hope to see you this summer
at the beach or the Rec or somewhere.
you really are a sweet girl. we have
to get some classes together
next year, ok.
Keep in touch
831-0440
love ya
julie



LAURA, WELL WHAT
CAN I SAY BUT I
KNEW YOU WHEN YOU
FIRST WENT TO NIGHTS
AND I'M GLAD WE
STILL DO! [redacted] people
MAY CHANGE
BUT FRIEND-
SHIPS
NEVER DO
Lovey
Ardie

Laura
It was nice
meeting you this
year hope to see
in the summer and
next year Jeff
Bailey

Laura
Have a great summer
good luck in blogs
I hope you [redacted] have
fun good luck
in the years to
come love
Deanna Bora ('80")



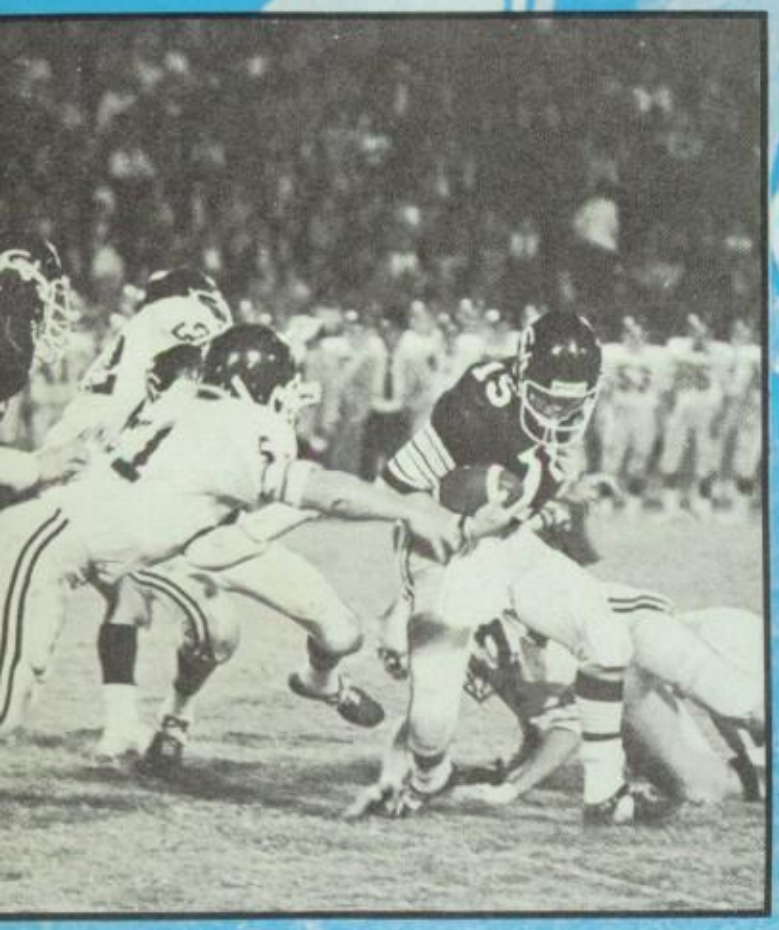
DEDICATION

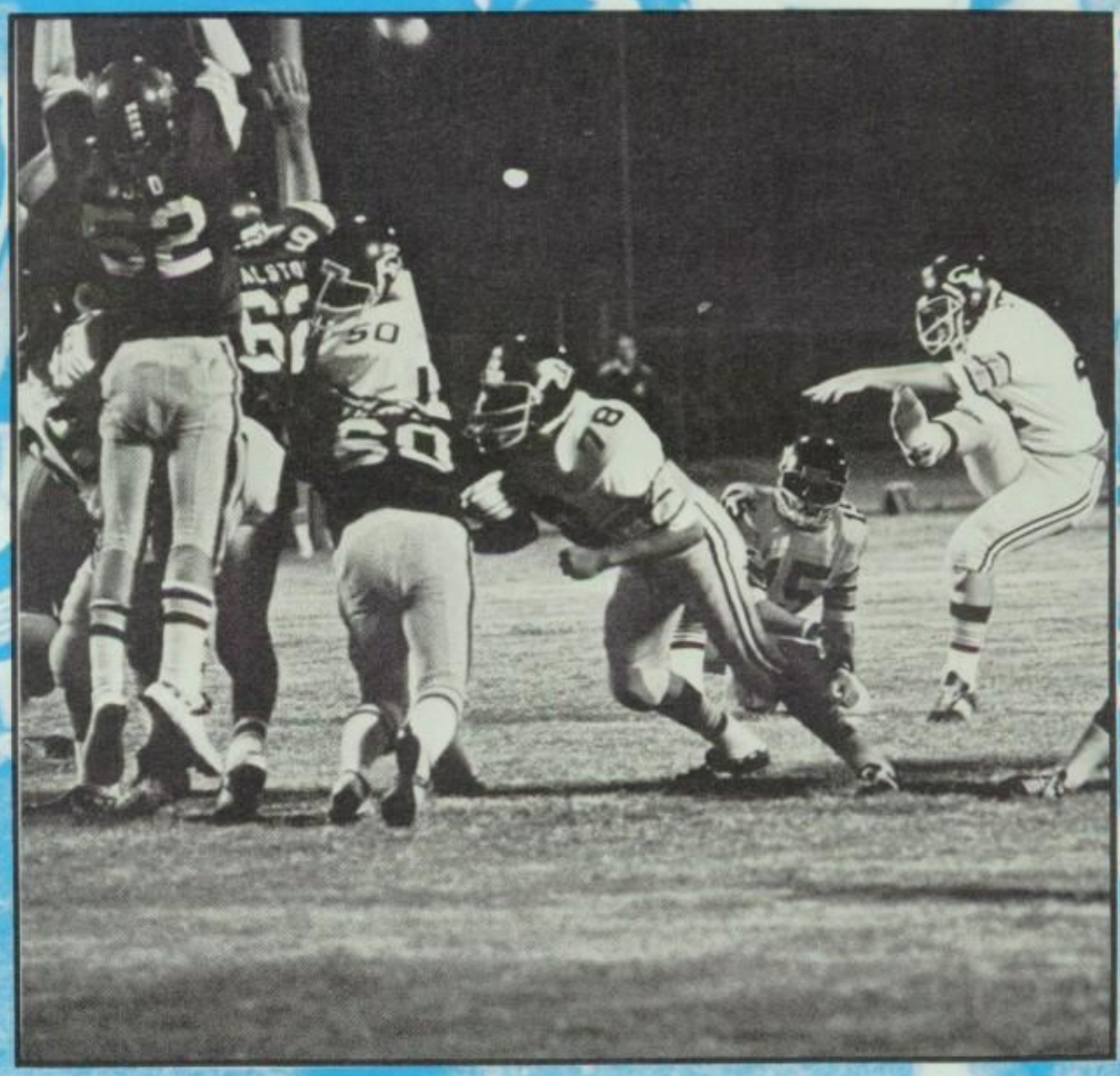
To Mr. John Smart, for your patience and efforts in organizing the first year of Capistrano Valley High School, we dedicate this, our first 1978 "El Gato" yearbook to you.

Formerly principal at San Clemente High School, Mr. Smart accepted the challenge and immense responsibility of establishing Capistrano Valley High School. Prior to being in administration, Mr. Smart was at one time a math teacher and football line coach. After fulfilling his duties as principal, eventually he would like to go back to teaching again.

Mr. Smart had sponsored the Kiwanis "Key" club at San Clemente High School and has taken part in being involved with students on campus. Mr. Smart, from the students of Capistrano Valley High, we would like to thank you for your leadership, guidence, and fine example you have set during your first year as principal of CVHS.

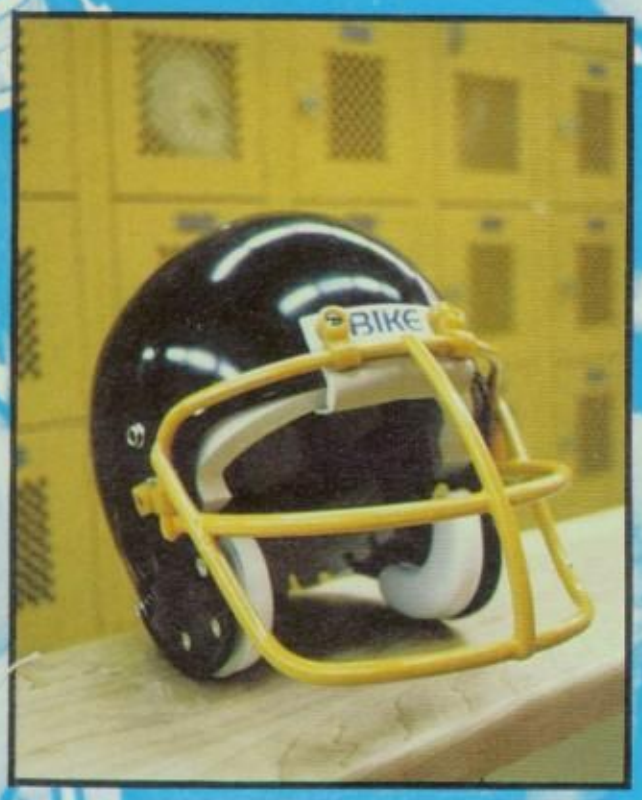
The first Capistrano Valley High School football coach Bill Cunerty and his varsity football team, playing in their opening game, fought to their initial victory, a 33-0 win over Elsinore. The cougars opening drive produced the first score as quarterback Brad Parker ran for a 34 yard touchdown. Two touchdowns by Robin Charles and one be Micky Romero and Fernando Salas concluded the scoring. A strong cougar defense supported by many Capo Valley fans never allowed Elsinore to get into the game.

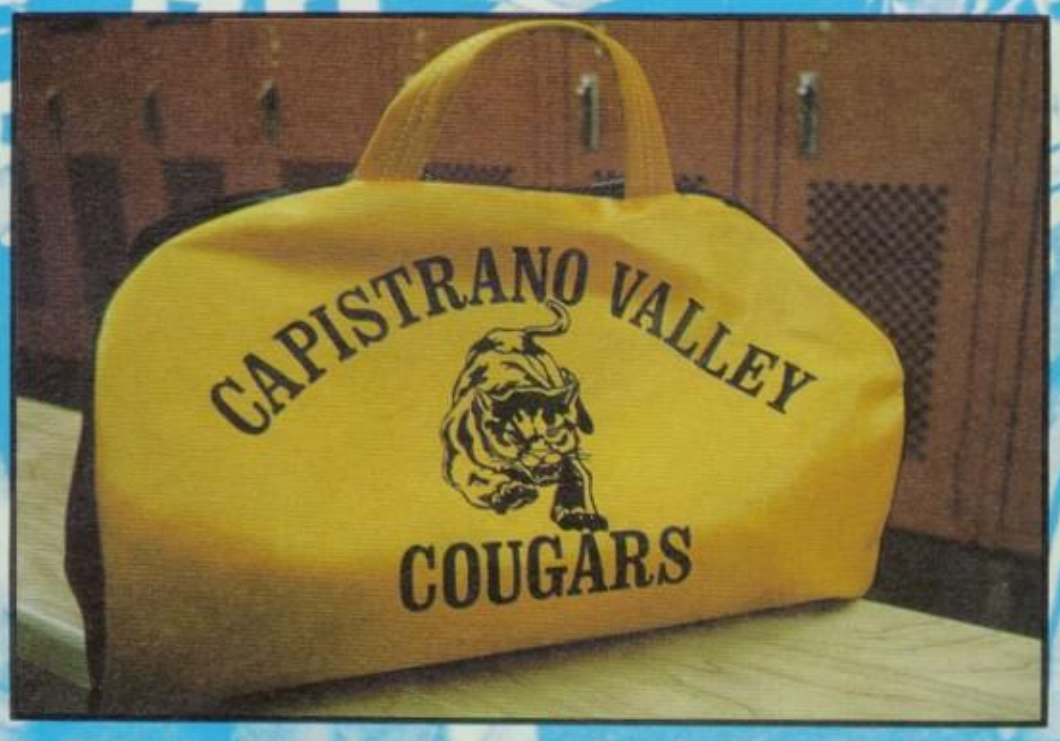


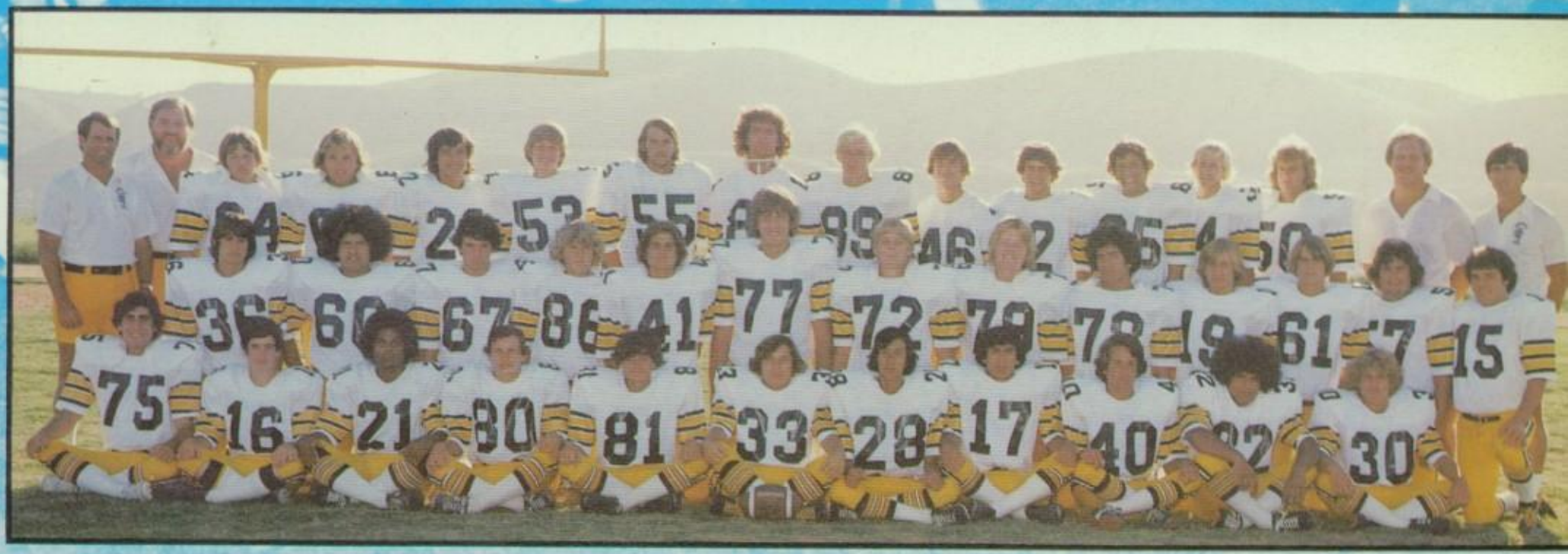


Laura-
I'm really glad I met you this year -
hope we get to know each other better next
year! Have a fantastic summer
Love,
Nana

COUGARS ON THE GO





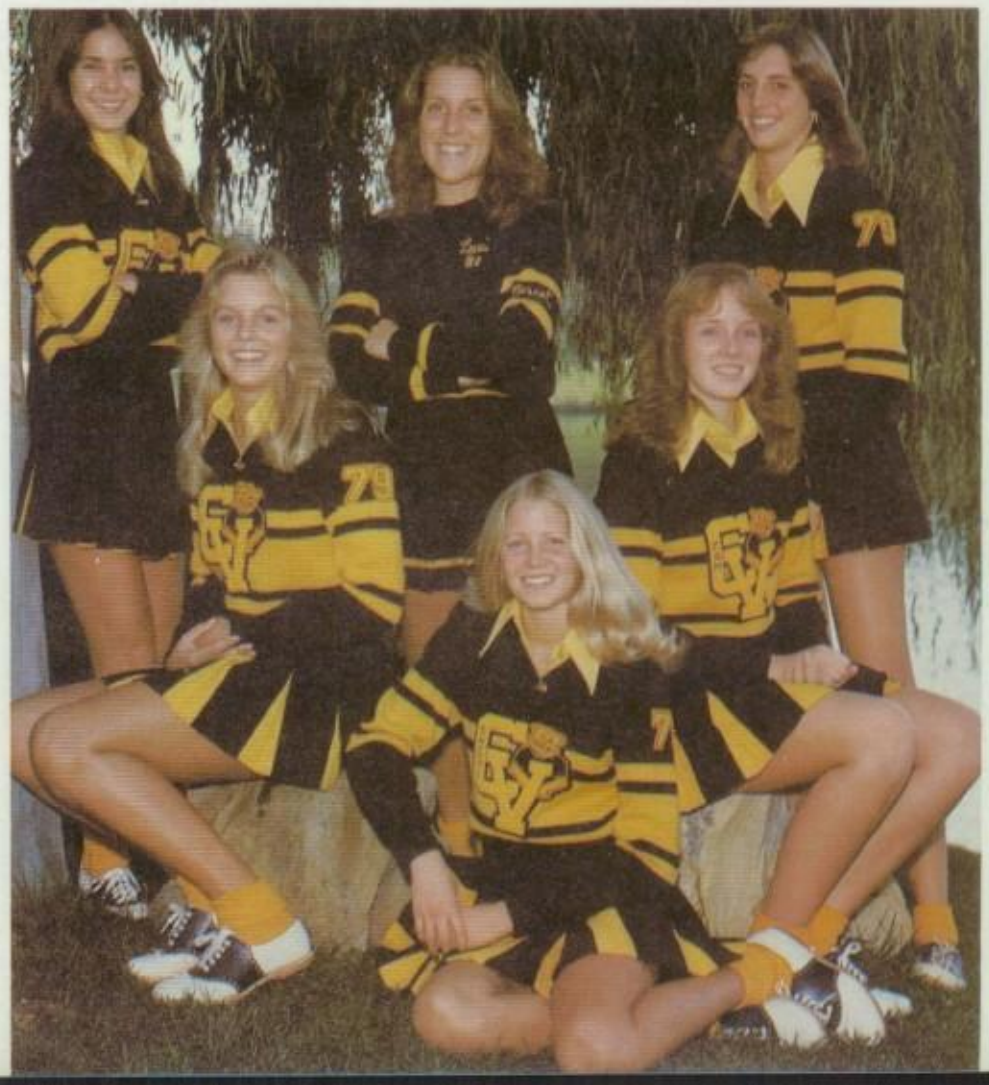


Lions and tigers and bears "Oh My" The Cougars are really brave not shy. We're wild and vicious and tricky too. So watchout! We'll scare you . . Boo! We'll wash you and hang you up to dry. Hey, Hey, we're Super Sly

MASCOT LORI GRIFFITH

VARSITY SONG

VARSITY CHEER



FLAG GIRLS

DRILL TEAM

J.V. CHEER

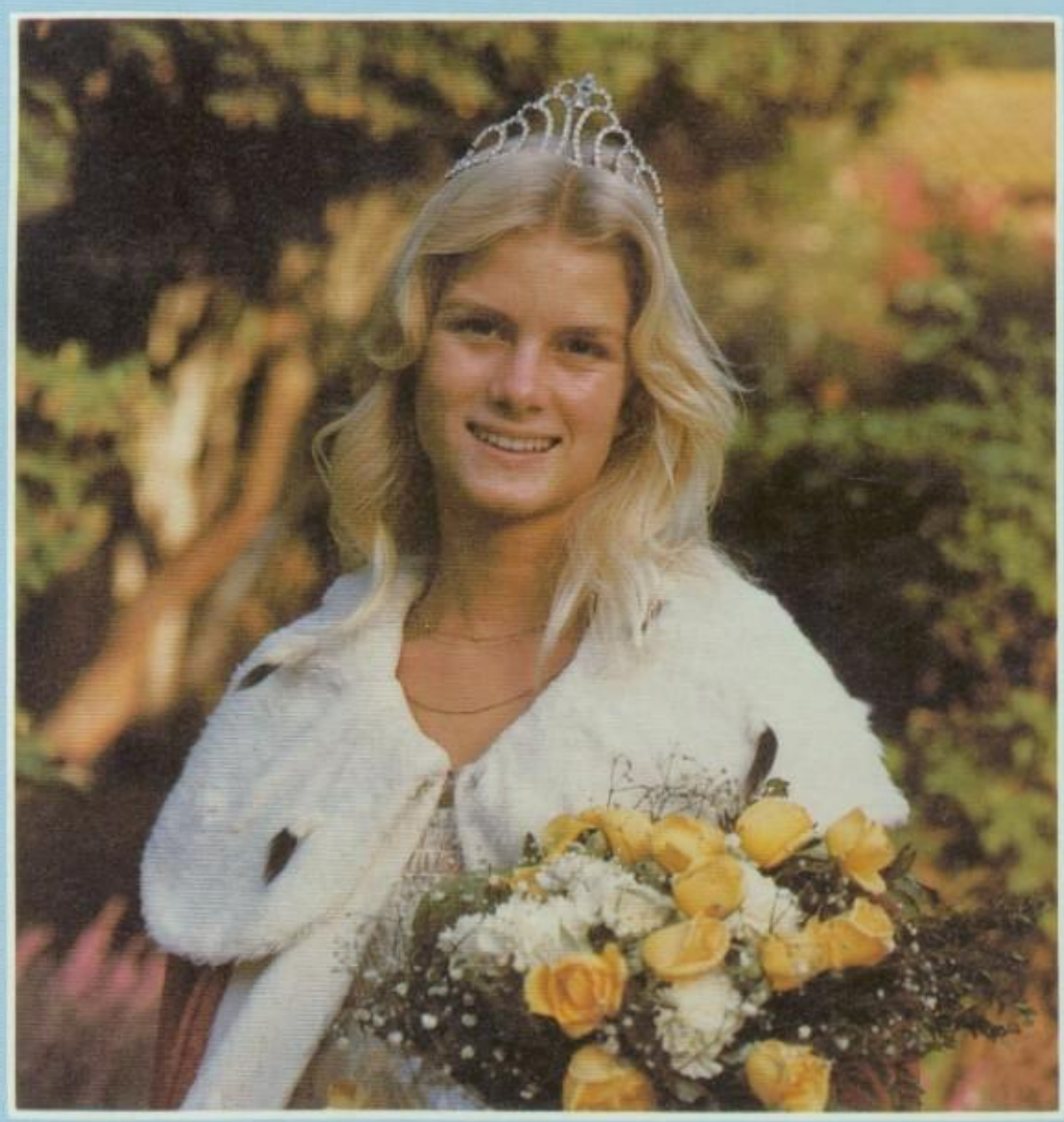
OUR FIRST HOMECOMING

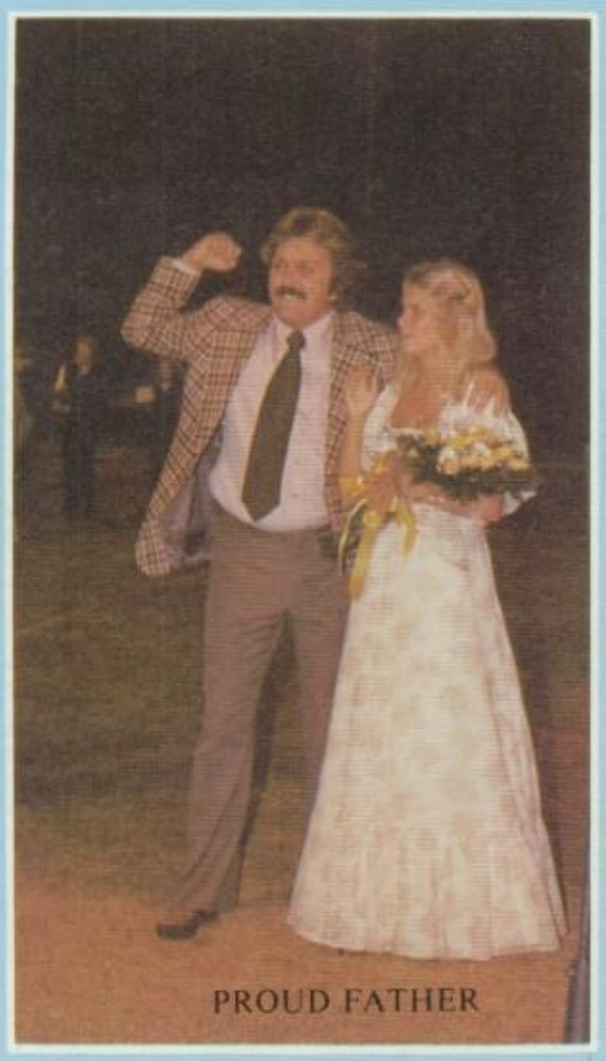
ANNE CAST

SHERI MONTGOMERY

KATHLEN SCHALLER

MARLA SHERMAN



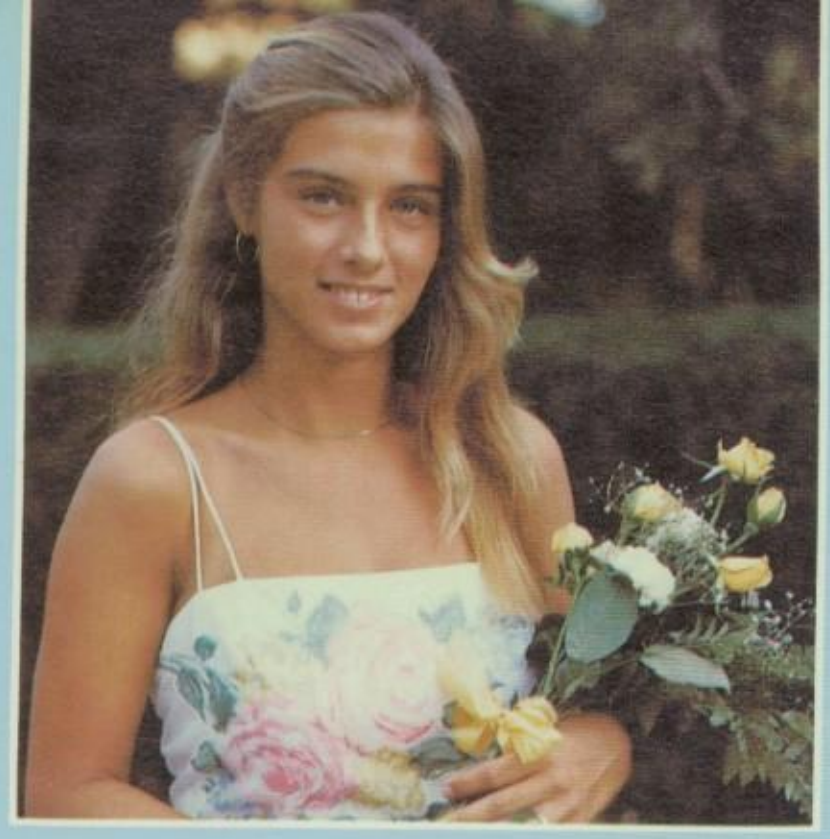


PROUD FATHER

"As I was being crowned homecoming queen I felt as if I had just received the most beautiful present in the world. A present saying, "Here Rhonda, we want you to be the one to represent us, because we like you."

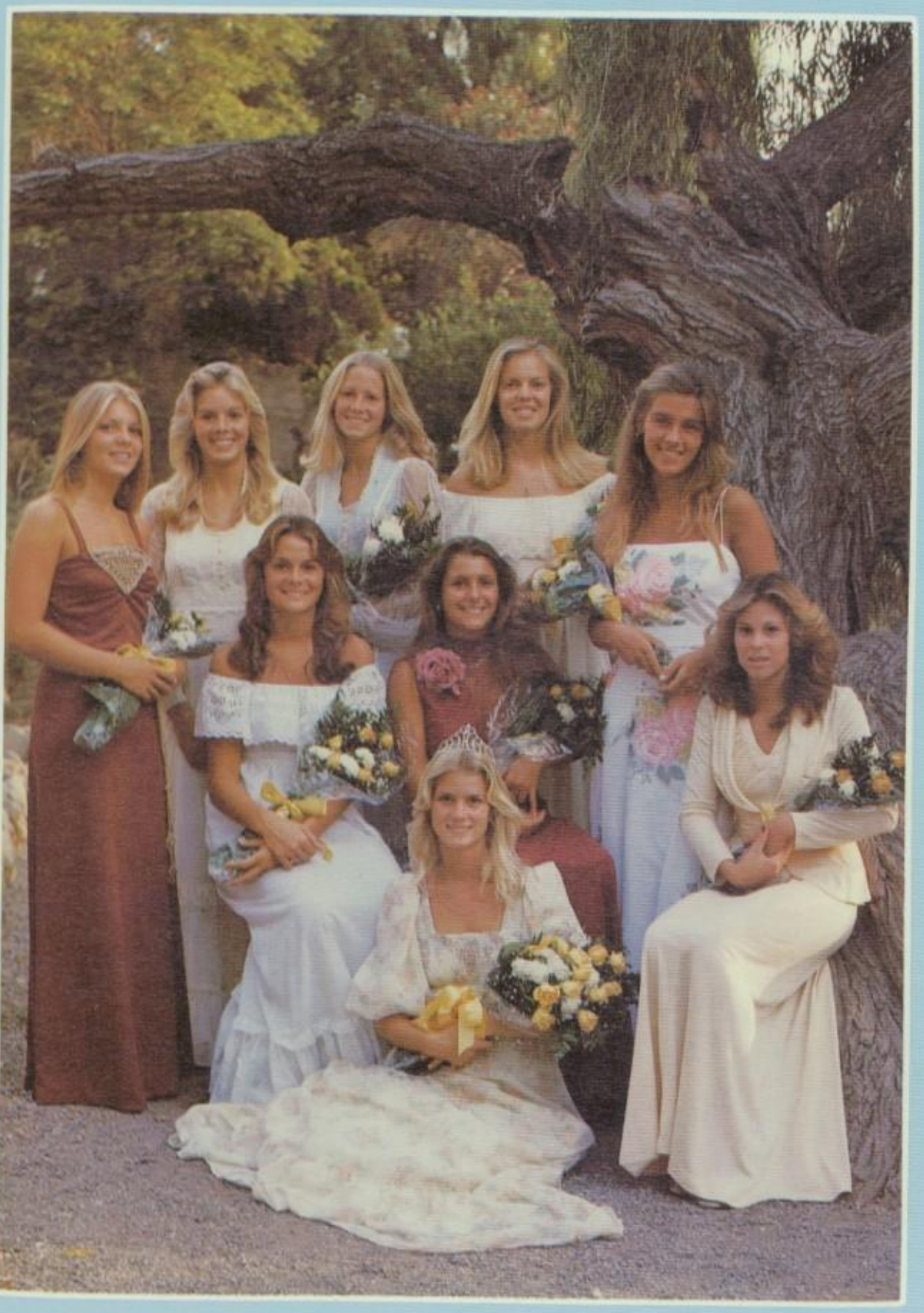
"As I looked into the stands I could see my friends cheering, crying, and calling my name. I wanted to grab them from their seats and put them in my place so they could feel this feeling too! I'd like to thank all my friends for this unique gift, I'll never forget it."

Rhonda Shook



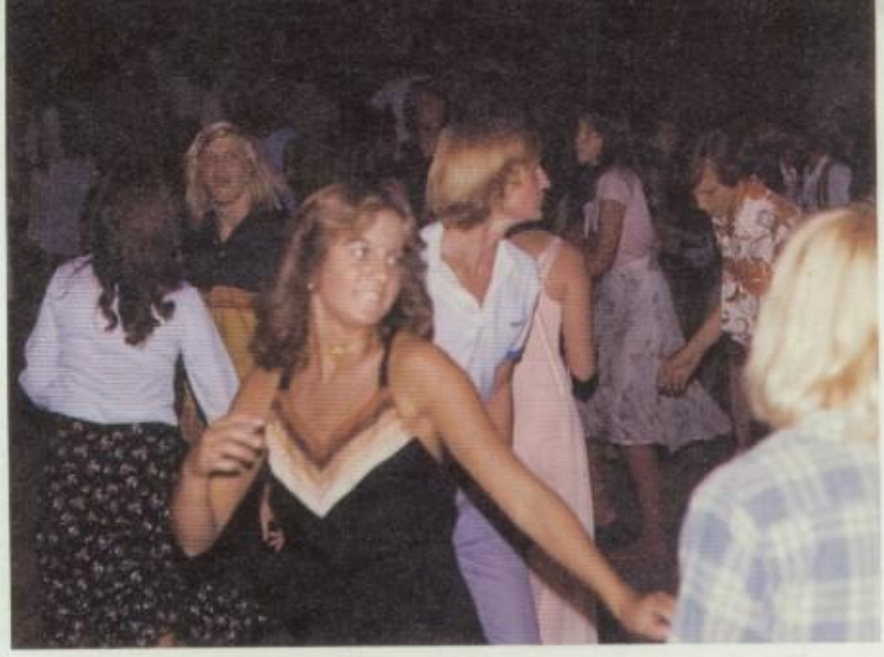
DAGMAR STRASSMAYR

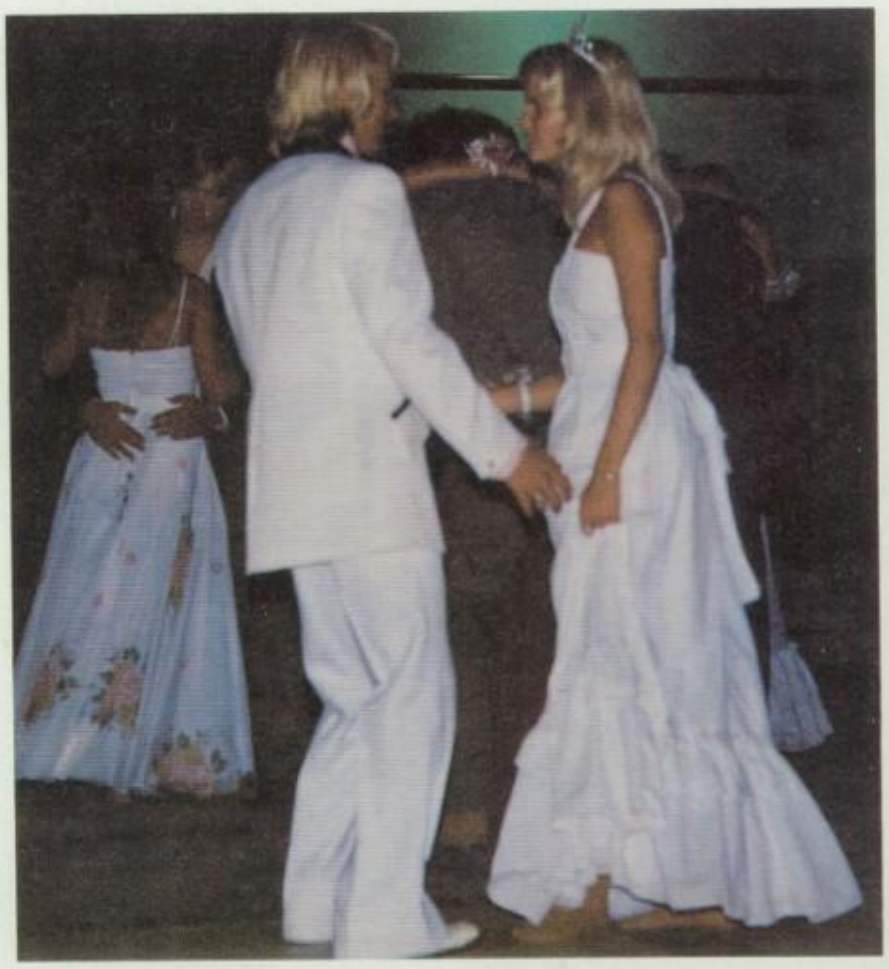
MICHELLE CHUNKA



MARY FLANSBURG

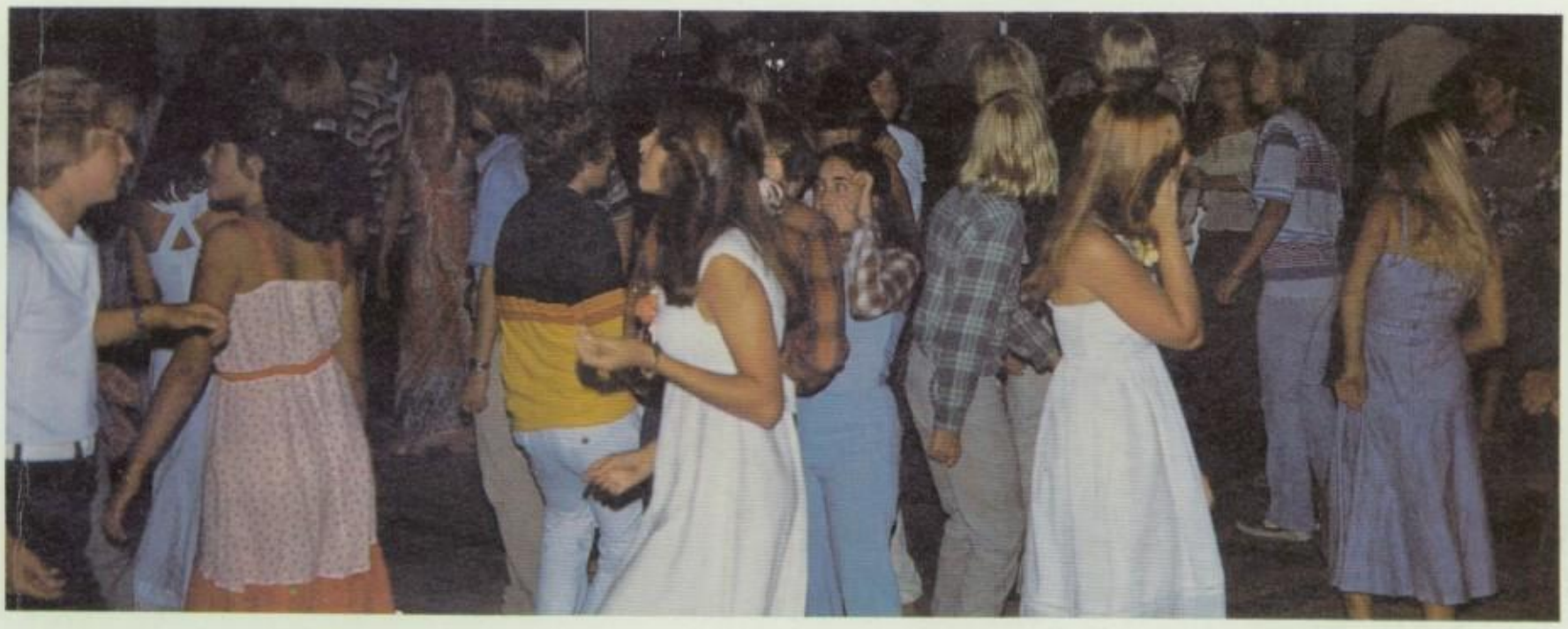
BECKY LOUGHRIDGE

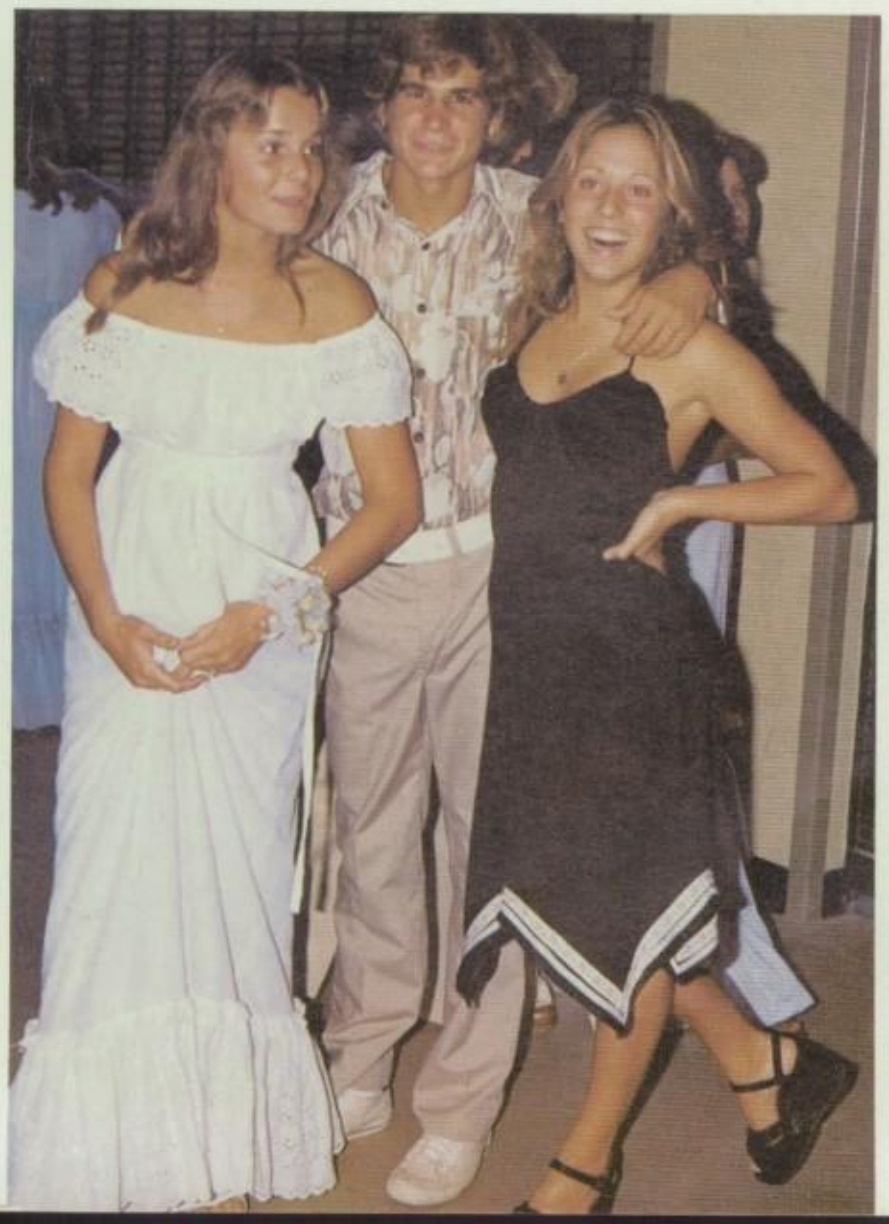




"Year of the Cat" was the theme for this year's Homecoming. The students entered into an array of decorations in the mall area and danced to the beat of "Rose".

The excitement had lingered through the Homecoming week and rose even higher after the win with Aquinas until it exploded with the music at the first Homecoming dance at Capo Valley High School.





Homecoming turned into a complete success as the Cougar Football Team, led by a strong defense, defeated Aquinas 23-6.

As the 1977-78 school year ends, the first graduating class of Capistrano Valley High School looks back on their senior year. The year has brought many seniors good times, preparation for the future, and tradition setting for the following classes.

The year began with football games, homecoming, and elections. All these events helped to create a foundation for Capistrano Valley High School.

For some, graduation is the last time they will see their fellow classmates, however its the start of a new life; meeting people, and making new goals to achieve.

SENIORS

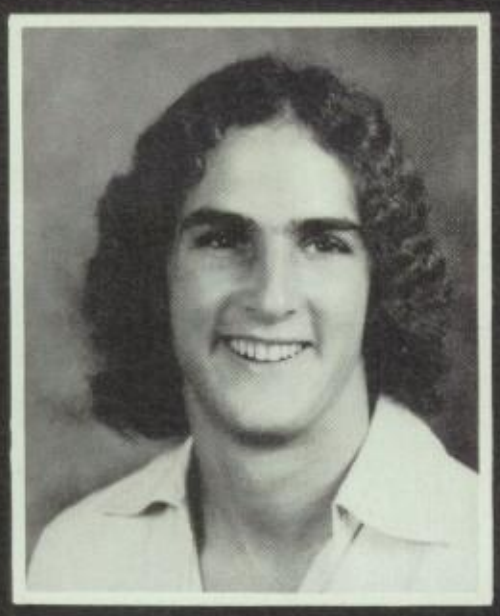
SENIOR CLASS OFFICERS

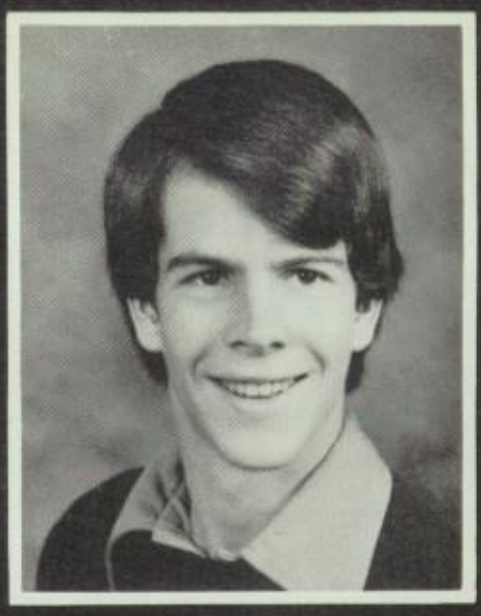
Julie Nystrom	President
Bridget O'Brien	Vice President
Judy Irick	Treasurer
Monet Sachs	Secretary
Betsy Brown	Representative
Delia Seligo	Representative

RICHARD AARONSON

DOUG ADAMS

MARY AGBISIT ... Ski club, remembers relaxing under the sun w/ friends at S.C. High. Plans to go to Univ. Santa Barbara .... "The good times that you share with friends, gives happiness that never ends."

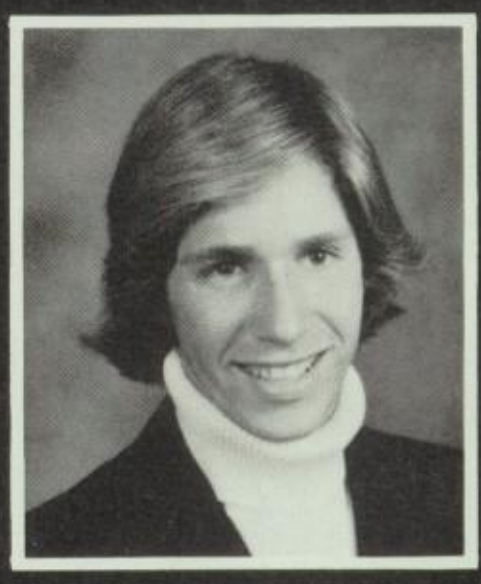




MARGARITA AGUILAR ... Varsity softball; remembers Christmas formal, changing from D.H. to C.V., and all my high school friends. Plans to attend San Diego State ..... "Live life to the fullest."

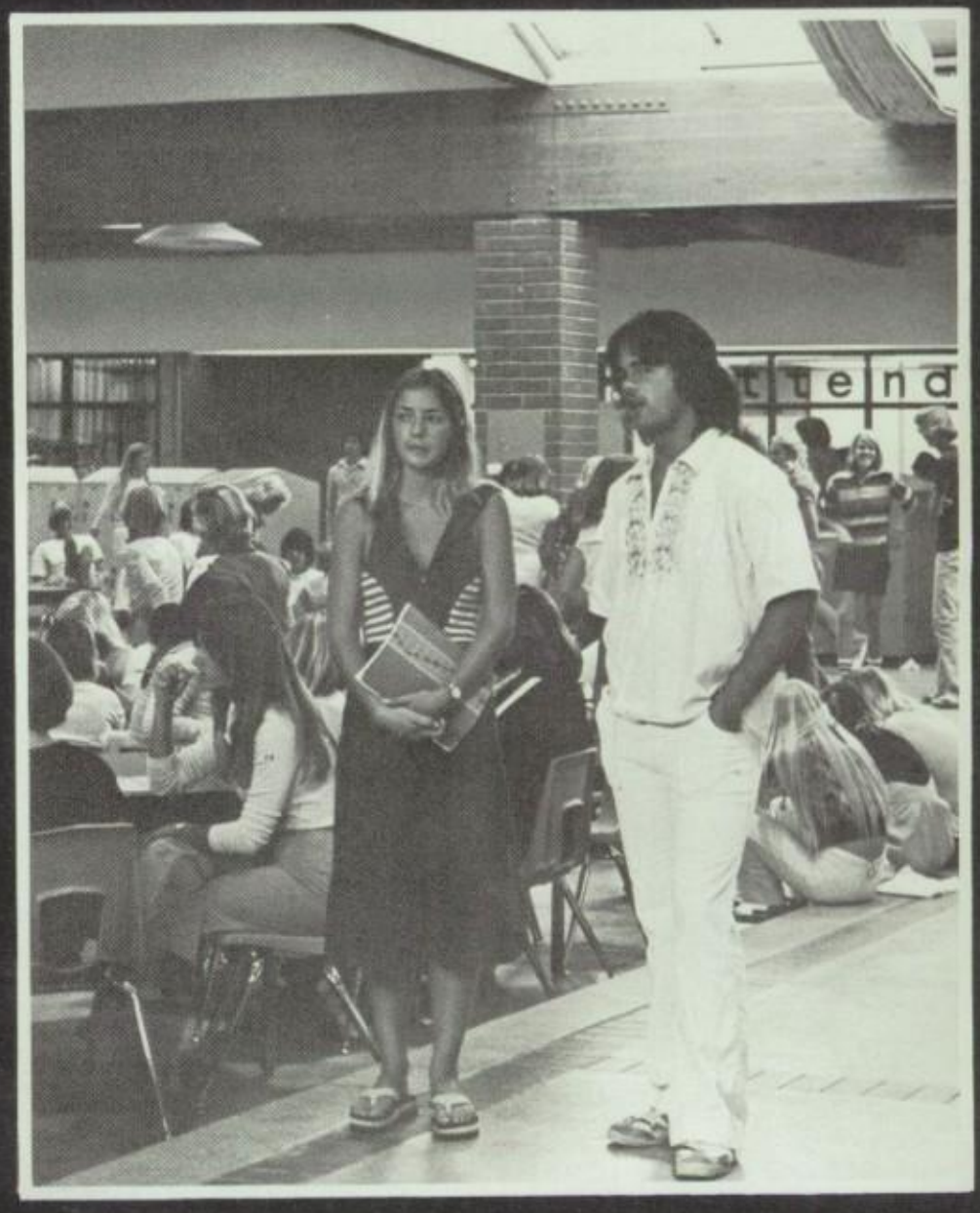
GARTH AHERN

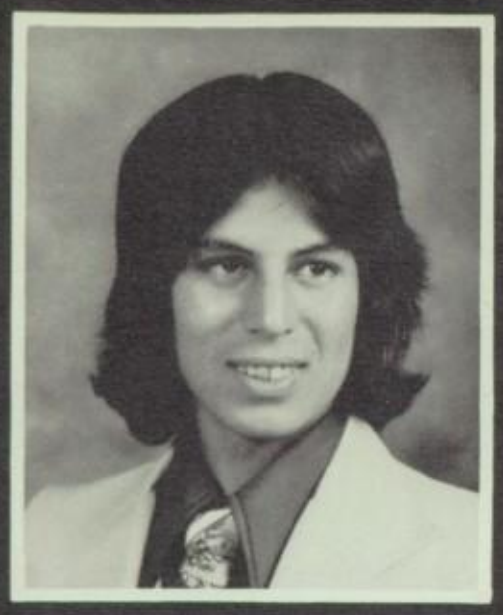
CLAUDETTE ALBERT ... remembers "The gangs" University all the way! "Finally!"

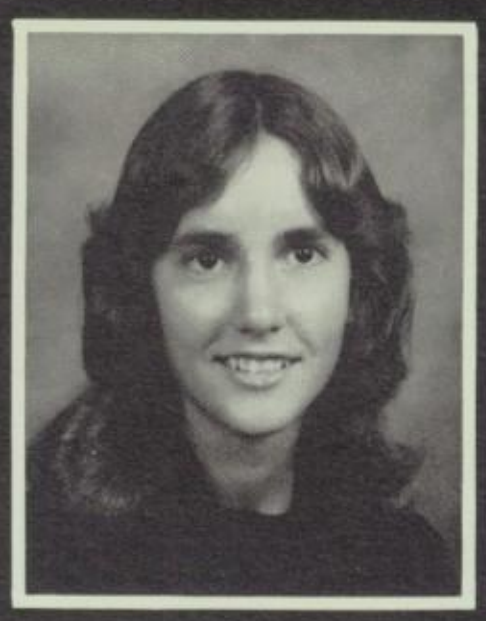


JULIE ALEXANDER ... Juls ... swim team; remembers D.H., L.G., J.F., & J.B., swallows day "77", first car, Teddy Bear and Tiger. Wants to be an Escrow secretary. "Procrastination is the art of keeping up with yesterday."

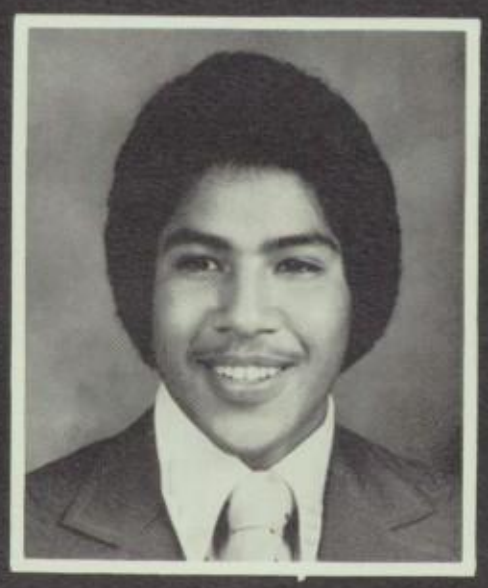
JOSEPHINE ALVARADO ... remembers the wall, friends and Charlie. Plans to go to college and become a dentist .. "Time is too precious to look ahead onto tomorrow."



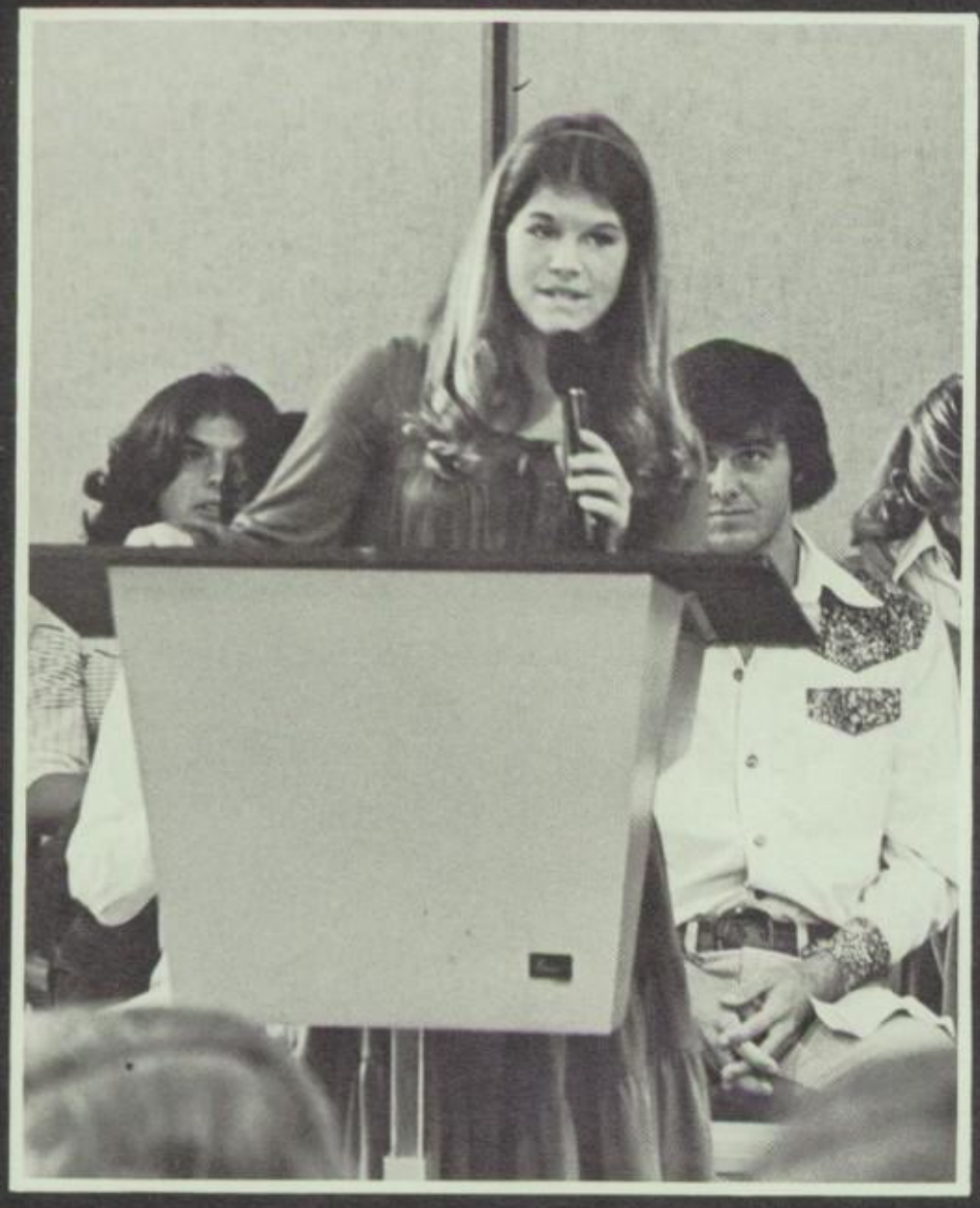


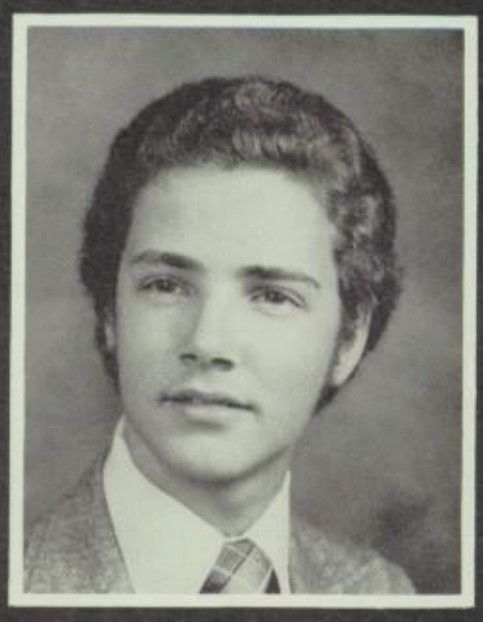


ANTHONTY ARCE ...
DARRYLYN BARRER ... Breezy-n-Dee Flag girl. Remembers all the friendly guys (and girls). Plans to get married ... Ken, Ken, Ken, Ken and Ken.
ELIZABETH BARTOSZEK



SPENCER BAUMGARTEN ... At-a-Boy ... Baseball. Remembers McNeally's class. "CARRIE", "Schwanny And Rosey" Plans to go to college and be an athlete ... "Hit the Houchies"
ERNESTO BELTRAN
ROBIN BEVERLY





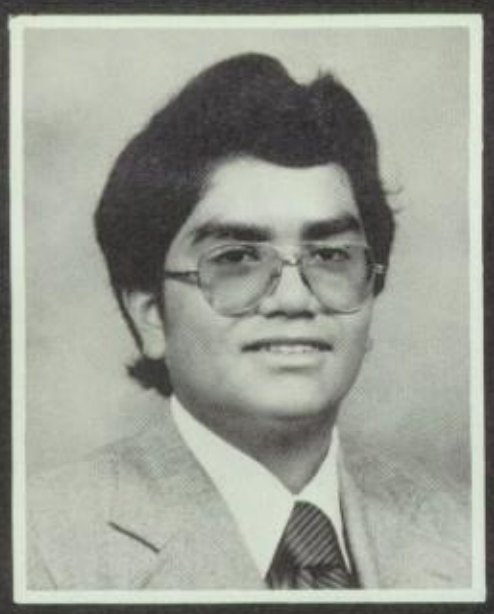
DAVID BIGGS ... Drama. Remembers football games and fridays. Plans to have a career in foreign service ... "The worlds got a lot of problems and the young people need to work them out.

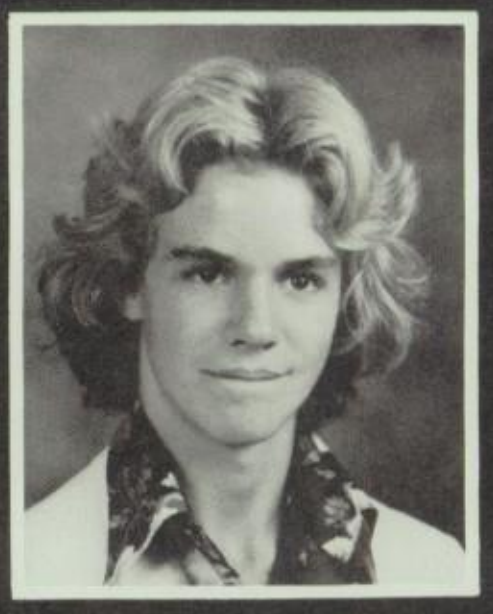
WALTER BLICE

EDWARD BRAVO

BETSY BROWN ... Bets ... songleading, cheerleading and a whole two weeks of Keywanettes; remembers my best buddy Delia and my biggest crush on Clay "33" and forever hunting down the opposite sex. Plans to go to San Diego State and become a professional cheerleader. "Love cannot be begged, bought, borrowed, or stolen, it can only be given away."

GERALD BURNS

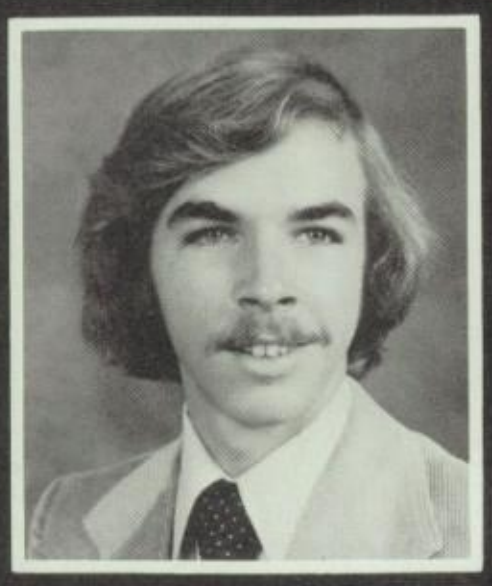


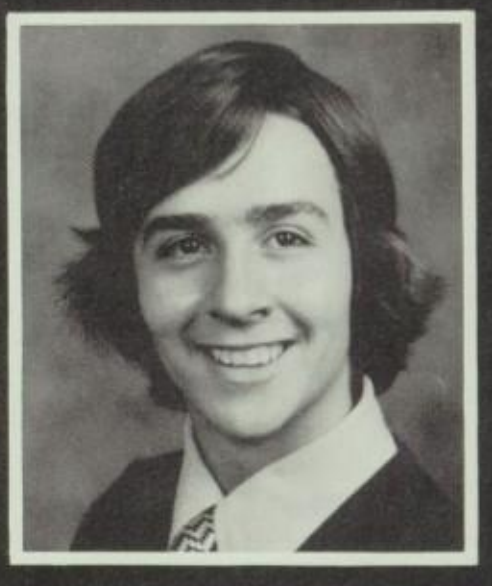


TIMOTHY CALLAHAN

JENNIFER CANO

RODNEY CANTU

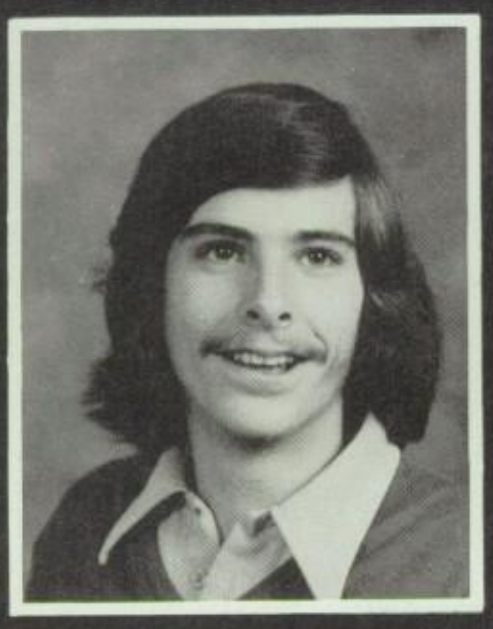


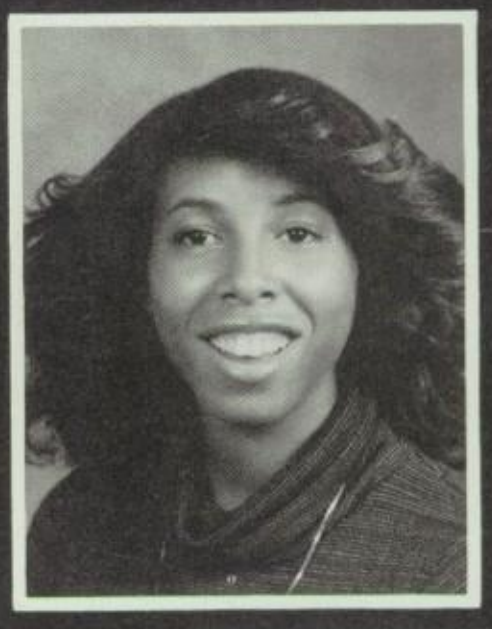


MICHEAL CARON

SHERI CARTER ... Basketball, Volleyball, Badmitton, Field Hockey, CFS remembers the good old days at S.C. Plans to major in Business at Santa Clara Univ. "It's over."

DONNA CASSARO ... remembers Proms and parties, last minute cramming and 3 years at S.C. with P.P. "Looks like we made it Pam..."

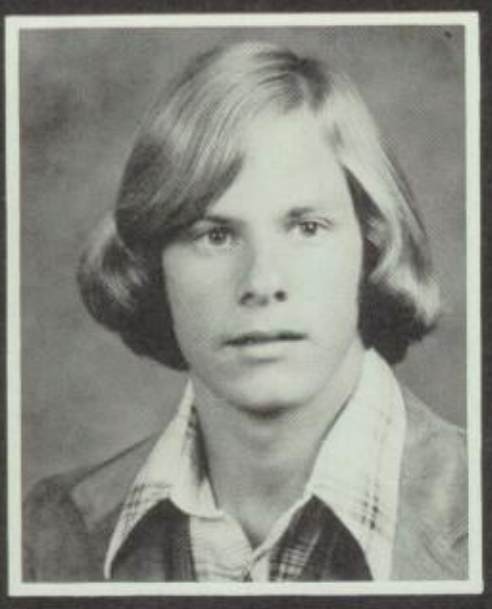


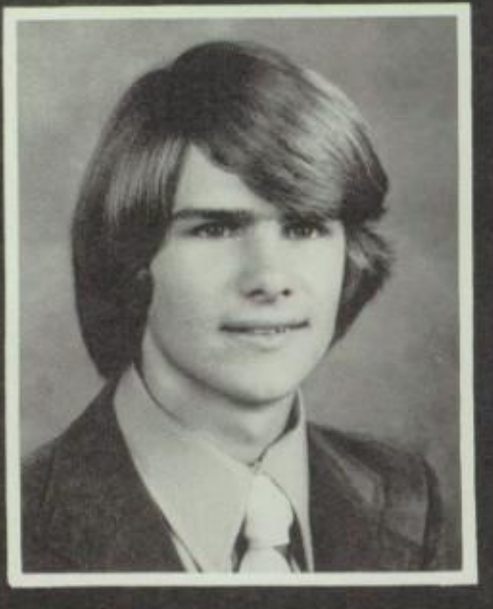


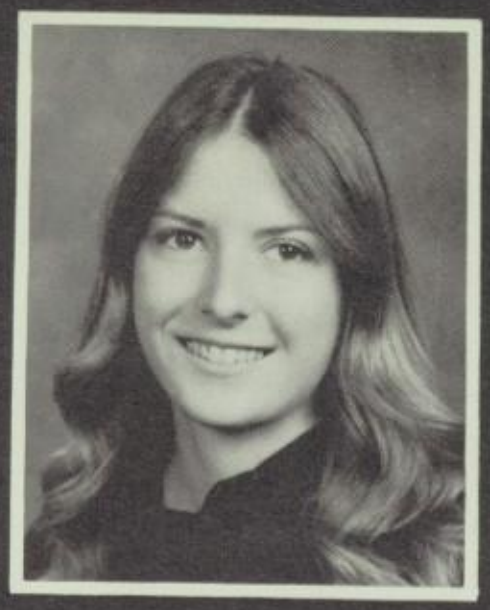
ROBERT CHARLES

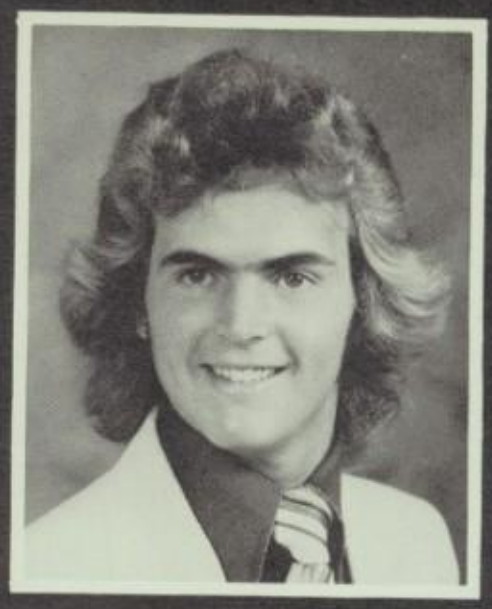
MICHELE CHUNKA ... Mitch-Sunshine ... Vice President 9, DHHS swimteam 9,10, one of the Homecoming semi-finalist, and DHHS! remembers bopping with "Sister Rose", "Spacey" and "Polly Purebread", Dances, Jr/Sr Prom, weekdays becoming weekends at ninth street. Plans to go to college and live in the sun and ocean. "As long as you smile the sun will shine Love-n-Laughter to ya!"

ZACHARY CHURCHILL





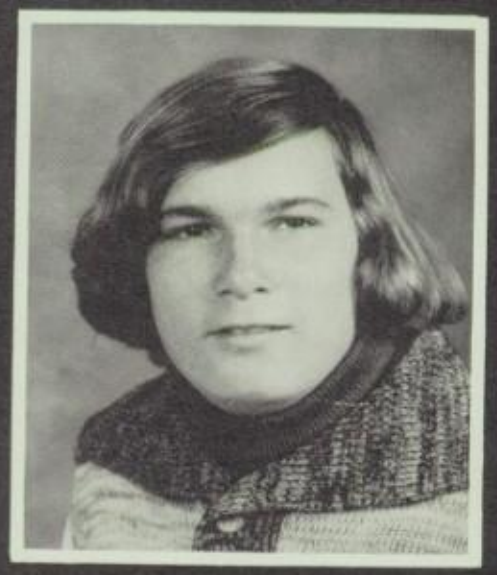




TANYA CLARK ... Track, swimming, gymnastics. Remembers the snowball fights in the hall in Plymouth Indiana. Plans to attend college ... "The best is yet to come."

SANDRA CLINE

CLAYTON R. COLLIER ... Football 4 yrs. Remembers Debbie and her influence for me to stay in school. "Glad I did." Remembers trying to forget Betsy and Delia. Plans to get rich quick ... "I can do all things through Christ who stengthens me".



RANDALL COLLINS

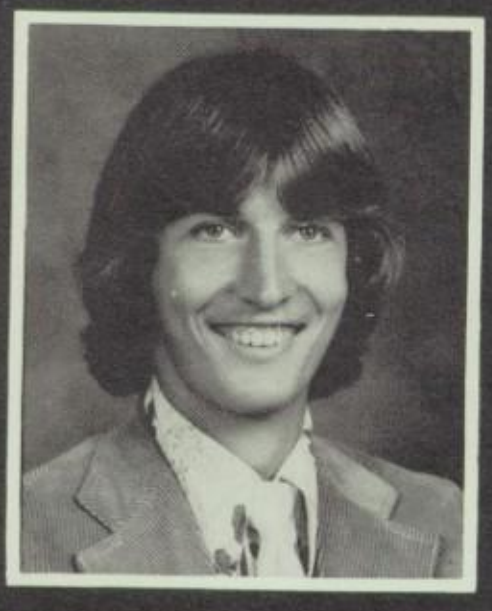
ROZANNE CORSER

GARY COX

TERI COX

ROXANNE DICKENSON

KATHLEEN DOUGLAS

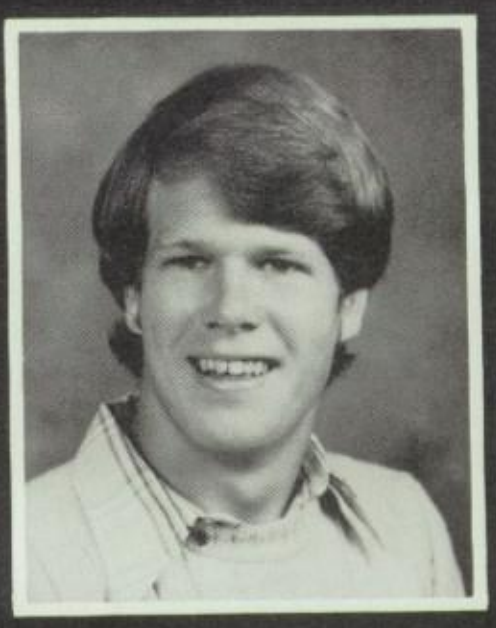


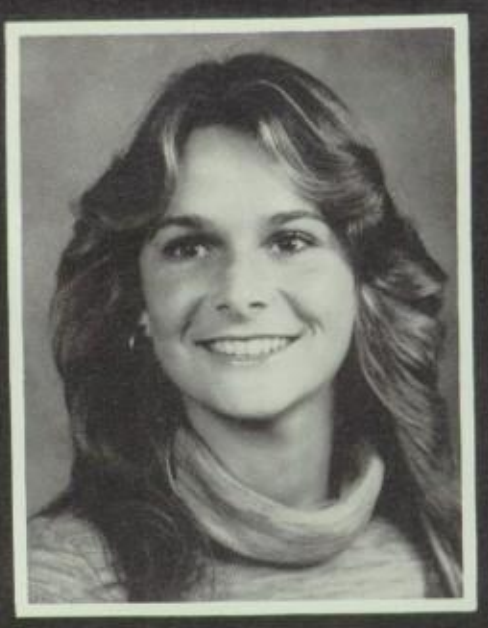
CHARLENE DRACE

KAREN DUNCAN ... Urs. Remembers Led Zep, Holiday Inn party, Villa Park party. Plans to be a commercial artist and design album covers.

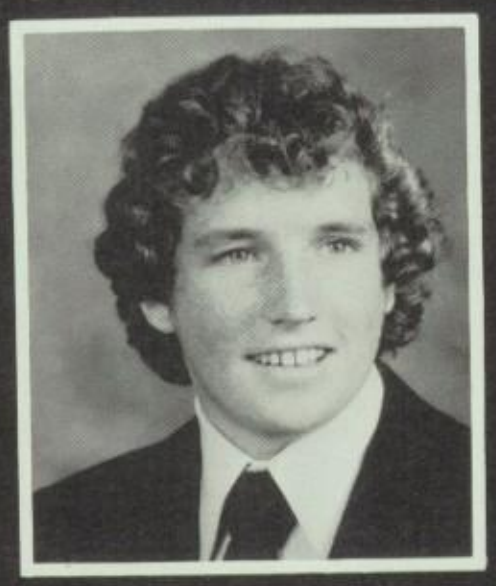
JACE M. ELLIS ... Lurch Moose, Dr. J Madrigals 4 yrs. Basketball 4 yrs. Remembers Julie, 6:00am basketball practice, and all my friends and teachers who helped me through the yrs. Plans to go to college to study business ... "Live for today, look for tomorrow, but always remember yesterday".

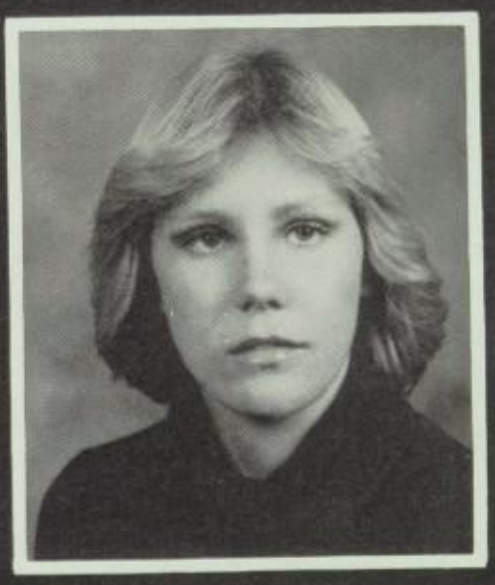
LINDA ESCANDON
ALLEN FAWCETT
MARY FLANSBERG ... Ski club; remembers the Homecoming crash, all the crazy things we did in summer of "76" and "77", Led Zepplelin, parties, cruizing, the gang, and Mike forever "It's not how you play the game, its whether you win or lose."



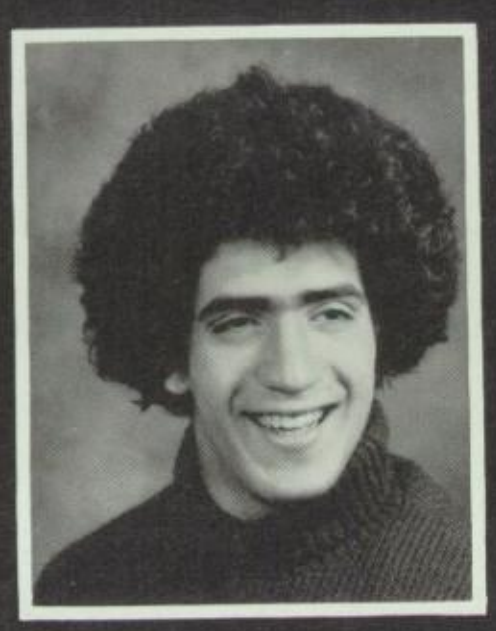


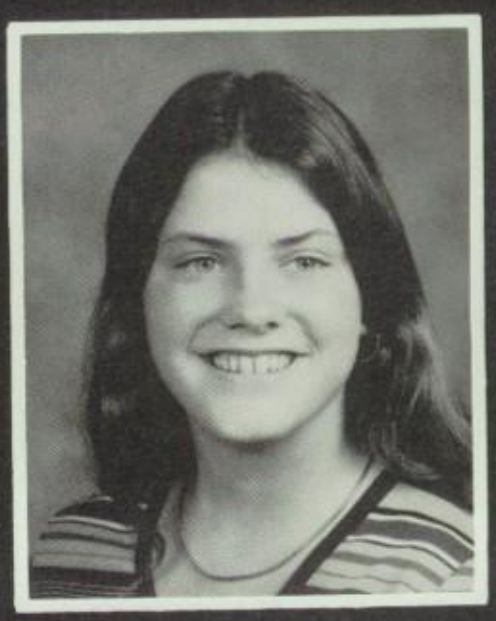
JAMES FOSTER
CYNTHIA FROEMKE ... Goldenaires, Pi Theta, pep club, S.C.R.O.O.G.E.; remembers H.L.R.-Chicago, Goldies, "The Stripper", Homecoming, D.B. Plans to become an Interior Designer.
DANA FROST

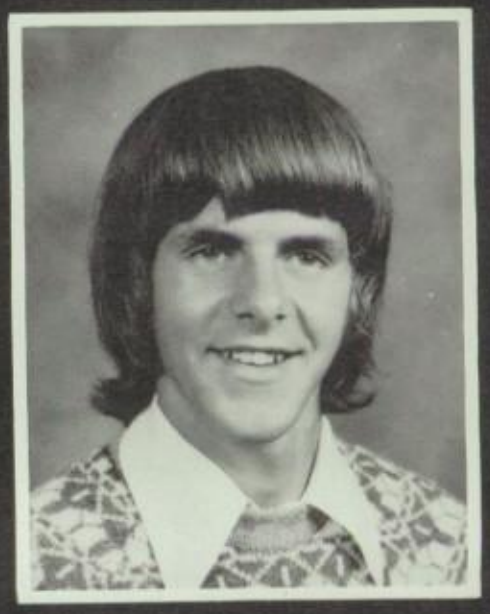




TODD FULLADOSA
CYNTHIA FURST
MARVIN GALE





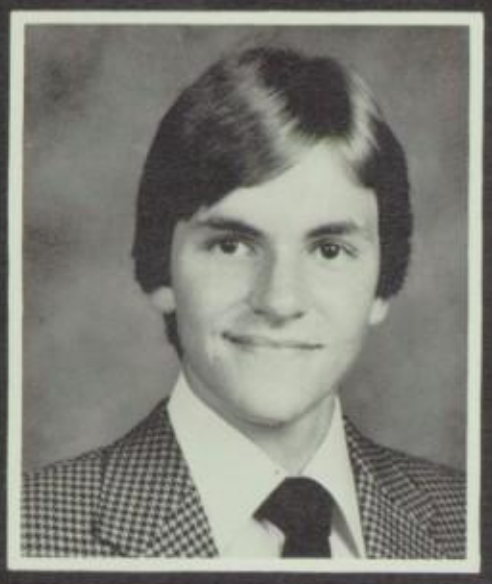


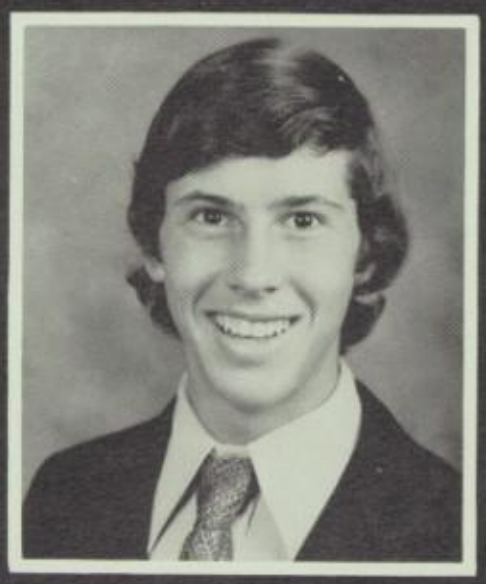
MARIO GOMEZ ... "Its like a cobra, your strike should be felt before it is seen."
JANE GOYA
DIANA GRADY ... Di-Di, Big Di swimming, softball, and Chug-alugging remembers Denise-for all the good times, Fleetwood Mac, Take Care- K.D., D.A. (my buddy Becky) Plans to get married to Noel, June 78' My hunny buns. "Party-Hardy" "I shall seek and I shall find, not forgetting who I left behind."

PATRICIA GRANT ... Patty ... Gymnastic team; remembers the friends I have made through out the years and changing high schools in my senior year. Plans on going to college and married and be happy. "If you see someone without a smile, give them one of yours."

THOMAS GROSE

LESLIE GROSLOUIS ... Grossey, Munchken; remembers Jr. Jetto, sis, B.I., K.S., E.H., yanging it, formals, J.K.! "Time flies, sun rises, and shadows fall, let time go, love is forever."

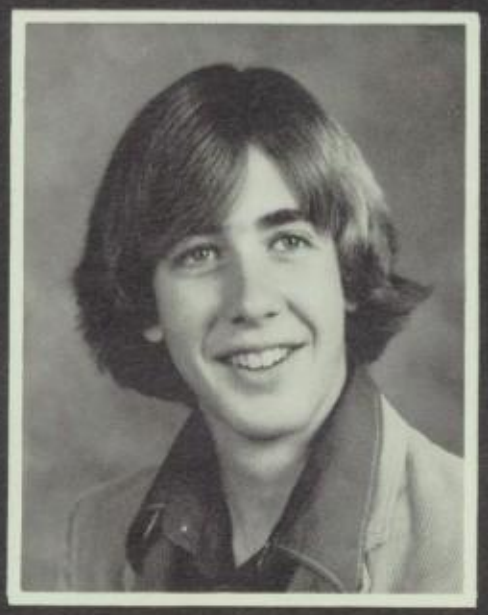


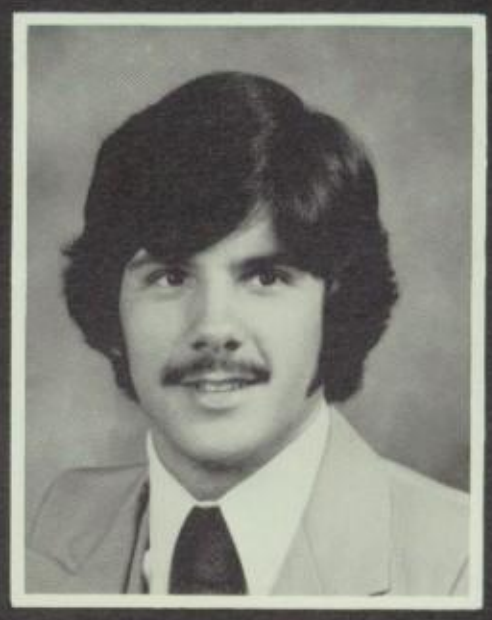


MARTIN GUKELBERGER ... Gucki ... soccer and weightlifting; remembers nice teachers, all the new impressions, registration, my friends. Plans to finish school in Germany and come back to the U.S. for college. "Make better beer and I'll come back!"

DAVID HALLSTED ... Dopey ... Baseball, campaign manager for Vince Romero, Academic Dethalon team; Plans on going to Santa Jose or Santa Cruz. "If one can not compromise, try total annihilation."

GENEVIVE HAMANN





SUSAN LOUISE HANSEN ... Sue ... Tennis team at DHHS; remembers football games, formals, parties, senior yr. at C.V., friends, my BMW and having funkie times. "cute". Plans to go to 4 yrs. college, travel, and meet the man of my dreams. "You must love yourself before you are capable of loving someone else."

KRIS HEDSTROM

MICHEAL HERREN

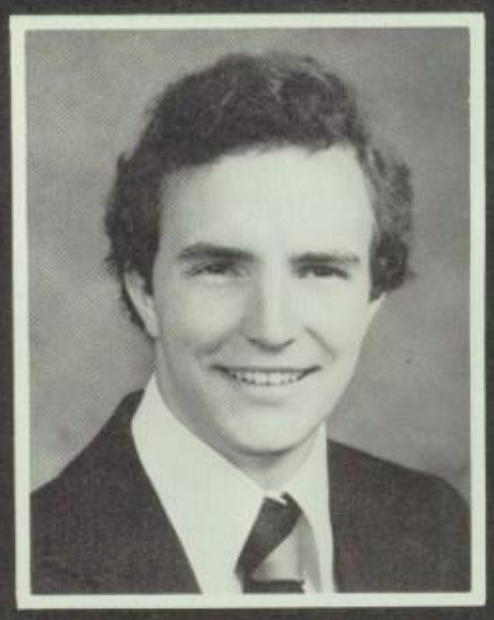
EILEEN HOPE ... Frampton ... Ad Hoc Comm., ski club, student leadership; remembers Julie, Nancy, & Leslie, the people at the table games, parties, & Blowin out school. Plans to go to Idaho State and major in Medicine. "Julie, now?" "Hey, Hey, get down!" "Got to keep on dancin'"

KAREN HOPE

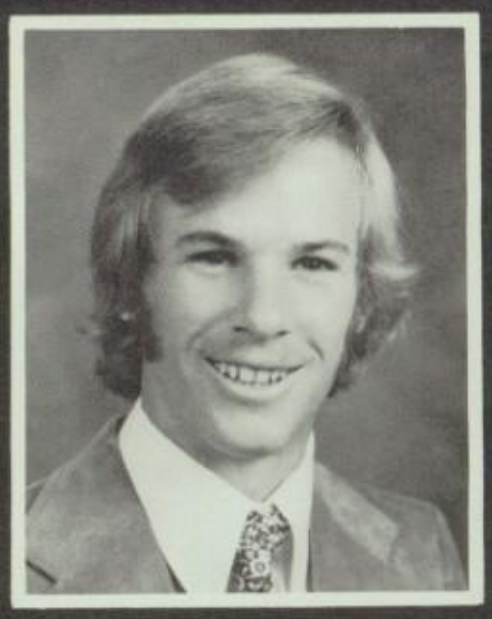
BECKY INGRAM ... Bec ... Jr. Jetto, the Gross sisters, strutter, yanging it!, R.S. and T.K., R.S. & G.J. absorbine Jr. in Nealy's class with chipper; plans to travel. "There can be no rainbow without a cloud and storm."

JUDY IRICK ... Stupid ... French, Yearbook, Tennis, senior class treasurer; remembers crush on G.K., Big sister watching over me, Patty, Sara, Kim, Sue, Susan; Plans to go into Health Science, be independent and rich! "If something gets you down today, tomorrow's just a step away."

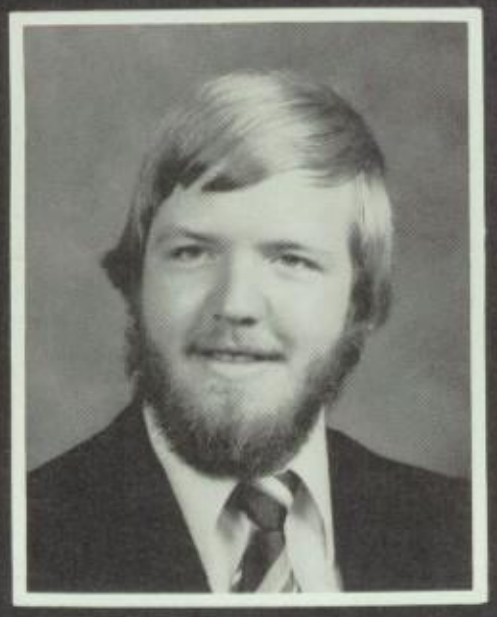
ANDY IVERS



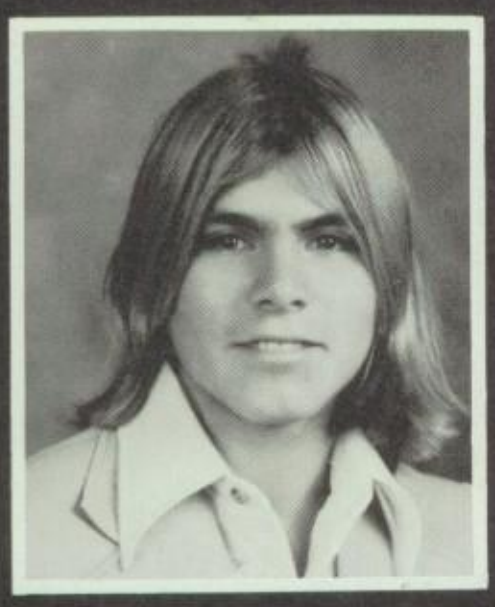
ROBERT JACKSON ... Bob ... Backpacking club, track team; remembers sitting in class waiting for snow! Plans on going to Cal Poly Pamona and become a technical Engineer.



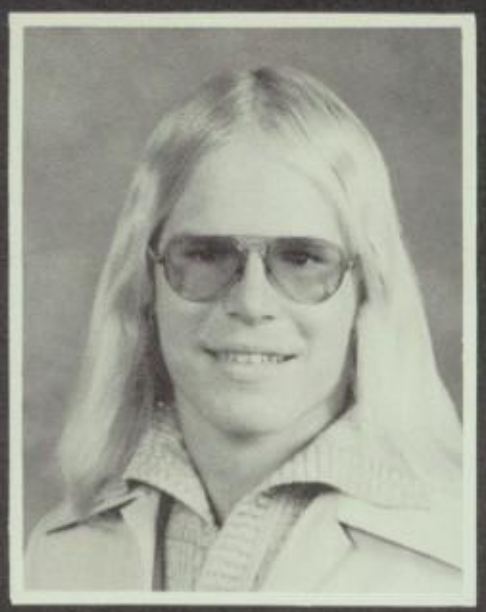
JILL JACOBS



LUKE JOHNSON



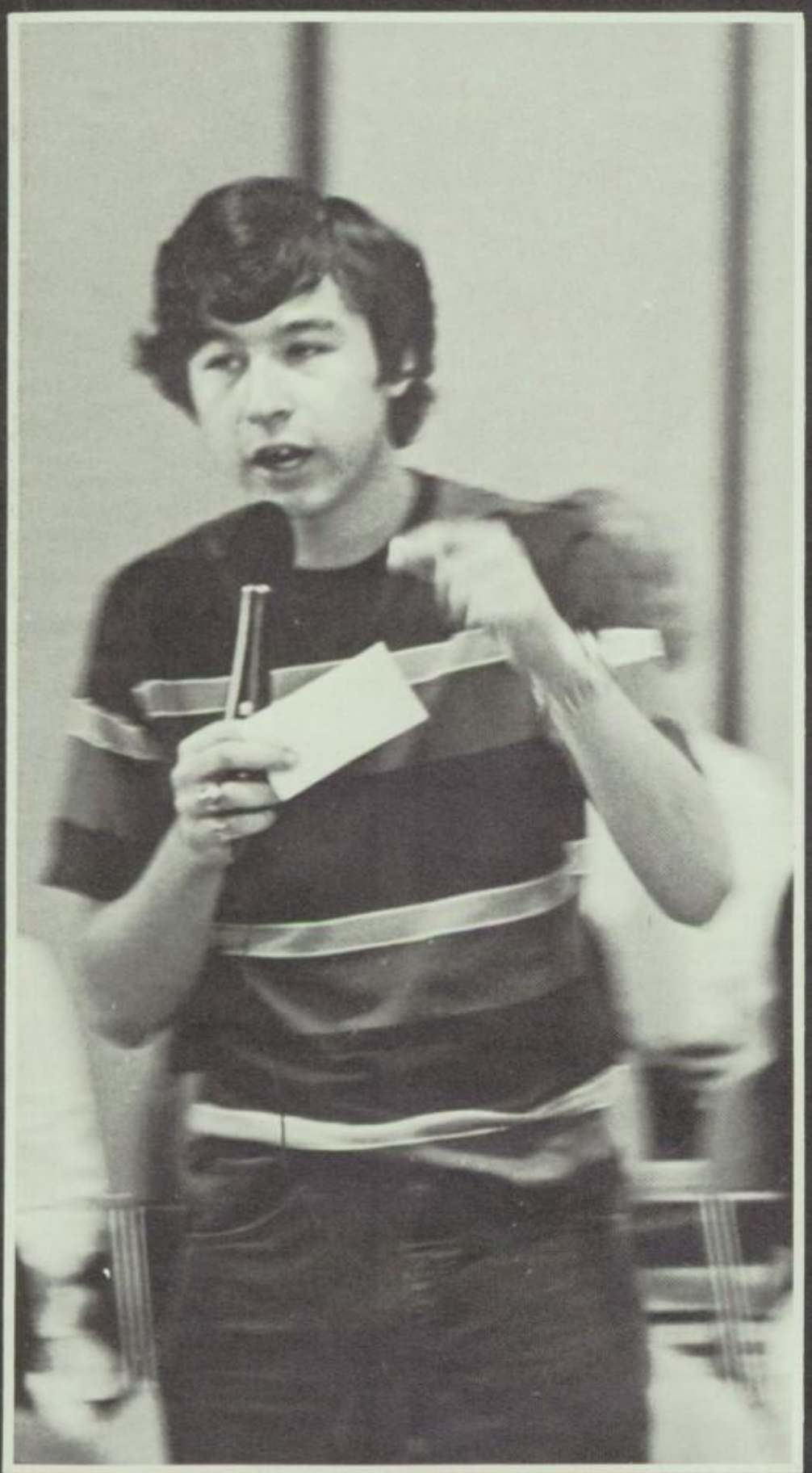
LOUIS JUAREZ

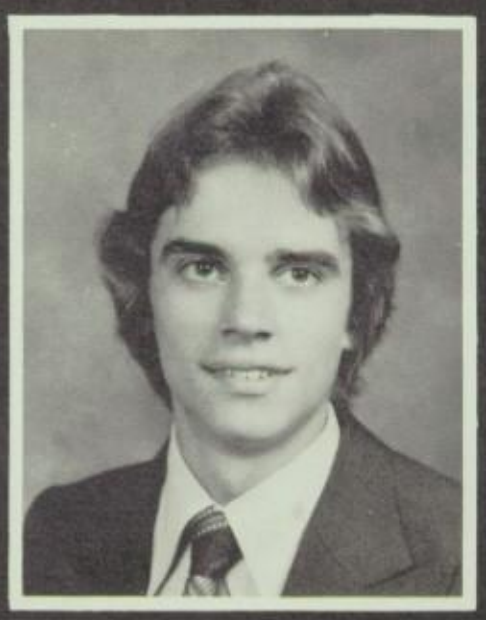


DAVID KETTEMAN

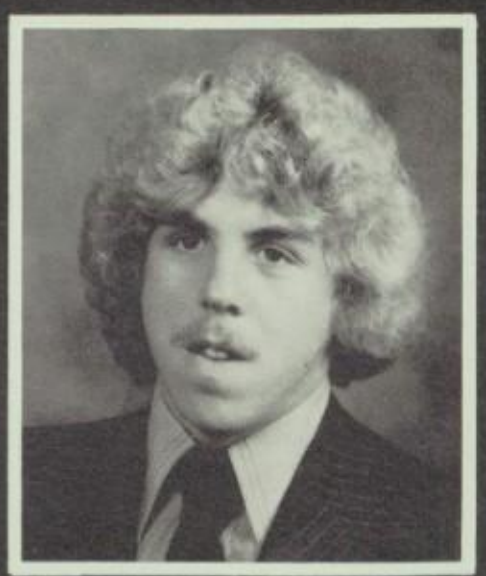
KIM KETTER ... yearbook, Hort. club; remembers my friends and the fun times we had. Plans to get a great career and get married. "The good times we can remember, but friends are forever."

STEVE KING





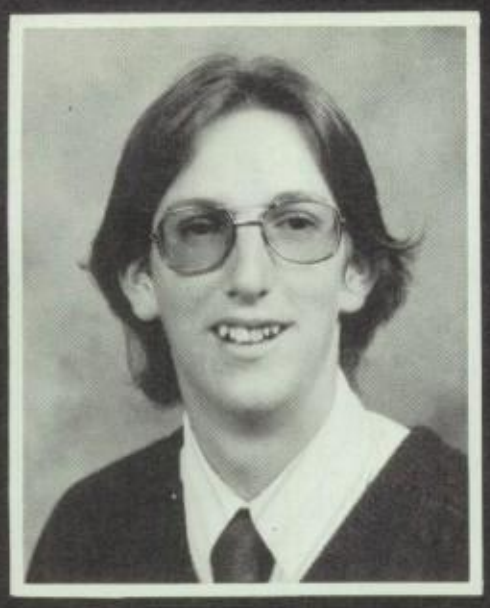
GENE KOPITCH ... Geners ... full time auto tech. part time girl chaser; remembers friendly people unusual formals and dances; plans a future goal to become a Computer Tech. "He who laughs least, laughs loudest"

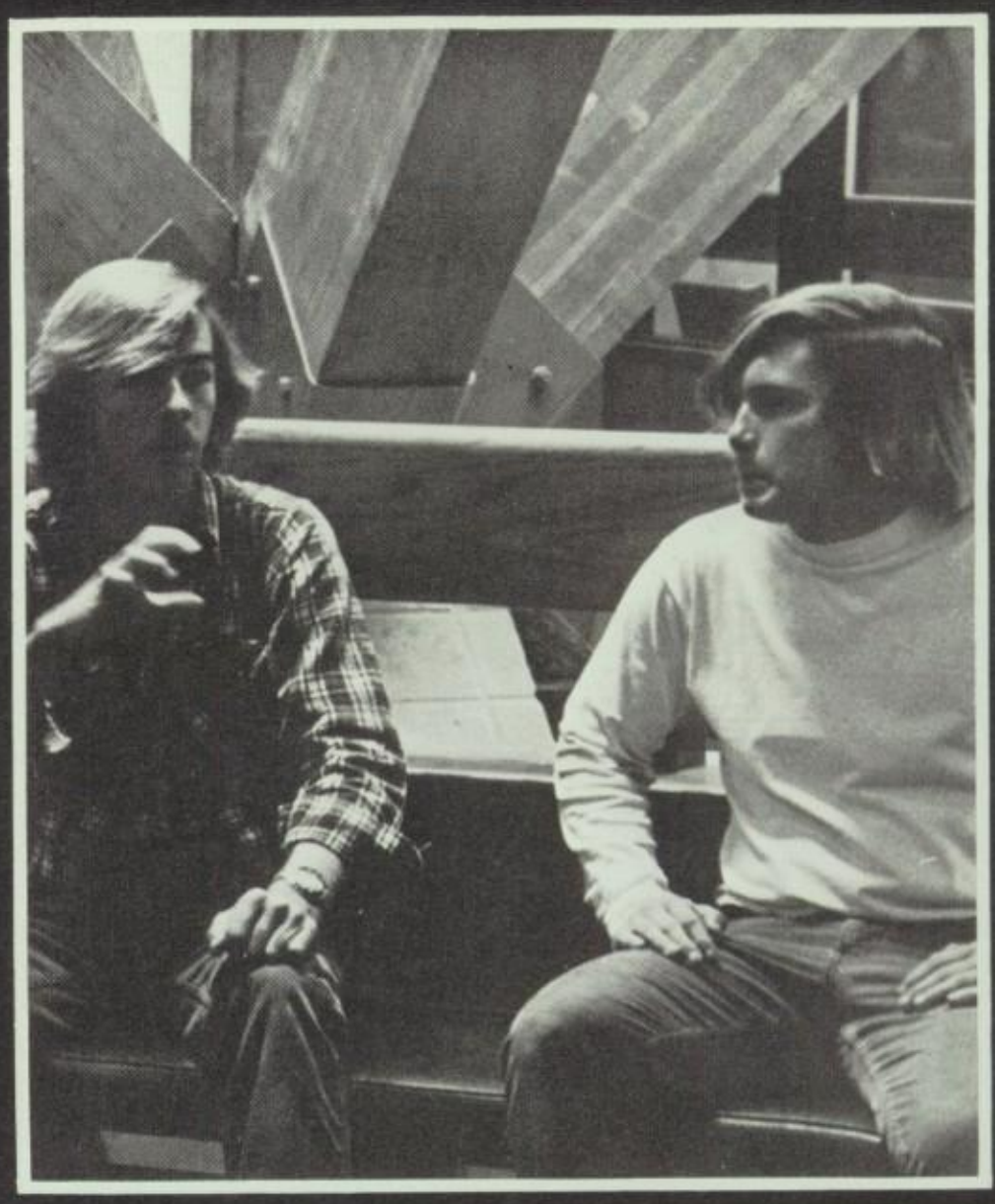


DOUG KWAST

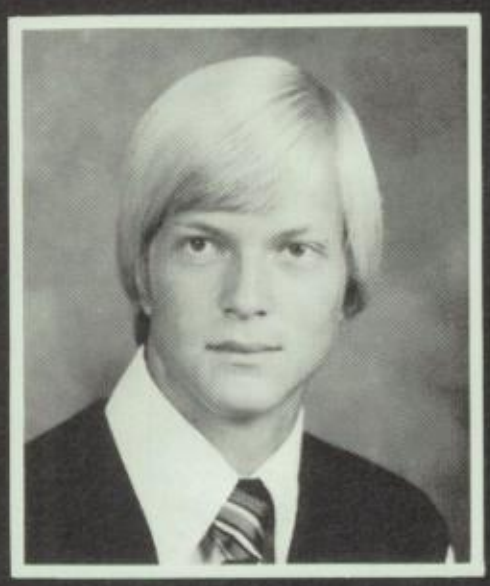
ROBERT WILLIAM LAFAYE ... Booby ... football, soccer, track, party; remembers meeting all the foxy babes, good times in Willms class. Plans to be one of the world's top musicians. "Get it before its gone"

RODRICK LAUB





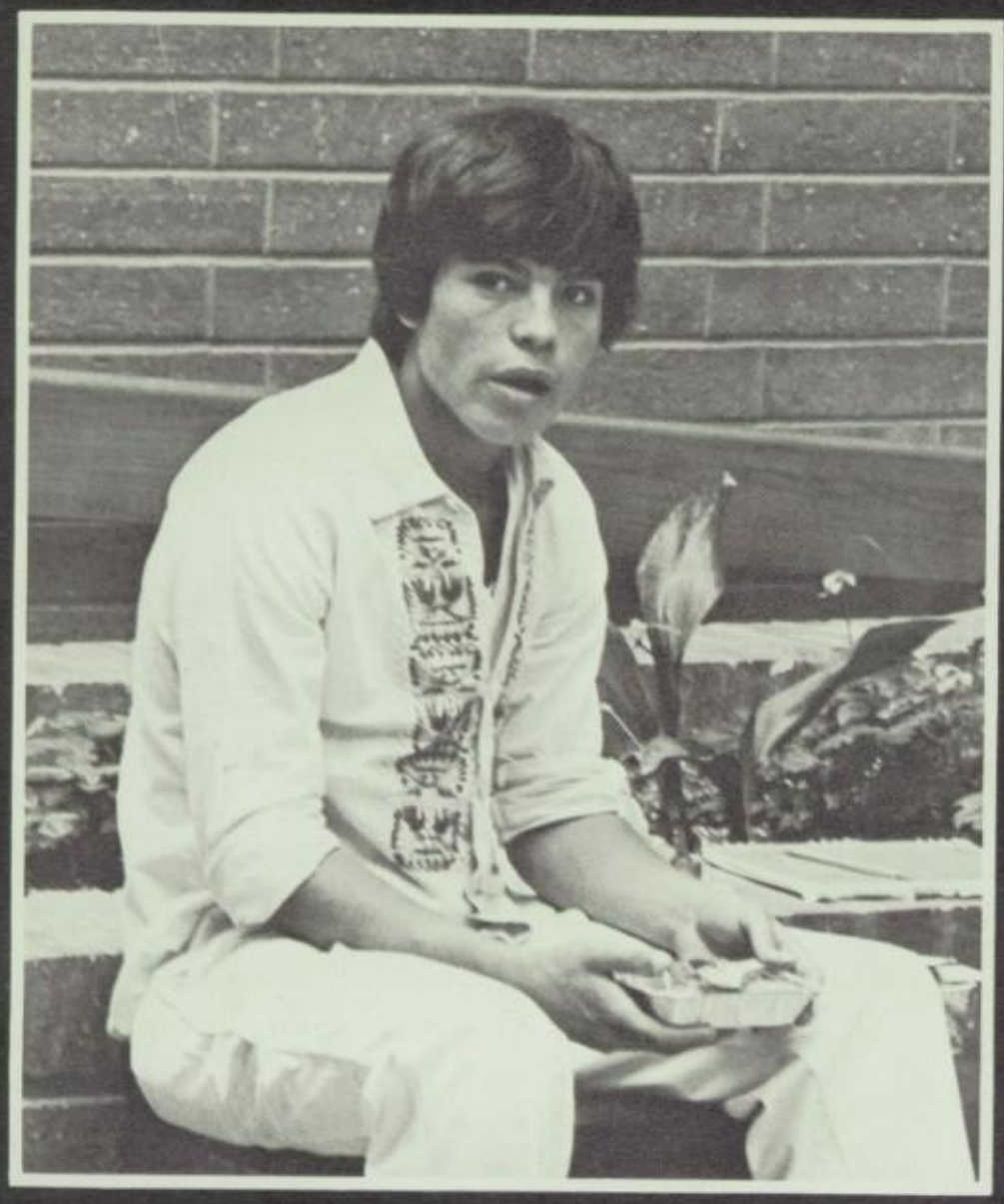
JOHAN LEANDERSON ... Rembrant ... soccer, basketball, ski club, orchestra; remembers sports events, dances, ski trips. Plans to become a millionaire. "Don't forget your childern think"

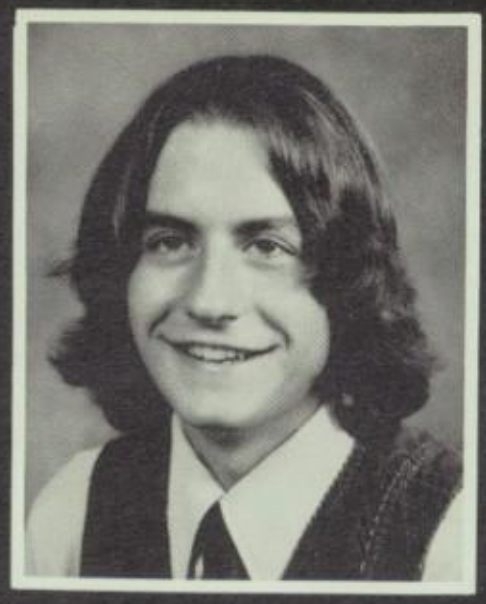


TERI LEHOTAY ... varsity track; remembers S.C.H.S., the Pit. Plans to become an Avery Tech. and an artist. "Jesus doens't make freaks out of people, he makes people out of freaks-Maranatha!"

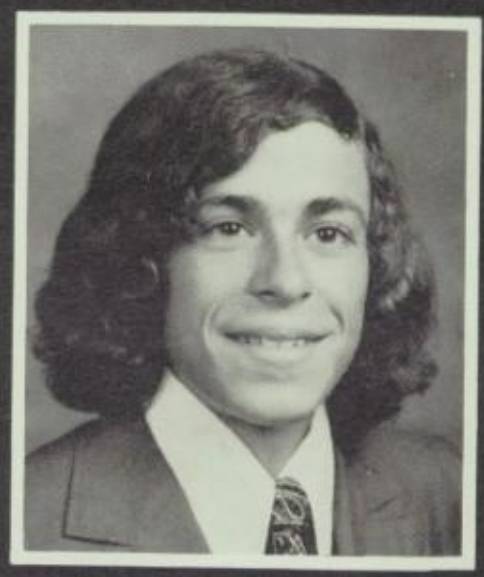
LAURA LEVERICH
BEVERLY LINDNER

BERTHA LOPEZ ... Club Azteca, Cinco de Mayo, dances; remembers C.M., L.L., L.R., M.A., L.A., ditching tenth grade, football games and Jr/Sr Prom. Plans to go to Saddleback and become an Interior Designer. "Enjoy life and God Bless you"BECKY LOUGHRIDGE
SARA LUNA

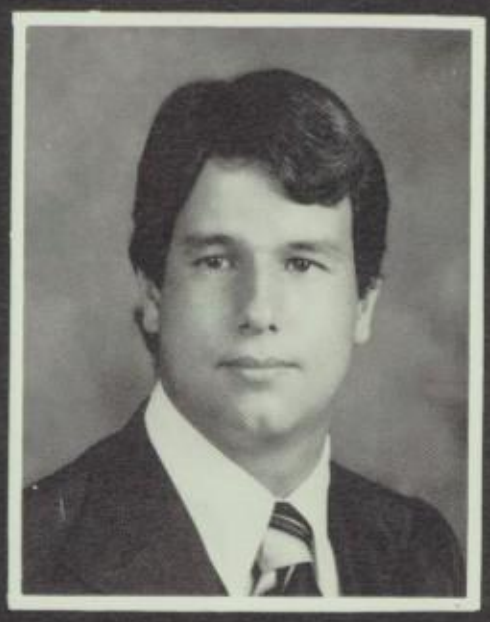




STEVEN MANHART



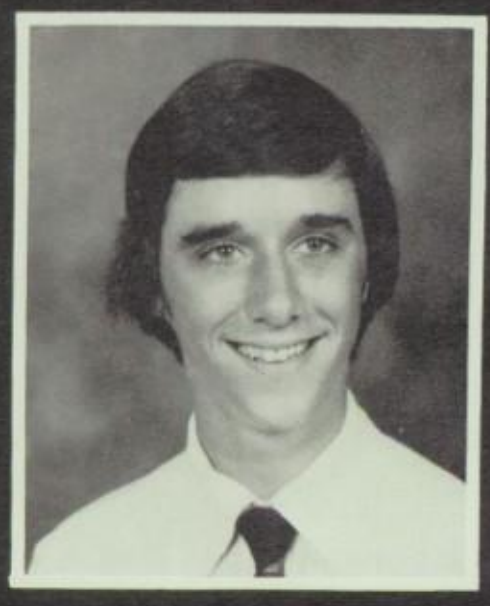
TONY MARCHELLO . . . Baseball remembers girls and dances. Plans to go to Saddleback. "When your caught, cry alot"

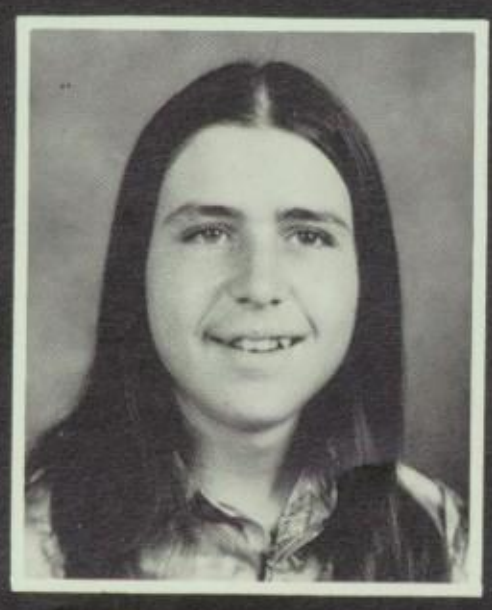


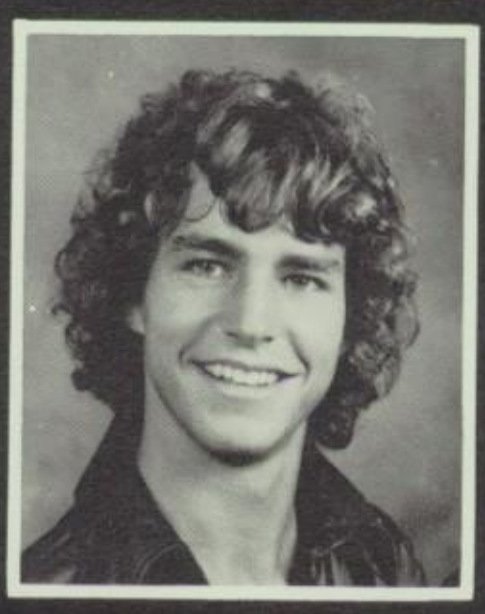
VICTORIA MAROHNIC . . . Vickie. remembers C.E. Plans to go to college and major in Marine Biology. "Aloha"

ARNOLD MARTIN . . . Bert Lance . . . drag racing and road racing; remembers hot women, fast cars and wild times, insanity hour in the Media Center. Plans to become a pro race driver, and race car builder. "Go bananas"

SHELLY L. MERCIER . . . ski club; remembers how boring school was! plans to become an Airline Stewardess. "Nothing but David"

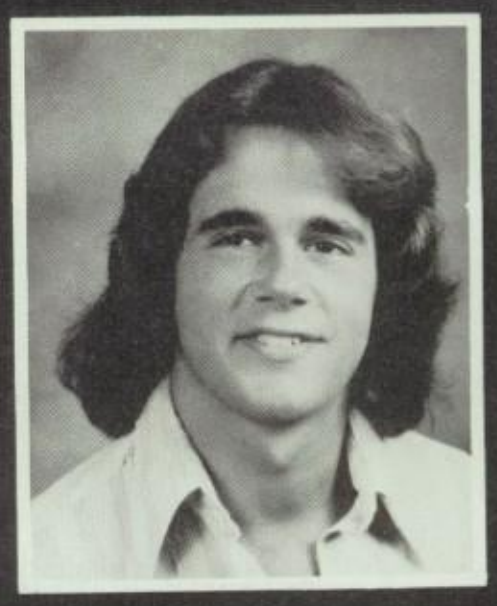




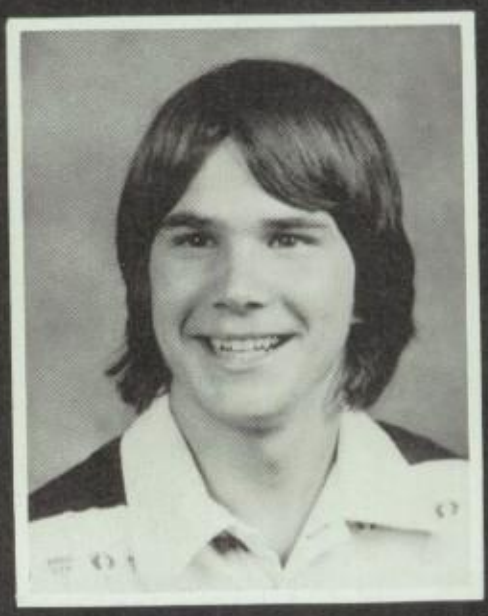


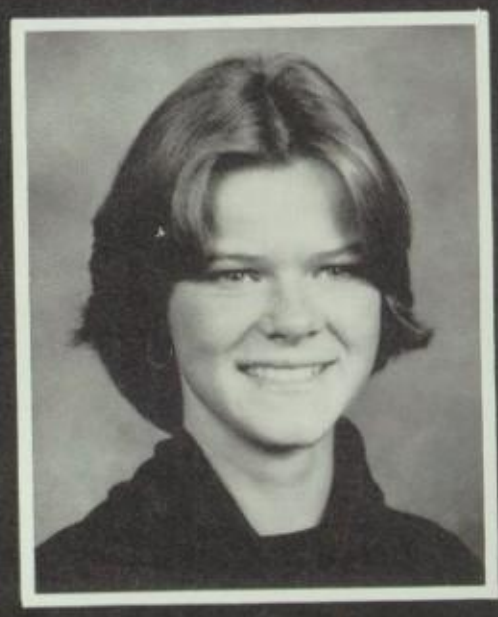
TOM MITTON
ROBERT MITCHELL
JAMES MONTROSS

LISA MOORE
KIRK MORGAN
CORREEN MULLINS

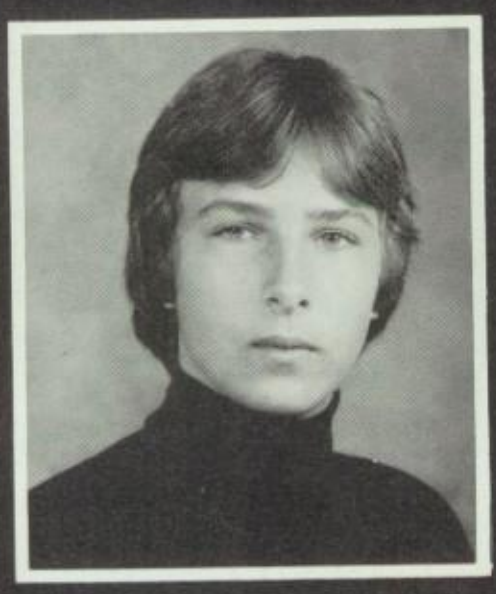


KELLY NAGATO
RAYMOND NEWHOUSER
CHARLENE NEWLAND ... Charlie yearbook, newspaper, tennis; remembers good times, weekends were made for me, exam week, crazy people D.H., DWD, C.W., A.F. Plans to go to college and become a youth minister and preacher-whole person.

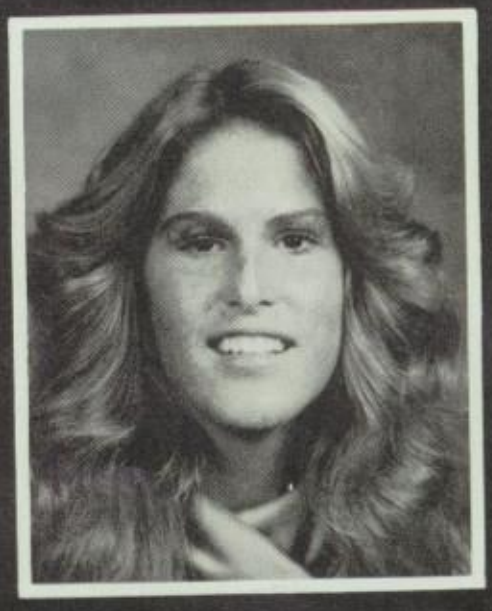




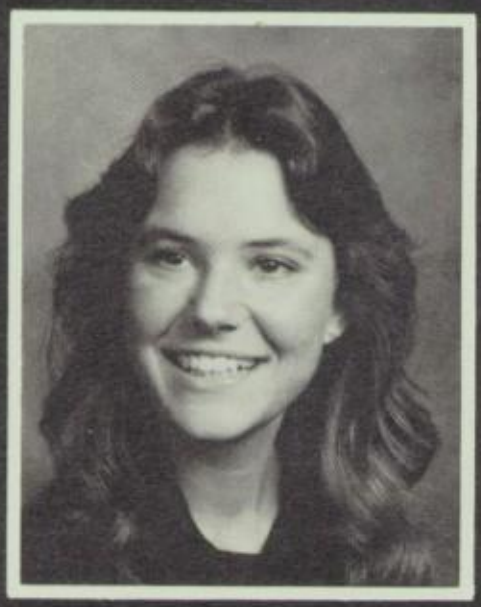
SHAWN NOBLES
JULIA ANNE NYSTROM ... Juls ... soph. class Pres. & Jr. Rep, S.C.H.S. Ad. Hoc. Comm., ski club; remembers Eileen, Nancy, Jay, good times and many memories. Plans to go to Westmont College in Santa Barbara. "Friends are a gift you give to yourself. Life is a gift of God."



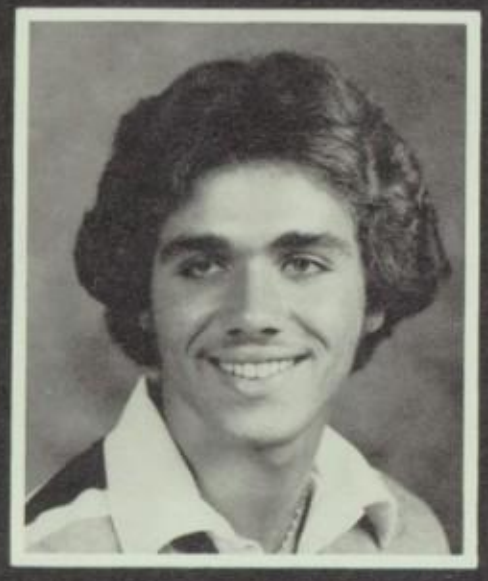
BRIDGET O'BRIEN ... softball, volleyball, snow sking, sophomore vice president, CSF; remembers going to three different schools. Plans to attend college. "Yesterday is a memory long since past, Today anticipating tomorrow, unfolding too fast."
FRANCES OUELLETTE



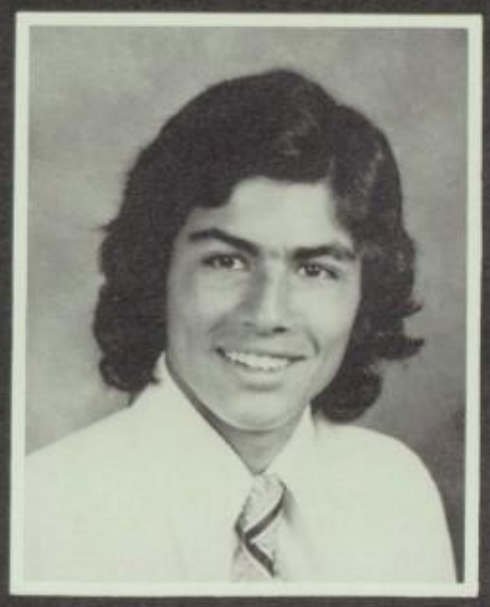
CATHERINE R. OPSAHL ... Cathy ... two years class rep. remembers 3 yrs. at S.C., football games, my soph. yr., Europe Summer '77, wonderful friends, my bestest friend Shelia, my honey Bob Plans to attend San Diego State and maybe become a counselor. "Hey Wow, Boss!"
JILL OYAMA

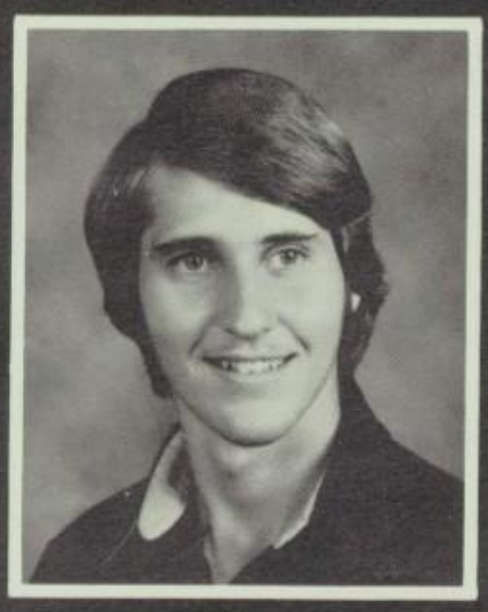


DIANA PACE
PAMELA PAULOS ... The Big Fig ... remembers the good and not so good times, my pal D.C. and 3 great years at S.C. "... Now tell me how we did it Donna."



CARY PELLERIN
DONNA PHILLIPS
JOSEPH PICKAVANCE





EDDIE PIGNOLI
RONALD PIKE
LORI POST

VICKI RAY

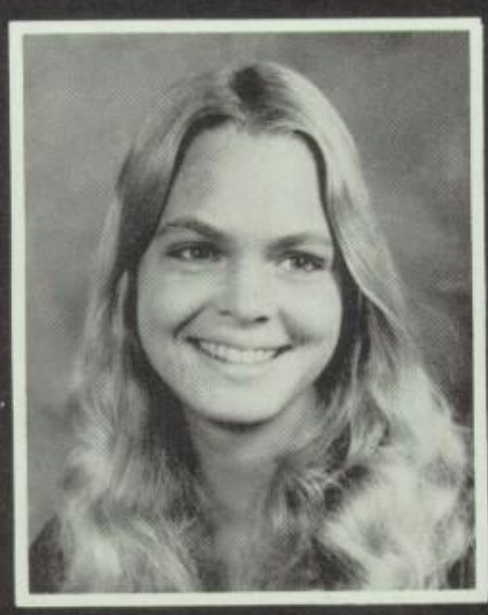
°MARGURITE REGAN ... swimming, tennis, softball; Plans to attend college. "Memories are free so cherish them."

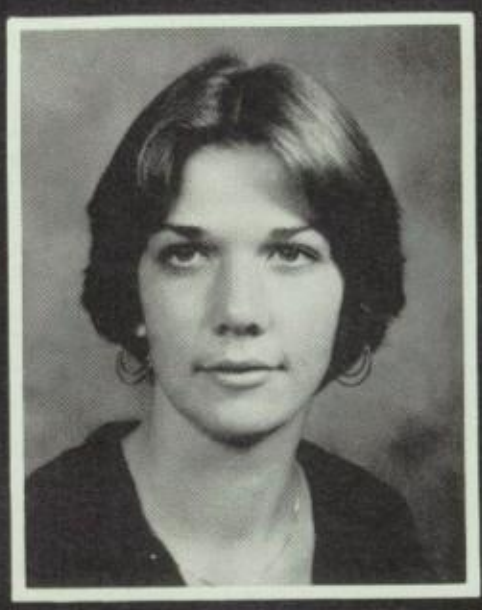
BRENDA REYNOLDS

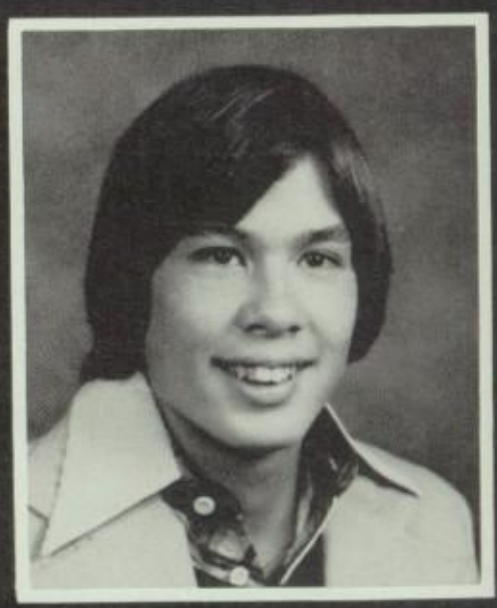
DARLENE RIDILL ... gymnastics soph. yr. at DHHS with coach Hartman; remembers 9/8/76 Mike at Bobby McGee's and all my friends. Plans to marry Bruce and become a Physial therapist and enjoy life. "Smile" "If its physical, it's therapy."

SANDRA L. RIEGLING ... Plans to attend Saddleback and become a Stewardess and get into real estate, and interior design. "I'm sure"

MARK RIETH



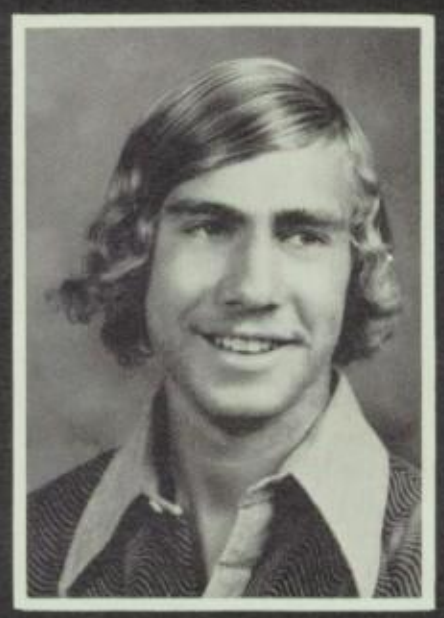




CARMEN L. RODRIGUEZ ... remembers Led Zeppelin concert '77 Led Zepp movies, I.V. DHHS, Percy, Page, Jonesy, Bonham. Plans to continue school, and become an artist. "The song remains the same"

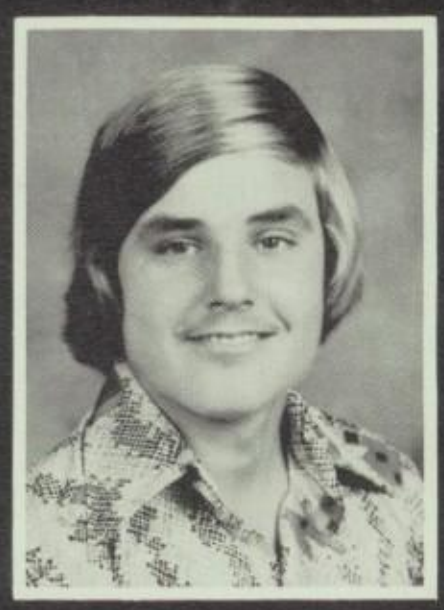
STEPHANIE C. RODRIGUEZ ... Steph ... remembers Dana Hills, I.V., "3 Musketeers" friends and the rest of the turkeys. Plans to continue school, travel, live, explore, and be free. "Live hand in hand and you shall stand on a threshold of a dream"

KAREN ROEBUCK



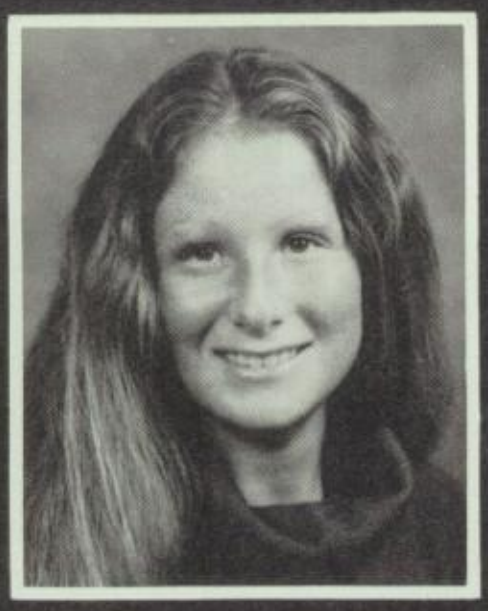
MARK ROMERO

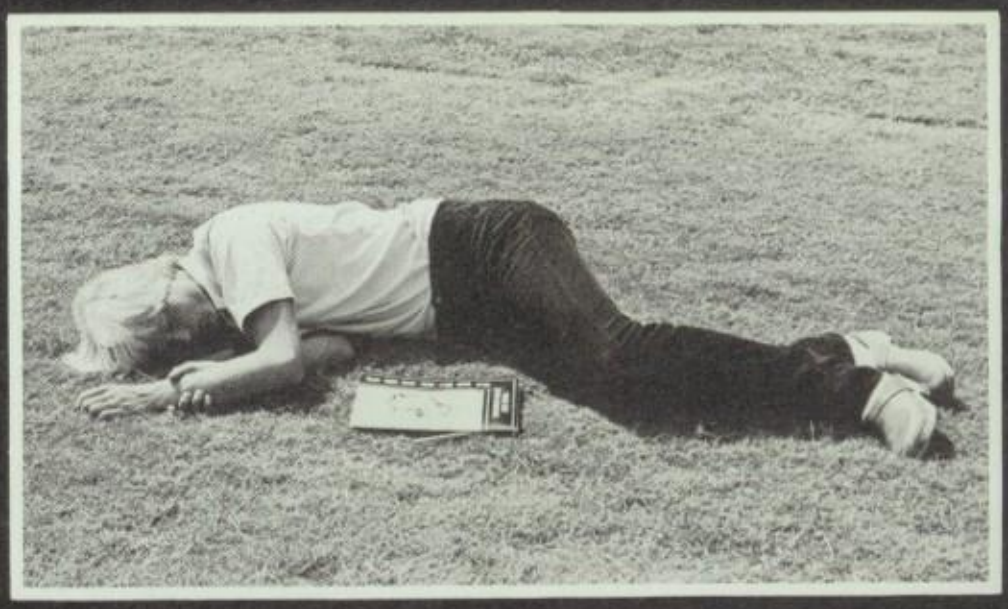
VINCENT ROMERO ... Vince, Prez ... 3yrs. of varsity baseball, K-Bowl Titles, first ASB Prez. feild bio '75; remembers all the folks I left behind, field trips, the SDC. Plans to make History. "Always do right, this will gratify some, and astonish the rest"



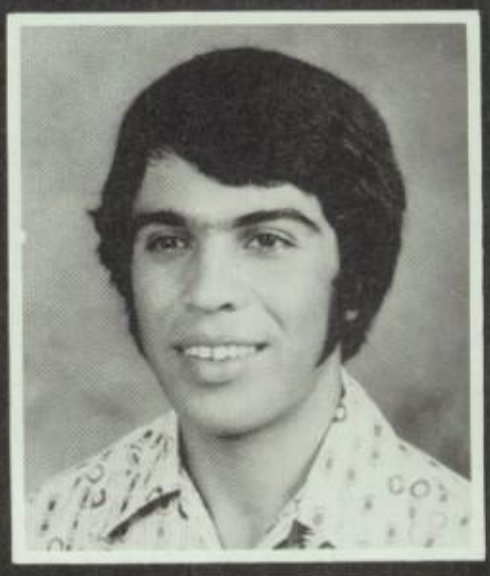
DAVID ROSE

TINA SACCOMAN ... Tiny ... ski club; remembers S.C.H.S., getting out of classes, summer of '77 with P.R. "I'm going to miss this place, but I'm glad you will be here, and I won't"

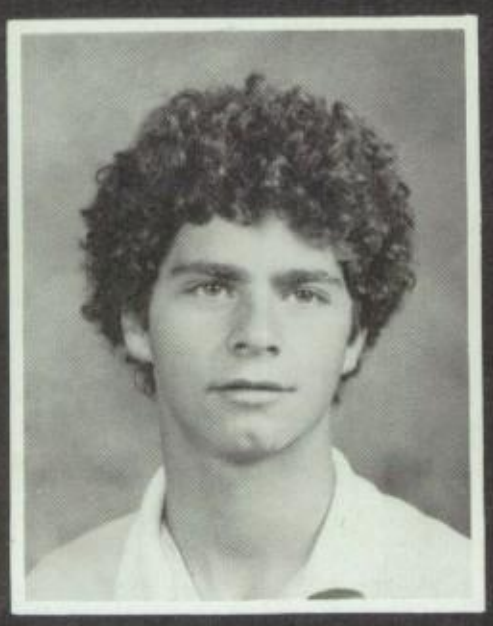


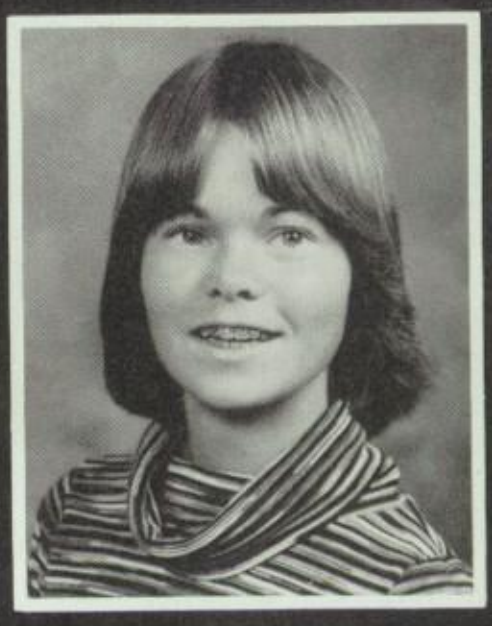


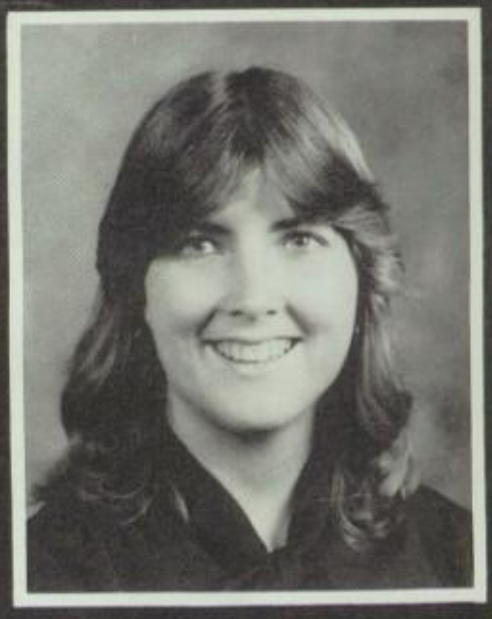
MONET SACHS ... Senior class sec. yearbook, tennis team, pep club; remembers football games and going out afterwards and good friends. Plans to attend college and become a dental hygenice. "Be yourself"
FRANCISCO SAMANO
GAYLE SARCE



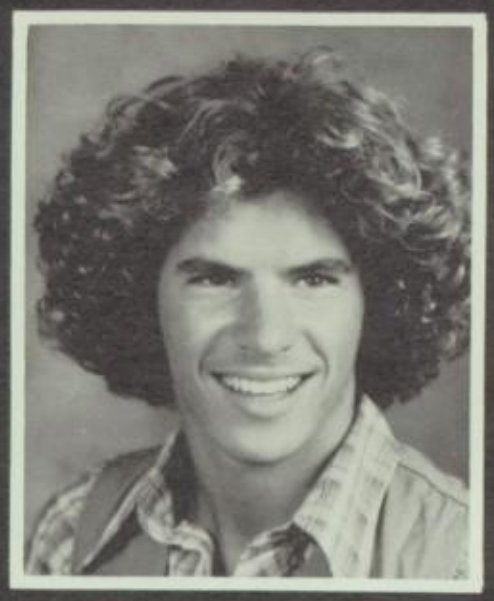
JONATHAN SAVAS
DIANA SCHNITZLER
KAREN SCHOLFIELD







EILEEN SCHRAMER ... Weenie ... Newspaper; remembers the gang, parties, and all unforgetable unmentionables. All you have to do is accept the impossible, and bear the intolerable. (smile at anything)
JEANETE SCHOEDER
MARY SUSAN SCHUBERT ... A.S.B. treasurer, yearbook staff; remembers my soph. yr. all the crazy things we did, my very special friends from S.C., Sambo, Car-n-Herm and 99's, "Color my world" "How lucky I am to have known someone that saying goodbye to was so hard." "Now I get it"



MICHEAL SCHWAN ... Schwanny varsity baseball 3 yrs., ski club, Yosemite; remembers Mr. Nealy and his classes, girls, baseball and Homecoming. Plans to go to college and get rich, "Have fun" "Hit the Houchies"

DELIA SELIGO ... Dels ... Kiwanettes (approx. 2 weeks) student leadership?; remembers meeting Betsy, all the new people at C.V., J.K., C.C. formals 76-77 "now thats kink" Plans to attend Cal State Long Beach or Wally Sauwyer's School of Trucking. "Don't take life so seriously, no one ever comes out of it alive"

TAMMY SHERMAN

JOANNE SHEILDS

JOANNE SHIPLEY

GREGORY SHOOK

RHONDA LEE SHOOK ... remembers Greg, my friends, S.C., and homecoming. Plans to attend Saddleback. "Friends are the flowers in the garden of life"

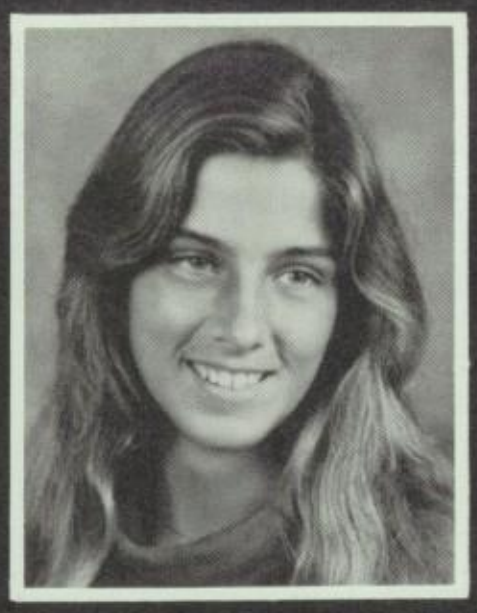
DEBBIE SMITH

MATTHEW SMITH

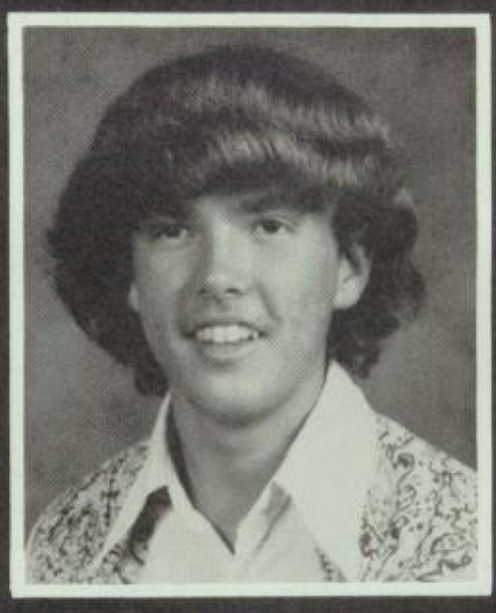
MARY STONEKING

"I've got class!"

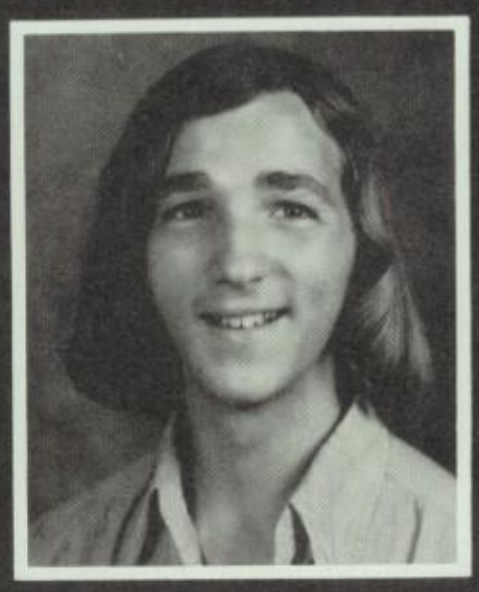
DAGMAR STRASSMAYR... remembers swimteam, homecoming, ski club trips and surfing. Plans to attend college and find a rich husband and live happily ever after.



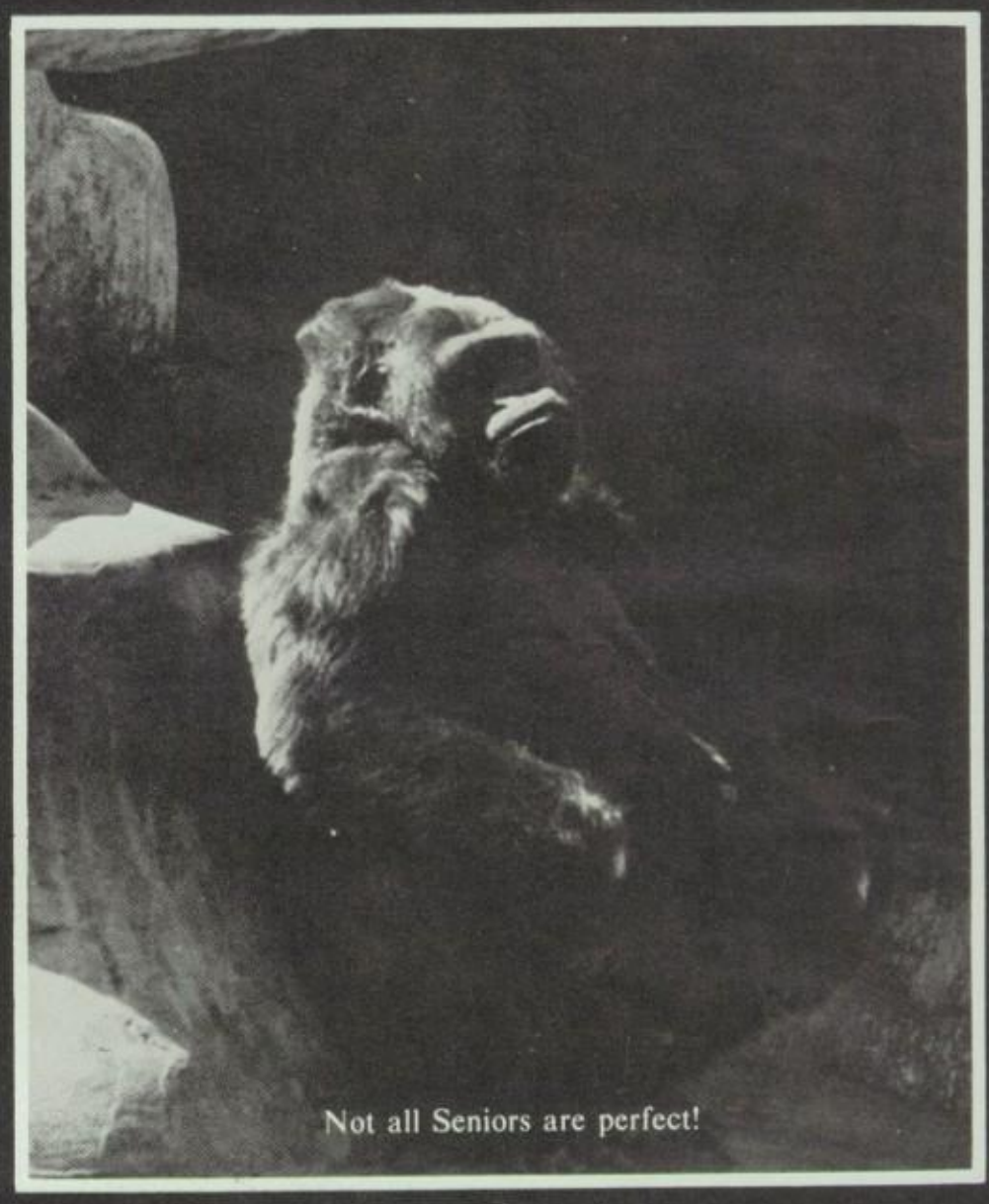
CRAIG STREED



KAREN STROUD...Chipper.. homecoming semi-finalist, partying constantly; remembers my bud Teri, KG,BI,LG, Jetto, Mr. Turtle-face Cunerty, Val, Greg, yanging it, and of course Reeter. Plans to become a mushroom cultivater, be self employed and become terminally insane. "To give a love, you've got to live a love, to live a love, you've got to be part of it."



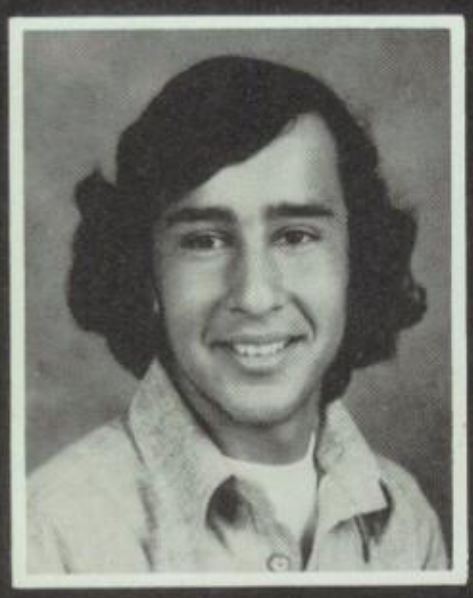
WILLIAM SUMSTINE

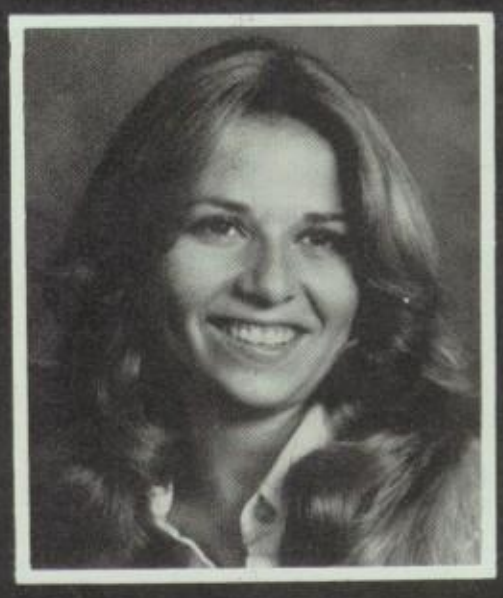


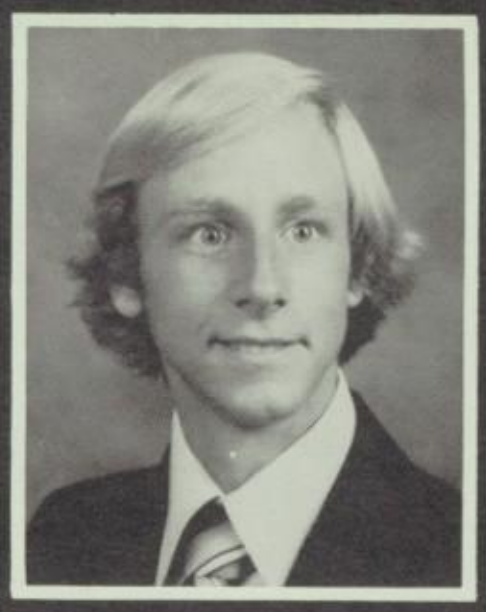
Not all Seniors are perfect!

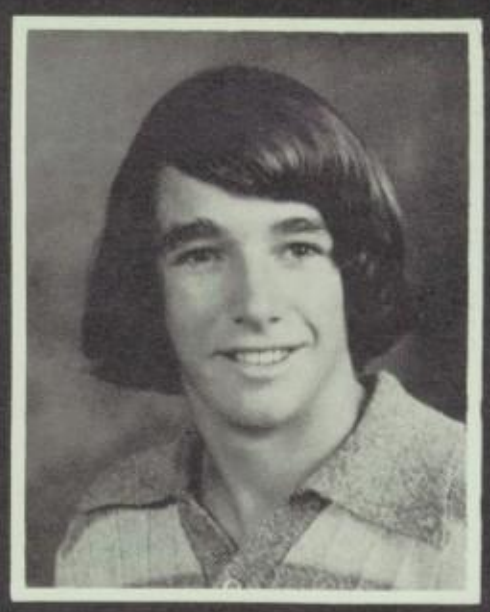
DONNA SWANSON

HENRY TELLES
TRACY THURMAN
SUSAN TOOGOOD







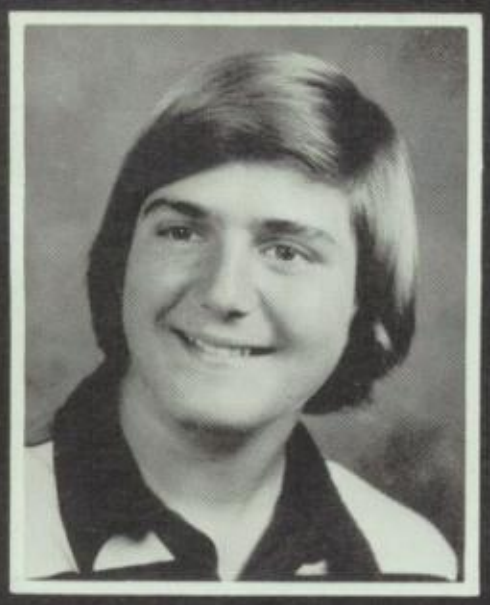


CORINNE ANNE TROTT...
3 varsity letters in track, 1 varsity letter in X-country. remembers track meets, friends, the Prom, and changing High Schools three times. Plans to attend UCLA and be a certified Public Accountant. "To acheive you must put forth the effort"
JOESEPH TRUJILLO
MICHAEL TRUMBLE

DARREL UTTERBACK

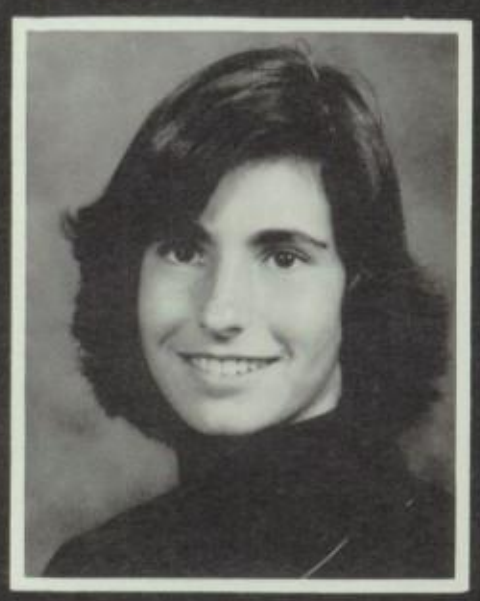
TERI VALENTINE

PAUL VENZUELA
MARGUIR VANDENBERGH
ANNIE VASQUEZ...Ann... GAA, bike riding and hiking remembers dances, SC parties and especially the T-street guys Plans to attend Saddleback and go into interior decorating or be a mail girl.

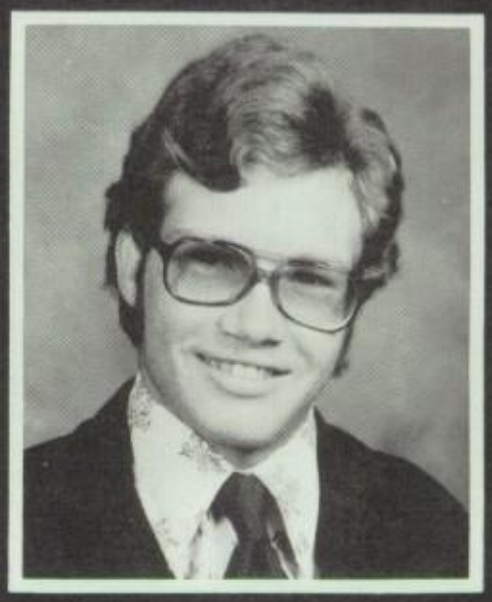


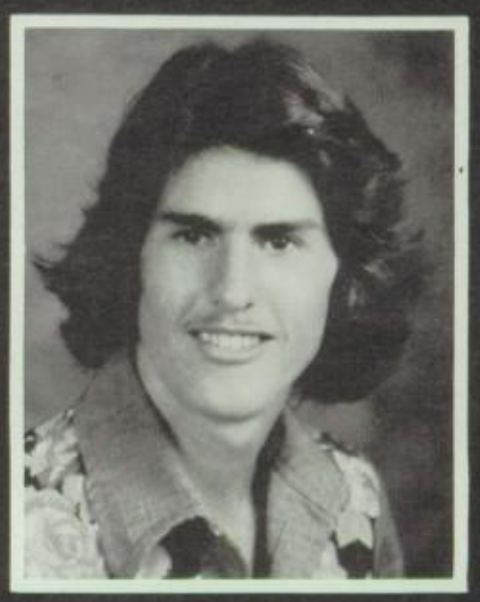
DON VERMEULEN ...
Cabbage...
manager for soccer, doing nothing! remembers L.U.V., Lisa, the bull, Mr. Levens, DHHS, Tex, Vince, Dale, the Force. plans to go to California A-n-M. "Go home, now, when, now Then the Hell with them."

LAURA VIDA
IRMA VILLALPANDO.....
remembers the two turkeys, DHHS, my freshman yr., most of all Willy Boy from Mar Del Plata, "What can I say?" Plans to continue school, watch Wimbledon when G.V. wins. "if you try to please everybody, you wind up pleasing nobody, not even yourself"
DAWN VUKICH.....
Golf team; remembers S.C. High and B. "Golfers know how to swing"

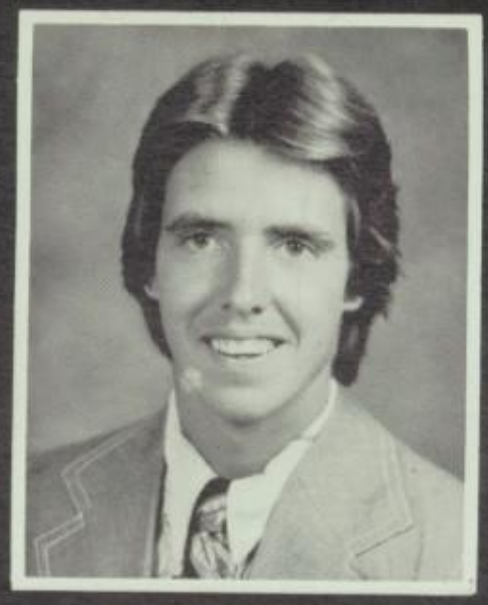


AUBREY WALKER
WILLIAM WALLACE
FRANK WILBUR

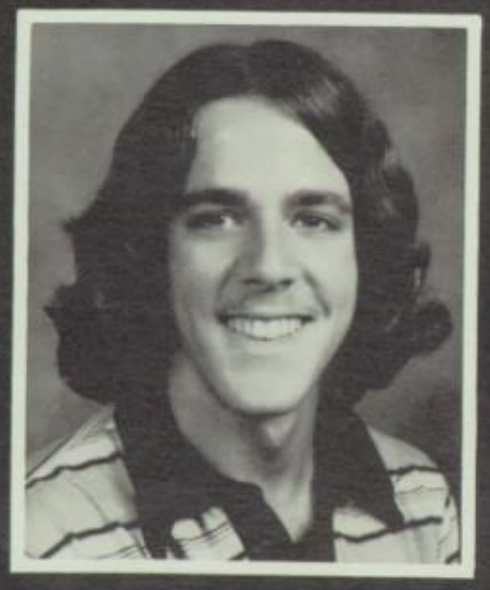




CAROL JANINE WINTON...
remembers games, parties, crazy times with all my buddies, F.P.C., Spring snow, flex n' park, Los Al, Hi Aud. Plans to go to college, travel and have fortune n' fun. "Love when you can, cry when you have to, find laughter and warm smiles, seek the best things in life, await your arrival with simple survival. One day we'll all understand."
CARLA WILSON
KIRK YECK



JAMES ZAK
ALISON CAROL ZIFFLE...
Al.....ski
club, crew team, Junior Achievement; remembers friends-trails-life, lunch time runs in a Bug to Mac's, 6 per. sleeping class, backpacking trips, joyrides and talks with Gene & Al. Thanx. Plans to attend USC, major in Gerontology and Business. "Smile, trails and patients is the source of life-eternity shall be my life. A gift of love he gave to me, to give to you."
TOM BRAUN



ED LARSON
MARIA MALAGON
LAUREN MYER

CARL REMPEL
RON VAN PEURSEN

Laura,
What can
I say?? It's
been great and
I am looking
forward to a great
year. Good Luck always
Love ya
Colleen

EDITOR
CLASS OF '93

Bad Mood

I got up late to go to school
Walked into class and felt super cool.
Said to myself, "Grammar's way too deep,"
Couldn't get going and fell asleep.
but
No one noticed
I started my homework when I got home,
My best friend Joe called me on the phone.
I told him, "Sure, " I'll play some ball,
I'll do my homework in study hall
because
I didn't really care.
I got in trouble in study hall,
They made me stand against the wall.
I didn't get my homework done,
But I sure did have a lot of fun.
and
what did it matter.
I took a test and thought I'd flunk,
Hadn't studied and knew I was sunk.
So I cheated and finished the test,
Later I laughed for I had scored the best.
and
who's to know.
I went to college to get away,
Couldn't hack it and didn't stay.
I found a job and managed to live,
But I got fired for lack of initiative.
but
who cares.

David Messenger

JUNIORS

Deanna Fawcet President

Sheri Montgomery Treasury

Lisa Marusich Secretary

Tonia Steinke Vice President

Representatives;
Pam Brode
Collen Hubble

John Agbisit
Amparo Aguilar
Elva Aguilar

Melissa Aguirre
Armando Albanez
Phil Albert

Eric Amoy
David Archuleta
Cheryl Arneson

The lunch time blues

Denise Arocha
Chris Artale
Brenda Banks
Jeri Barker
Kathy Barrett
Diane Bathgate

Linda Battaglia
Dale Beck
Stephen Bell
Beth Berchiolli
Kevin Biggs
Susan Bishop

Anne Boardman
Carolynn Boeamler
Dana Bowers

Eric Bowman
Ronald Bozarth
Neal Brand

Gloria Oropeza acting bored

Need we say more.

Tom Briggs
Pam Brodie
Beth Brokken

Marie Brouillette
Ron Brown
Sue Buck

Jeri Burnett
Matt Calley
Don Campbell

Matt Campbell
Brenda Carter
Richard Cast
Karen Chambers
Anna Chan
Robin Charles

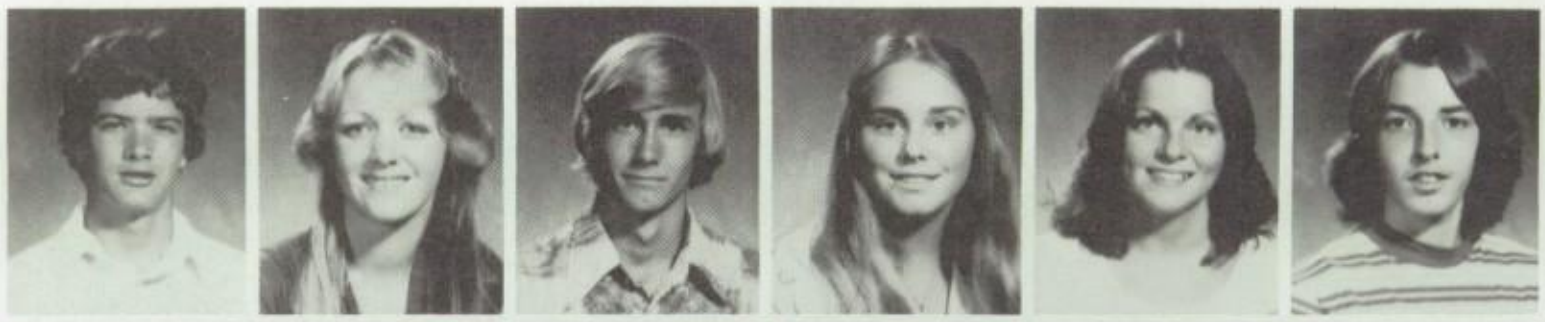
Edie Chaska
Glenn Claudi-Magnussen
Renee Clauzel
Charles Cline
Gloria Contreras
Mike Cook

Julie Wilson gives a stare.

Donna Cordry
Lydia Cormay
Susan Crean

Mike Cukrov
Sue Daily
Craig Davies

George Dawson
Lisa Denny
Mark Deuser
Cindy Devenberg
Kris Dormady
David Drips



Mike Dunivin
Dinny Dunsmore
Randy D'vric
Teri Elliott
Kerrie Engle
Steve Enright

Carrie Erickson
Lynn Farnham
Deanna Fawcett
Diana Fawcett
Teri Ferrara
Tina Fiantaco

Deborah Fisher
Craig Fleetwood

Tom Fogerty
Carl Forsman

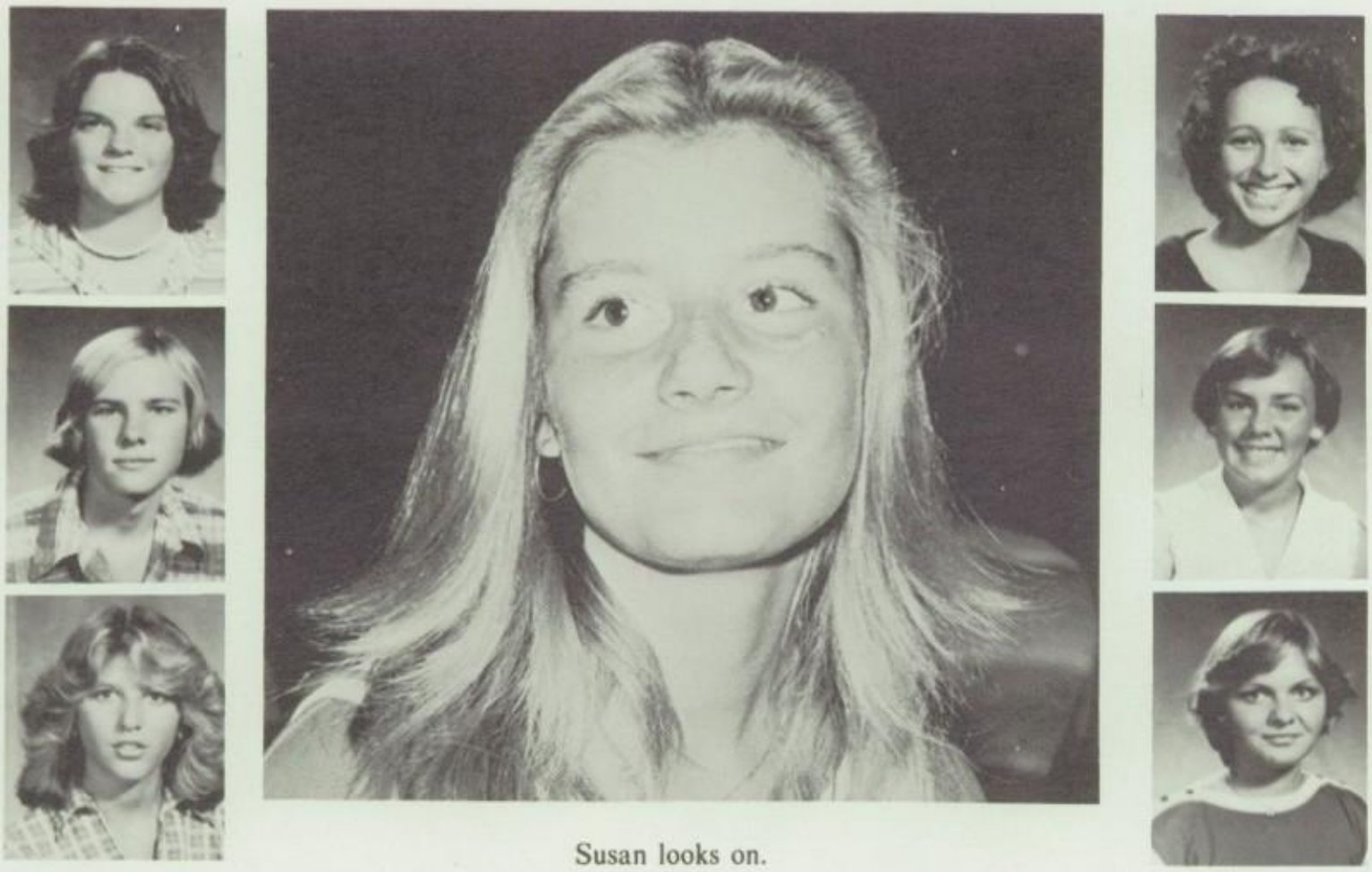
Carl Fox
Bob Friedman

Reynold Furrell
Brad Gaines
Laurie Galkin
Lisa Gamble
Kelly Gardetto
Dean Genter

Chris Glaser
Paul Gray
Kim Greer
Brian Griffith
Tom Grimes
Steve Grod

Lauren Groslouis
Rosie Guck
Sylvia Gutierrez
Yves Halliburton
Steve Hamilton
John Hammond

Melami Hansen
Melinda Hardy
Cheryl Hartline
Don Hayes
Sara Hernandez
Fran Hickman



Susan looks on.

Donna Higgins
Merl Higgins

Eric Hobson
Michele Hoffart

Debbie Hoffman
Karen Holl

Irene Howard
Ronda Hubbard
Colleen Hubble
Paul Hughes
Gene Humphrey
Phung Huynh

Tim Inge
Dana Ireland
Dianna Jacobs
Kathy Jackson

Araceli Jaime
Johnna Jakubka
Jane Jamison
Sean Jenkins

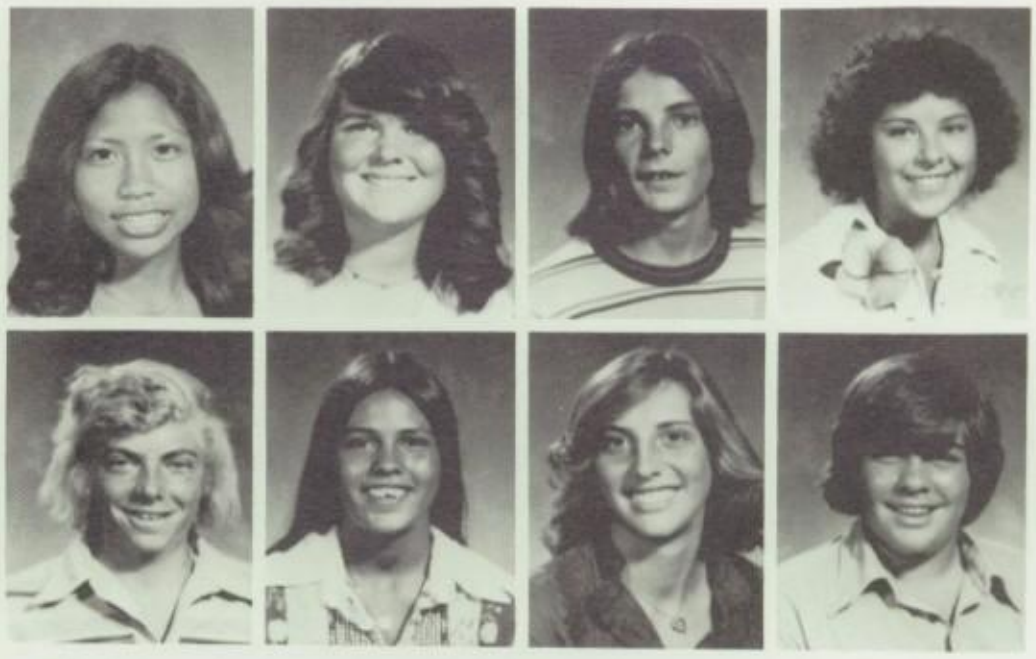
Ron Jiron
Cheryl Johnson
Rose Johnson
Terrie Johnson

Mike Kelly
Corene King
Jackie King
Anna Kinsey

Alice Klar
Karen Kohlmeier
Carla Kusky
Luc Larochelle

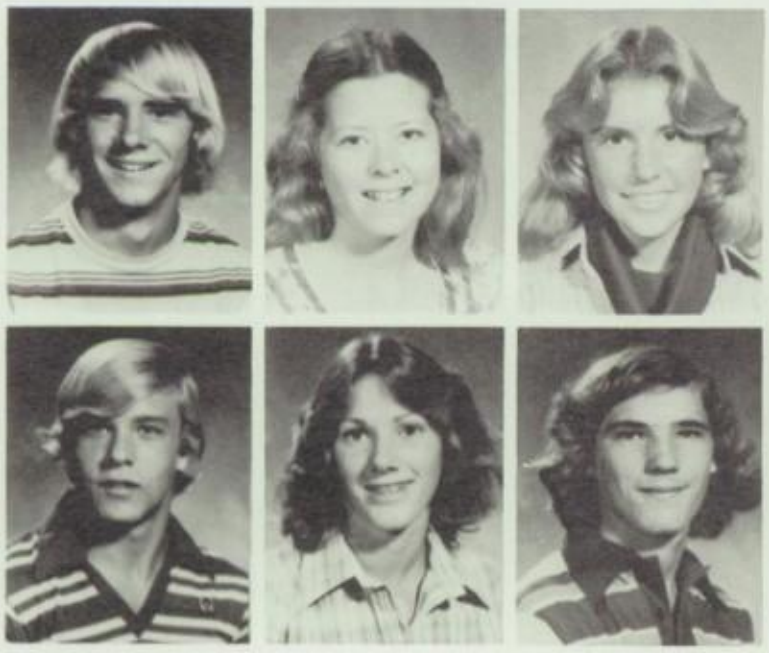
Mike Lawrence
Ken Lemm
Jill Lenz
Sheryl Leverich

Mark Lockareff
Gina Lockhart
Lori Lopez
Duane Lorance



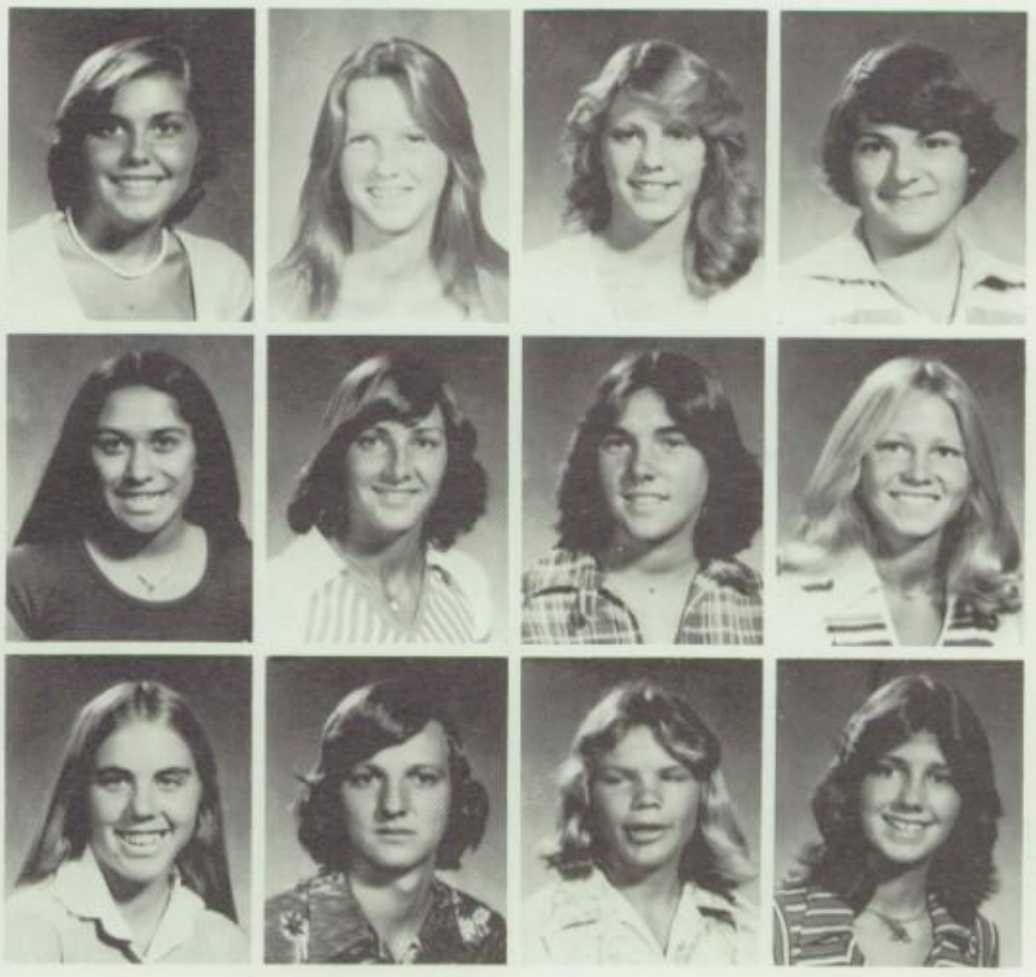
Francine Loceterc
Christy Lukas
Chris Magney
Tammi Marchello

Bob Martin
Risha Martinez
Lisa Marusich
Bob Matossian



Bob Matz
Pam McCandlish
Dana McCollum
Fred McConnell

Dan Mccurry
Terry McDonald
Mike McDougall
David McElroy



Lee McFarlin
Erin McGraw
Terry Mendelson
Nancy Merola

Helen Mesa
Michele
Messersmith
Karen Mitchell
Sheri
Montgomery

Robin
Mooneyham
Robert Moore
Brian Morrison
Teal Nava

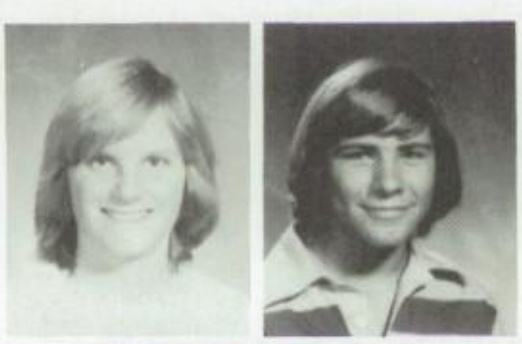
Gene Newhouser
Shelly Nobles
Brenda O'Brien
Erin O'Hagan
Chuck O'Halloran
Bill Ontiveros
Gloria Oropeza

Susan Owens
Brad Parker
Debbie Parker
Penny Parmeter
Barbara Perez
Jeff Phelps
Debbie Phillips

Amy Pitsker
Mike Ramirez
Beckie Ray
Vickie Ray
Denise Reagan
Chris Reissmuller
Becky Rhoads

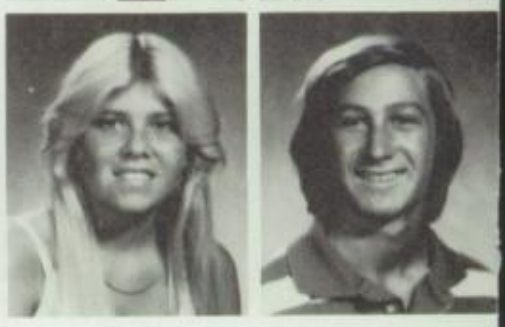
James Riedl
Dale Rieth
Steve Riis
Teresa Robertson
Rochelle Robinson
Steve Robinson
Helen Rogers

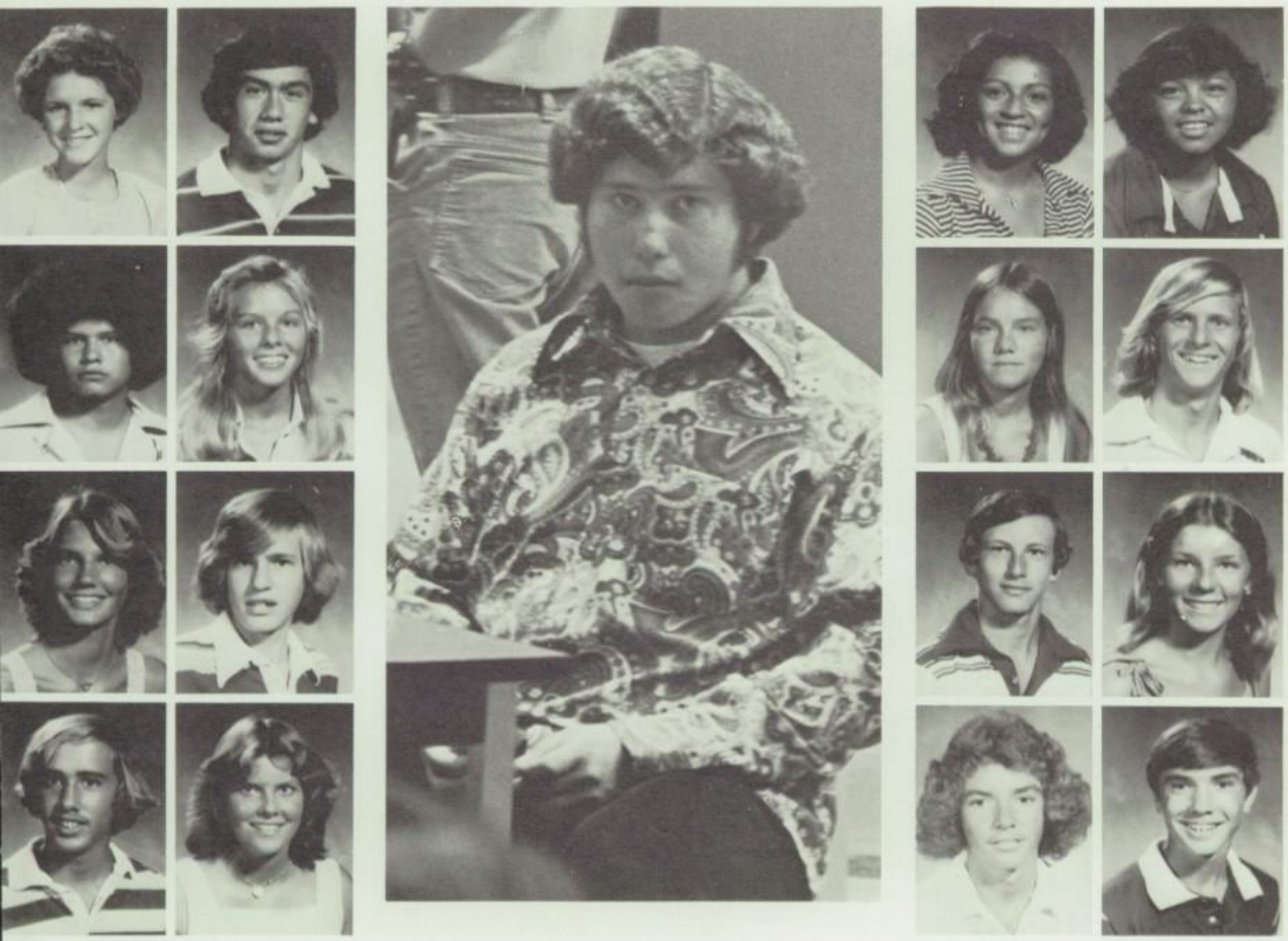
Lisa Rogers
Kevin Romero
Teddy Romero
Stephanie Romo



Peter Ronca
Stephanie Rondeau
Steve Runels
Maria Ryan

Marie Rymer
Mike Ryzo
Lisa Sacco
Mike Sagely





Bonnie Sala
Fernando Salas
Bernice Sanchez
Tina Sanchez

Pat Santistevan
Kathleen Schaller
Anita Schnitzler
Greg Schramer

Pat Schroeder
Mike Shannon
Ken Sharrar
Heidi Shaver

Chris Sherman
Sue Sherry
Mark Sinkinson
Bill Skiles

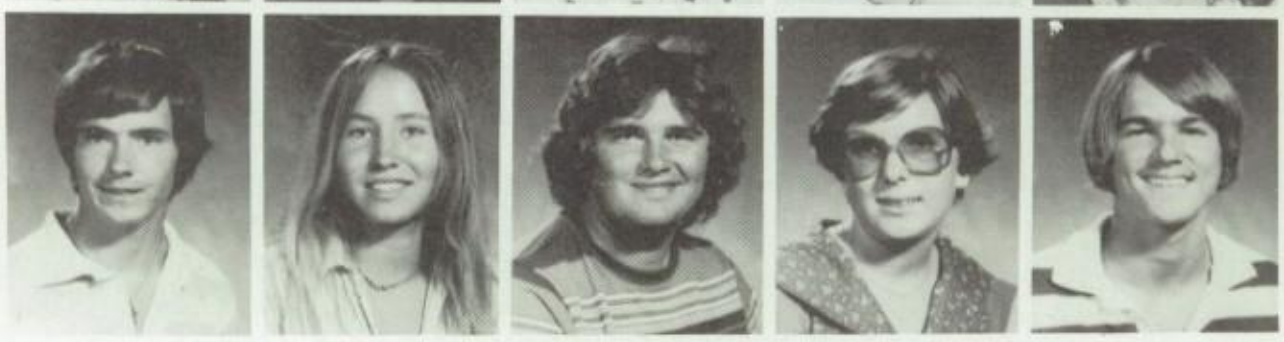
Jane Slaughter
David Slechta
Dave Smith
Elaine Smith
Roger Smith
Steve Smith
Mike Smith

Carol Soria
Lisa Sorrentino
Margarita Soto
Reana Starnes
Susan Starr
Tonia Steinke
Doug Thomas
Kelley Thompson
Richard Tonges
Tammy Vaccarella
Kim Van Vaccarella
Laura Van Peursem
Jill Vansczska
Marid Vasquez

Ted Wallace
Joe Wallen
Dana Walti
Debbie Wareh
Bob Weatherford
Joe Weber

Alisa Whelchel
Carol Whitney
Stevan Wiedmeier
Terry Williamsen
Julie Wilson
Alexia Wisneski

Mark Woodall
Cathy Wolf
Tom Wolosz
Cathy Wooldridge
Pat Dargan



CAMERA SHY

Ronnie Adams
Frank Addonizio
Trent Barry
Carrie Bellamy
Travis Bills
Tom Braun
Charles Cassidy
Kevin Cooper
Ron Cruz
Rick Disney
Don Dove
Gary Driscoll
Jeff Dunn
Mike Eastman
Kurt Edlebeck
Robert Eggers
Amy Farrell
Tom Farrell
Bert Fenenga
David Ferrari
Robert Ford
Mike Gatley
James Gotz
Frank Grijalva
Vanessa Guther
Glen Haffner
Jim Hambly
Brian Hammond
Mary Hartmann
Denise Hornby
Robert Johnson
Norman Kaberne
Greg Kenley
Bill Kerckhoff
John Laderman
Danita Laub
Chris Leonard
Lynn Leseth
Ron Luebke
Maria Lujano
Craig Mahery
Alisa Maldonado
Mike Maldonado
Mike McFarlin
Don McKay
Jeff McLean
Bill Meyers
Lisa Miller
Felicia Muller
Sondo Nelson
Craig O'Brien
Scott Parker
Rick Peterson
Doug Ray
Sean Reddington
Gary Reynolds
Denise Ridill
Julie Ris
Mike Rizzo
Ed Robinson
Rick Rodman
Mickey Romero
Mary Rose
Bernie Sanchez
Craig Sanoval
Cheryl Schneider
Judy Schnell
Rachid Sebti
Ray Sliepka
Doug Smith
Kerri Smith
Robert Smith
Ed Sprunck
Matt Stowe
David Stubbs
Duane Swenson
Judy Symonds
Darleen Tumminini eri
David Tunnicliff
Randy Wall
Ed Wallace
Ken Wold

Judy Schubert - President

Denise Pignoli - Vice President

SOPHOMORE OFFICERS L TO R: Judy Schubert, Denise Pignoli, Chris Waller, Tina Barker, Lori Griffith, Cindy Floyd.

SOPHOMORES

Chris Waller - Secretary

Tina Barker - Treasurer

Cindy Floyd - Representative

Lorie Griffith - Representative

Corinne Aalbu
Robin Abbott
Chris Agbistt

Alma Aguilar
Evelia Aguilar
Martha Aguilar

Carol Allen
Dawn Aloff
Kurt Alsobrook

A one legged sophomore.

Jessie Alvarado
Paul Amorese
Karen Andrew
Brent Andrews
Tom Aoya
Mike Baldridge

Richie Baltierra
Maura Banks
David Bannelos
Dawn Bardens
Tina Barker
Jeff Bailey

Mari Barrell
David Bastien
Frank Batin

Artie Bayless
Suzy Beck
Alisa Bell

Coffee, tea, or me?

Halloween Fun

Mike Bell
Julie Bellamy
Michele Beltinck

Gustaio Beltran
James Benavidez
Diane Bendel

Jaeleen Bertolino
Pam Bindley
Doug Bingman

Sharon Blaney
Richard Boessler
Tony Bogle
Deanna Bora
Peter Boucher
Matt Boulware

Angie Bowen
Jeff Bowen
Toby Braun
Patty Brennan
Jeff Brown
Jim Brown

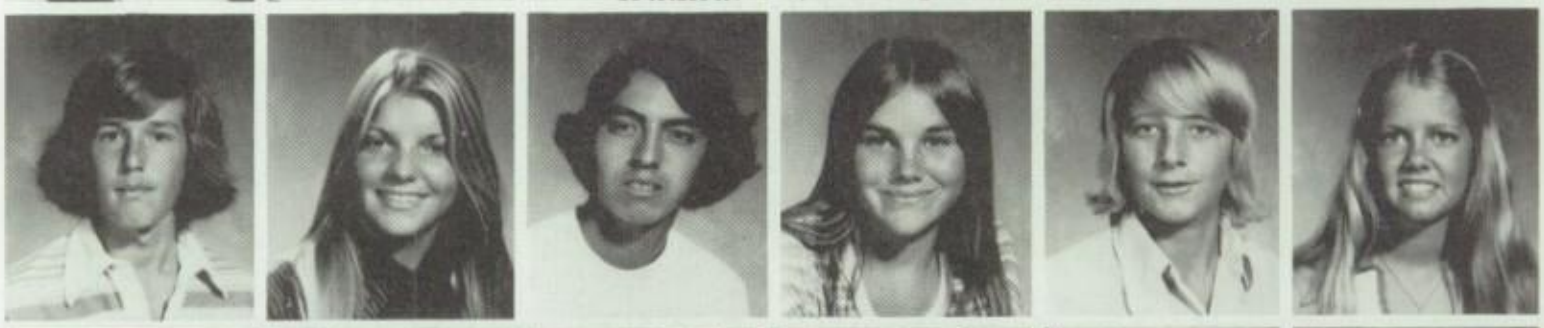
I'm glad I took that speed reading coarse.

Jim Browne
Jeanne Brunell
Mike Bryant

Paul Bucknum
Tamera Butler
Cheryl Calley

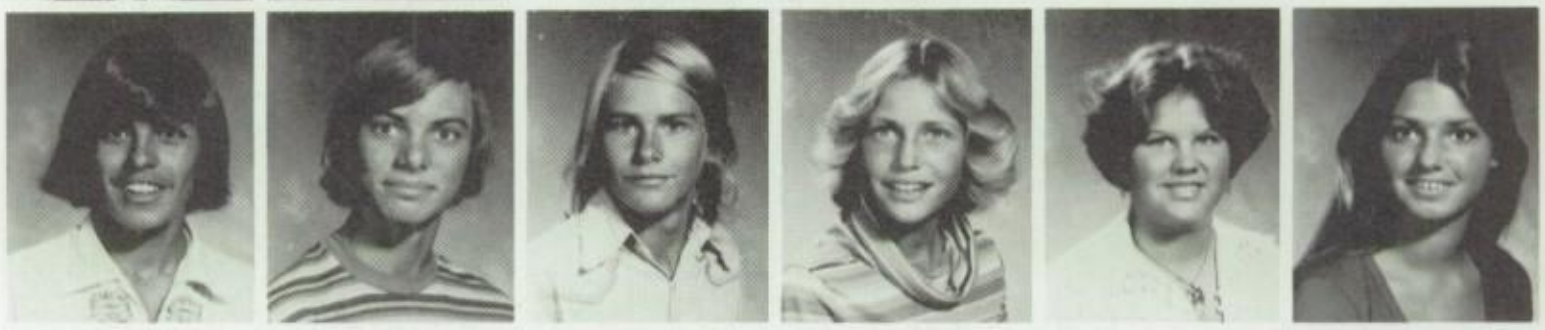
Dana Campbell
John Campbell
Scott Campbell
Randy Cantu
David Carlson
Robin Carter

Robert Case
Anne Cast
David Chacon
Cindy Chambers
Mark Chandler
Sue Chaska

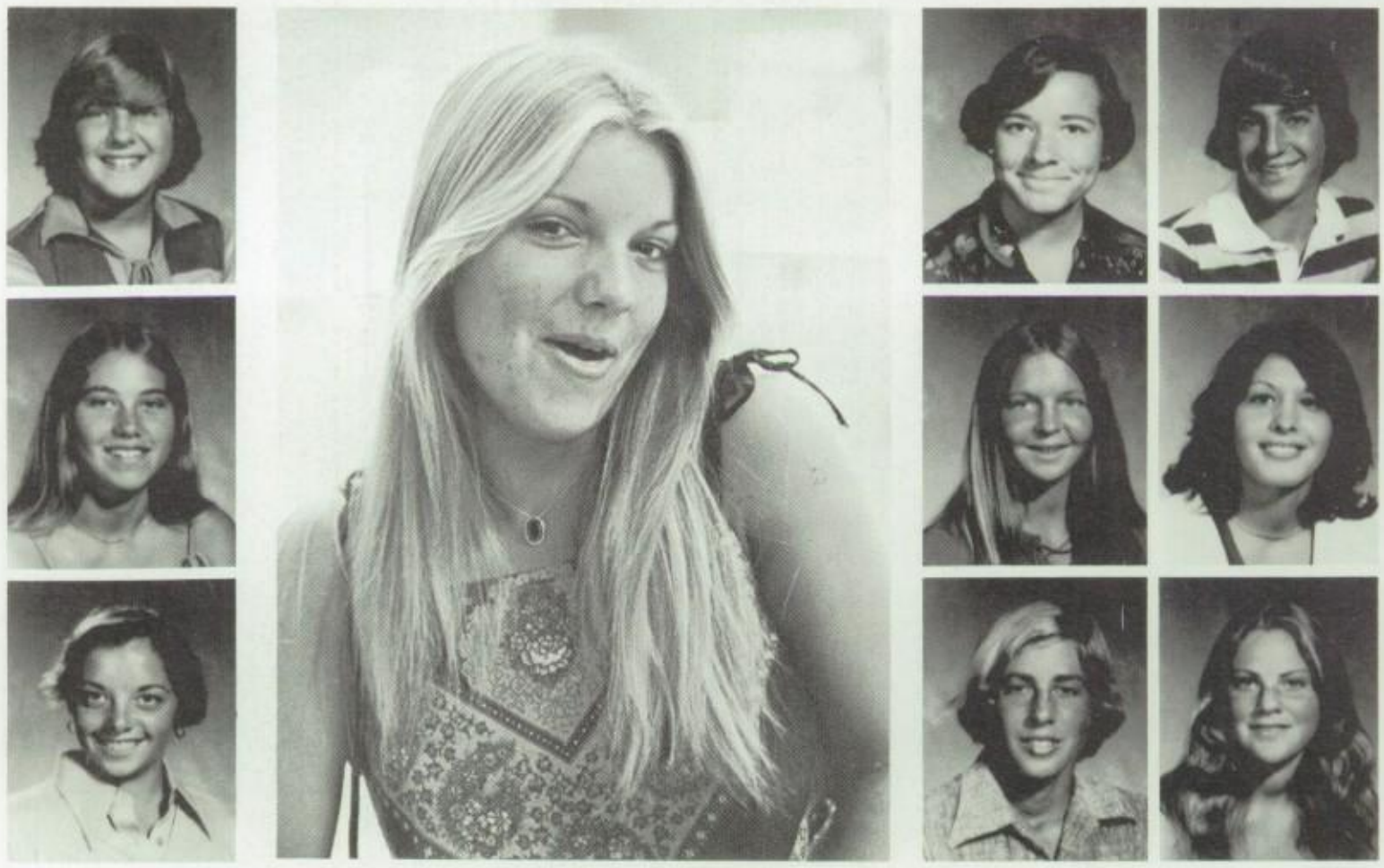


Maggie Chen
Sheila Chenault
Jackie Chunka
Jaime Churchfield
Stacy Clark
Kim Collins

Rick Collins
Mark Copenhaver
Tim Cox
Deann Coyne
Kathy Craig
Sherry Crevier

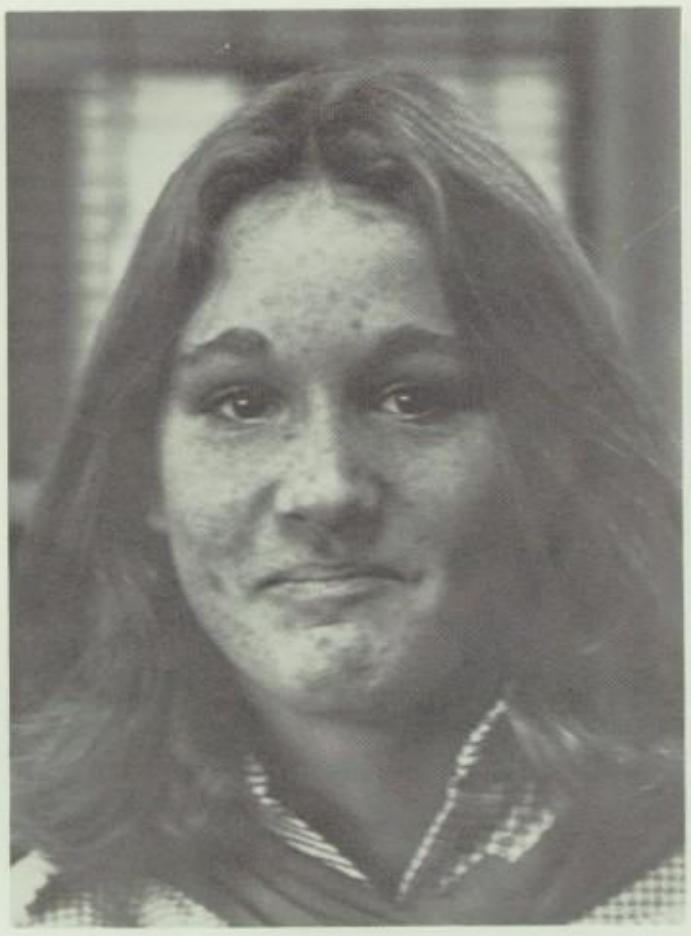


Rayanne Cunningham
Carol Day
John Deleva



Diane Denish
Michelle Desy
Jeanette Diaz

Mary Dier
Mitch Disney
Julie Dobkins



Mike Dooley
Pam Driscoll
Mark Drumm

Magali Dudzinski
Buddy Dughi
Monica Duncan

Julie Ellis
Peter Erickson
Jaun Escutia

Julie Fahl
Jim Fairclough
Debbie Fay
Vicki Fields
Marina Fitzpatrick
Cindy Floyd

Scott Fox
Arthur Franco
Gary Fratus
Brad Fuller
Laura Fullerton
Kathy Furst

Ray Garcia
David Genter
Sue Gribbs
Susan Girard
Paul Goodspeed
Ed Gomez

David Grant
Hugh Grant
Ken Granucci
Mary Grieco
Ken Griffith
Lorie Griffith

Veronica Grijalva
Leslie Haclatt
Leisa Hadley
Laura Hadley

Bijan Haeri
Linda Hall
Dawna Hallsted
Blair Hardy

Sam Hank
Chip Hayes
Verna Hayes
Ingrid Hedstrom

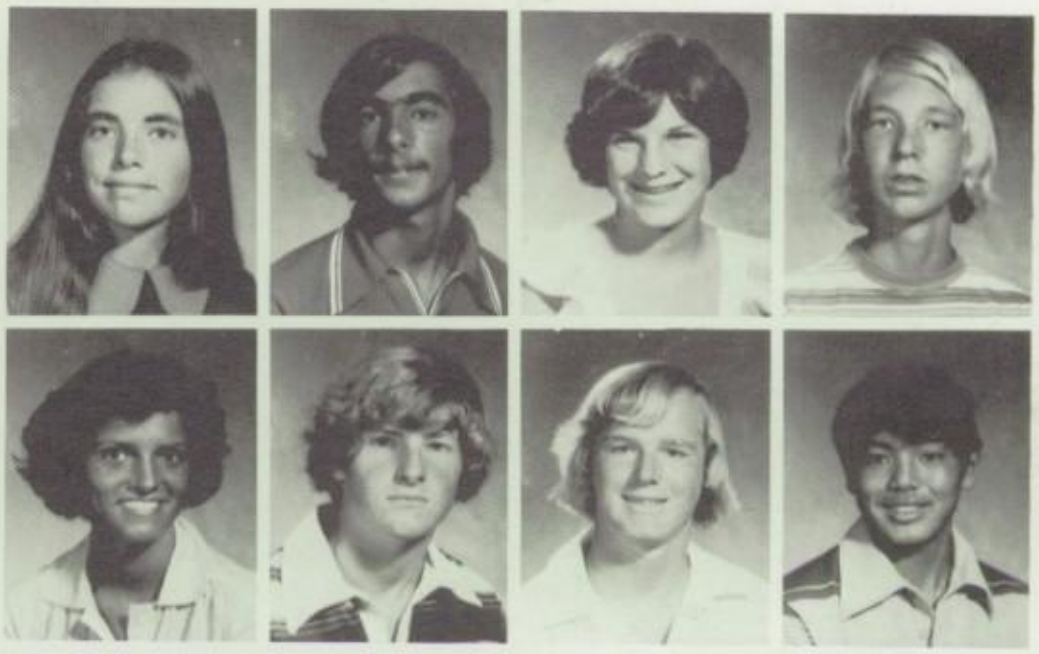
Sheila Hill
Elizabeth Hollinshead
Becky Holmes
Darvin Howell

Karen Hughes
Dyke Huish
David Hushman
Pho Huynh

David Jackson
Armando Jaime
Roy Jenkins
Richard Johnson

Jennifer Jones
Ken Jones
Leslie Jordan
Kathy Kading

Don't let the people above me fool you, schools no fun.



Rachel Kavanagh
Kayhan Kazem
Tracy Kemper
Jay Ketter

Ardis King
Berni King
Scott King
Norman Kinoshita

Kathy Klein
Randy Kofron
David Koons
Alex Kopitch

Ron Kuchera
Tony Lacava
Pat Laechalt
Peter Lawrence

Julia Layne
Joe Lederer
Casslo Lehotai
Jim Lenhart

Bill Leverenz
Joanne Lindner
Jeanette Lucero
Julie Lunetta

Beth Lyon
Raul Macias
Susanne Magyar
Efren Malogon

Raul Malfavon
Teri Marchello
Vern Marone

Aaron Martin
Rebecca Martinez
Monika Maul

Robert Mccarty
Karen Mccollum
Kathy Mcclure

"Can florescent lights really give you a tan?"

Anne Mckenna
Debbie Mclucas
Jesus Mendoza
Louis Mendoza
Glenn Menoason
Bob Mihm

Robert Mitton
David Montross
Denise Moore
Mike Morgan
Loree Mowry
Mary Myers

Pat Naher
Stephanie Neville
Kevin Newbury

Jennifer Noss
Kim Ogle
Lori O'Halloran

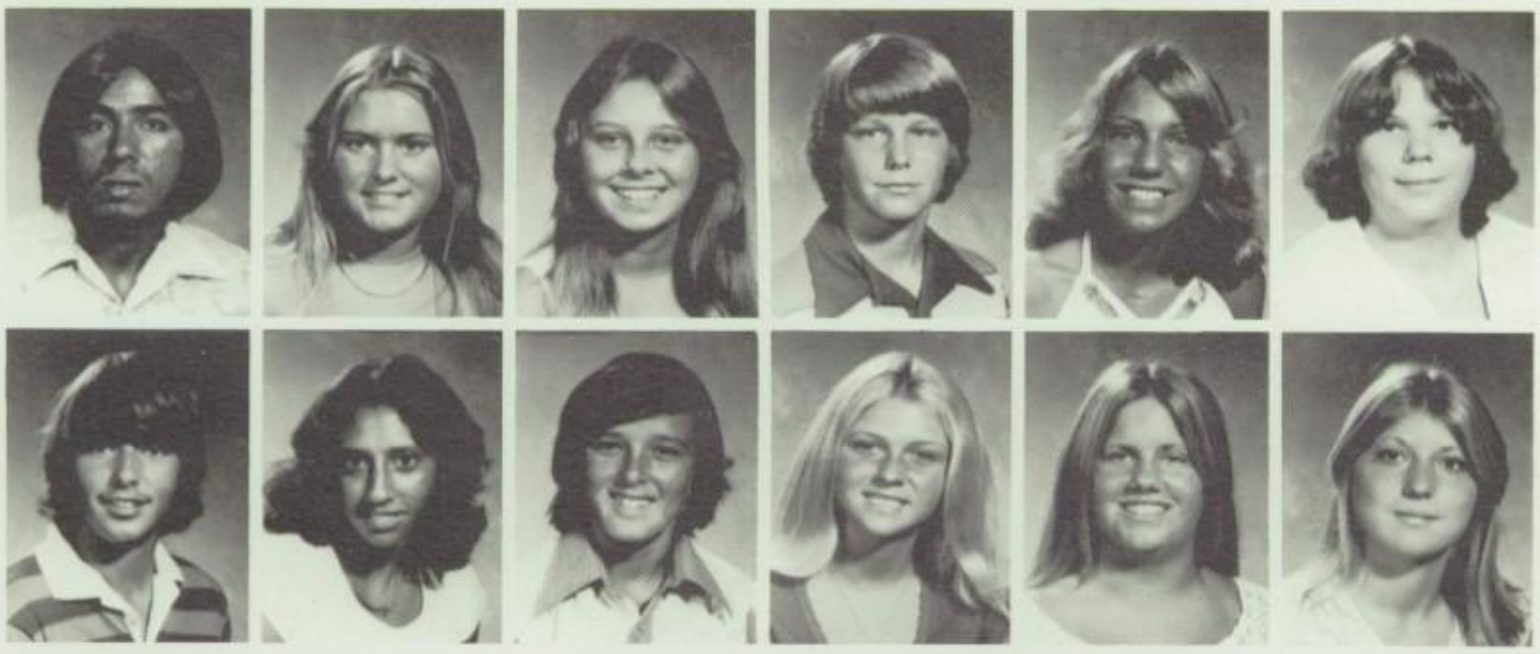
Beautiful aren't we.

"Cheese!"

Joan Oropeza
Mike Ortiz
Craig Pajares

Ed Paquin
Lori Parese
Steve Parr

Herb Patnaude
Dawn Patterson
Tony Pellerin



John Perez
Alicia Petrick
Diane Phillips
Sandy Purcell
Stacy Randazzo
Monica Rankin

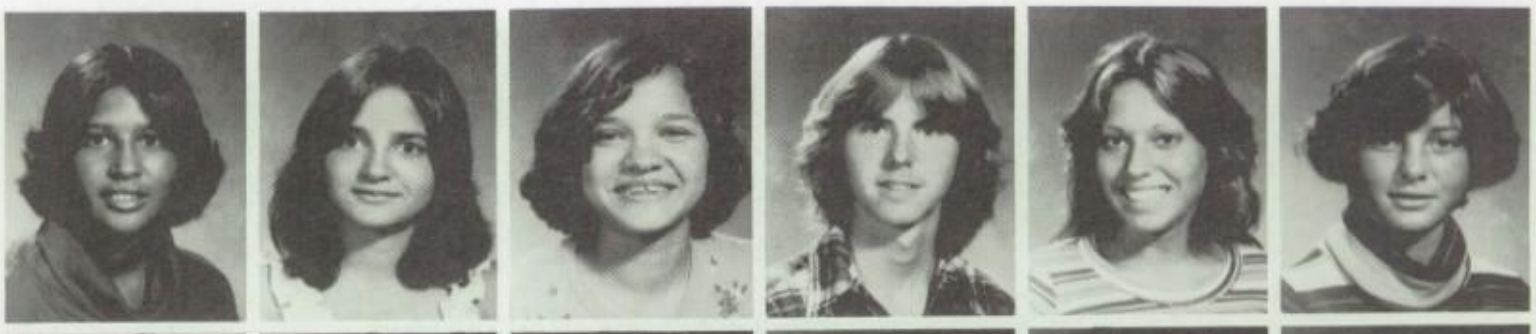
Mark Rebeck
Sylivia Reid
Jim Reynolds
Julie Riddle
Marianne Riddle
Dawn Rimer

You promised not to tell!

Kellie Roark
Jennifer Robbins
Jerry Rodman

Efrem Rodriquez
Judy Roebuck
Mark Roohk

Belinda Rosales
Luz Rosales
Monique Rosales
Ken Rosser
Rory Russell
Julie Ryan



Tim Ryan
Kari Sakurai
Daniel Salas
Jay Salmin
Cristin Sanborn
Cleo Sanda

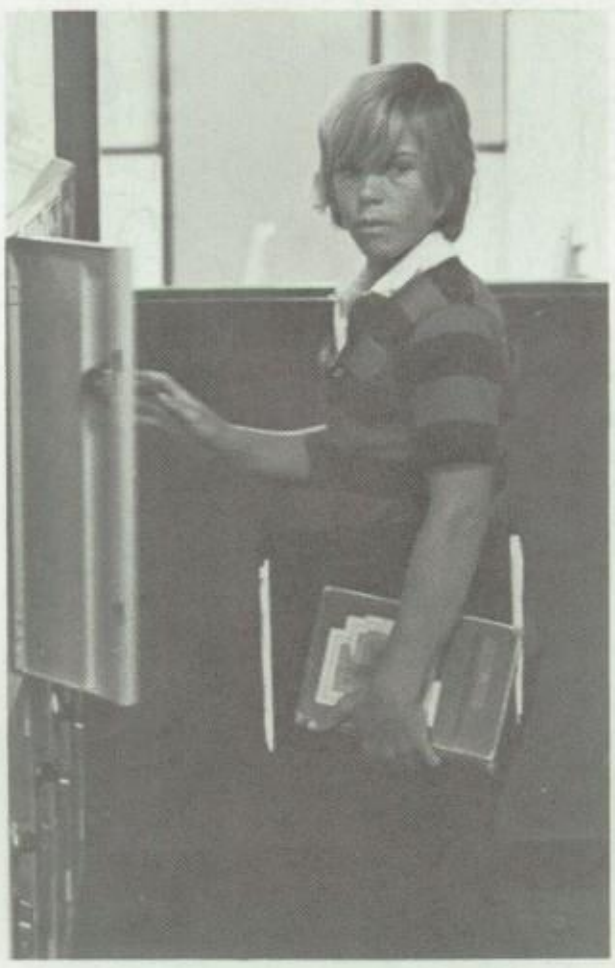
Becki Schannep
Stephinie Schanne
Luke Schmick
Judith Schubert
Bob Schubert
Cameron Screeton

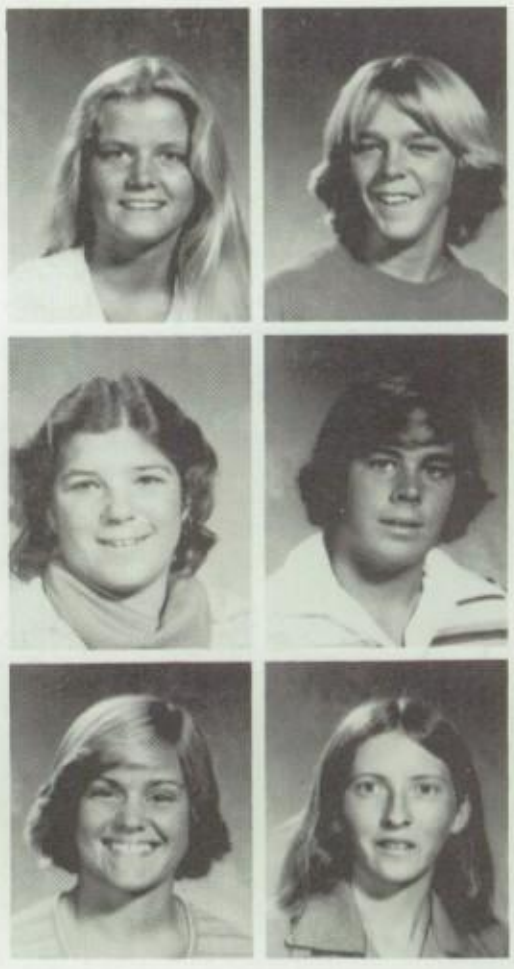
Debbie Sedgwick
Elizebeth Sepulveda
Estella Sepulueda
Lesli Shapiro
Tricia Sharpe
John Shaver

Tim Sherry
Laurie Shook
Steve Shook

Paul Shuman
Jessie Silene
Bruce Sims

Vivian Sliepka
Cindy Smith
Jackie Smith





"Short people do too have somebody!"

Cougars, Rah!

Susan Soesbe
Jann Soria
James Sotelo

Paul Sparks
Eric Spaw
Beth Spector

John Staggs
Renee Starnes
Joseph Staud

Lori Stead
Nichlas Stein
Laura Steinwender
Theresa Stetter
Dana Stevens
Sandra Stiglbauer

Suzanne Stratton
William Strickland
James Strong
Kendal Svedeen
Molly Sweet
Chris Sykes

Margret Tarantino
Greg Thatcher
Kristin Thorpe
Michael Tikunoff
Todd Trask
Cathrine Trevino

Steven Tucker
Thomas Tucker
Tamera Turner
Anne Valintine
Andrew Vandenbergh
Jaime Vera

Jill Vukich
Kim Wall
Chris Waller
Greg Welty
Laura Wenzel

Donna West
Mark White
Heidi Wiedmeier
Larry Wilken
Laure Wisneski

Debbi Yarga
Ken Yeck
Gloria Yu
Jerry Opsahl

Laura,
I really cannot tell you that it has been a pleasure knowing you. I wish you the Best in the future. You are a beautiful person, with the cutest smile. Hope you have a wonderful summer. Call me in the summer 831-9736 Take Care of yourself Love always your friend,
Tina Ty
Kenney

Christie Willich - President

Kanita Hooper - Vice President

Stephanie Madory - Secretary

Lori Hargrove - Treasurer

Erin Reagan - Representative

TOP ROW LEFT TO RIGHT: Kanita Hooper, Stephanie Madory, Lori Hargrove. BOTTOM ROW LEFT TO RIGHT: Christie Willich, Erin Reagon.

FRESHMEN

Cory Adams
Tim Aguinaga
Cindy Albanez
Dirk Aldridge

Gregg Allen
Paul Amoy
Scott Anderson
Chris Anderton

Michele Arnerich
Earl Arneson
Mike Artale
Kathy Ashcraft

Greg Ashwill
Yvonne Avis
Annie Avery
Mark Avery
Suzanne Azar
Jerri Baker
Kathy Baker

Tal Baker
Brian Baldridge
Andy Ban
Loretta Banks
Dominic Bartolini
Terry Bass
Ed Batin

Steve Battaglia
Andrea Beck
John Beck
Mike Bell
Martha Beltran
Kelly Benson
Mark Berchiolli

Laura Biggs
Kevin Billy
Joe Binder
Laura Bishop

Mark Bishop
Kelly Blice
Brad Boone
Carmen Booraem

Lynne Boucher
Laurie Boucly
Brent Bowser
Mike Bramwell

We have a test in WHAT?

Joy Branson
Tad Braun
Steve Brettell
Stacy Briggs

Ken Brissenden
Tami Brower
Cam Bryant
Margie Buck

Alan Busby
Mike Butler
Wayne Call
Danny Camacho

Dawn Cambell
Myra Carlson
Tim Carmain
Lori Cassaro
Raymond Cast
Armando Chacon
Richard Chade

Bill Charini
Ann Chase
Jeff Chaska
Rich Chenault
Lisa Church
Scott Churchfield
Kim Clark

Sharon Compton
Ricky Condra
Tom Cook
Debbie Copeman
Claire Coutlee
Kelie Craig
Dana Crail

I'm so CONFUSED!

Lori Cramer
Wendy Cruz
Tracy Cutler
Mike Davin

Jeff Dawson
Peggy Day
Kevin Deeley
David Denis

Chuck Denny
Ken DeZarn
Danny Dibble
John Dickson

Randee Dillon
Michele Dipsiner
Renee Donley
Jean Dormady

Susie Dove
Kim Downey
Paul Dreyer
Diane Druckery

Joni Dughi
Laury Duquay
Donette Dunaway
Kathy Dunegan

Cris Edlebeck
Gina Elchuck
Sharon Elliott
Kevin Erbe

Denise Erickson
Matt Evans
Mike Fair
Stacy Farrell
Dana Fenton
Roberta Fessenden
Bob Finley

Robbie Flansburg
Charlene Fleming
Michele Flowers
Lisa Foshay
Julie Fowler
Eric Fox
Nancy Fox

Steve Friedman
Amy Friesen
Wendy Frobish
Helen Fulton
Schuyler Fulton
Laura Fullerton
Tim Gabris

Steve Gaines
Julie Galkin
Jorge Gatica
Robin Gegg
Karyn Geske
David Gibbs
Loren Gibel

Ann Gill
Jim Ginther
Cathy Girard
Alfredo Gonzalez
Ann Gotch
Alex Gottdank
Elisa Gower

"HI THERE"

"I'm so sexy!"

Gail Grabowsky
Julie Grant
Laurie Granucci
Chris Griego

Lynette Groslouis
Penny Gullett
Mark Hall
Mikel Ann Hall

Nick Hanna
Teresa Hardy
Lori Hargrove
Debbie Harris

Tony Hart
Bob Hayes
Randall Hayes
Margie Hays

Lottie Hedstrom
Andy Hein
Julie Heinly
Debbie Henton
Chris Herrera
Frank Herrmann
Marion Hess

Lisa Higginbotham
Tracy Higgins
Linda Hinds
Karen Hinkle
Brian Hobson
Blaine Holiday
Kanita Hooper

Marc Horton
George Hubbard
Eric Hungate
Aya Imai
Loreli Isky
Linda Ivers
Kirk Jackson

Todd Jensen
Joey Johnson
Mike Johnson
Sheryl Joiner
Bob Jolly
Diane Jones
Greg Kading

August Kaelber
Lisa Keller
John Kelly
John Kenefick
Jeff Ketter
Carol Kim
Dave King

Denise King
Mike Kingston
Wayne Klassen
Tony Kobylski

Alex Kotowitz
Kim Krahulik
Jami Kramer
Erin Krause

Joleen Kreitz
Brent Kulp
Dan Kusky
Debbie Kwast

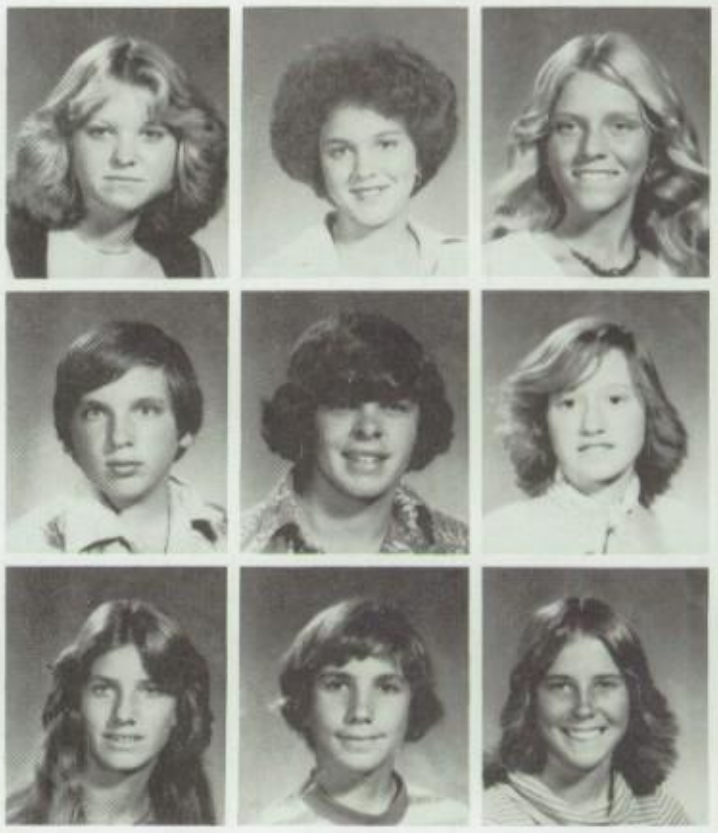
A moment to herself.

Laurie Landreth
Allison Langbridge
Colette Larson
Deardra Larson

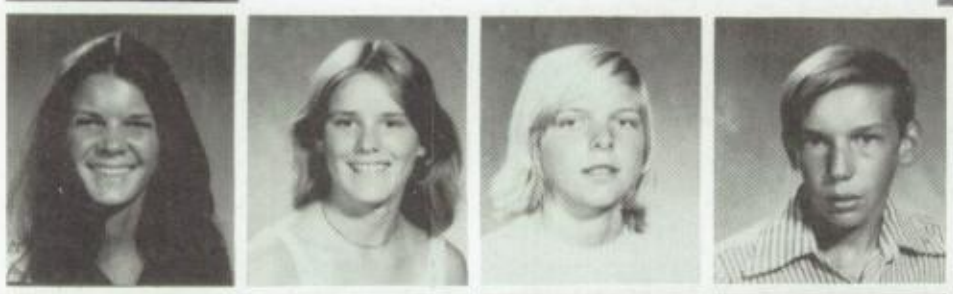
Wendy Lee
Devin Leonard
Mike LePage
Pam Leverich

Eric Lewis
Kim Lewis
Norbert Lischer
Kelly Loechner

Another boring day.



Marci Loughridge
Tammy Love
John Lowe
Robert Loy



Margarita Lujano
Ed Lukas
Mark Luoni
Suzanne Luster

Eric Magney
Martin Malagon
Mark Maldonado
Richard Malfavon

School lunch area

Lisa Mandel
Gary Marble
Tina Marchello
David Marohnic

Ian Martin
Wade Martin
Gracie Martinez
Lorenz Martinez

Tom Martino
Michele Mascari
Hilary Massey
Debbie Matossian

HE said, "hi"!

Steve McClain
Linda McCurry
Connie McDonald
Lynn McDonald

Jeff McDougall
Kirk McFalls
Mike McFarlin
Denis McVey

Lisa Mendez
Jeff Miller
Ron Miller
Ann Mitton

Fooled around and fell in love . . .

Stephanie Modory
Karen Montgomery
Kathy Moore
Michelle Moore

Brian Muller
Chris Murphy
Karen Naiman
Gina Najm

Joel Nava
Jeff Neal
Karin Nelson
Michelle Nevins

Jeff Newbury
Kim Newhart
June Newhouser
Shaye Nobles
Tom Noble
Pat Nolan
Teague Nystrom

Cindy Obaugh
Pat O'Brien
Staci Oldenburg
Cris Oldham
Paul Ortiz
Sage Osterfeld
Cassandra Osuna

Sandy Pandorf
Maria Pappas
Darci Paris
Bill Parker
Ellen Paulson
David Peterson
Brian Pfeuffer

Betsy Pierce
Robert Pike
Paul Pitsker
Brien Pittman
Tammy Poirier
John Pollak
Celeste Paussard

Kellie Powell
Lisa Powell
Steve Redding
Pat Reddy
Lance Reed
Erin Regan
Fred Reichert

Helen Reid
Lisa Reinhardt
Heidi Reinicke
Mike Reissmueller

Delaine Ridill
Ingrid Riedl
Debbie Riis
Mike Roberts

Renee Roberts
Suzy Robertson
Annette Robinson
Terri Robinson

Elaine Romero
Cassandra Rosan
Robert Rosser
Carol Ruiz

Boogie Nights!

What are we doing in the freshmen section!?

Patti Rutt
Mike Ryan
Robert Ryan
Angela Rymer

Stephanie Saglin
Chris Salmon
Ted Salmon
Omar Sanchez

Chris Sapp
Carol Savas
Angela Saxberg
Chris Schaller

Jill Scnitzler
Scott Scholten
Ed Schoonover
Steve Schroeder

Tom Sepull
Kris Sharrar
Parrell Shelor
Marla Sherman
Carrie Silene
Tina Simonin
Roger Siple

Rob Skinner
Byron Smith
Debbie Smith
Greg Smith
Jason Smith
Kim Smith
Randy Smith

Shelia Smith
Drew Smits
Michelle Soria
Matt Sorrentino
Lisa Spaw
Steve Spearman
Mike Starr

Traci Staud
Lisa Stein
Kevin Steinke
Mark Steinwender
Bucky Stevens
Mark Stiglbauer
Craig Stutzman

Debbie Strano
Tom Sundin
Audrey Sung
Jodi Surey
Mary Sutherland
Sandra Sweet
Hilary Sykes

Jeramy Sykes
Lisa Tanner
Brian Thibodaux
Ann Marie Thomas
Tony Tomich
Bill Toogood
Mary Touher

David Trask
Donald Trent
Linda Trotta
Denise Trudeau
Maria Tryon
Brian Tucker
Marty Turner

Suliana Uribe
Dwayne Utterback
Tina Vallera
Tosca Vandenbrink
Glynnis Van Gelder
Dana Van Ness
Brandi Van Wye

Eva Vargas
Liz Vargas
Lupe Vargas
Lisa Vaughan
Juana Vazquez
Donna Vogel

Krig Volk
Mike Wall
Nancy Walti
Graham Warren
Tara Warren
Wat Watson
Jeff Weber

Steve Wegner
Diane Wehrli
Danny Westerfield
Patrice White
Teresa White
Howard Whitman
David Whitney

Scott Wiegand
Jeff Wilson

Robert Wilkinson
Donna Wilson

Jeff Wilson
John Wilson

Michele Wilson
John Wintersteen
Mindi Woodford
Lisa Wooldridge
Wendy Wolfe
Scott Wolosz
Steve Wisneski

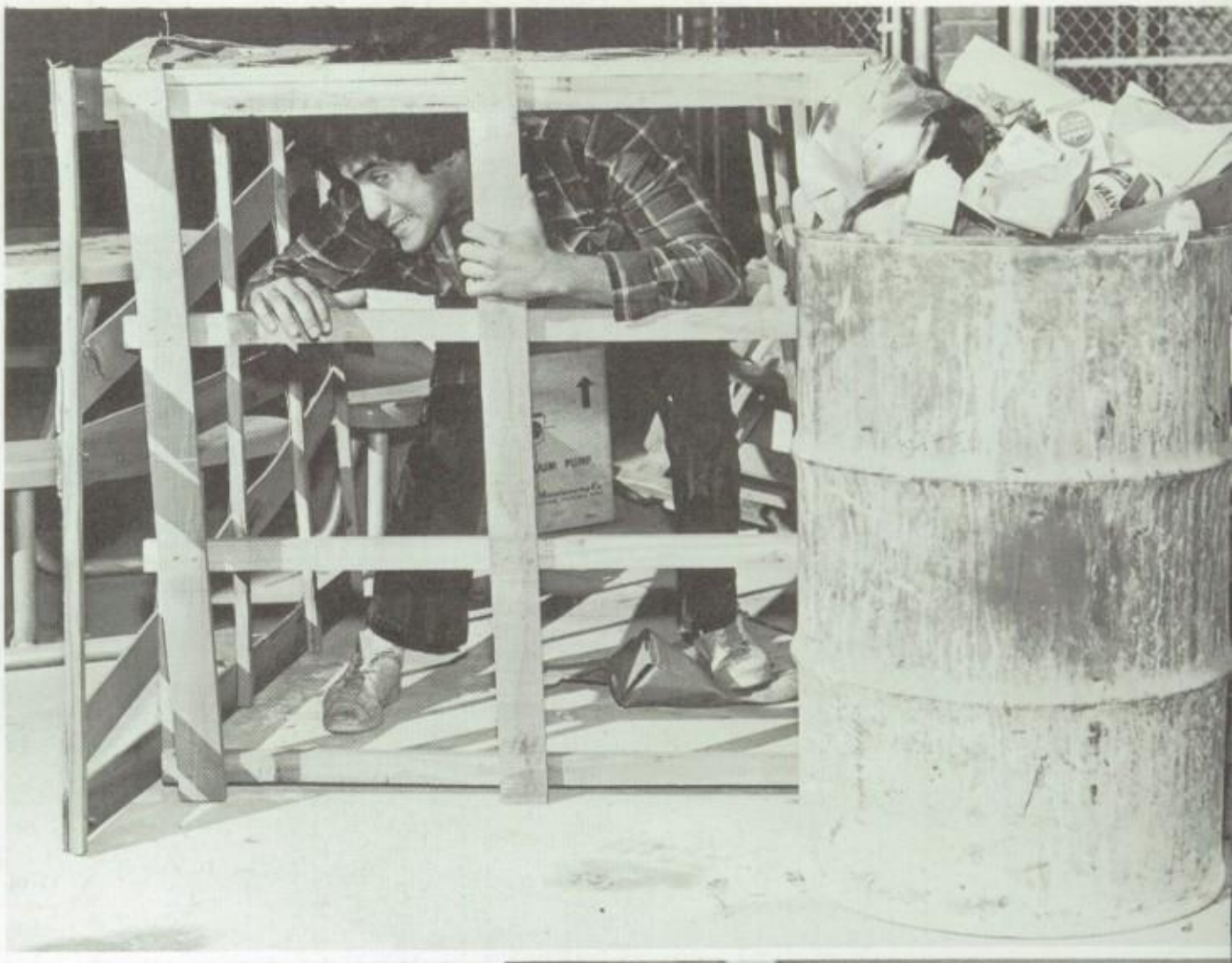
John Young
Sherrie Zak

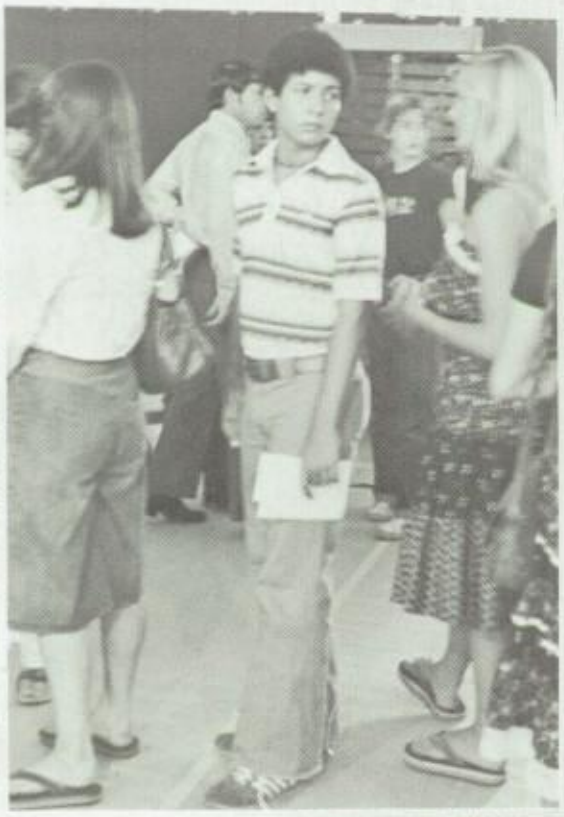
Camera Shy

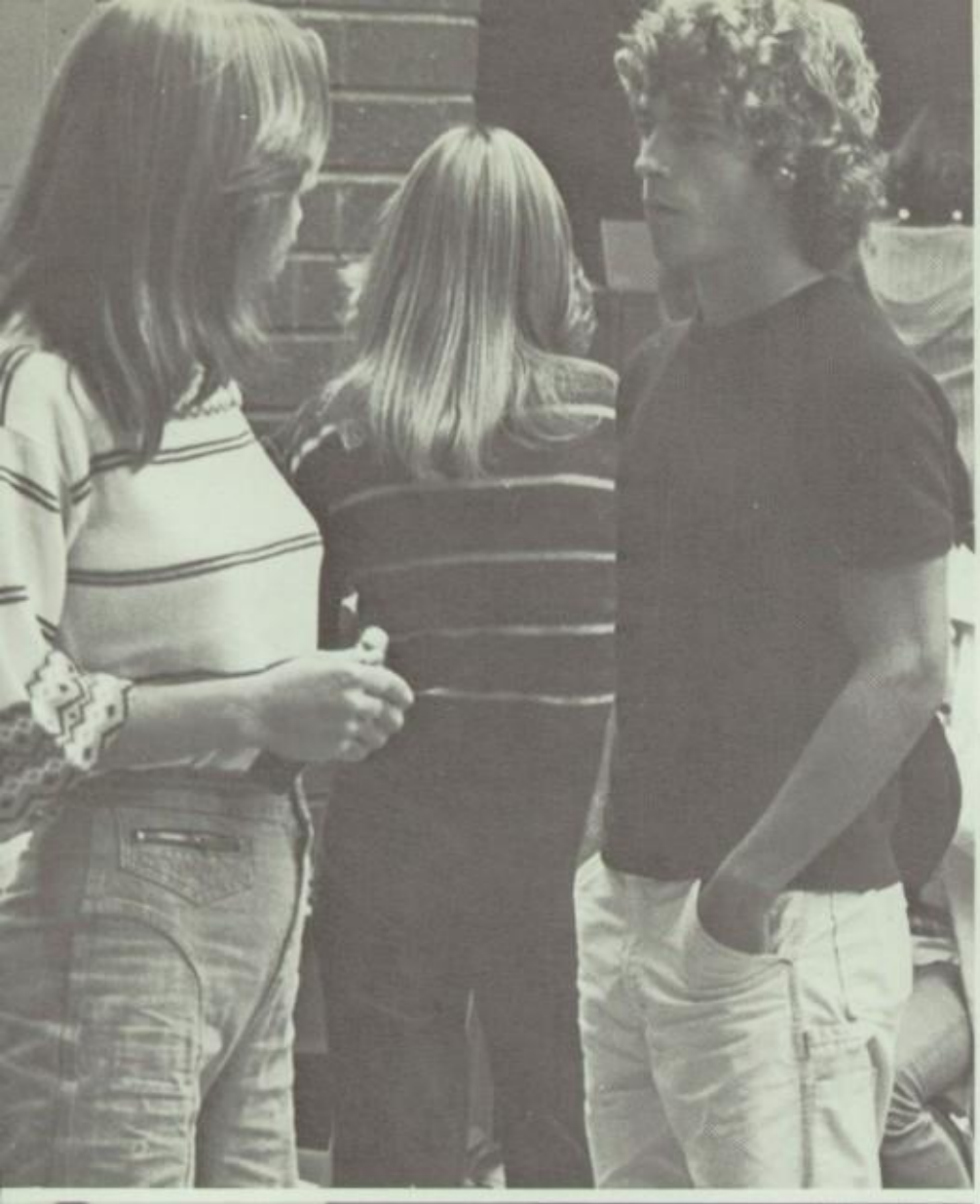
Greg Akind
Kristen Arging
John Arkis
Kristi Barr
Tim Barton
Martha Beltran
Steve Berkowitz
Lloyd Beverly
Dean Birtles
Bruce Boatman
Barbara Brazio
Melanie Campbell
Cathy Cate
Sheila Chenault
Kevin Donaldson
Kim Downey
Simon Emmerton
Jim Franklin
Dwight Gibson
Lisa Glatfelter
Orra Gotz
Steve Griffiths
Robert Hambly
Vanessa Hardy
Todd Hart
Tedd Haun
Jose Hverta
Jim Hunter
Paul Ireland
Kristina Johnson
Hamid Karimi
Scott Kennedy
Tim Kriss
Lupe Lopez

Jose Magano
Kelly Mahler
Ramon Maldonado
Don Mertching
Kim Monk
Tom Mulder
Ron Nelson
Orrin Netter
Amelia Obst
Pat Oyama
Suzanne Plaermo
Bryan Peardon
Chris Pifer
Shannon Reddington
Mark Rodrigues
Kim Roebuck
Mike Rosene
Laureen Sandoval
Jeff Schaub
Todd Schneiderman
Steve Schroeder
Jim Shrewsbury
Tammy Smith
Doug Staggs
Jim Swan
Cathy Trevino
Daine Vance
Martha Velasquez
Robert Walsh
Andrene Warren
Christy Willich
Martha Zendejas

CAPO STUDENTS







TO LAURA. THEY HAVE RUINED A PERFECTLY GOOD PICTURE, BUT THAT'S KIDS FOR YOU! I JUST WANT TO SAY THAT YOU ARE ONE OF THE SWEETEST GIRLS THAT I HAVE EVER KNOWN. I HAVE ALWAYS LIKED YOU & WILL CONTINUE TO REMEMBER YOU AS A DELIGHTFUL PERSON. GEOMETRY & THIS KIND OF JUNK ARE THAT IS IT—JUNK. SO DON'T WORRY ABOUT IT. IF YOU ARE A GOOD PERSON THAT'S WHAT'S IMPORTANT. THE SPIRIT OF MATH CAN HELP ONLY THOSE WHO ARE REALLY WILLING TO LEARN. AND I KNOW THAT YOU ARE WILLING & RESPONSIBLE. SO, PLEASE KEEP AT IT & TRY TO COME BACK NEXT YEAR WITH A FIRM DECISION THAT YOU ARE GOING TO MAKE EVERYONE PLEASANTLY SURPRISED BY DOING VERY WELL IN SCHOOL. ENOUGH LECTURE!

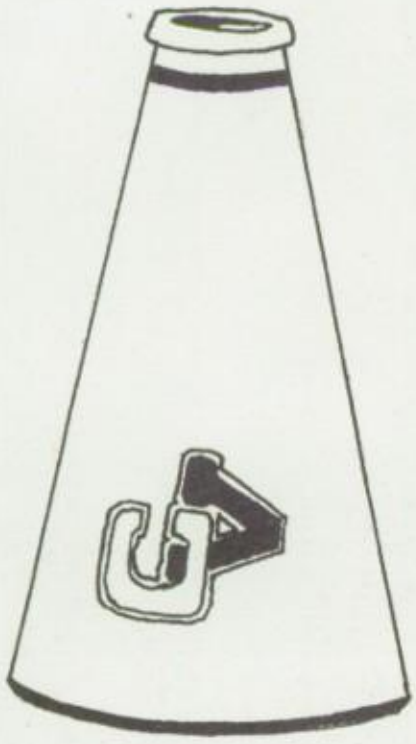
HAVE A NICE TIME WHEREVER YOU READ THIS.

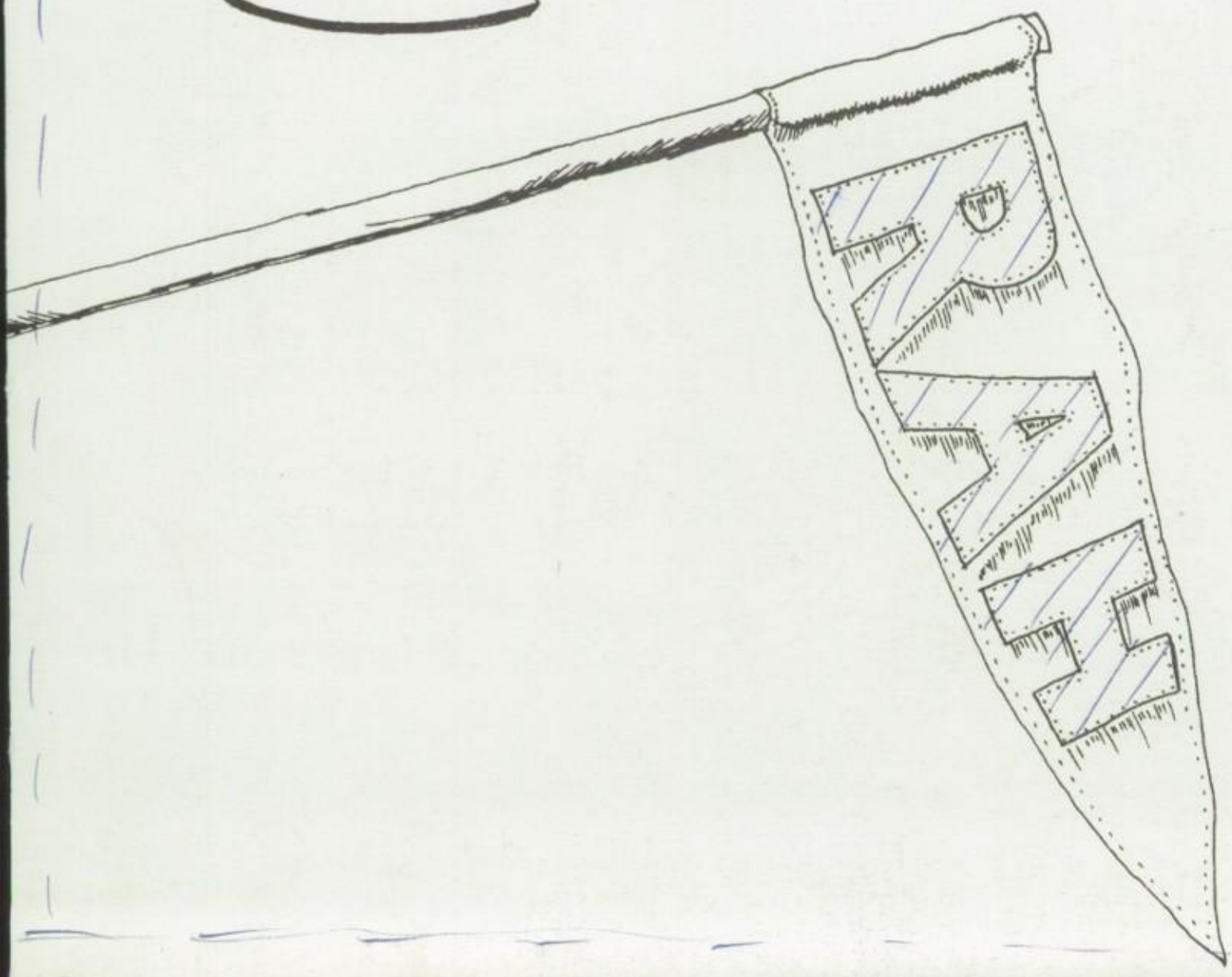
LEE 1978

hi Laura how are ya? Jena & Hope (SAVE)
Im estatic! that yr & carl are together
at last. Hope it really works out for you.
I know it will. & when it dosnt work out
yr'll find smone just as special. its really
been an experiance knowing yr in biology
like for instance yr calling up last night

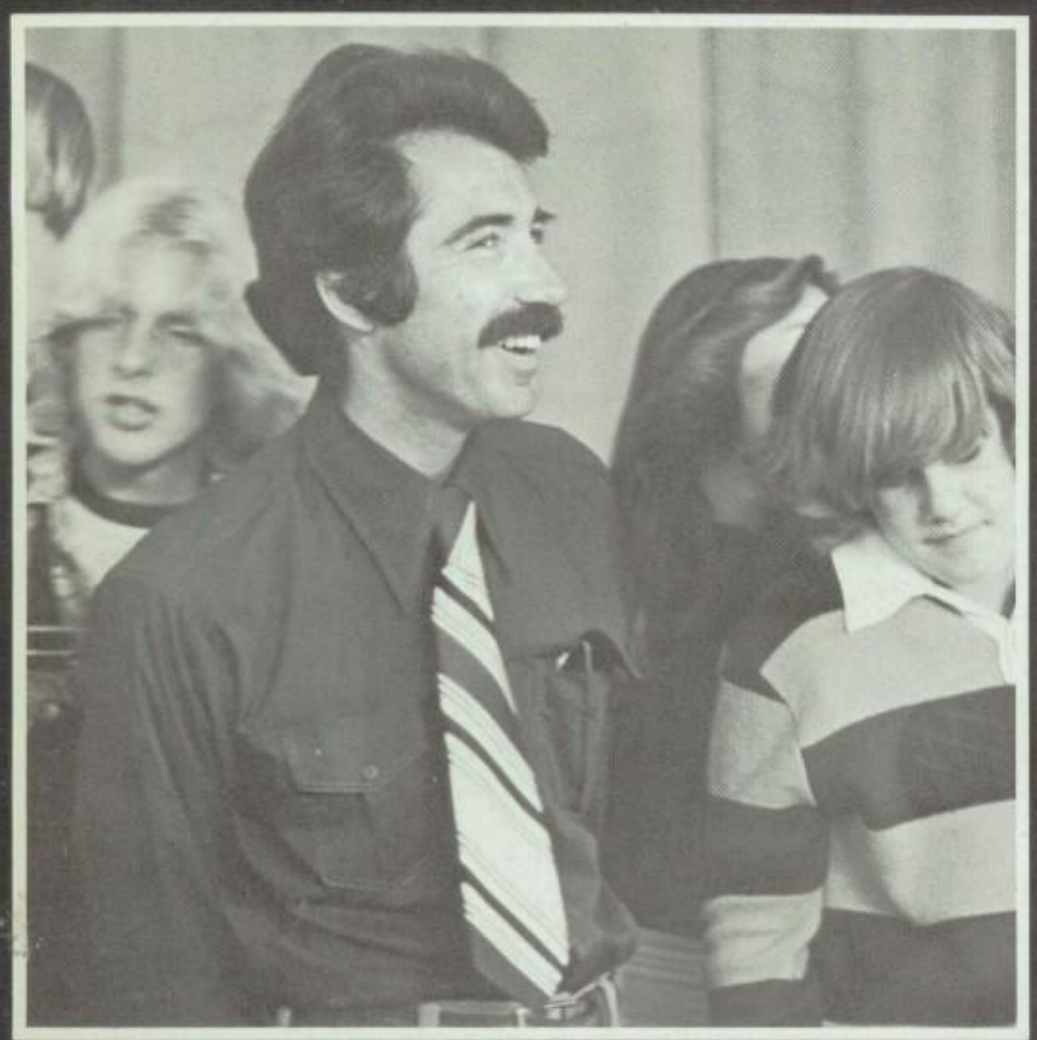
ACTIVITIES

ACTIVITIES
ACTIVITIES
ACTIVITIES
ACTIVITIES





"LEADER OF THE PACK"



"Go to school, learn a trade of interest, and give yourself a chance for a decent living," these are the words which reflect the advice of Marvin Glusac, student activities director of Capistrano Valley High School to all graduating seniors of CVHS.

Born in Butte Montana, Glusac's interests vary from golf to working on antique cars. In his occasional spare time, one may find him on the tennis courts or working around the house.

Glusac recalls the birth of his two daughters, Katrina and Milena, (whom he affectionatly refers to as "Terror") as his most memorable moment.

Referring to future plans concerning CVHS, Glusac remarked "I just want to do as good a job as I can, and help develope the athletic program and leadership."

Presently residing in San Juan Capistrano, Glusac recollects Teddy Roosevelt as being his childhood idol, because of what he stood for.

"I like Mr. Glusac a lot" commented junior Lisa Sacco, "he is really nice and funny. He makes ASB fun!" Mrs. Philips, secretary of Mr. Glusac, stated "He's a super person to work for; knowledgable, easy going, and well liked by all!"

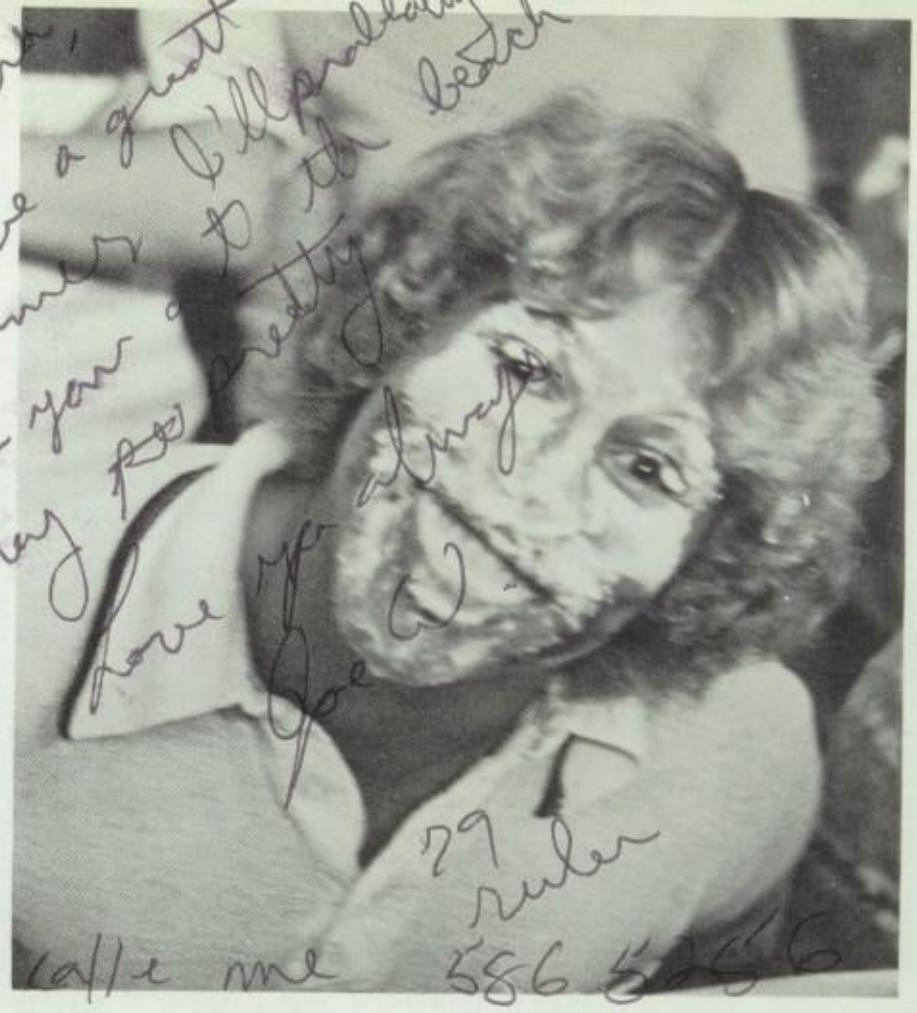
LEADERSHIP

Back row: Pat Santistevan, Vince Romero Standing: Julie Nystrom, Deanna Fawcett, Lauren Meyer, Rich Sebti, Sheri Montgomery, Cathy Schaller, Mary Schubert, Lisa Sacco, Fred McConnell, Sheri Crevier, Janie Jamison, Kim Krahulik, Amy Pitsker Middle: Eileen Hope, Julie Dobkins, Johann Leanderson, Cathy Opshal, Sue Sherry, Brad Parker, Delia Seligo Front: Mr. Glusac, Greg Welty, Tammy Marchello, Julie Ryan, Christy Willch, Kanita Hooper, Judy Schubert, Erin Krause, Cheryl Phillips

SPIRIT WEEK

SPIRIT WEEK
SPIRIT WEEK

Cougars Rah!



Pie Eating Contest - Joe Waller

Water Balloon Toss

During homecoming week C.V.H.S. had its first spirit week. All kinds of exciting things were happening. We had pie eating contests which were rather sickening, balloon throwing which got a few people very wet and some boys with cute legs showing us how they "shake their cabooses."

Don't look now, but I think we made fools of ourselves.

Judy, filled to the top.

SPIRIT WEEK

Mary Flansburg

Becky Loughridge

Sheri Montgomery, Kathleen Schaller

Michelle Chunka

Marla Sherman, Anne Cast

Dagmar Strassmayr

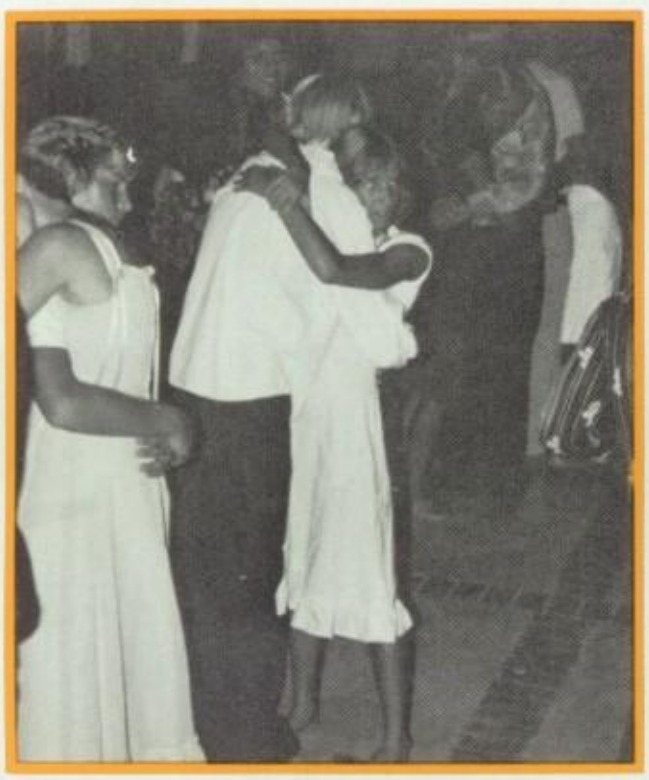
Queen Rhonda Shook

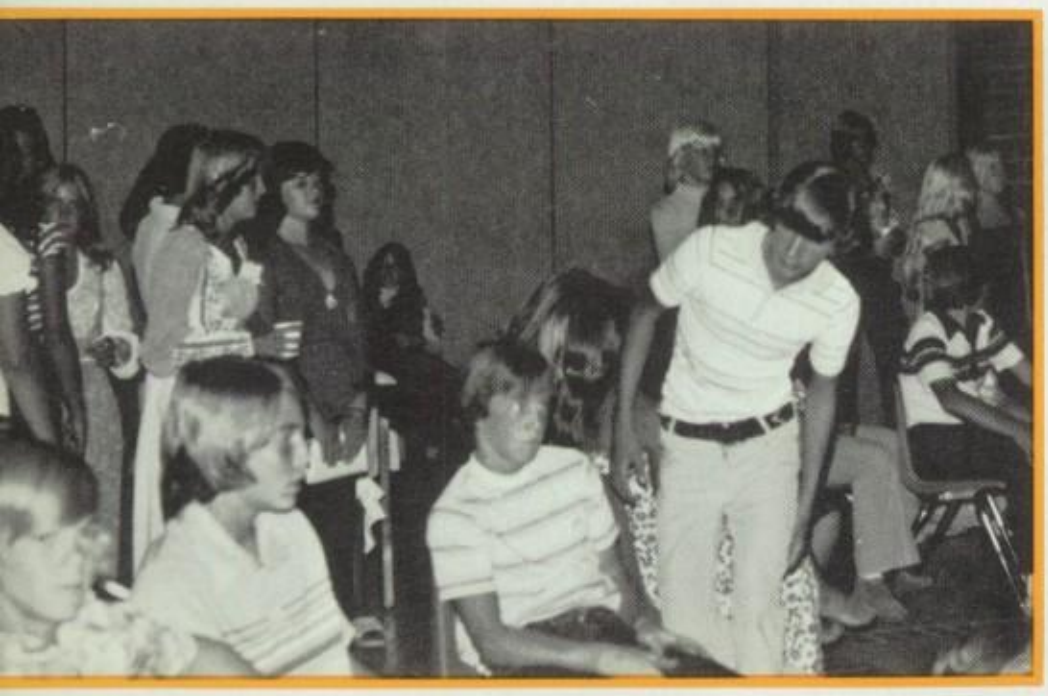
"YEAR OF THE CAT"

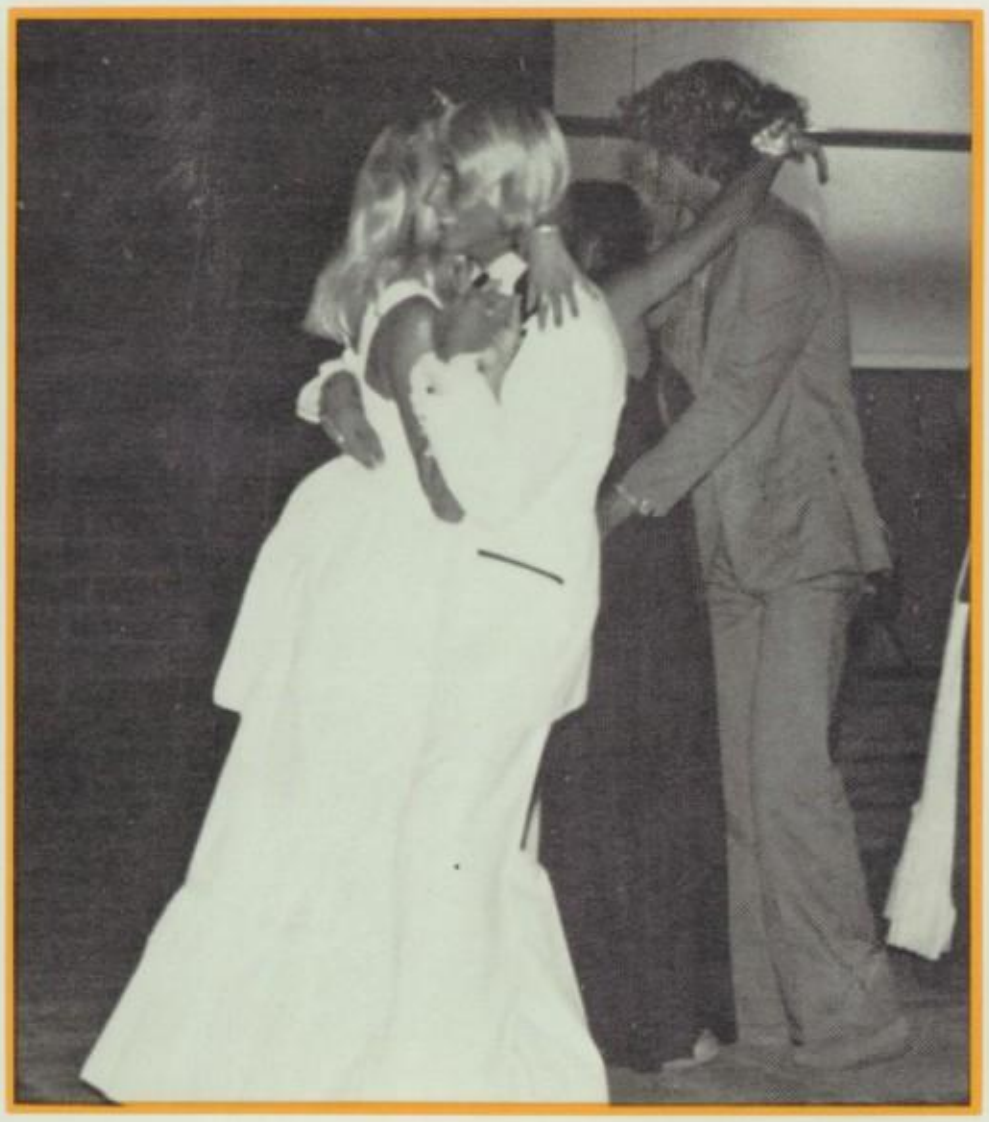
Excitement and enthusiasm set the mood for the 1977-78 homecoming dance as students and their dates entered into an array of decorations in the mall area.

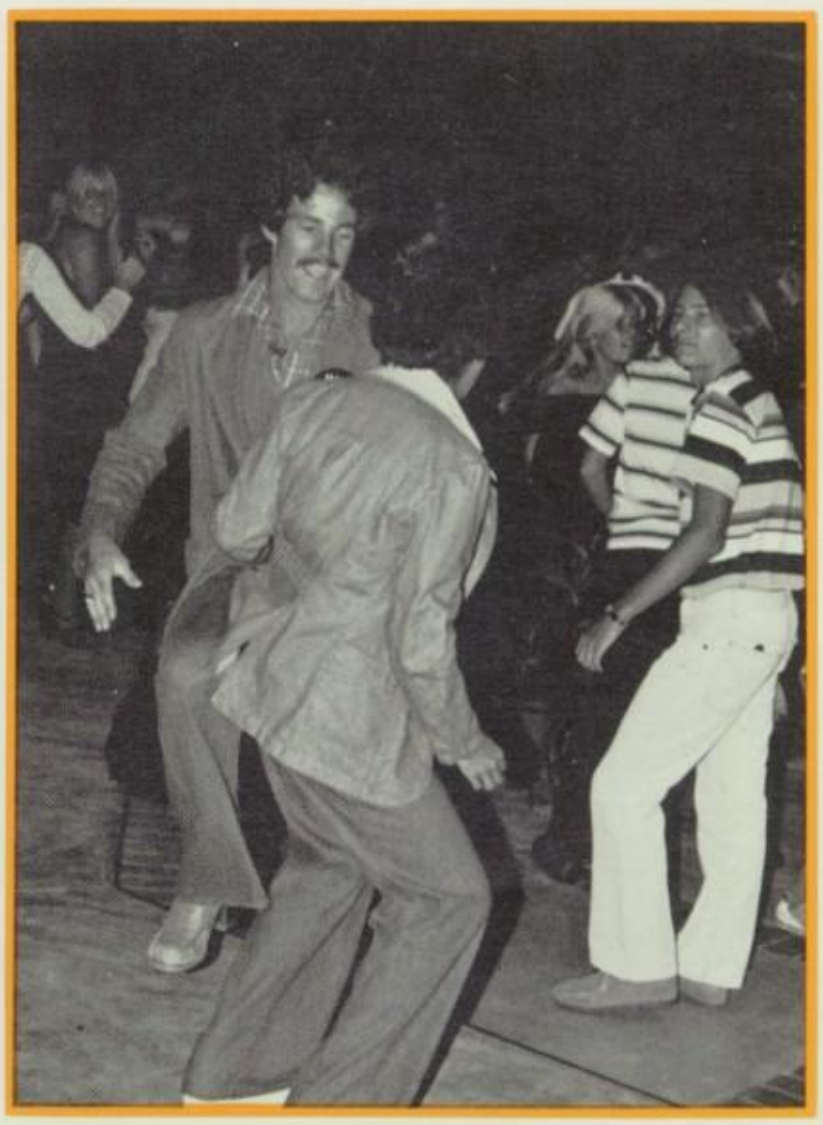
"Year of the Cat" was the theme for this year's dance and was sponsored by the leadership class.

The excitement of homecoming had been building up all week with all of the festivities and finally exploded to the beat of "Rose" which produced an overall great sound for the first homecoming dance at C.V.H.S.









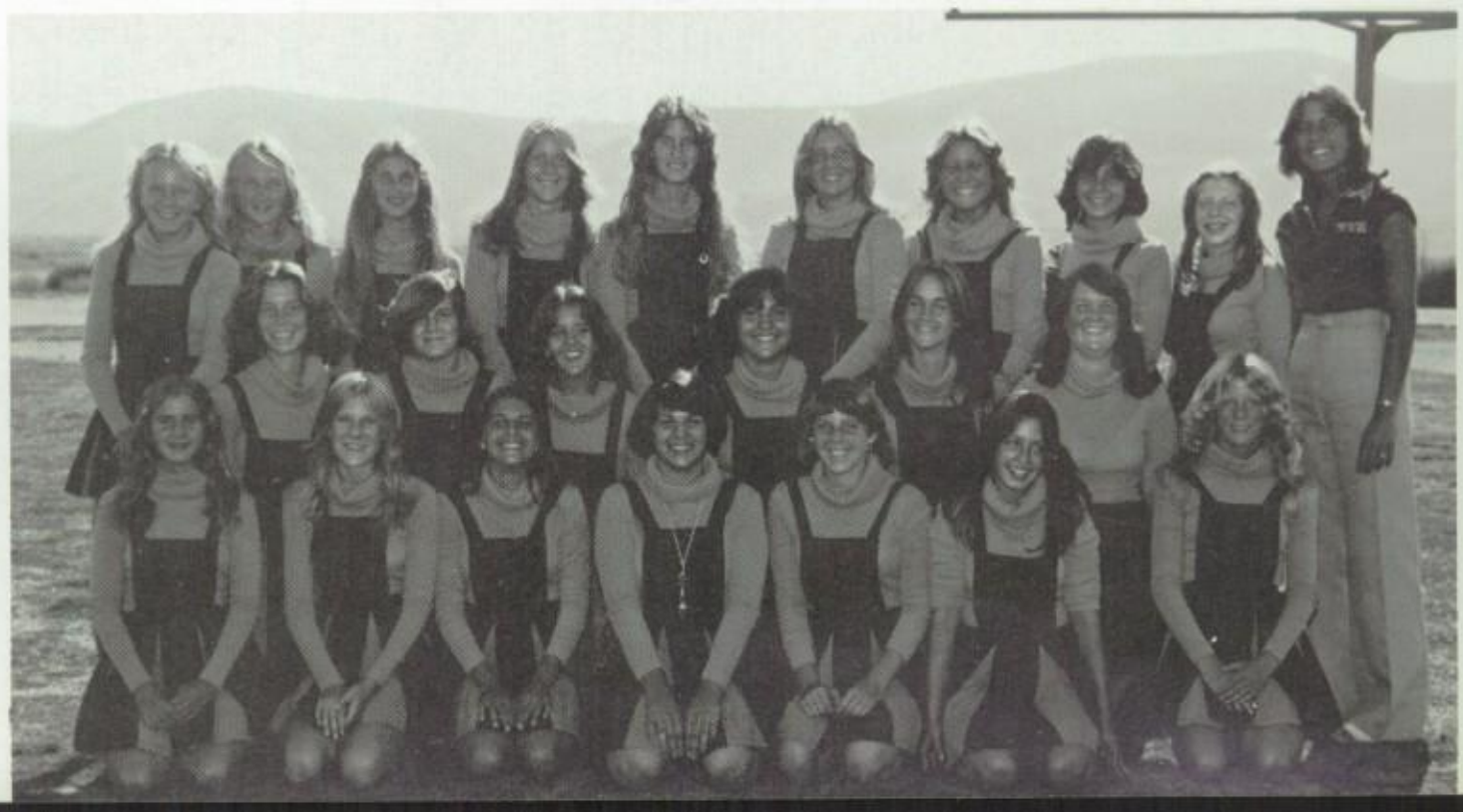
PEP SQUAD

CHEERLEADERS

Back row L-R: Gloria Yu, Sharon Kelly (advisor), Cheryl Calley, Heidi Wiedmeier, Sandi Stiglbauer, Debbie Sedgwick, Tina Barker, Dawn Bardens, Kari Sakuri, Mary Greico. Middle row: Terri Ferrara, Kathleen Schaller, Lisa Marusich, Pam Brodie, Sheri Montgomery. Bottom row: Jeri Burnett, Betsy Brown, Lorie Griffth (mascot), Maria Ryan, Michele Hoffart, Helen Rogers

Standing L-R: Marie Malagon, Jodi Shiply, Tracy Kemper, Kim Smith, Helen Fulton, Laura Bishop, Lisa Gamble, Middle: Lisa Powell, Cathy Trevivo, Joy Branson, Sitting: Tammy Roirier, Dee Barber, Linda Hall, Charlene Fleming.

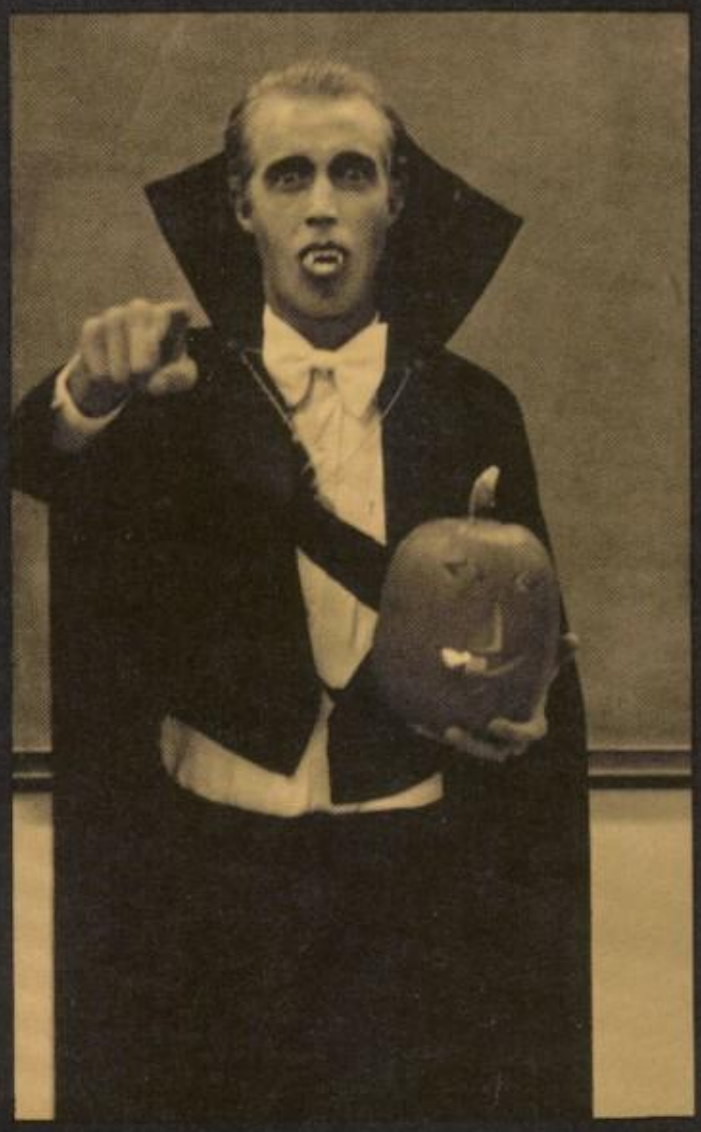
DRILL TEAM

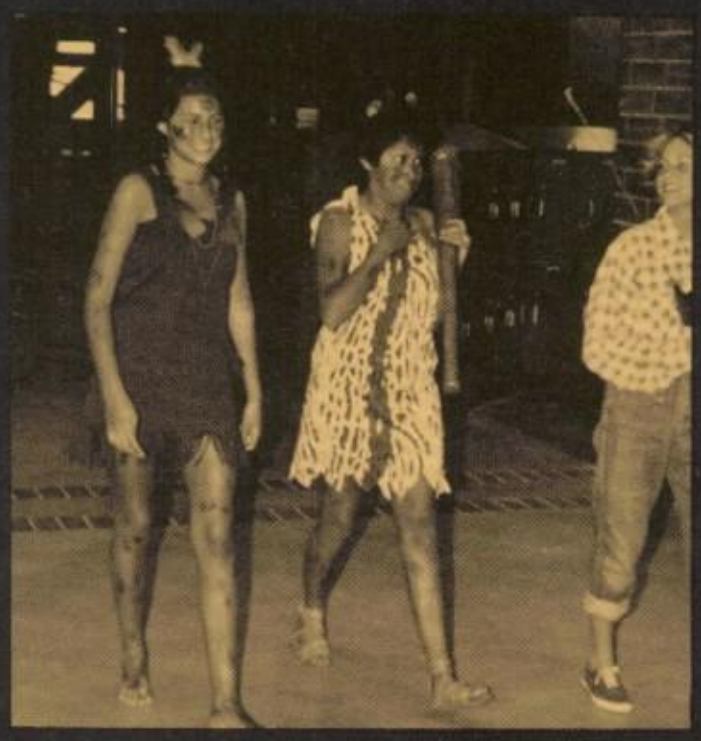


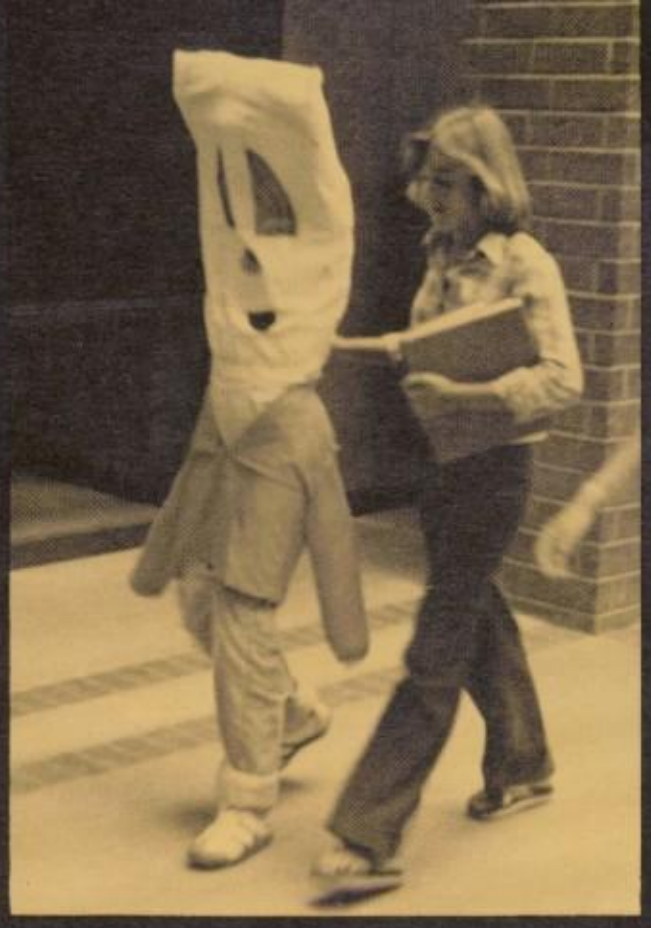
Top row L-R: Jerry Baker, Karyn Geske, Patty Rutt, Peggy Daxy (Co-Captain), Kim Lewis, Debbie Strano, Tammy Turner (Co-Captain), Ingrid Reidl, Dana Fenton, Middle row: Deanna Bora, Donna West, Wendy Lee, Molly Sweet, Lisa Reinhart, Christy Lucas. Bottom row: Caroline Savas, Lisa Church, Lisa Sorrentino, Nancy Merola (Captain), Laura Steinwender, Dana Vaness, Kim Way.

Our Pep Rallies proved to be spirited, exciting, and fun affairs. The Cheerleaders, a group of spirited enthusiasts, performed flawlessly. Students and teachers got involved with the familiar chant of "How loose is your goose". During spirit week many contests were held in order to boost school spirit. Coach Robbi Schmitz and Todd Fulladosa fought for the finish line in a relay race with eggs held in their mouths. Coach Cunerty really got "In" to the race.

HALLOWEEN







Students and teachers alike showed their spirit of Halloween by dressing in their favorite costumes.

A contest for best dressed was held during each lunch hour. The competition was indeed strong. Kelly Roark took the first lunch hour prize dressed as a "Green Monster" while Joe Waller took the second lunch hour prize dressed as a frightful character, "himself" with protruding eyes.

There were numerous costumes. But the imagenation rose above all. Costumes varied from "Doctor Feel Good" played by Bob Nealy to the original scary black cats and witches, with Dracula portrayed by Jay McIllwee.

1

2

HALF-TIME EXCITEMENT

3

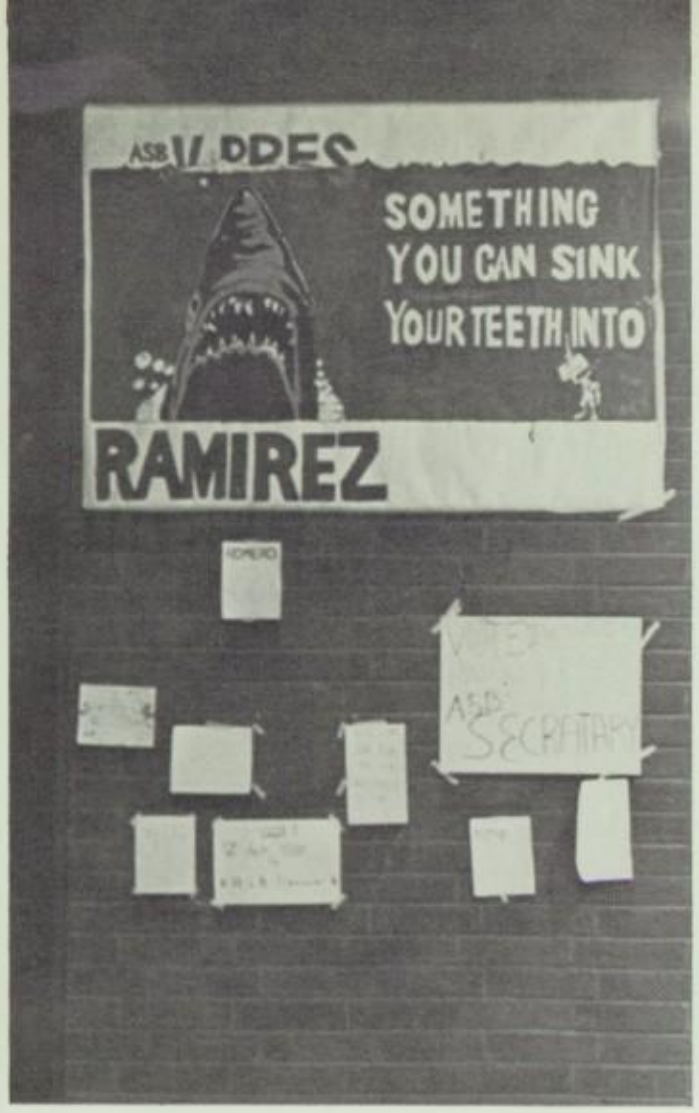
4

1. Tina Barker carrying mascot, Lori Grifith. 2. Routine to "The Wiz". 3. Pep squad mountain. 4. Terri with tired feet. 5. Camarada singers during half-time. 6. Bishop Montgomery run thru.

5

6

POLITICAL PERSUADERS



A.S.B. elections this year proved that Capo Valley students have real imagination. We saw signs covering the school two weeks before elections were held. These signs told us things like the candidate was worth eating, or was worth writing on. The speeches also showed imagination . . . Rochele Robinsons rhymed and Brad Parkers attracted laughter along with U.F.O.'s.

CAPO'S FIRST PLAY A GREAT SUCCESS

Capistrano Valley High School's first play, "Streets of New York" was a smashing success, due to the efforts of Miss Noreen Farley and the cast. The melodrama's plot is about Captain Bloodgood (the villian) stealing $100,000 form the Fairweather family. The hero, Mark Livingston because of his love for Lucy Fairweather comes to the rescue and returns the stolen money and everybody lived happily ever after.

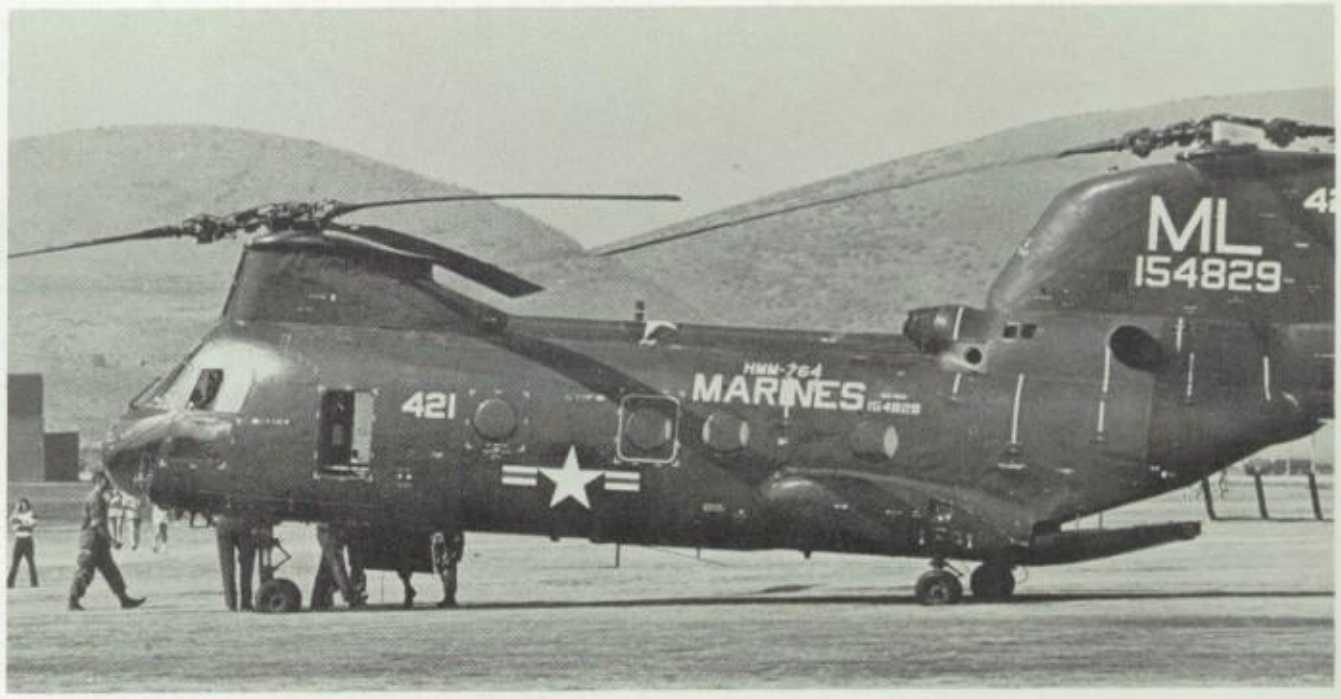
Fourth,
The year is
almost over and boy
am I glad. It's hard to
believe that I survived Miss Farley.
Hope to see you this summer and next year
Love ya
Mark Drum

THE STREETS OF NEW YORK
Cast in order of appearance

Gideon Bloodgood	Paul Hughes
Edwards	Sage Osterfeld
Badger	Mark Drumm
Capt. Fairweather	Kevin Donaldson
Mark Livingstone	Larry Wilken
Puffy	Steve Wegner
Mrs. Fairweather	Laura Wenzel
Paul Fairweather	Tim Carmain
Policeman	Jeff Miller
Alida Bloodgood	Christi Glaser
Lucy Fairweather	Lisa Mendez
Mrs. Puffy	Susan Soesbe
Dan	Bucky Stevens
1st Gentleman	Doug Kwast
2nd Gentleman	Jeff Miller
Bridesmaids	Elaine Romero
	Kim Ogle
Student Director	Julie Ris
Card Girl	Julie Layne
Pianist	Laura Vida
Director	Miss Noreen Farley

INVOLVEMENT

Demonstrations at CVHS have been fun as well as educational. Students were enthusiastic in a question and answer period with congressman Ron Cordova. Another interesting experience was when a marine helecopter landed in the middle of our field.



Back-to-school night was a mass of confused parents trying to make it to their son or daughter's classes in just 7 minutes.

VALENTINE DANCE

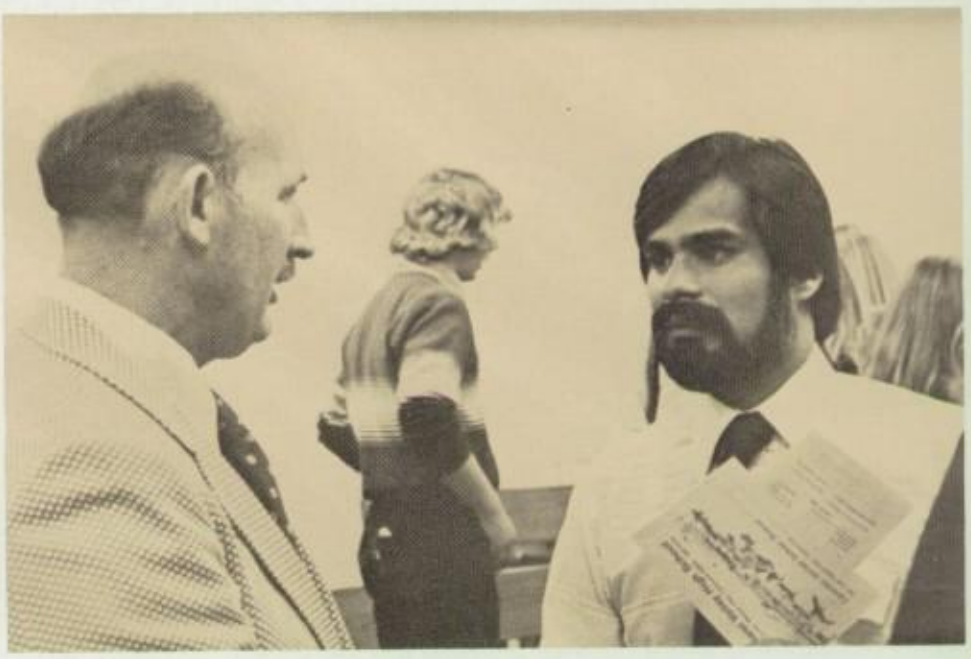
Capistrano Valley extended Valentines day this year. People learned of their loved ones, through "Secret Valentines" which were daffodils delivered by the junior class. The following Saturday night the band, "Hard Times", rocked the mall which was decorated for the occasion with the traditional pink and red hearts and cupids.

CONGRESSMAN BADHAM DEDICATES CAPO VALLEY

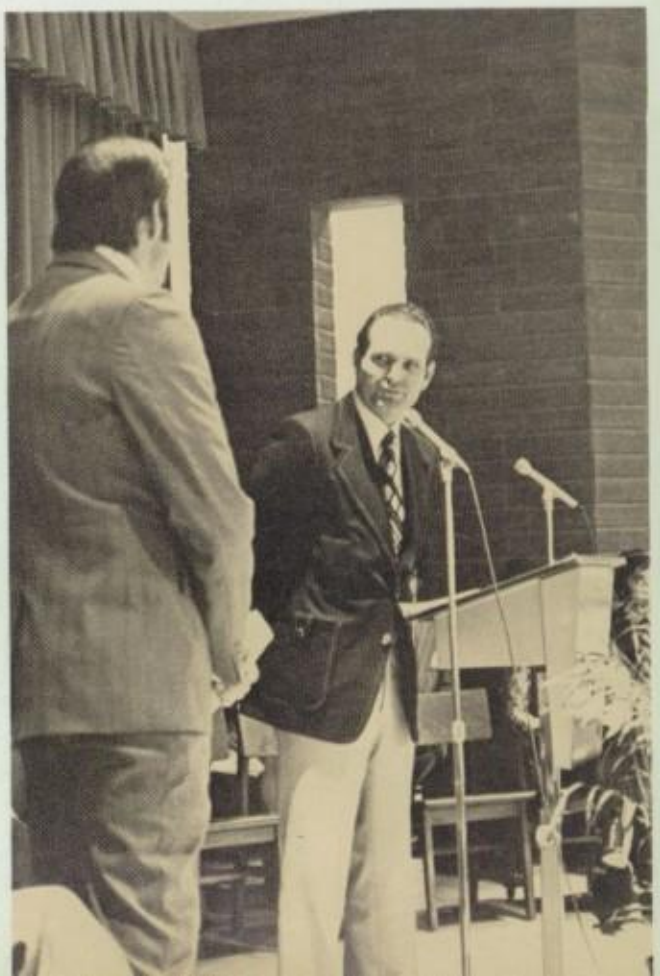
Congressman Badham

Mr. Enmeier

Camerata Singers



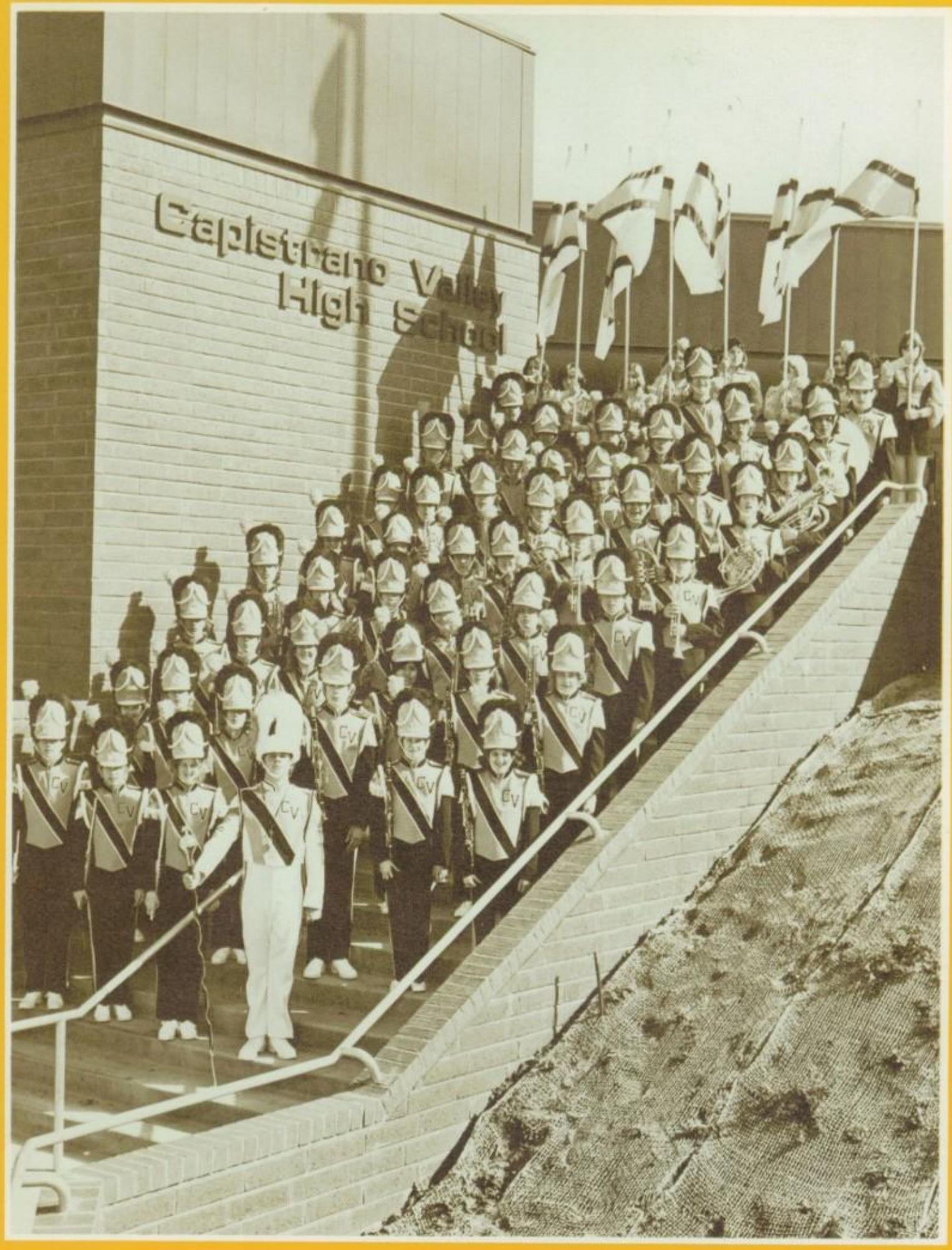
Mr. Thornsley and Mr. Flores



The dedication of our school was of great importance to the students of Capistrano Valley High School.

Congressman Robert Badham presented Principal John Smart with an American Flag that once flew over the capitol. It is now being used as the school's official flag. In turn, Representative Badham was made an "Honorary Cougar."

CAPISTRANO VALLEY HIGH SCHOOL MARCHING BAND



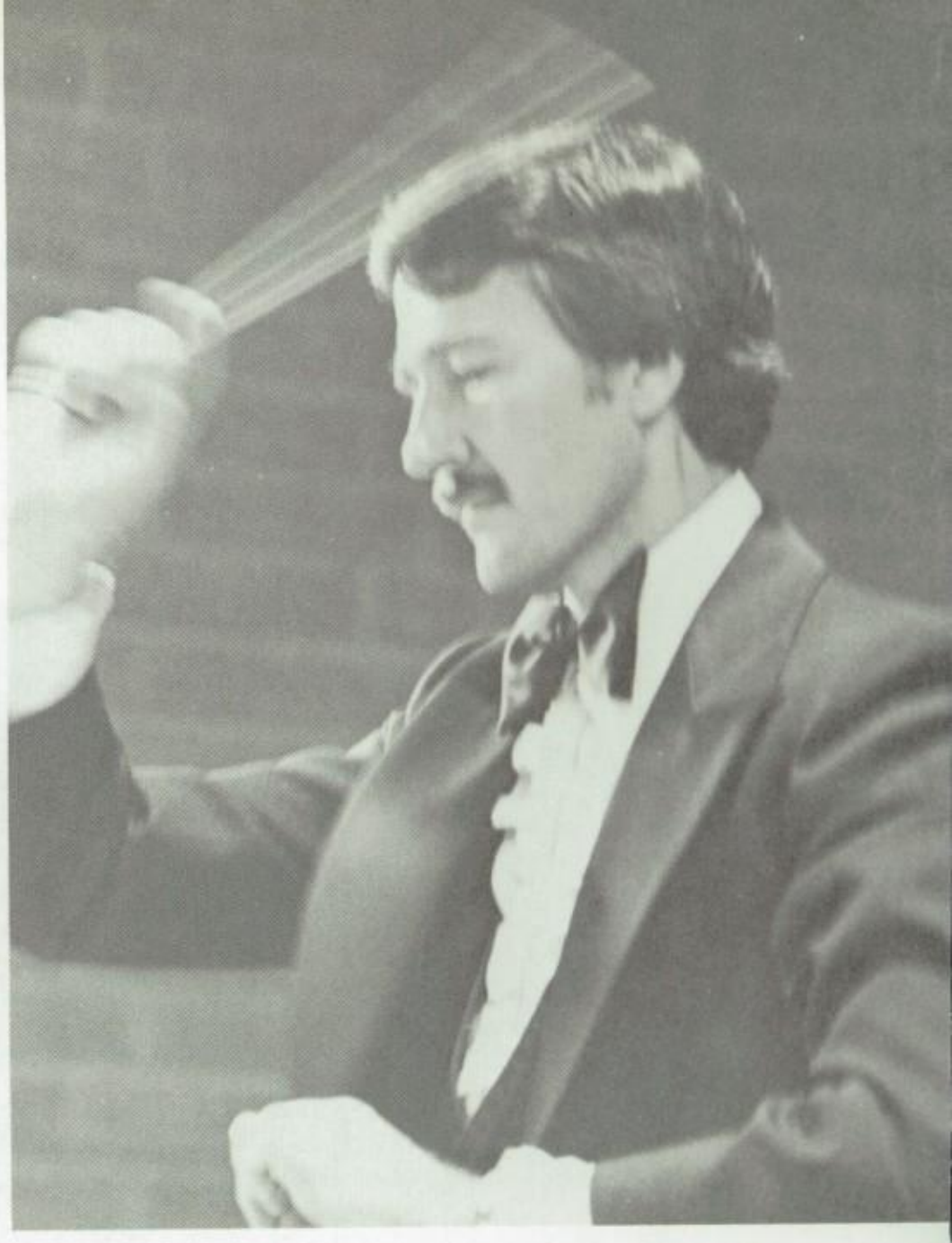
BAND DIRECTOR-ARLON ENMEIER

DRUM MAJOR-STEVE RUNELS

Greg Akins, Jaeleen Bertolino, Laura Bishop, Susan Bishop, Matt Boulware, Toby Braun, Paul Bucknum, Terri Burden, William Charini, Jeff Chaska, Charles Cline, Debra Copeman, Dana Crail, Rayanne Cunningham, Kevin Deeley, John Dickson, Renee Donley, Jeff Draney, Diane Druckrey, Jeff Dunn, Teri Elliott, Julie Ellis, Matt Evans, Carl Forsman, Reynold Furrell, Lisa Gamble, Jim Ginther, Julie Grant, Tom Grimes, Martin Hess, Aya Imai, Lorelei Isky, Sheryl Joiner, Alex Kopitch, Harold Loretero, Bob Matossian, William Meyers, Thomas Mulder, Kelly Nagato, Kim Newhart, June Newhauser, Susan Owens, Pat Oyama, Robert Pike, Paul Pitsker, Carl Rempel, Jim Riedl, Deborah Riis, Gilbert Romo, Micheal Rosene, Steve Runels, Cameron Screeton, Tom Sepull, Cindy Smith, Matt Sorrentino, Suzanne Stratton, Craig Stutzman, Thomas Tucker, Lynn Williams, Bill Wallace.

Laurea,

CONCERT BAND



Left to Right ROW 1-Sue Stratton, Sue Bishop, Lisa Gamble, Julie Grant, Kim Newhart, Debbie Copeman, Diane Druckrey, Sheryl Joiner. ROW 2-Debbie Riis, Sue Owens, Lynn Williams, Teri Elliot, Paul Pitsker, Carl Rempel, Mike Rosene, Marty Hess, Julie Ellis, Pat Oyama, Rayanne Cunningham, Matt Boulware, Steve Runels. ROW 3-Aya Imai, Dana Crail, Renee Donley, Lorelei Isky, Tom Sepull, Tom Tucker, Jim Riedl, Paul Bucknum, Bill Meyers, Bill Wallace, Carl Forsman, Jeff Chaska, Rob Pike. ROW 4-Toby Braun, Matt Sorrentino, Tom Mulder, Charles Cline, Gil Romo, Alexander Kopitch, Bill Charini, Cindy Smith, Craig Stutzman, Jeff Dunn, Reynold Furrell, John Dickson. ROW 5-Arlon Enmeier (director), Jaeleen Bertolino, Greg Akins, June Newhouser, Jim Ginther, Harold Loretero, Tom Grimes, Bob Matossian, Kevin Deeley, Matt Evans.

CHOIR

A CAPPELLA

A CAPPELLA CHOIR: Front Row (L-R) Dawn Patterson, Ann Miller, Robin Gegg, Loree Mowry, Kathy Dunegin, Mark Steinwender, Tony Hart, Bob Weatherford, Pam Driscoll, Tracy Kemper, Cindy Devenberg, Debbie Kwast, Tina Marchello, Suzy Robertson. Second Row (L-R) Mary Sutherland, Terry Burden, Tody Krettz, Kim Vannordstrand, Kris Sharrar, Rich Chade, Jim Cox, Ann McKenna, Julie Lunetta, Kathy Kading, Jill Vansczsra, Janice Graham, Stacy Oldenburg, Hedi Wiedmeier, Tammy Love, Celesie Poussard, Denise Trudeay. Third Row (L-R) Neil Taylor, Dawn Campbell, Tammy Bics, Chris Shaller, Bill Holland, Dave Mahronic, Jace Ellis, Roxanne Dick, Charlene Flemming, Kim Carpenter, Penny Gullett, Andrea Beck, Melanie Campbell, Jeanette Schroeder, Robert Perry (Director).

CAMERATA

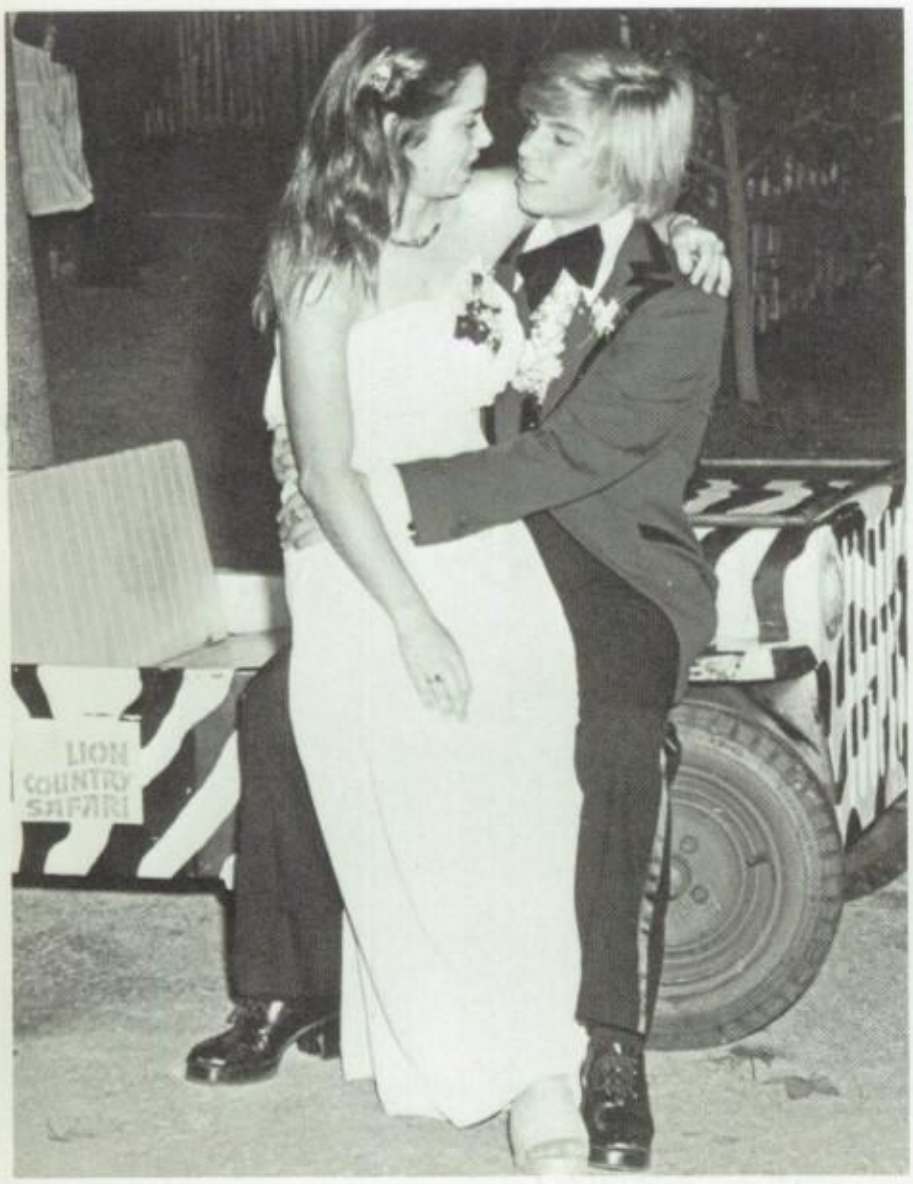
CAMERATA SINGERS: (L-R) Bob Hambly, Christy Glaser, Don Campbell, Cherly Arneson, Ron Pike, Charlene Newland, Jace Ellis, Laura Vida, Matt Campbell, Cathy Wooldridge, Paul Bucknum, Tammy Bics, Luc Larochelle.

CHRISTMAS

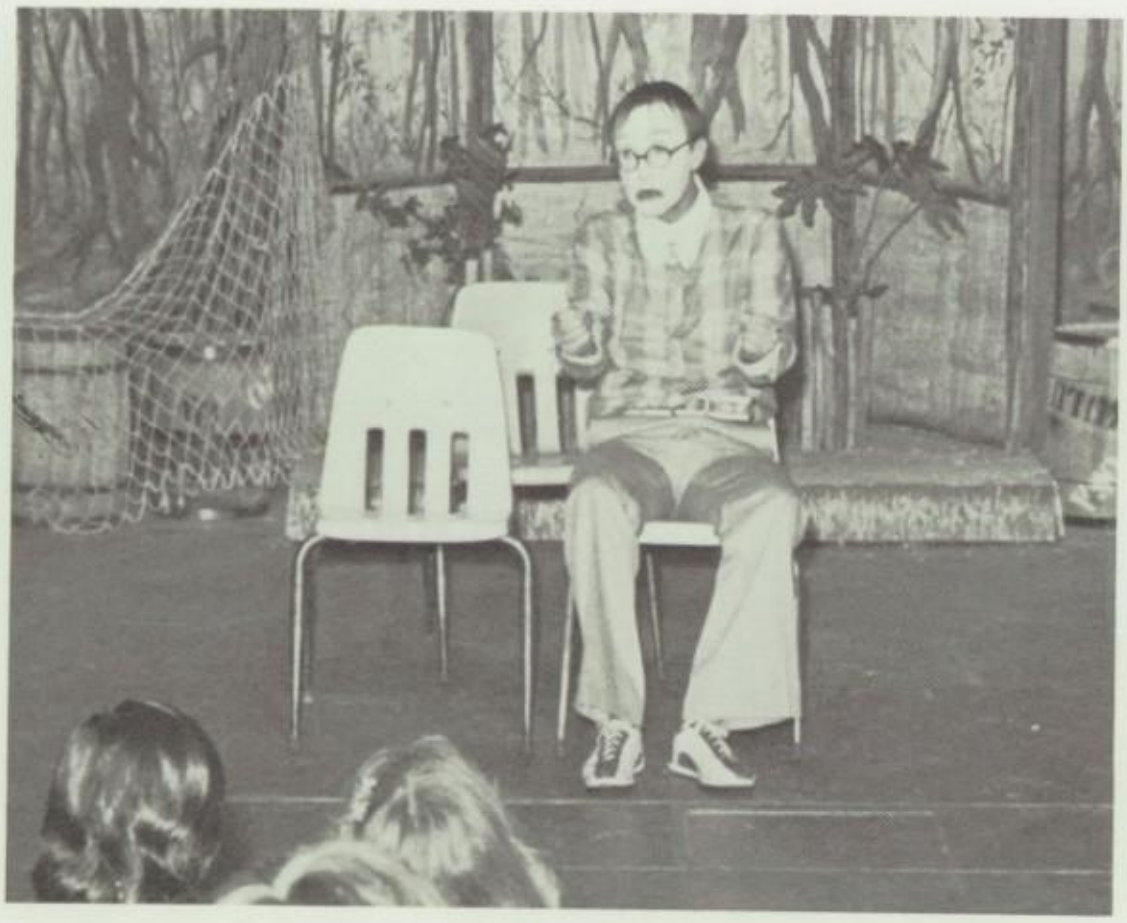
Christmas formals are a happy and romantic time for all concerned. The formal this year was held at Lion Country Safari, everyone who attended enjoyed the fact that so many things were open to us, such as the hippo boats and mime show, plus a large part of the grounds.

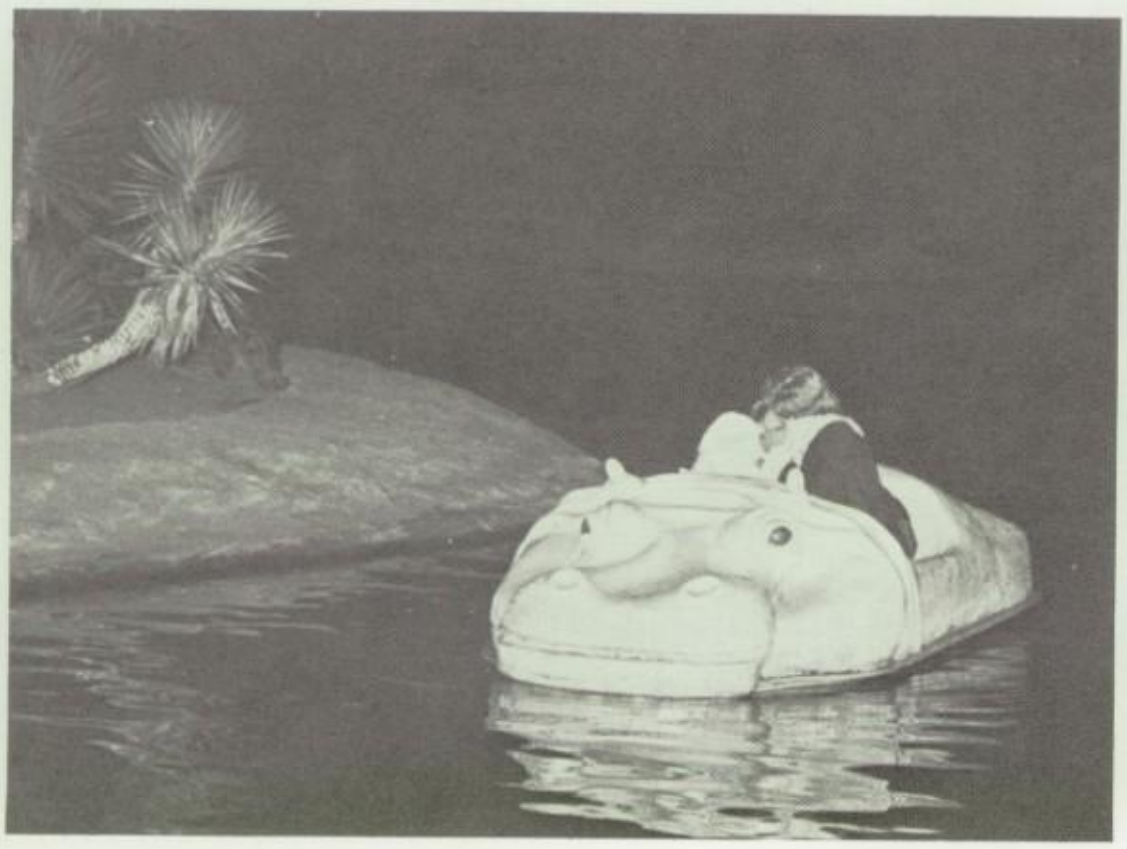
The band "Marbles" was well put together and managed to keep up with the dancers, and our theme of "Jungle Love"!

All in all the formal was a great success and we hope the tradition that was started this night will carry on for many years.



FORMAL





MISSION VIEJO

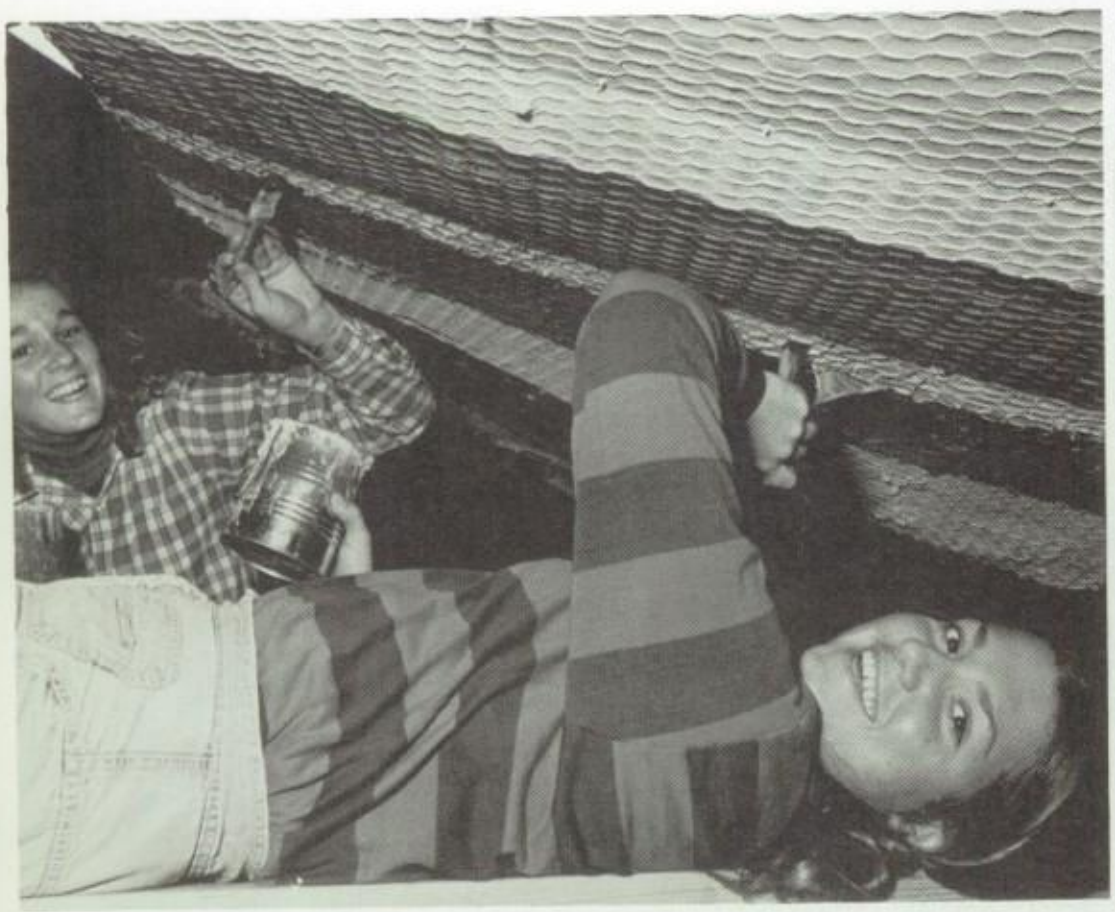
VICTORY

WITH HELP OF DEDICATED STUDENTS FROM CAPISTRANO VALLEY HIGH SCH.

Kris and Laura applying onion seeds.

Scott hanging up vines.

Mike picking flowers with another student.



Judy and Sherry painting away.

Brenda, Tayna, and Sheri playing with bird.

SWEEPSTAKES

Students from Capo Valley High School were fortunate to be a part of the award winning 1978 Mission Viejo Float. Efforts were put out by Capo students who sacraficed 7 hours each day in the last week of Christmas vacation. Students worked in a huge tent which often leaked when it rained but it proved to be a worthwhile experience, for the float captured the "Sweepstakes Award". Riding on the float was Rhonda Shook and the homecoming queens from Mission Viejo High School and El Toro High School.

GONG SHOW

1ST PLACE

Christy Glaser, Sherly Arneson, Laura Vida.

2ND PLACE

Robin Carter, Sheri Carter, Tara Warren, Robin Beverly.

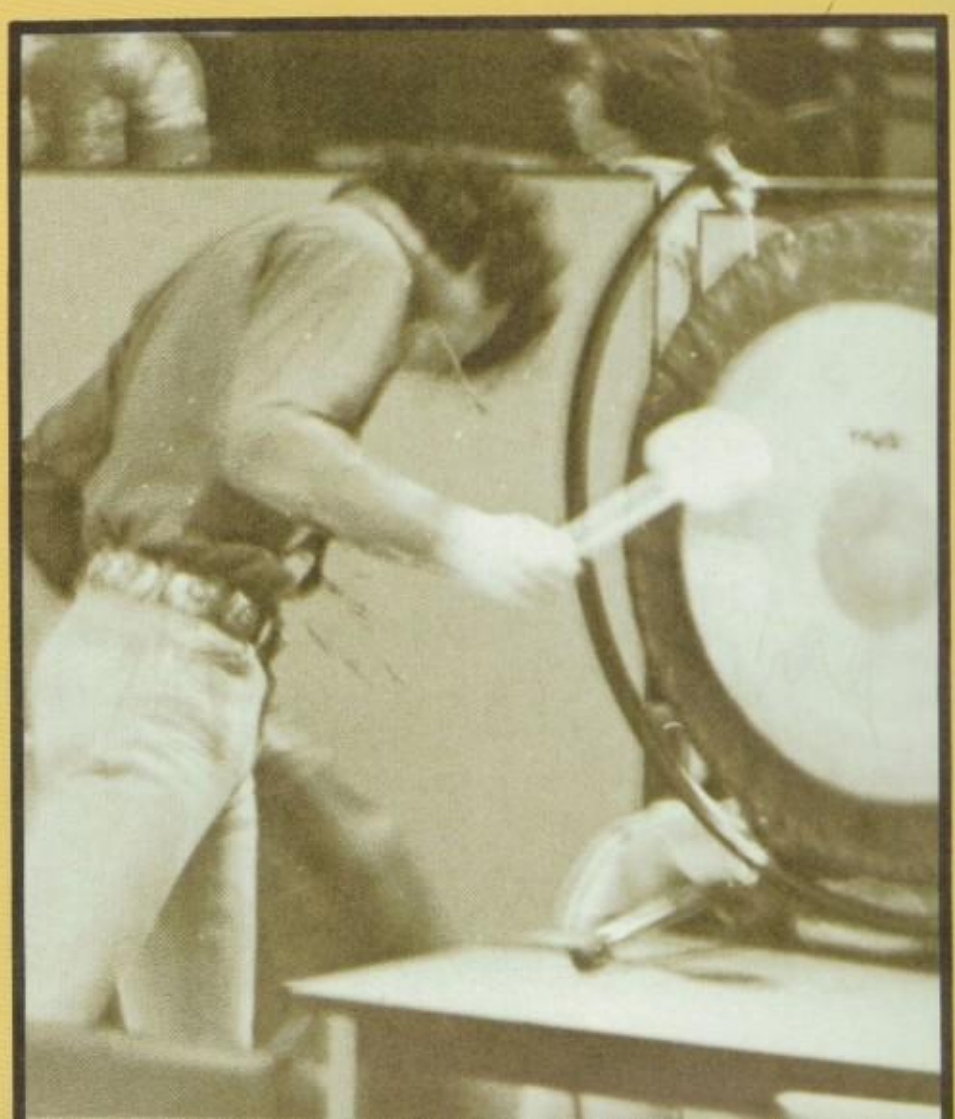
3RD PLACE

Pat Sanisteven, Sean Jenkins.

The unknown comic

Take Three takes first

The Silverstreaks get down!



Capo Valley All Star panel

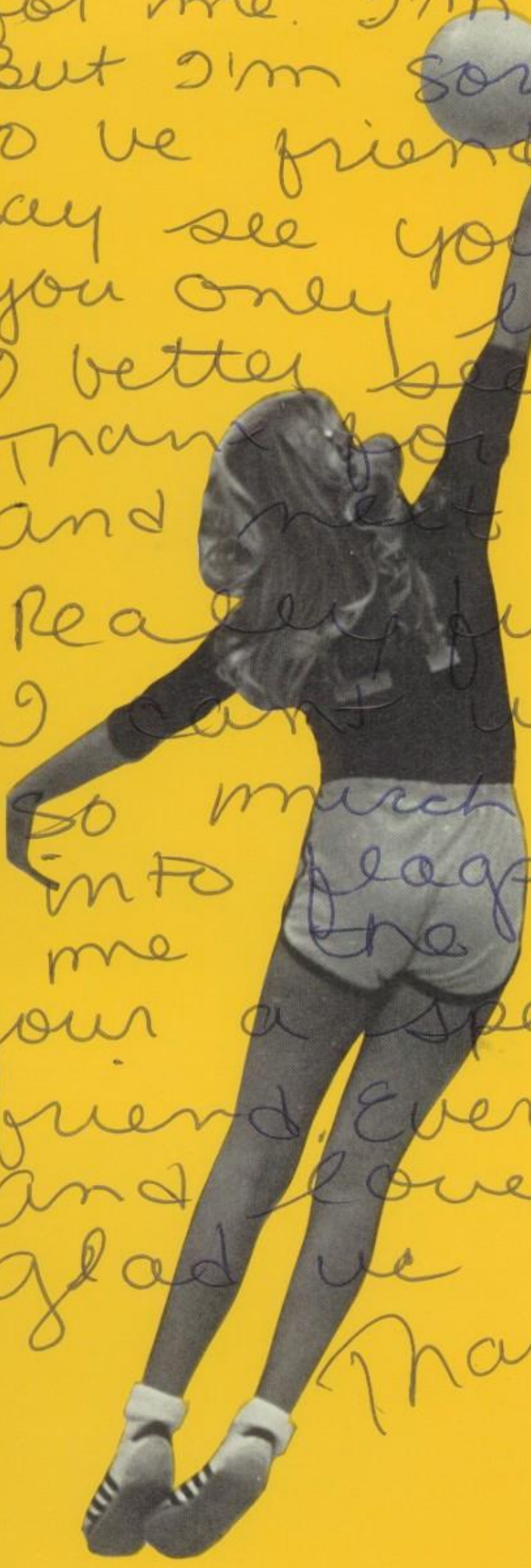
"Aloha!"

Bottoms Up!

ACTIVITY CANDIDS

Laura,

This has been a really great year for me. I'm glad I met ya. But I'm sorry we didn't get to be friends earlier. I won't say see you next year cuz you only live up my street 9 better see you this summe Thanx for the four times. and next year we'll be Really fun in Jeep. I can't wait Thank you so much for getting me into Jeep, and showing me the routine. I think your a special kind of friend. Every one knows and loves you. I'm just glad we became friends



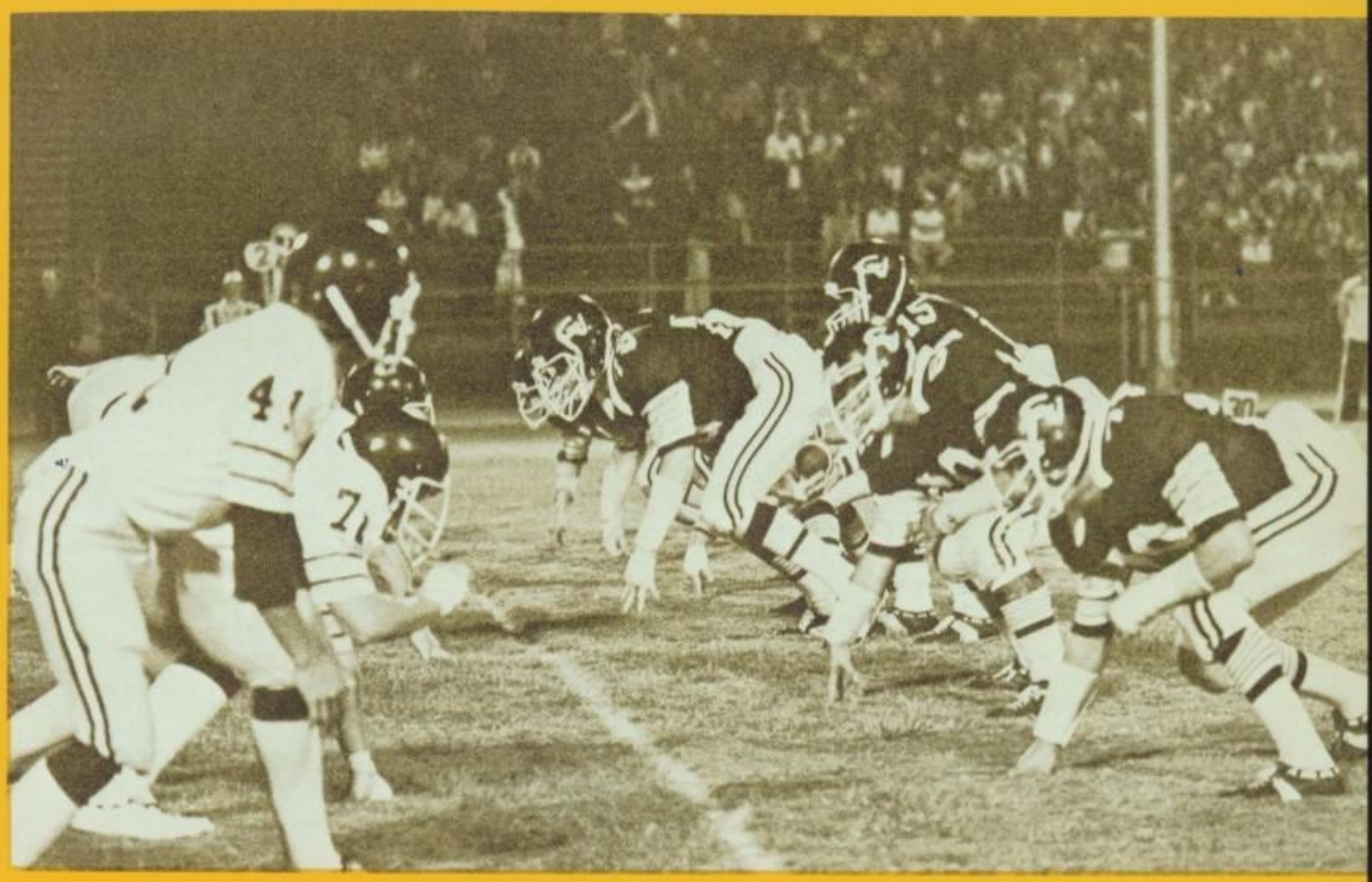
Thank you for all your friendship

Love ya

Debbie

Hope people
Rule. Thanks for
are your
help

FALL SPORTS



Please
call or
come down
831-1626 house phone
or
831-7747
my phone

CV VA

No.	NAME
12	ROBINE CHARLES
15	BRAD PARKER
16	CHIP HAYES
17	FERNANDO SALAS
19	CARL REMPLE
21	SEAN JENKINS
22	RANDY COLLINS
28	MIKE RAMARIZE
30	JOE WALLER
33	GARY COX
34	JOE TRUJILLO
40	DAVE FARRI
41	DAVE MCELROY
44	LUKE JOHNSON
46	CHARLIE CASSIDY
50	CLAY COLLIER

Enright

Bishop

Patton

C

O

RSITY

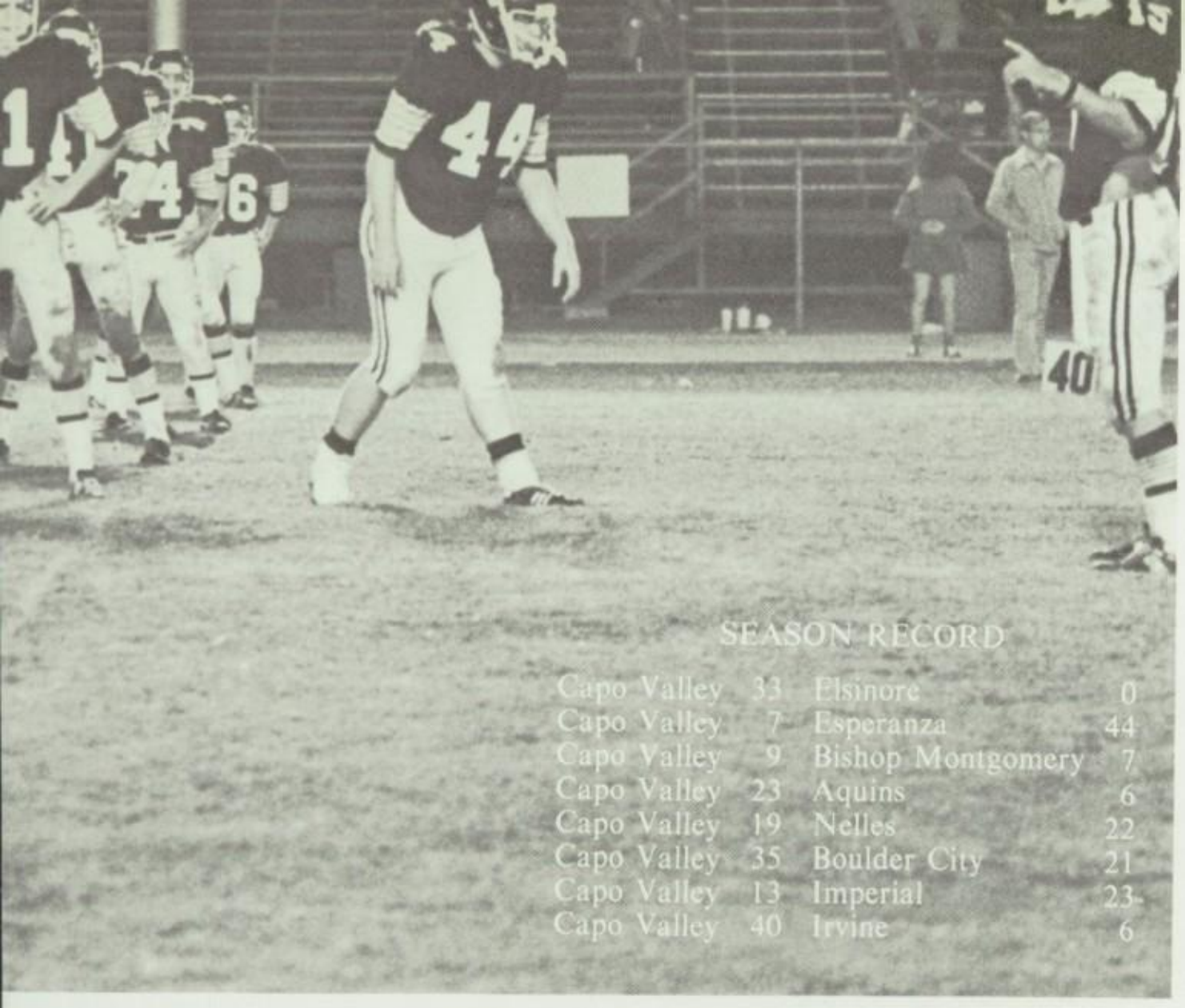
No.	NAME
60	PAT SANTISTEVAN
61	PAT DARGAN
64	DEAN CENTER
66	BRAD GAINES
67	FRANK ADDINIZIO
72	STEVE ENRIGHT
75	DAVE ARCHULETA
78	TODD FULLADOSA
79	BILLY MEYERS
80	KEN SCHARRAR
81	BOB NEWMAN
83	MIKE DUNIVIN
85	CARL FORSMAN
86	FRED MCCONNELL
89	RON VANPUERSEM

Coach Cunnerty

Coach Zamora

U G A R S

IT WAS A VERY GOOD YEAR



SEASON RECORD

Capo Valley	33	Elsinore	0
Capo Valley	7	Esperanza	44
Capo Valley	9	Bishop Montgomery	7
Capo Valley	23	Aquins	6
Capo Valley	19	Nelles	22
Capo Valley	35	Boulder City	21
Capo Valley	13	Imperial	23
Capo Valley	40	Irvine	6

BOULDER CITY: The Capistrano football team along with many rooters traveled to Nevada against one of the top teams in that state, Boulder City. At halftime the Cougars led 21-13 and finally won 35-21. Boulder Citys' defense was their asset throughout the season, never allowing more than 14 points any other game. Great credit has to be given to the offence and senior Ron VanPuersem who was directly responsible for 3 scores.

IMPERIAL: A game near Mexico against one of the top teams in their area, Imperial defeated the Cougars 23-13. After falling behind 20-0 Capo Valley started a mild comeback on the play of quarterback Brad Parker who ran for 166 yards and passed for 83 more.

IRVINE: A great close to the terriffic regular season, the Cougars needed a win to have a chance at making the CIF playoffs. Opening up a 33-0 halftime lead and moving it up to 40-0 early in the 3rd period, CVHS closed the game with reserves. The outstanding end to the regular season enabled Copo Valley to enter the playoffs.

ELSINORE: Playing their first football game ever the Cougars started in fine fashion with a 33-0 victory over Elsinore, Capistrano scored on touchdown runs by Brad Parker (34 yards), Robin Charles (10 yards), Mickey Romero (2 yards), Charles (80 yards) and Fernando Salas (6 yards). The outstanding defense produced a shutout in their first game.

ESPERANZA: The 4th ranked team in the CIF, Esperanza was the second and toughest team the Cougars faced. Capo momentarily led 7-6 yet the running and passing of Esperanza proved too much as CVHS lost 41-7. The only touchdown came on a run of 8 yards by quarterback Brad Parker.

BISHOP MONTGOMERY: This game was one of the most exciting of the year. Bishop came into the game as the 3rd ranked team in CIF 3a yet Capo humbled them by winning 9-7. A 41 yard field goal by Luke Johnson along with a 4th quarter touchdown was enough for the victory.

AQUINAS: The first homecoming for Capo Valley went as hoped for, the Cougars defeated Aquinas 23-6. CVHS was led by junior Robin Charles, who scored touchdowns two of the times he touched the ball on runs of 33 and 39 yards.

NELLES: The prison school, Nelles, proved to be an unexpectivly tough opponent as they defeated the Cougars 22-19. After being shut out the first half CVHS came back the second half to almost gain the lead. The rally ended short as the Cougars lost their 2nd game of the year.

CIF, DOWN IN HISTORY

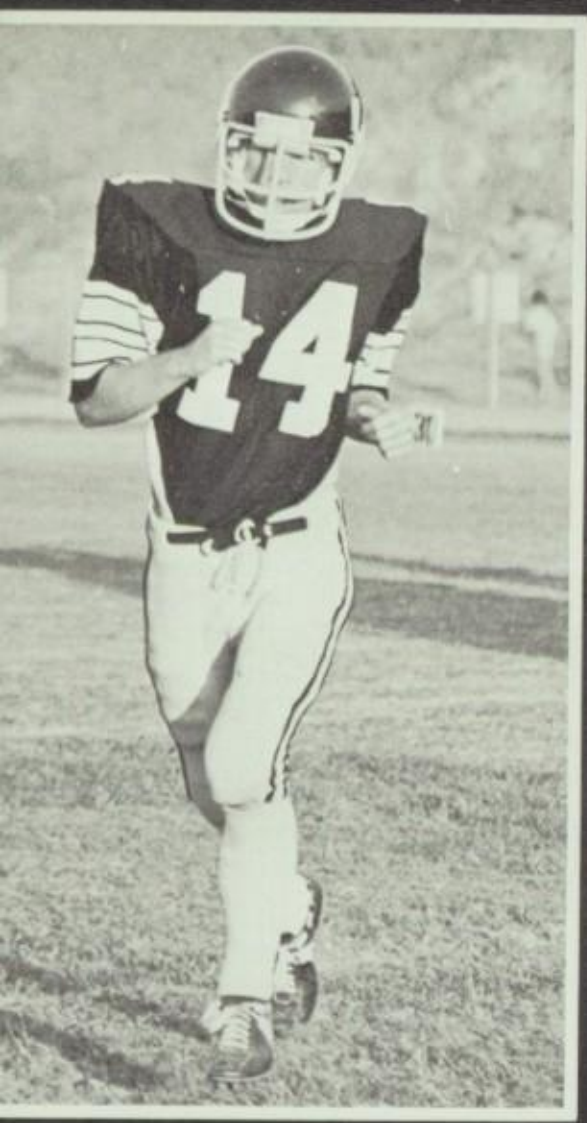
Brad Parker ready to throw a pass!

The CVHS football season was climaxed by an invitation into the CIF playoffs, against Mission Viejo. The natural rivalry exhibited itself in both schools as pep assemblies and large banners displayed the students enthusiasm. The Diablos were favored to win yet the Capo team felt that victory was well within their grasp. However the game did not lead to a storybook finish as the Cougars were defeated 29-7. Mission Viejo took a 14-0 lead into the locker room at halftime but excitement still reigned supreme in Capistranos packed visiting bleachers. A great touchdown run by senior Ron VanPuersem out of punt formation reduced the lead to only 14-7. Now the momenttum seemed to shift toward the Cougar team, screaming Capo fans could be heard far above the now-silent Diablo rooters. Possibly CVHS might have come back but the Mission Viejo team was to strong, scoring 15 more points while shutting out the Cougars. Our football team should be gallantly congratulated upon compleating a great season and becoming the 1st first year school in CIF history to make it into the 2a playoffs.

Ugh

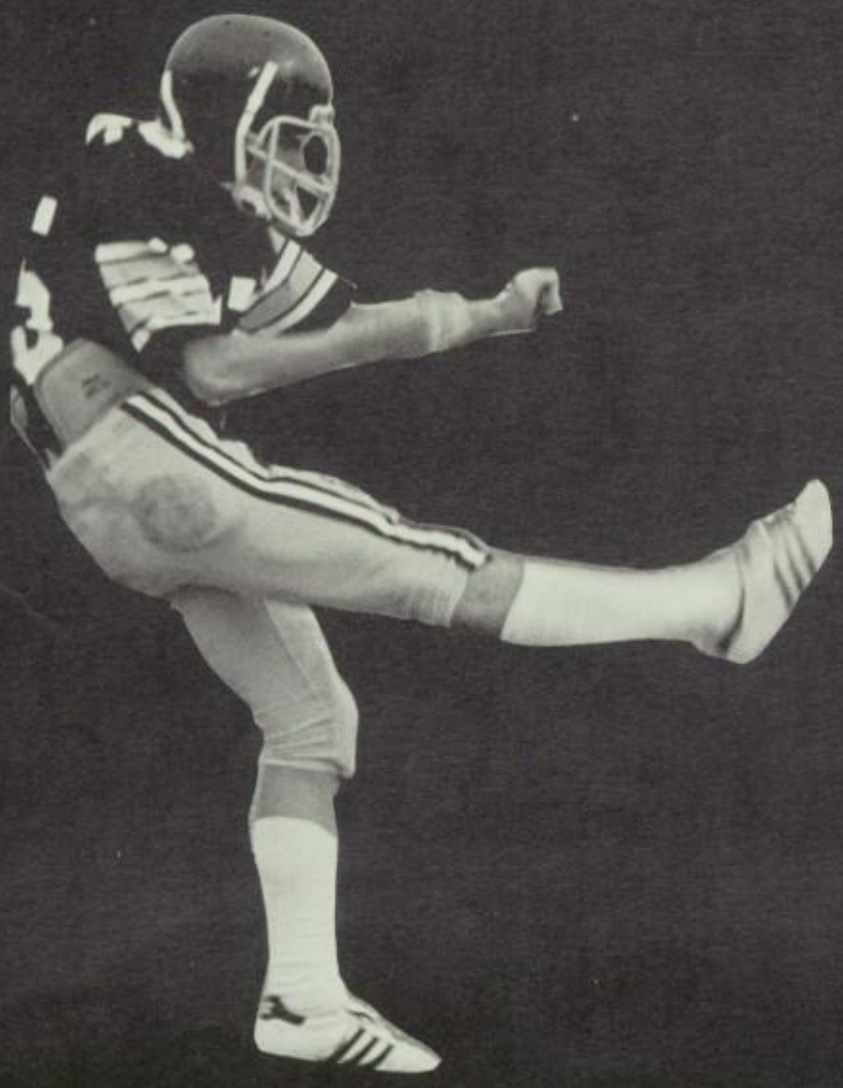
Love your socks.

J.V. GRIDDERS SHOW SUCCESS!



Bionic man

Gotcha!!

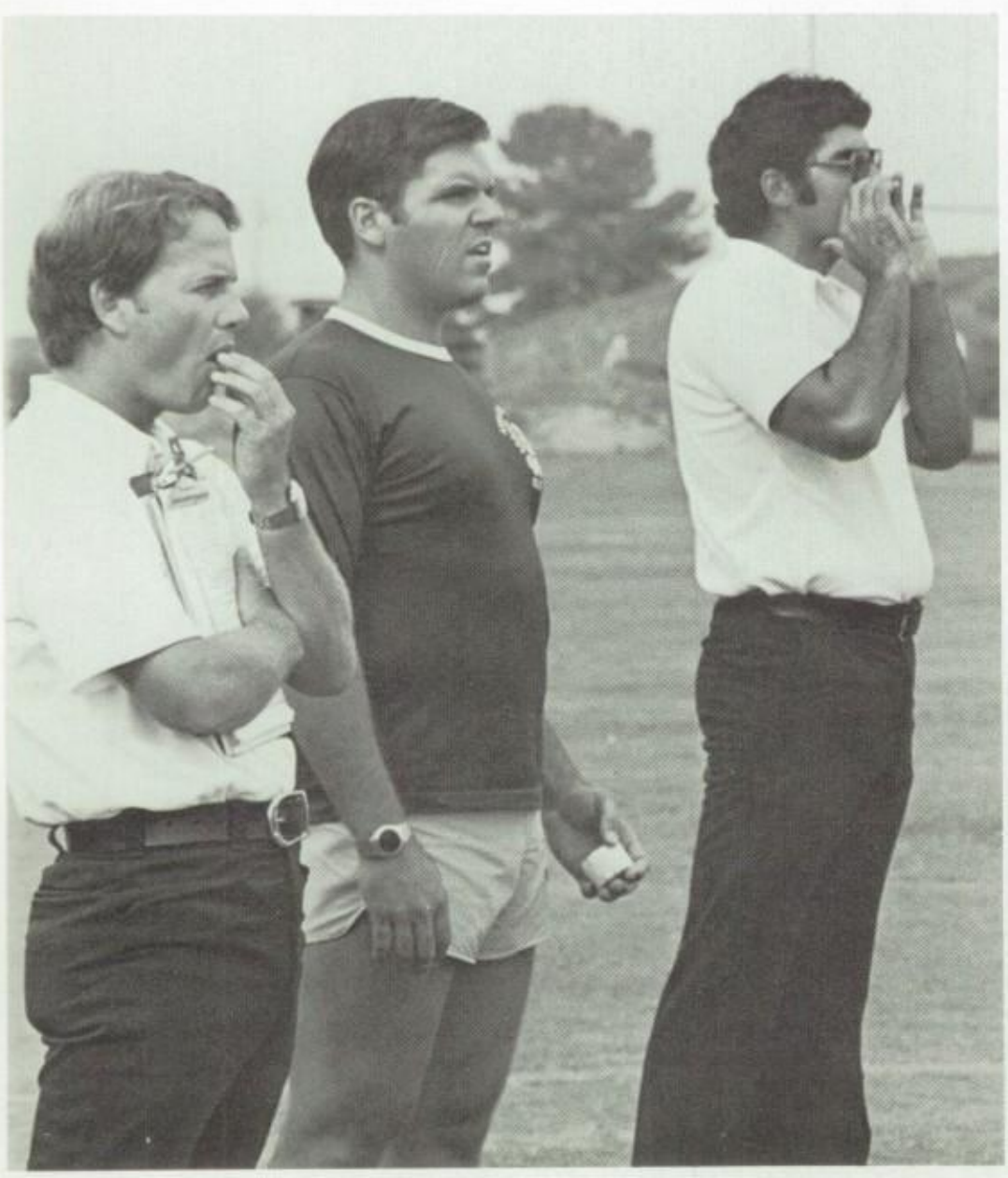


Cutting it short.

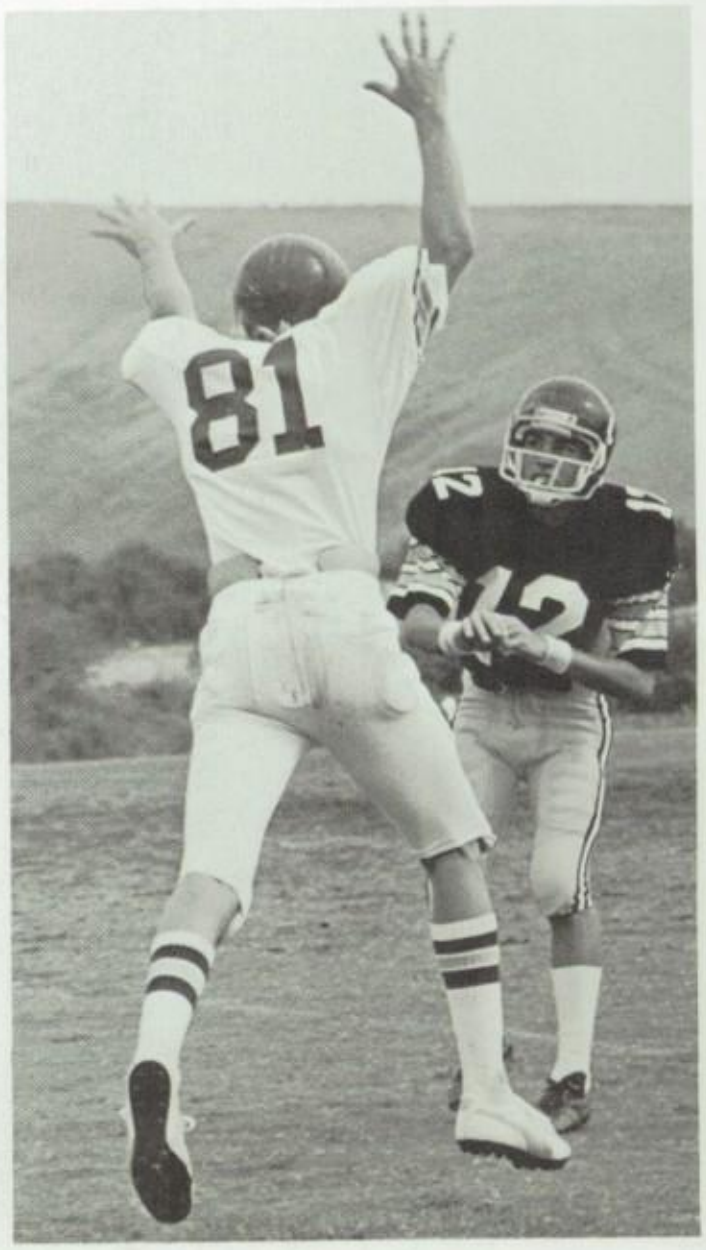
SOPHOMORES SHOW PROMISE

Quarterback Jim Benvidez

Moving on



What the heck is that boy doing?



"Growl"

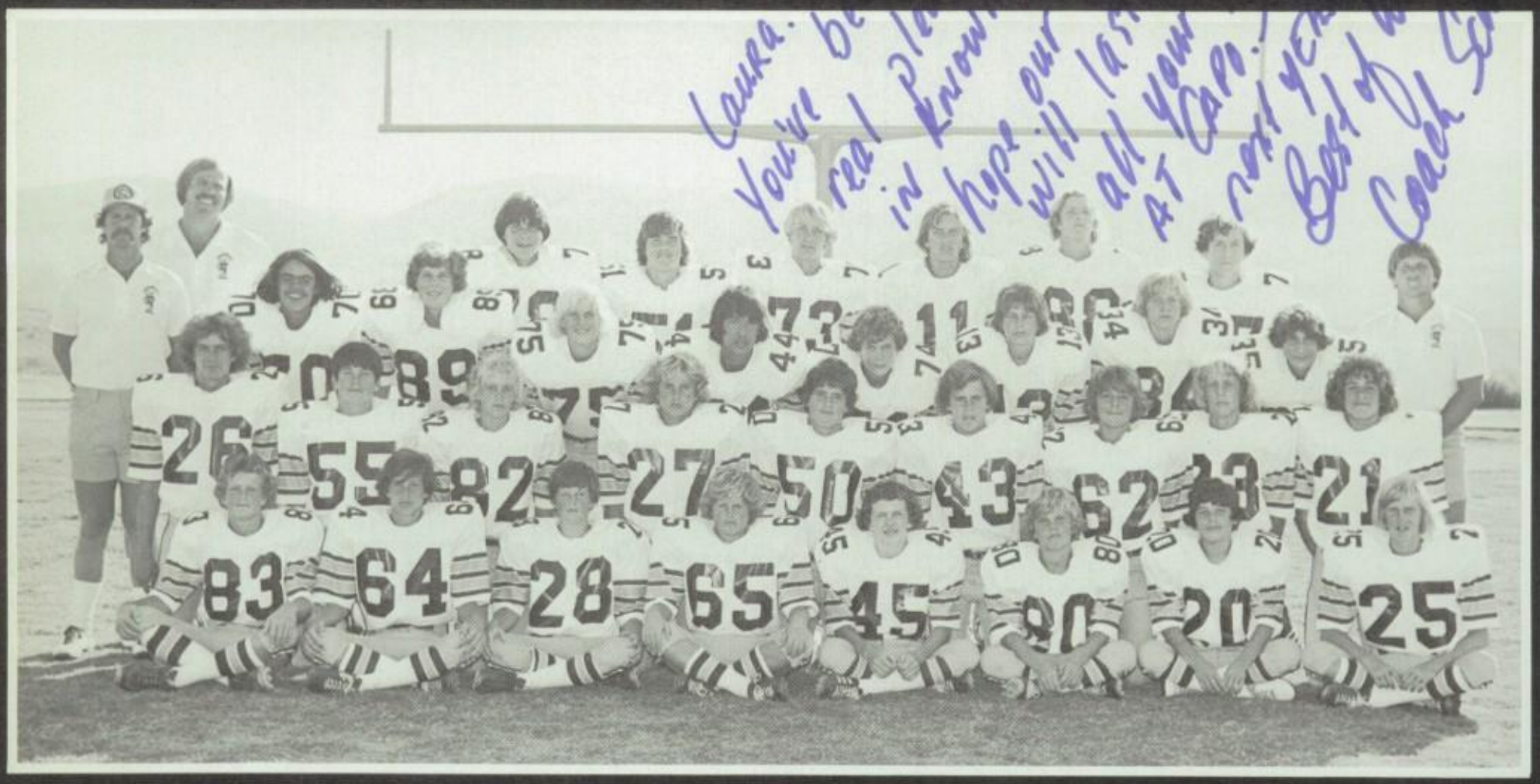
FOR NEXT YEAR!

Great catch by Bob McCarty

Capo Valleys first sophomore football team compiled a 4-3 record against some of the finest teams in California. The three losses were from teams which had a combined record of 23-3. An extremly strong defense led the way allowing the Cougars to stay close each game while shutting out three teams. After losing six of their top players to the varsity team the sophomores shut out Irvine 14-0 in their last game, including 11 quarterback saks. Head coach David Eleccira along with his assistant Ron Meyers can be given credit for establishing a team that played to the extent of their potiental. After gaining some much needed experience from playing top teams the sophomores should vastly improve next years varsity squad.

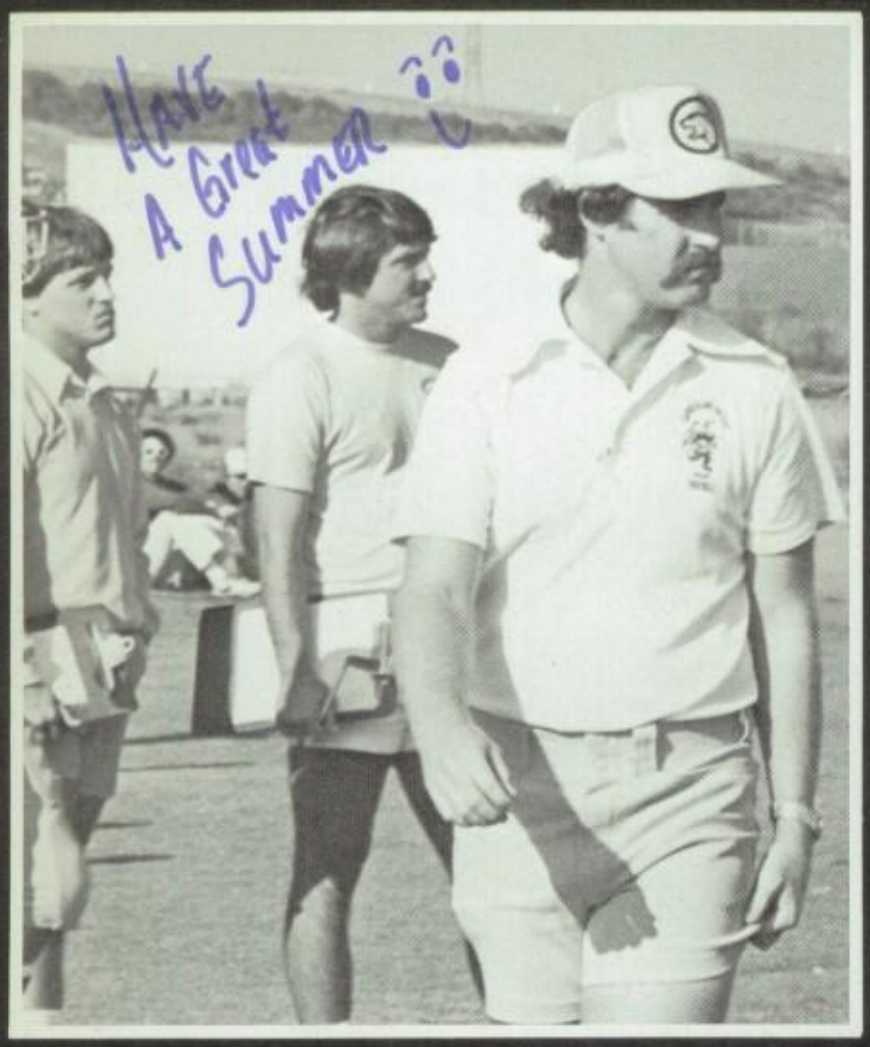
Bottom Row: 14 Greg Welty, 40 Norm Kinoshita, 60 Bruce Sims, 79 John Perez, 25 Mike Ortiz, 98 Dan Salas. Second Row: 85 John Deleva, 71 Steve Romero, 86 Scott Fox, 89 John Staggs. Top Row: Coach Ron Meyers, 67 Tony Pellerin, 22 Bob Brown, 55 Dave Bastien, 32 Ken Griffith, 41 Bob Browne, 44 Dave Montross, 45 Robert Case, Head Coach David Elecciri. Not pictured: Robert Ferrari, Scott Ferrari, Vern Marone, Kaham Kazam, Tim Thatcher, Cary Adkison, Dave Hushman, Dave Archuleta, Frank Addonozio, Joe Trujillo, Carl Forsman, Bob Newman, Mike Ramirez, Nick Stein, Gary Fratus, Tim Boucher, Tim Sparks

A BURST TO FIRST



Top Row: Bob Perry coach, Kevin Deely, Wade Martin, Bruce Boatman, Steve Gains, Cam Bryant, Brien Muller. 2nd Row: Doug Staggs, Bill Parker, Kevin Steinke, John Kenificks, Mike Johnson, Jeff Neal, Eric Fox, Rob Skinner. 3rd Row: Brien Pittman, Bob Hayes, Mike Kingston, Ken Brisseden, Mark Bisiop, Tom Noble, Mark Berchiolli, Brian Thibedoex, Alan Busby. Bottom Row: John Young, Kris Saharrar, Mike Daven, Tony Hart, Brad Boone, Ian Martin, Paul Ortize, Randy Smith. Not Pictured: Dave Maronic, Brent Bowser, Ted Salmon, Kim Kramer, Martin Malagon, Greg Kadien, Drew Smits, Jeramy Sykes, Mike Starr, Dan Kusky, Lloyd Beverly.

Wait until they're seniors



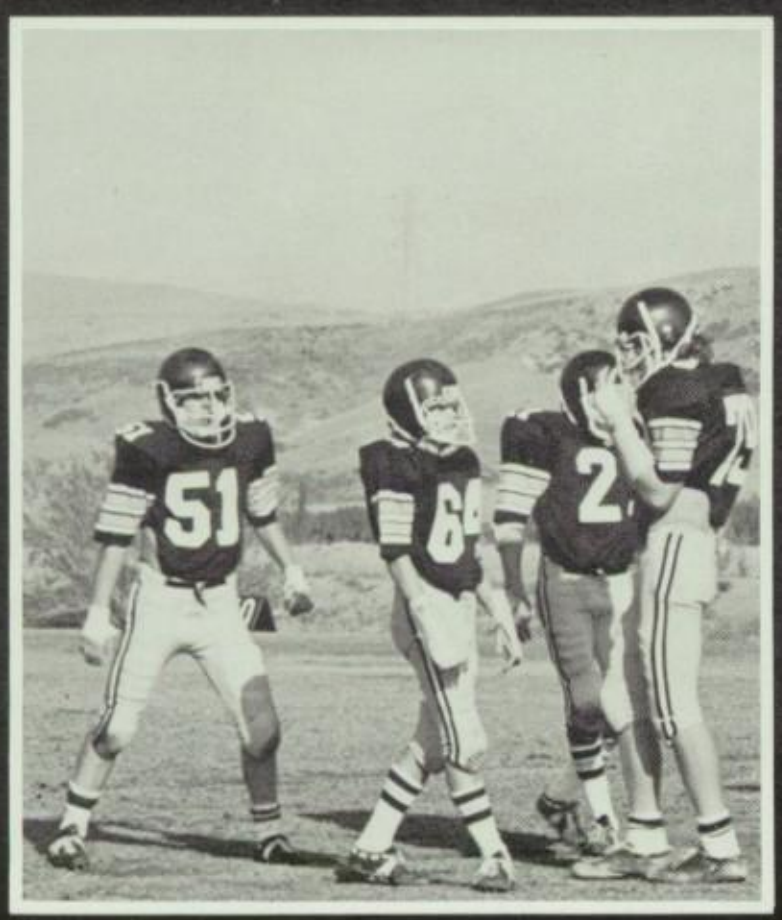
Those seniors told you not to drink to much

YOUNG COUGARS SHOW TALENT

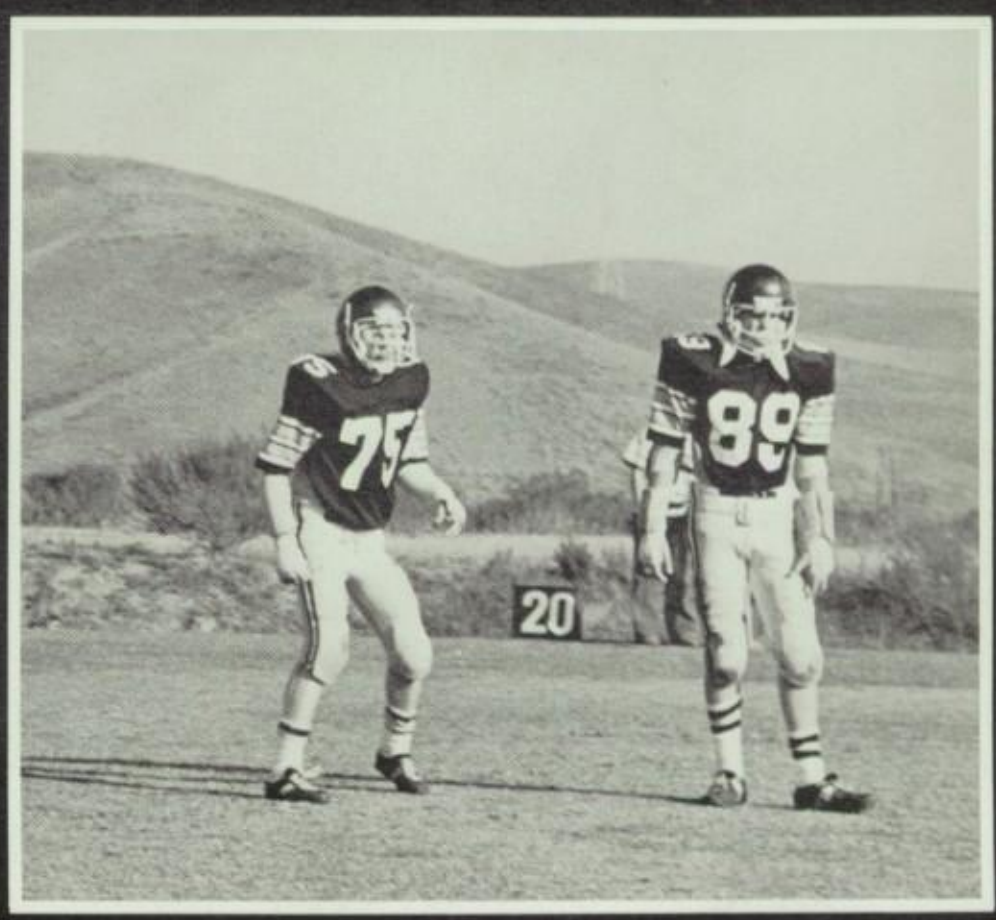
In quest of a sucessful first year, the freshman Cougar football team succeeded in accomplishing their goal. After losing their first game of the year the CVHS team responded with eight consecutive victories. This initial first year team was led under the coaching of Robbie Schmitz, Craig Anderson and Bob Perry. Coach Schmitz "attributed the major portion of the teams success to his coaches and players". Exciting, enthusiastic and pride would be the key words in cuming this years team. This was most evident in the last victory of the year 25-0 over North Torrance, the Bay league champions. Averaging 25 pts. a game on offense and giving up only 9 pts. on the defense, showing the sucess deserved by 1977 freshman football team.

Quick hand off proves great skill

That guy better shut his mouth



Kevin Steinke and Bill Parker



Don Hayes

Sean Reddington

"Coach White"

Bob Martin

Mark Romero

Dwayne Utterback

"And their off'

Thom Fogerrty

cc

Top Row: David Jackson, Norbert Lischer, Dwayne Utterback, Dwight Gibson, Mark Woodall, Steve Weidmier, Dinny Dunsmore, Mark Copenhaver, Jeff Wilder. Middle Row: Lynn Boucher, Kris Dormady, Gina Najm, Kristin Thorpe, Colleen Hubble, Terry McDonald, B. D. Rozales. Bottom Row: Byron Smith, Mike Ryan, Shannon Reddington, Don Gale, Thom Fogerty, Sean Reddington, Mark Romero, Mark Lockareff, Scott Campbell, Mike Lawrence. Not Pictured: Bobby Martin and Paul Preyer

CROSS COUNTRY

"Perfect Form"

The 1977 Cougar Cross Country Team had a very fine season. The runners competed in five large invitational meets, had three dual meets, and ran in two exhibition meets.

Highlights of the season saw the team defeat Saddleback High, Ocean View and Workman High School, the first victory for Capistrano Valley. The lone loss of the season came at the hands of Irvine.

Several trophies and individual awards were won during the course of the season, the junior finished 2nd in the Dave Hills Invitational. Thom Fogerty, Sean Reddington and Scott Campbell were the leaders of the team which figures to be very strong in 1978. Others making significant contributions during the season were Mike Lawernce, Mark Romero, and Bob Martin.

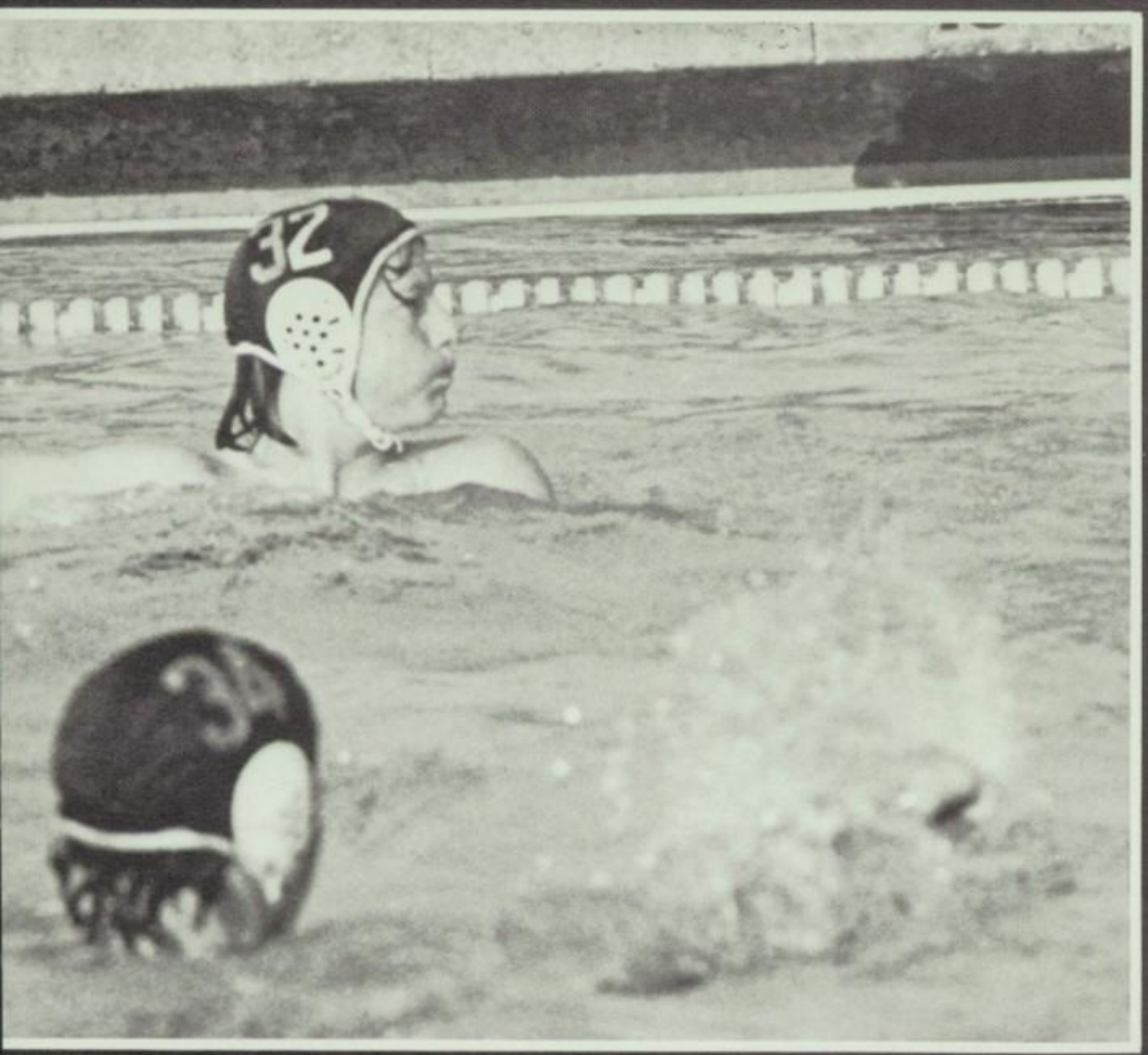
The girls also had a fine first year. Kristin Thrope was a standout during the entire season. Also running for the Cougarettes were Teri McDonald, Gina Najam, Michelle Messersmith, and Karla Kusky.

Coach Tom White summarized the season by saying "we were pleased with the first year team effort. The nucleus which is here has great potential in the future. Each runner must decide how good he wants to be.

WATERPO

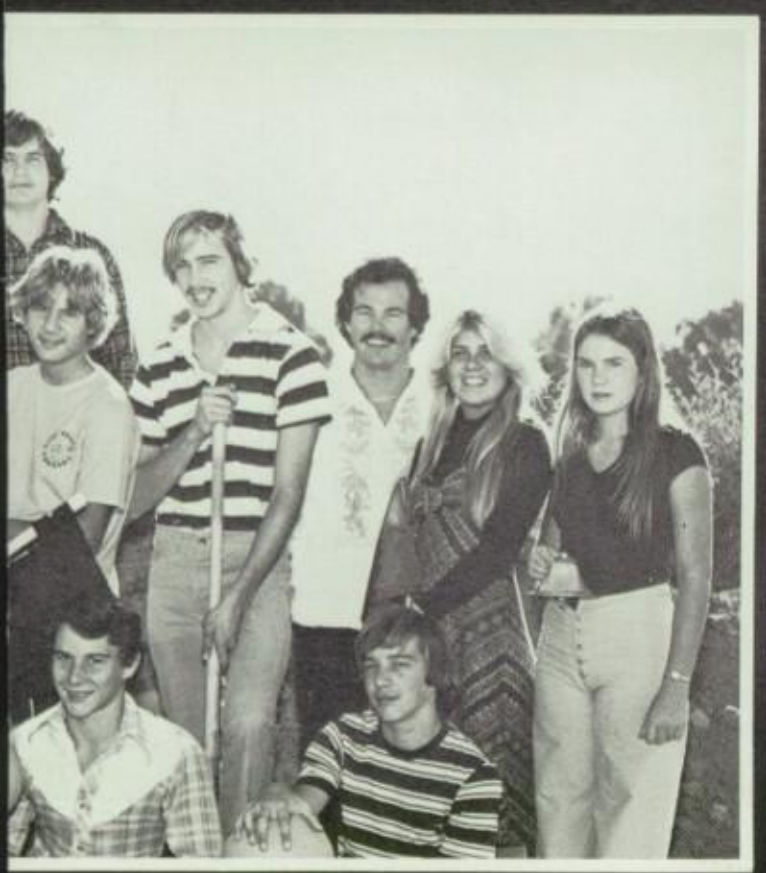
Standing: Diana Schnitzler, Margie Vandenburg, Mike Cook, Chris Shaller, Jeff Phelps, Tom Cook, Doug Bingman, Vince Artale, Chris

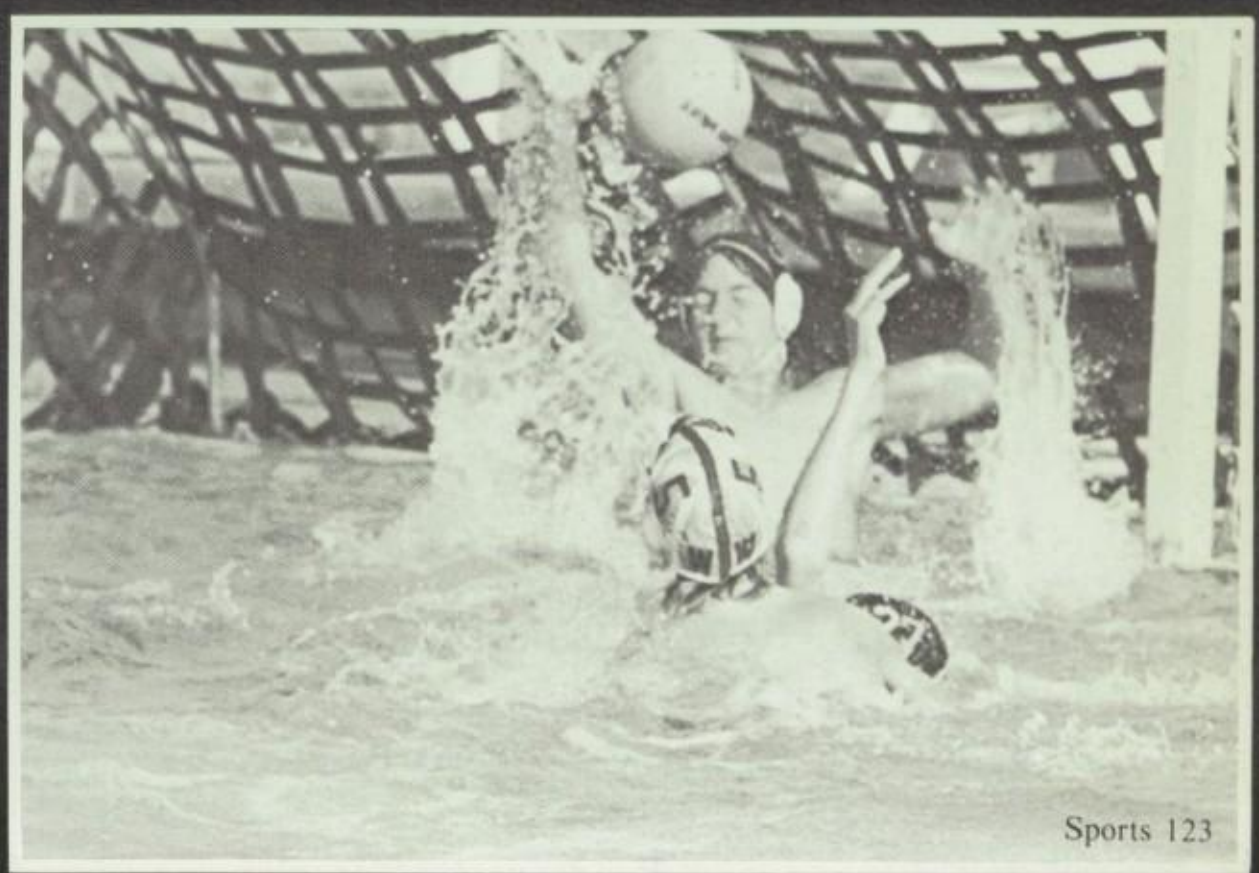
LO, NO POOL?



Capo Valleys first water polo team showed what it attempted to accomplish, improvement. Being a new school with many inexperienced players Coach Jeff May did not demand victory only improvement. Often playing three games a day, varsity, JV, and frosh-soph, the many underclassmen on the team quickly learned how tough a sport water polo is. Varsity and frosh-soph MVP's Mike Cook and Mark Maldonado led the team with their play while Doug Bingman and Joe O'Brien led through their leadership. Most Improved players varsity and frosh-soph were Vince Artale and Ted Haun. A special award for "courage above and below the water" was given to Mike Artale whose special type of leadership was an inspiration to all. With the returning team plus a few new players Coach May hopes the Cougars will be a threat at next years league crown.

Sherman, Coach Jeff May, Lisa Sacco, Anita Schnitzler. Kneeling: Joe O'Brien, John Dickson, Ted Hahn.



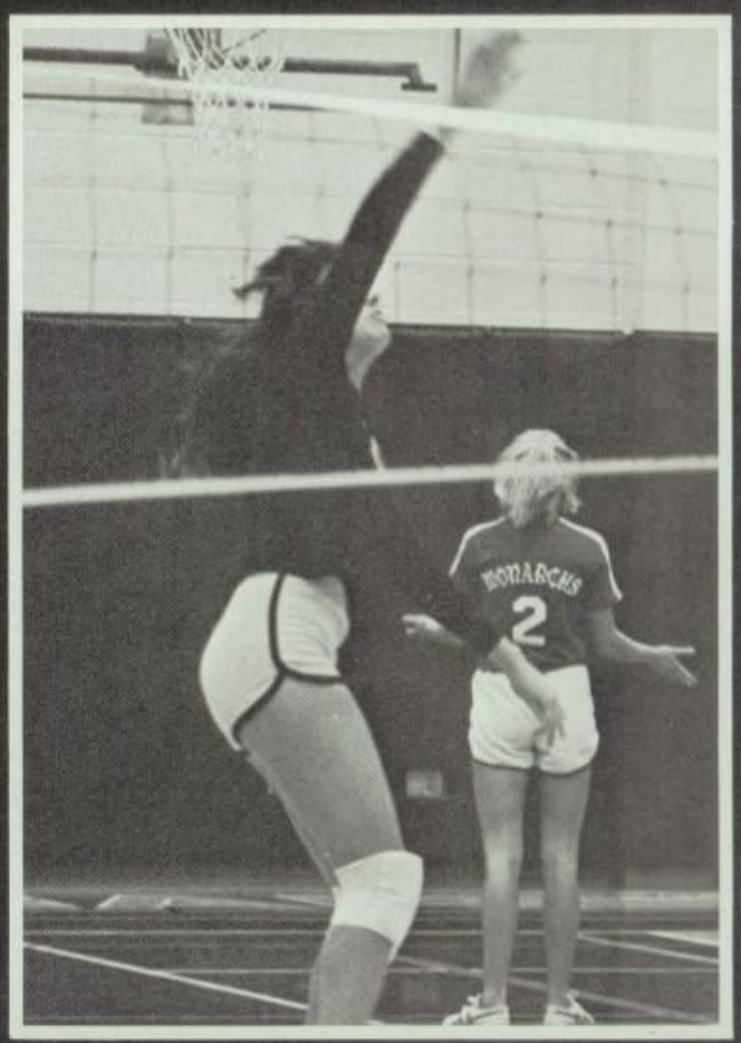


COUGARS
VARSITY VOLLEYBALL

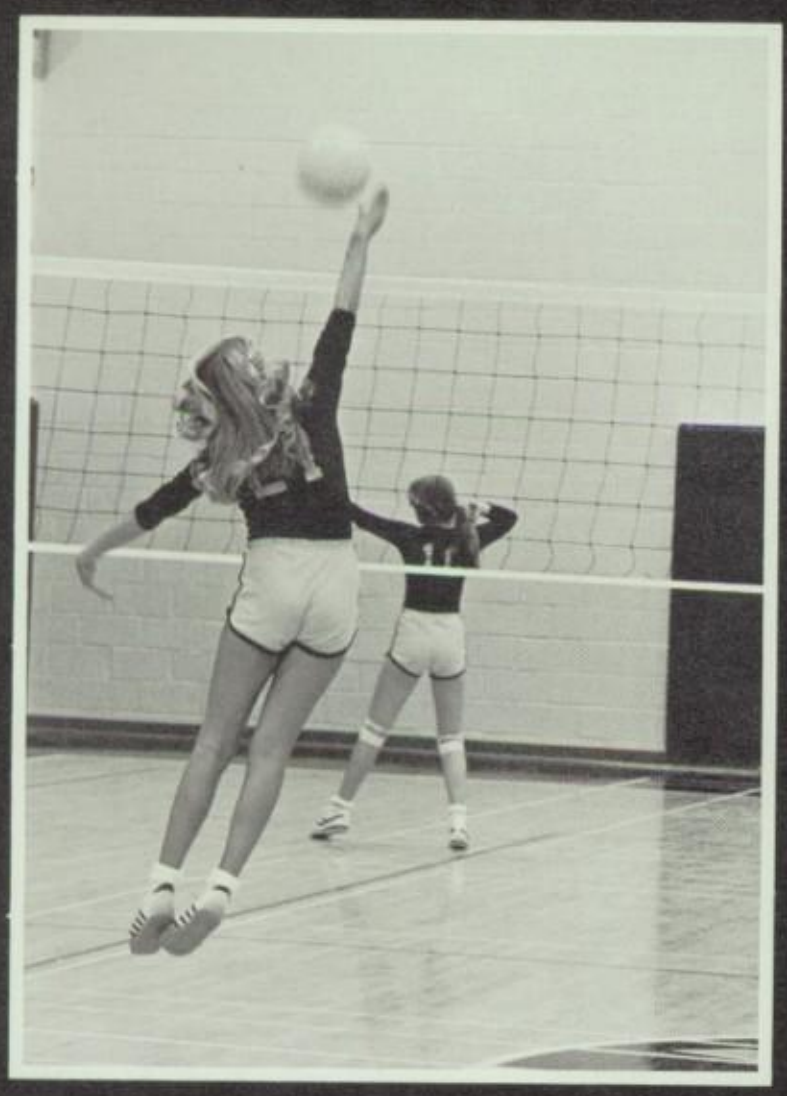
Top Row; Kathy Jackson, Cindy Floyd, Jaime Jamison, Jenny Robbins, B.R. Carol Ann Whitney, Monica Duncan, Kari Smith, Lynn McDonalds

The 1977-78 Girls Varsity Volleyball Team had a promising year for Capistrano Valley High School. Their year was a successful one considering the young and inexperienced team. The team was lead by a strong defense and a well coached offense. Coach Connors stated that this years Varsity Team had some good talent but the year was a season of getting things together and getting ready for next years competition. As for next year, the Volleyball team will be a Highly Skilled ranking team. Most Valuable Player; Cindy Floyd, Most Improved; Lynn McDonald, Most Inspirational went to Jenny.

The J.V. Volleyball Team came onto the court also with young and inexperienced team, but they were all ready and willing. Their season was a good one considering their tough opponents. The J.V. is looking forward to next years fight for Varsity. Most Valuable Player; Linda Tratta, Most Improved; Ardi King, Most Inspirational Michael.



SKILLS;



SPIKING
DIGGING
SERVING
SETTING

J.V. VOLLEYBALL

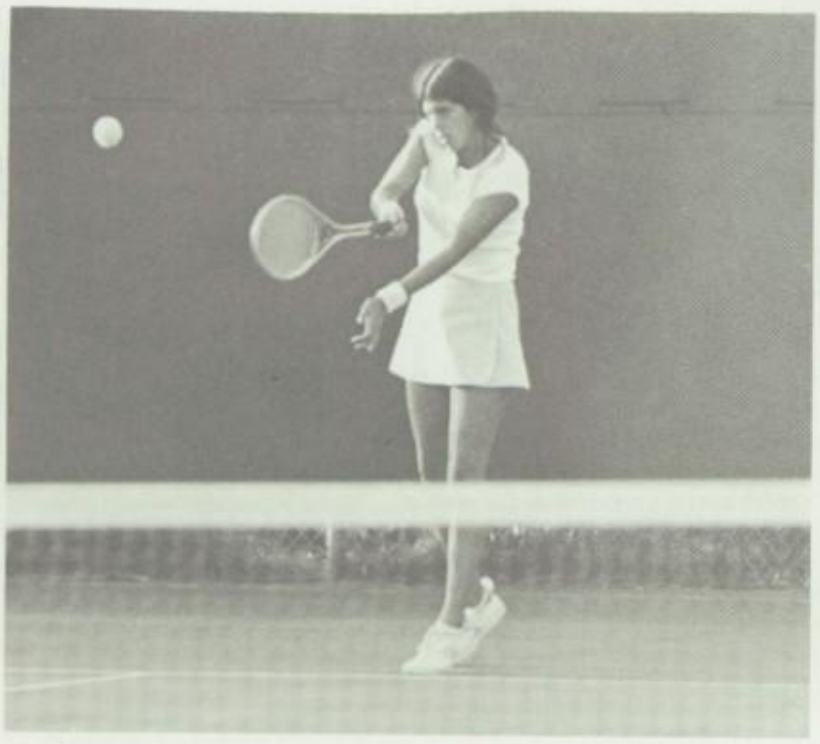
Top Row; Cindy Smith, Tracy, Darlene Tummanari, Linda Trotta, Coach Conners, M.R. Carla Kusky, Kanita Hooper, Ardi King, Gail Osposki, Gina Elchuk, Michael Nelson, Maria Masda

Top Row: Coach Tom Stringer, Connie MacDonald, Stephanie Rondeau, Robin Mooneyham, Terry Williamson, Lisa Moore, Denise Ridill. Bottom Row: Reanna Starns, Margie Buck, Margarate Regan, Christine Griego, Viv Sliepka

Top Row: Coach Tom Stringer, Denise Erickson, Connie MacDonald, Stephanie Rondeau, Reanne Starnes, Shela Smith, Elizabeth Vargas. Bottom Row: Margie Buck, Chris Reissmuller, Katherine Baker, Elaine Smith, Laura VanPeursem, Christine Griego.

LOVE TO MATCH

The great style of Stephanie Rondeau.

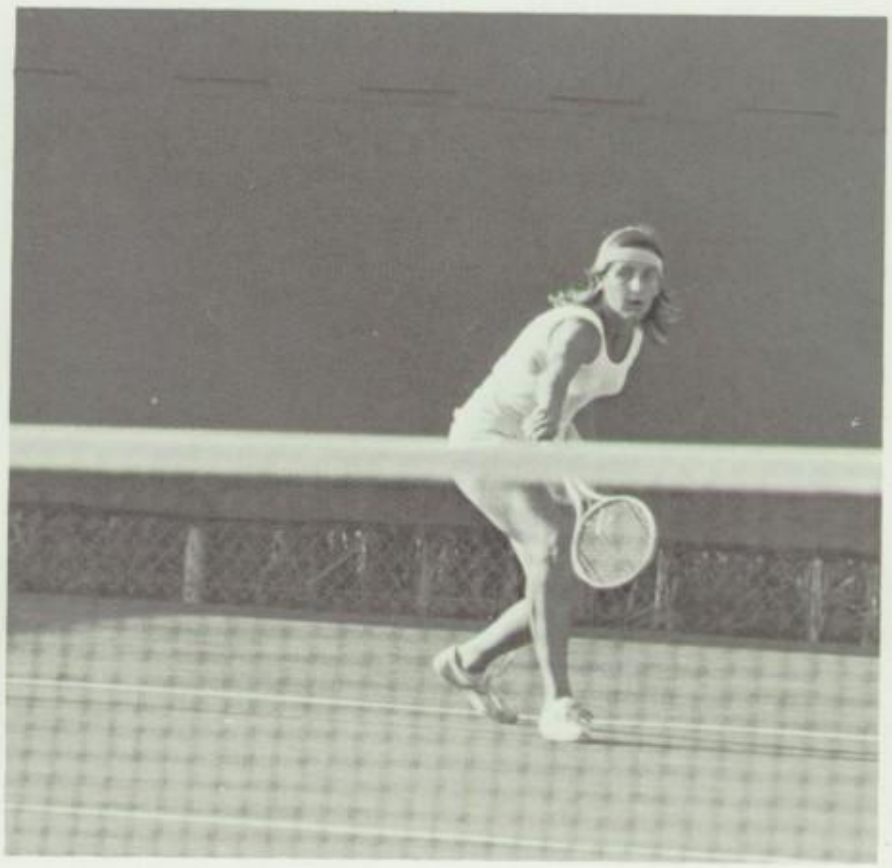


Lisa Moore's strong forehand

MOST VALUABLE
VARSITY Lisa Moore JV Denise Erickson
Margarate Regan

MOST IMPROVED
VARSITY Christine Griego JV Laura VanPeursem

MOST INSPIRATIONAL
VARSITY Michelle Messersmith JV Margie Buck



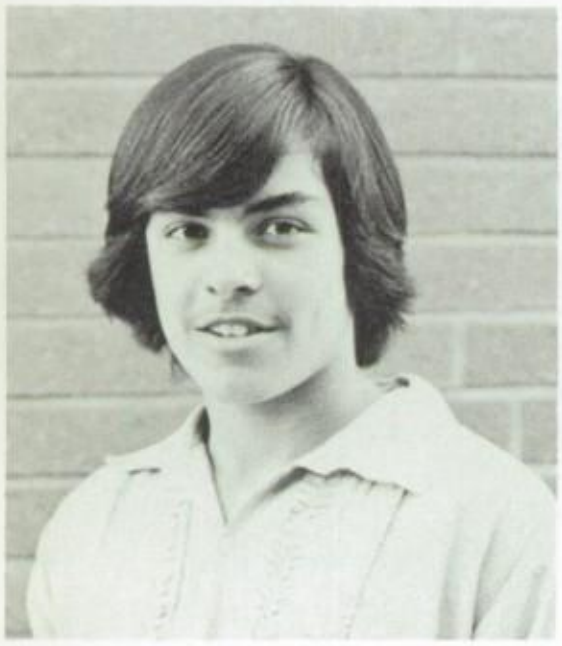
Michelle Messersmith and her overpowering backhand.

The girls tennis team made it into the CIF 2A playoffs and all the way to the finals before losing to the eventual champion, Holtville. The girls finish was the highest of all the fall sports. For a team with only 2 seniors great things can be expected for next year. Improvement was the key for the tennis team. After losing the first match of the season 1-17 against San Clemente the Cougars defeated the Tritons the last match of the year 13-5. The first time against Irvine the Cougars were defeated 10-8, yet came back to win 10-8 and 14-4. The top singles players on the team were Diane Denish and Michelle Messersmith while Lisa Moore and Margarate Regan were the leading point winners and top double partners. Others making contributions to the varsity effort were Christine Griego, Robin Mooneyham, Denise Ridill, Viv Sliepka, Terry Williamson and Stephanie Rondeau. Coach Stringer took a team with good ability that was willing to work hard and produced a winning group. With further improvement the Cougars should be a contender for next years league title.

OUTSTA
ATHL

MOST VALU

MVP-Brad Parker
Varsity Football

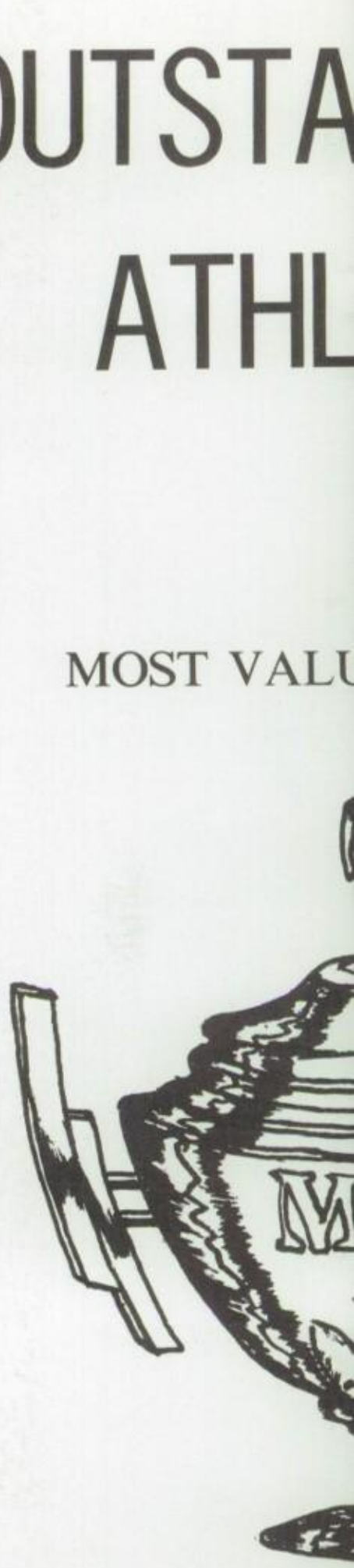


MVP-Ricky Collins
JV-Soph Football

MVP-Margarte Reagon
Varsity Tennis

MVP-Lisa Moore
Varsity Tennis

MVP-Denise Erickson
JV Tennis



AWA

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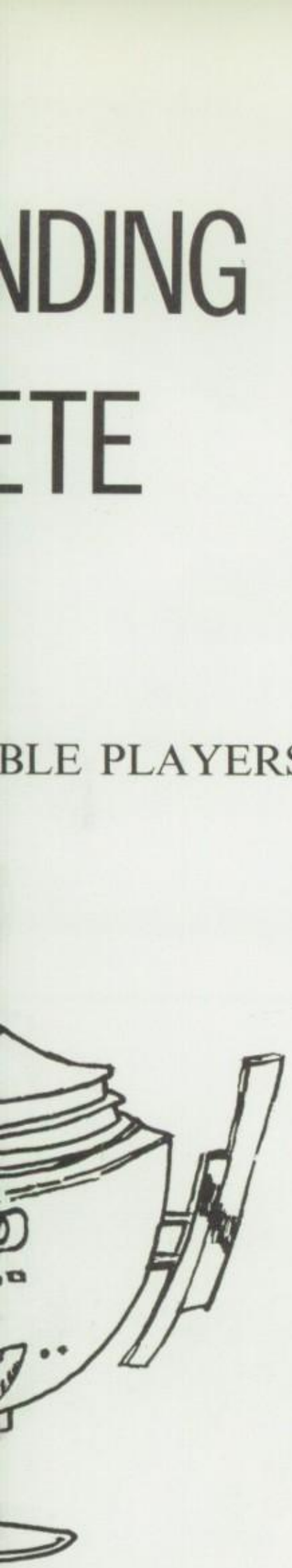
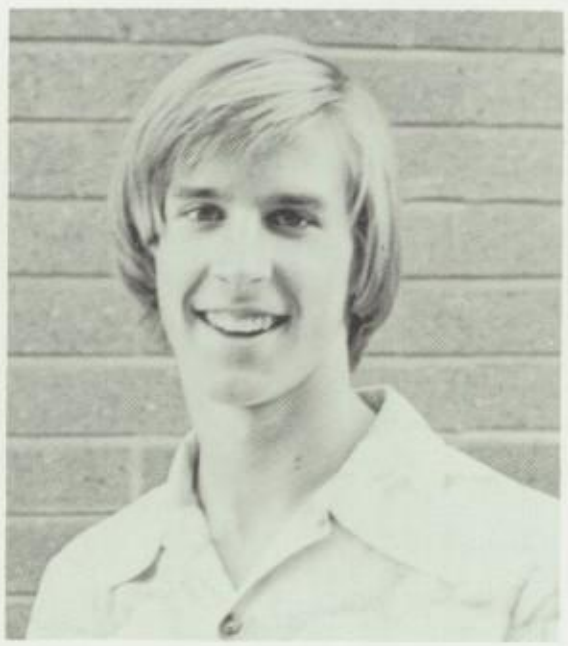
ETE

BLE PLAYERS



RDS

MVP-Mike Cook
Varsity Water Polo



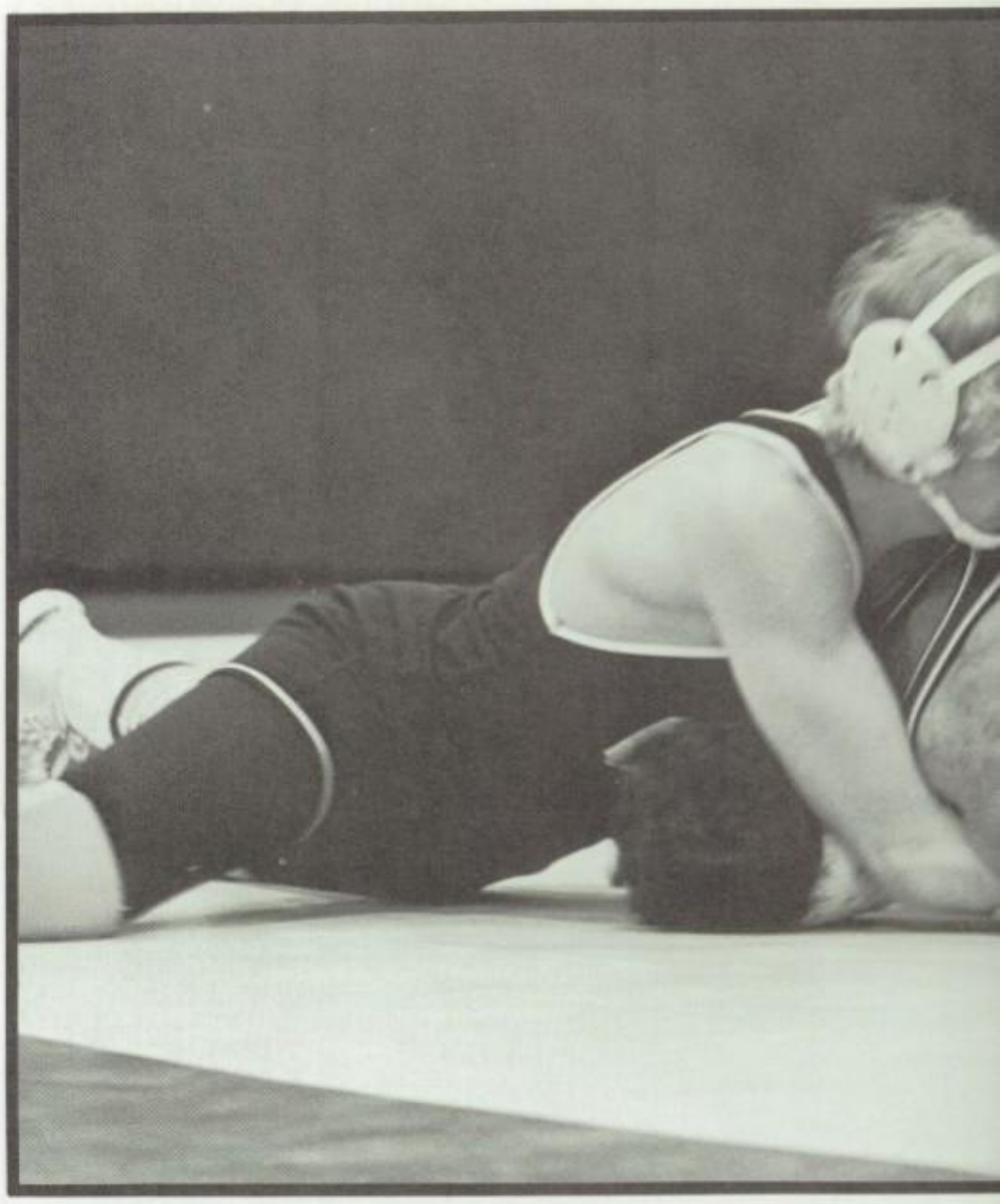
MVP-Tom Foggerty
Varsity Cross Country

MVP-Scott Campbell
JV Cross Country

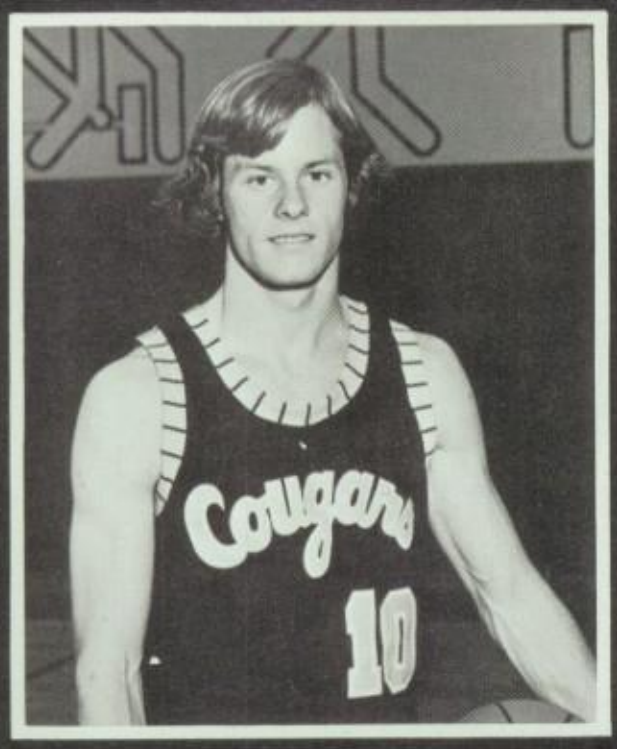
MVP-Cindy Floyd
Varsity Volleyball

Linda Tratta
JV Volleyball

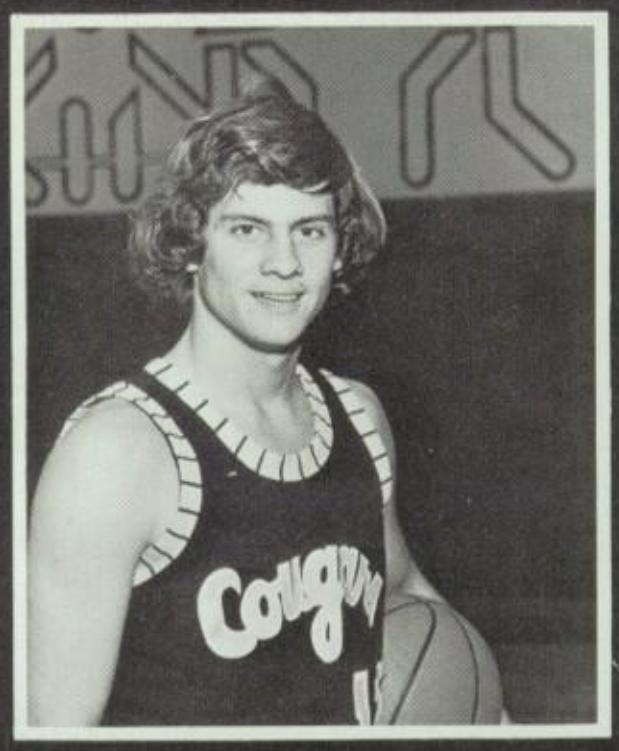
WINTER



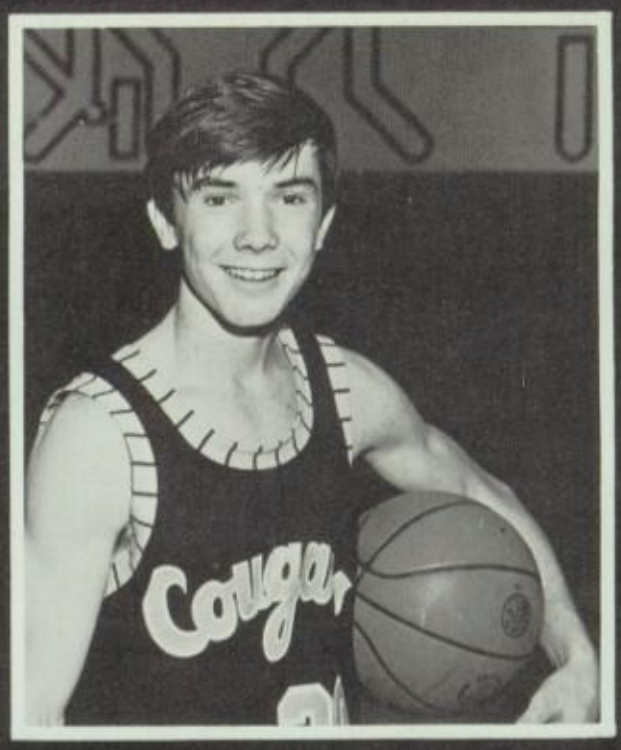
SPORTS



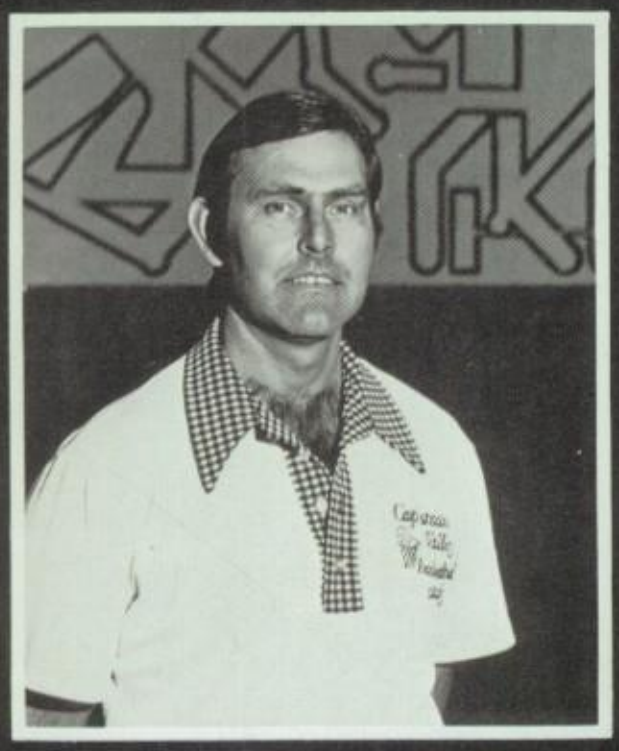
Bob Charles



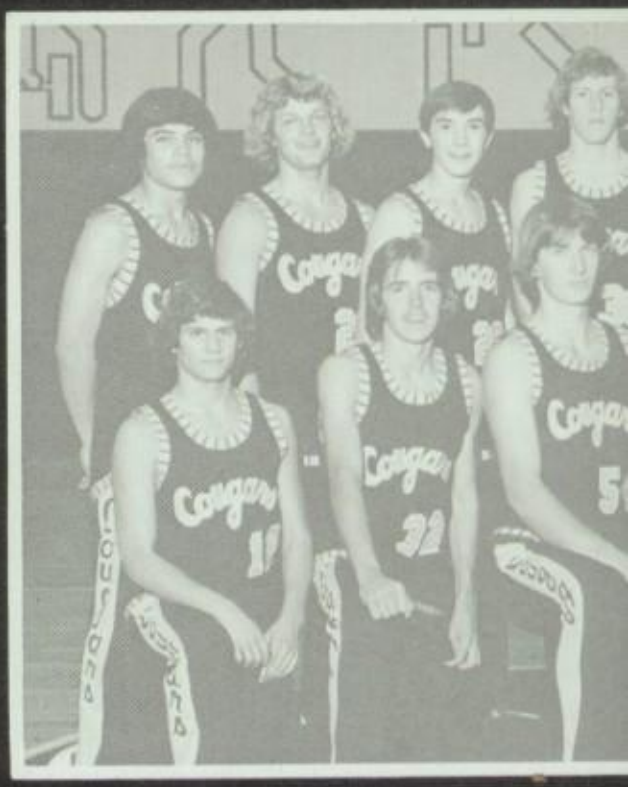
Robin Charles

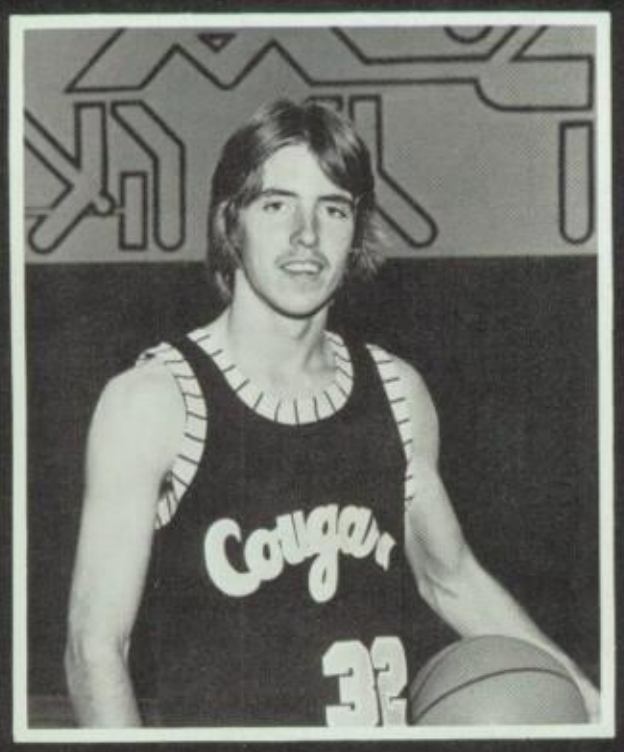


Bill Skiles

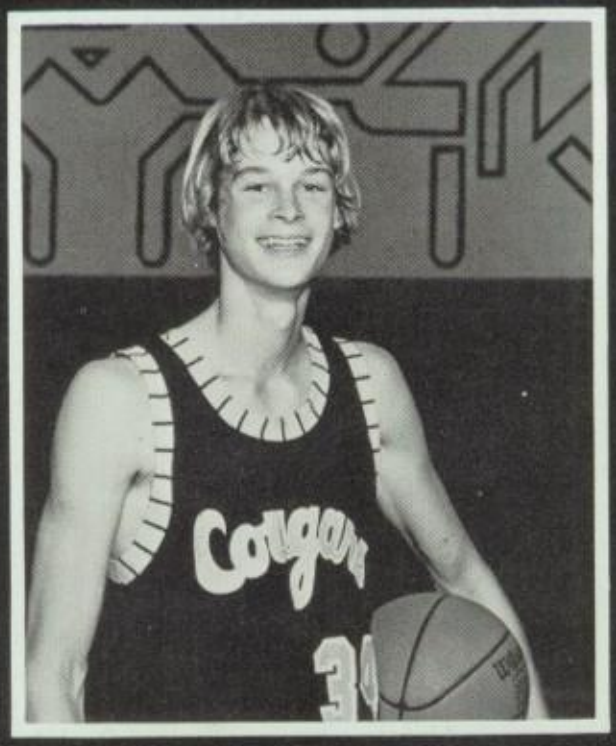


Coach Paul Smith





Tom Braun

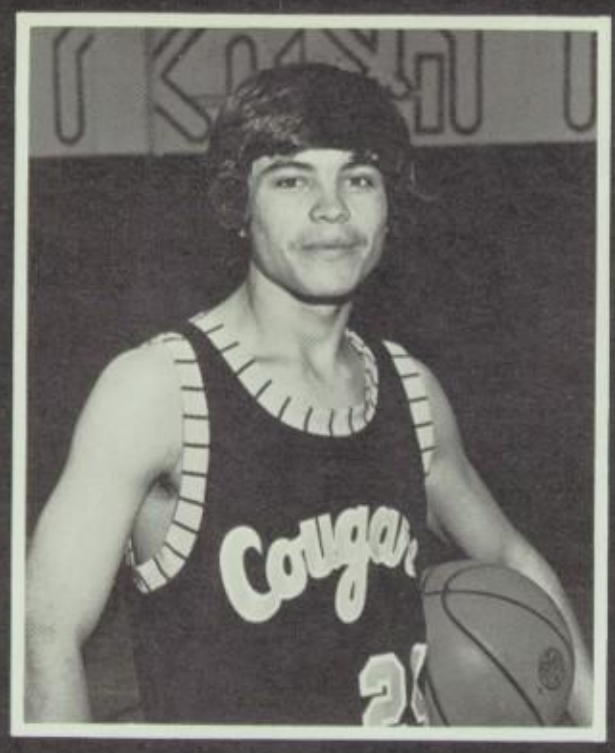


Burt Fenega

Bill Strickland

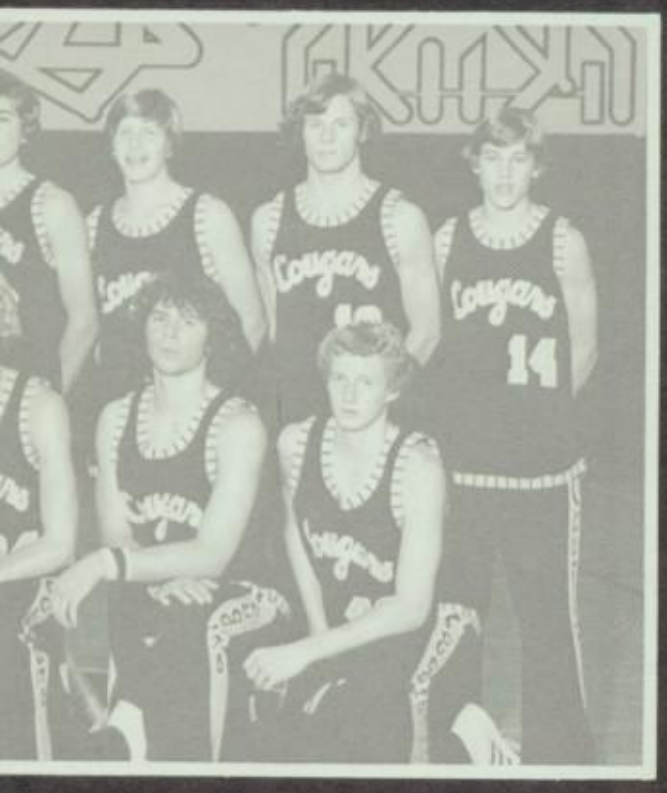
CAPO VALLEY'S FIRST

Chuck O'Halloran

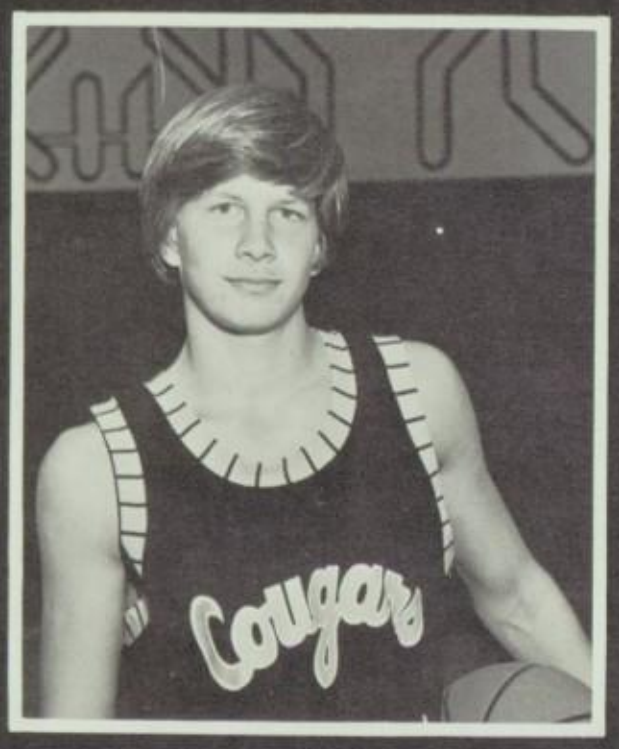


Randy Collins

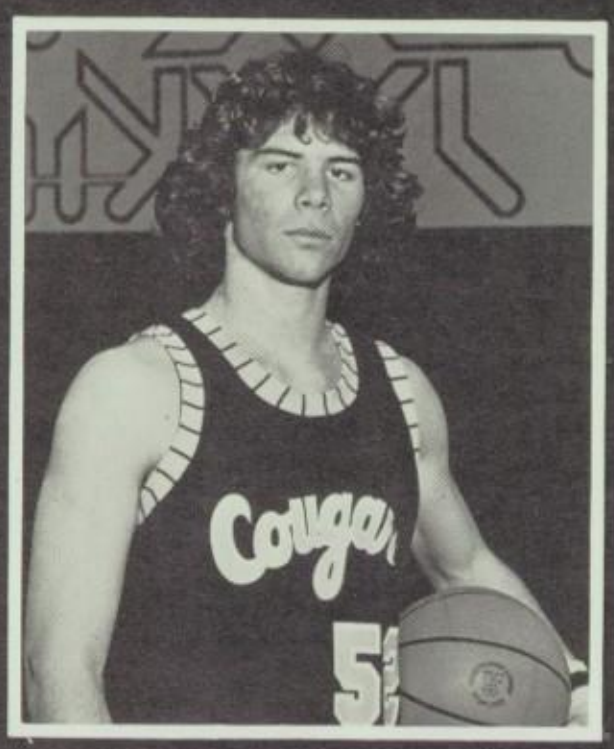
Cam Bryant



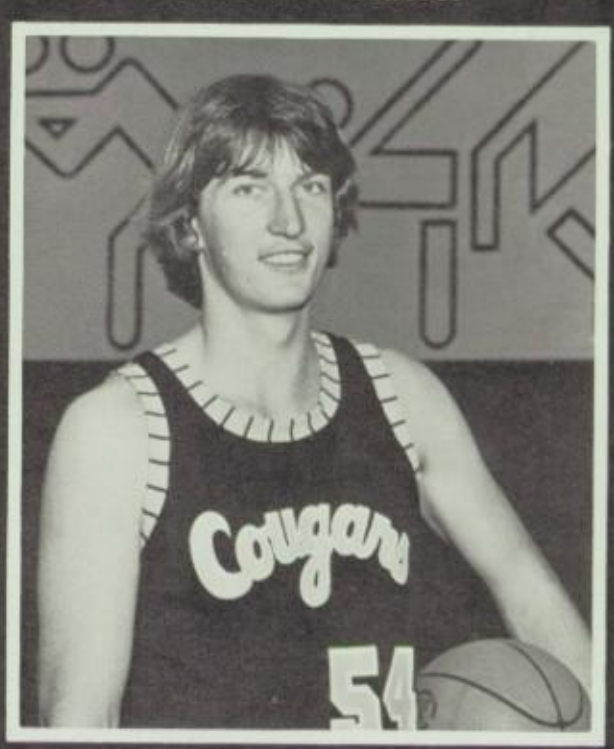
Coach Ken Kaefer



Pete Ronca



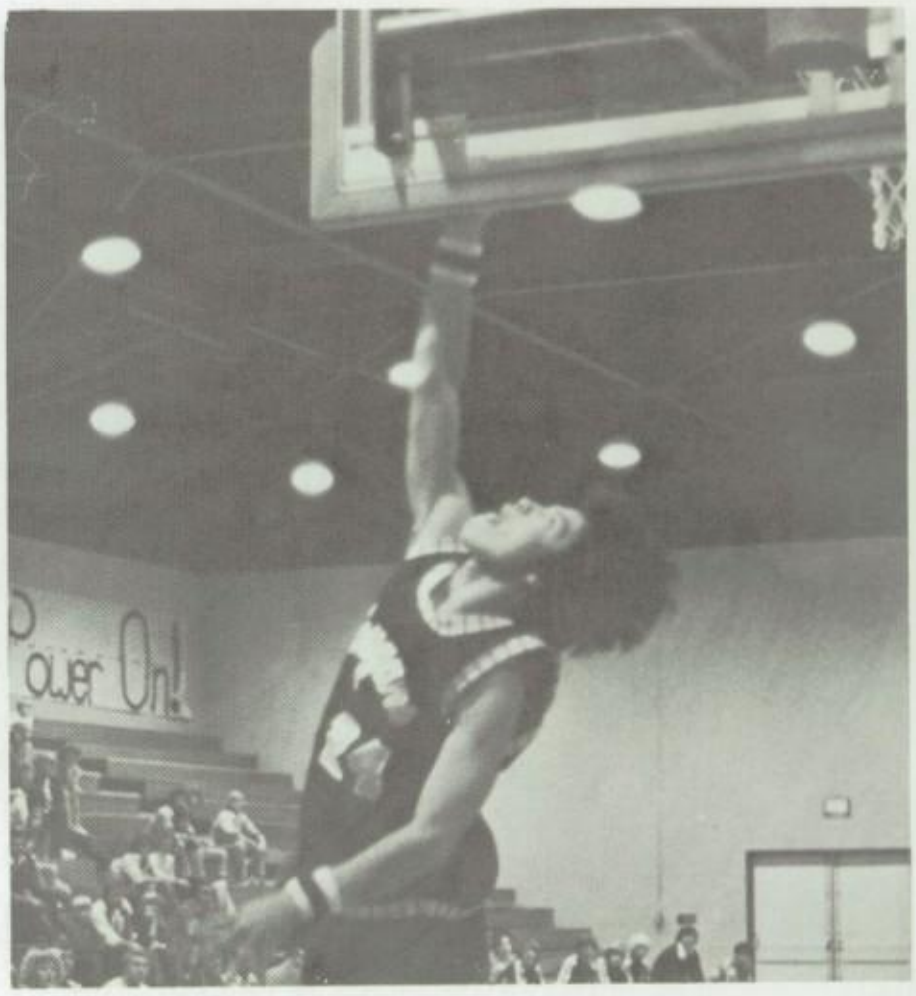
Mike Dunivan



Jace Ellis

BASKETBALL TEAM

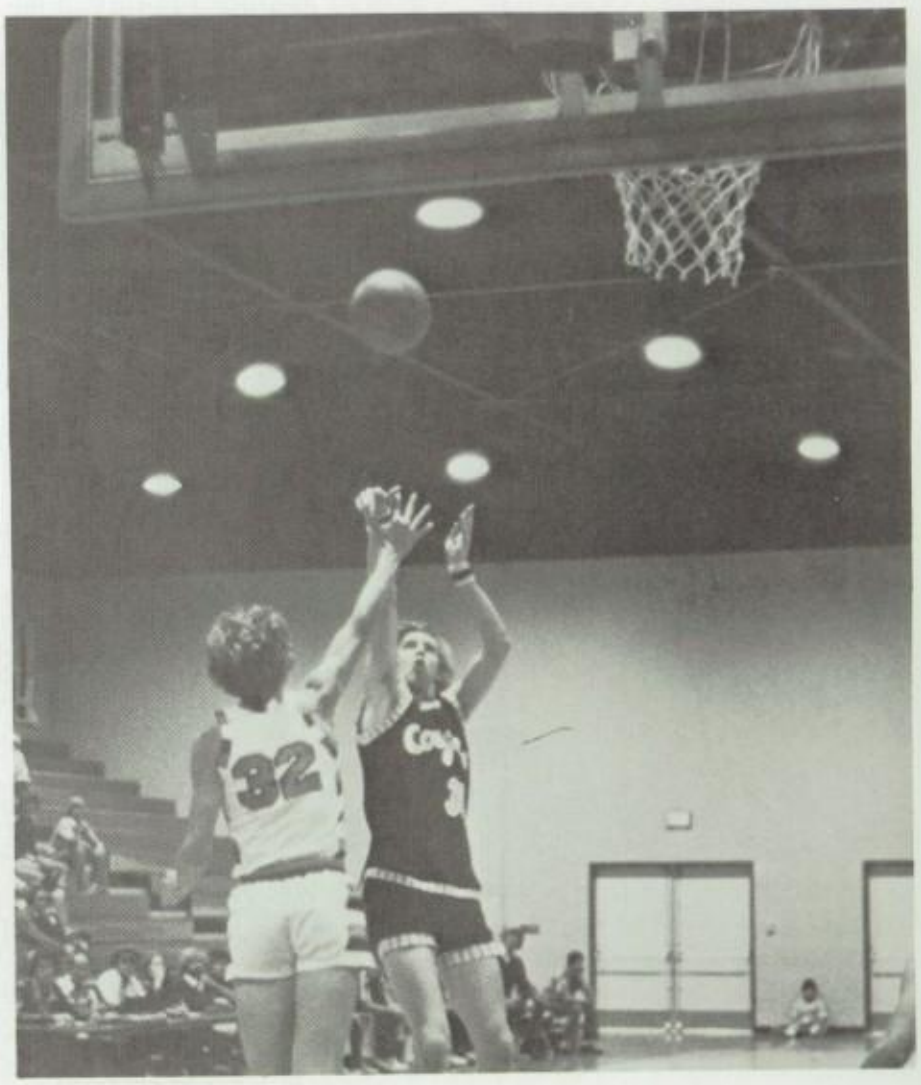
VARSITY



The Capo Valley varsity basketball team started the season slow yet then showed eminence success. After close opening losses to tough Dana Hills and San Clemente the Cougars took the consolation prize at the San Clemente tournament, placed second in the Azuza tournament, then won the championship in a tournament at Elsinore. Playing mostly 3A and 4A teams Capo Valley stayed close in most games and finished the first half of the season 7-4.

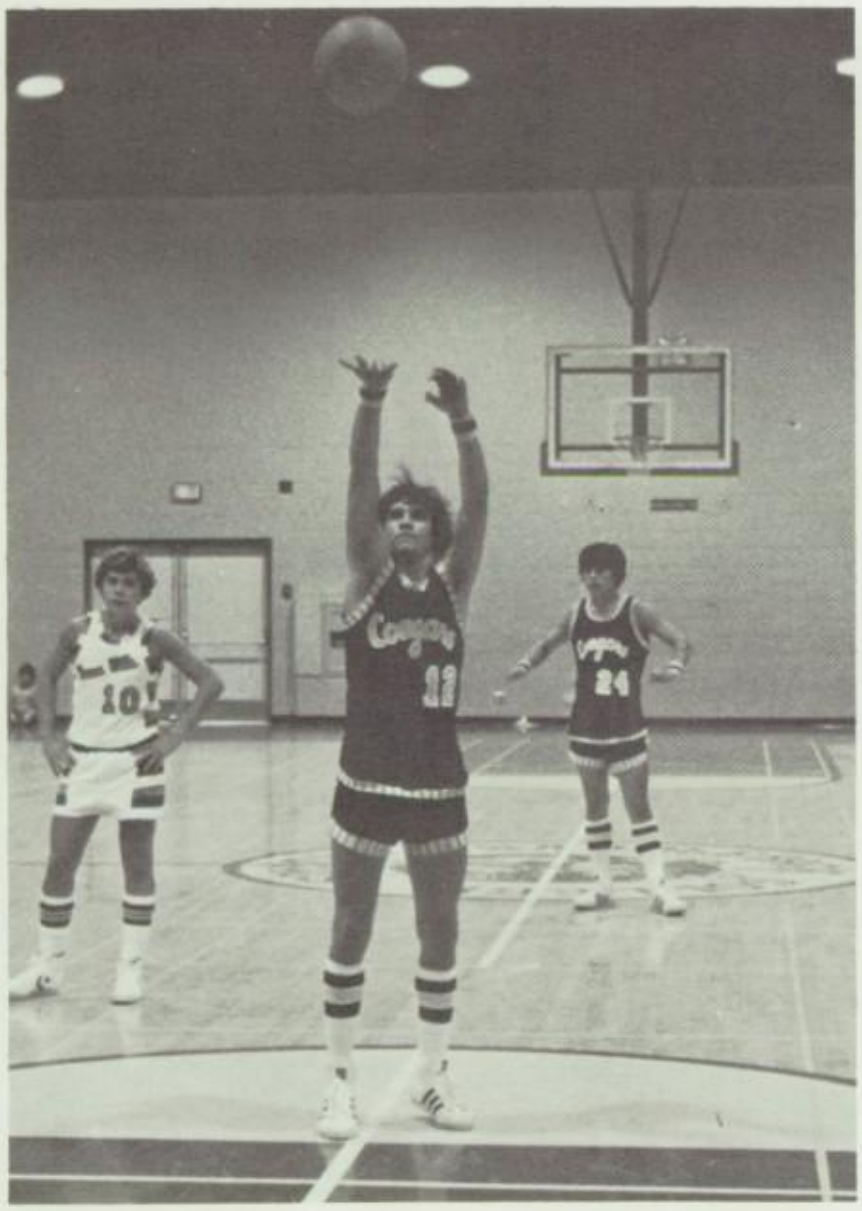
Despite the many doubters upon a successful Capo season Coach Smith did an outstanding job. After coaching ten playoff teams in twelve years, including one CIF championship, Coach Smith built a high scoring offense around senior Bob Charles. Throughout the year Charles was in the top ten in Orange County scoring averaging around 25 points a game. The coach also had great praise for Bobs' younger brother Robin, complimenting him for his fine playmaking and leadership. Other players recognized for their outstanding play were freshman Cam Bryant, Juniors Chuck O'Halloran, Burt Fenenaga, Bill Skiles, and Mike Dunivan and sophomore Bill Strickland.

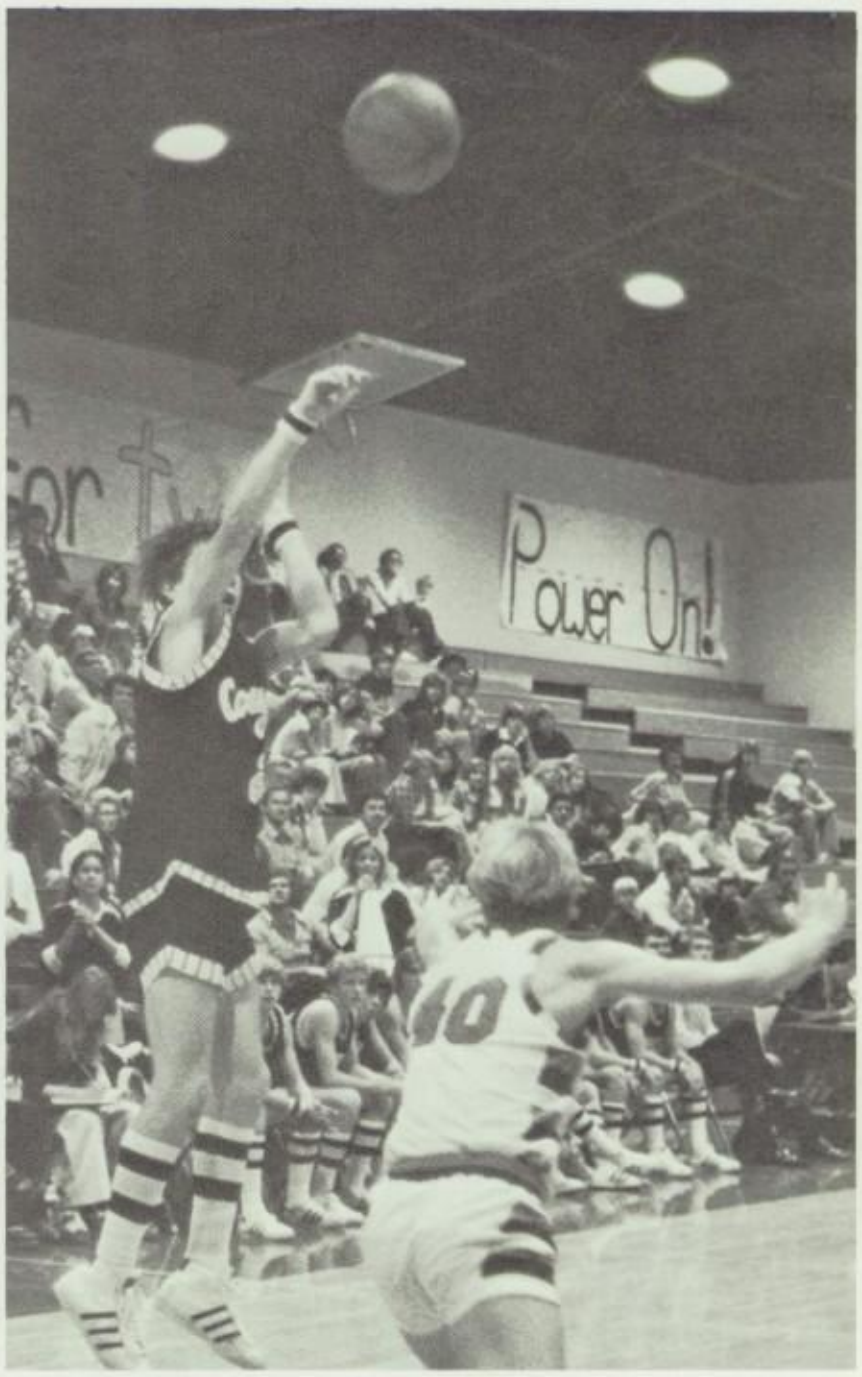
Nearing the end of January the Cougars were 14-5 and seemed to be at the top of their game. Capo Valley had also assured themselves of a spot in the CIF playoffs after their thirteenth win. Congratulations must go to Coach Smith and his players for their fine season.



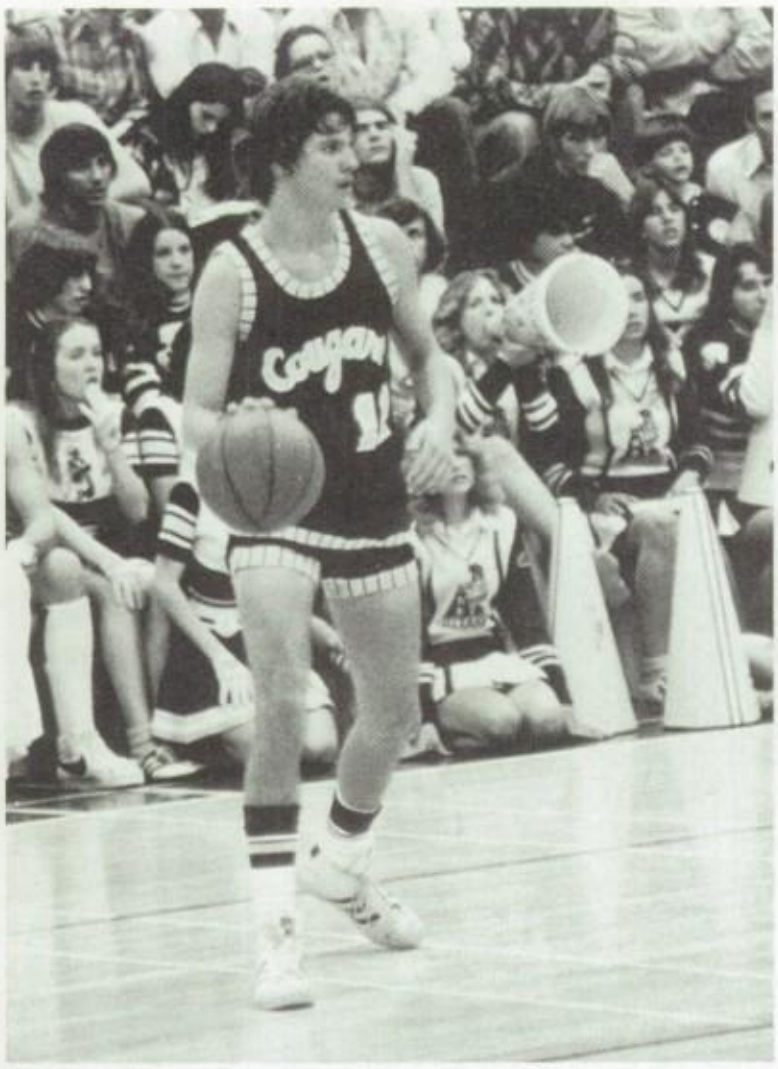
BASKETBALL

ACTION



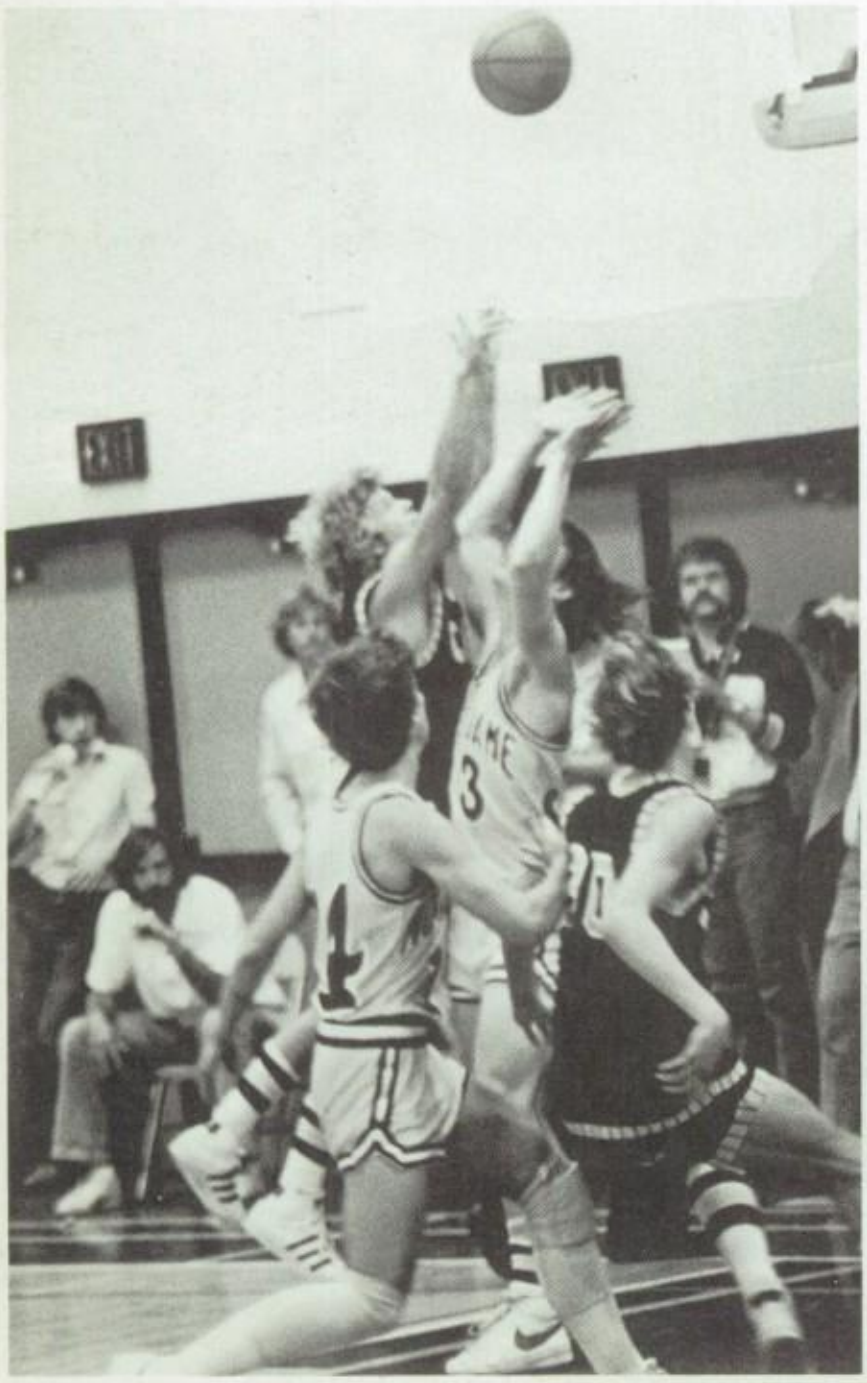


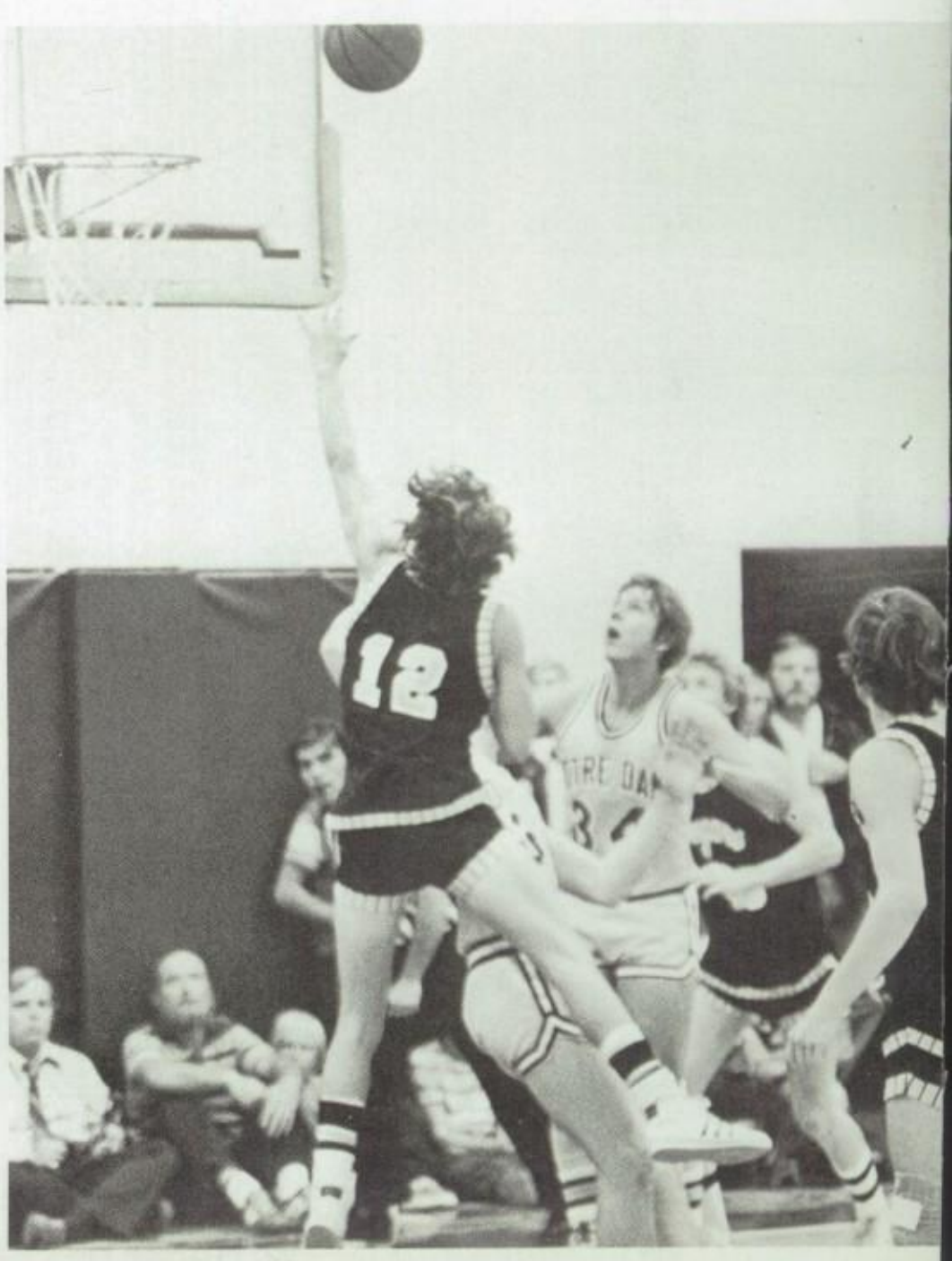
CIF



The Capo Valley Varsity Basketball teams' success proved to be the highlite for the first year at Capistrano Valley High School. Ending the season with impressive victories the Cougars reached the CIF playoffs in the IA division. Capo Valley was sensational in their first game with a 39 point victory over Eagle Mountain. The Cougars then moved on to play Notre Dame High School again winning, 57-51. The next victim was Valley Christian by 5 points, the Cougars now began to look like the team to beat in the playoffs. That is until they ran up against St. Monica and the Player of the Year Leon Wood. The Cougars semi-final game proved to be the most exciting of the season with Capo Valley finally falling 80-77.

The team along with Coach Smith has to be commended for the excitement they created for all the school.





SOPHOMORE BASKETBALL

The first Sophomore basketball team took awhile to get used to each other (losing six of seven), but since that time they have played well. At the end of January the team has evened out their wins and losses. Coached Rod Snook and Bill Cambell have prepared their team well for next years varsity. Players such as Jeff Baily, Ricky Collins and Bob Schubert should be strong contenders for starting spots.

Top Row: John Deleva, Tony LaCava, Ricky Collins, Mark Chandler, Darvin Kline, Doug Gunderson, Wayne Call,* Kris Volk, Nick Stein, Steve Kerkson, Tim Ryan, Marc White, Ron Kuchera

FRESHMEN BASKETBALL

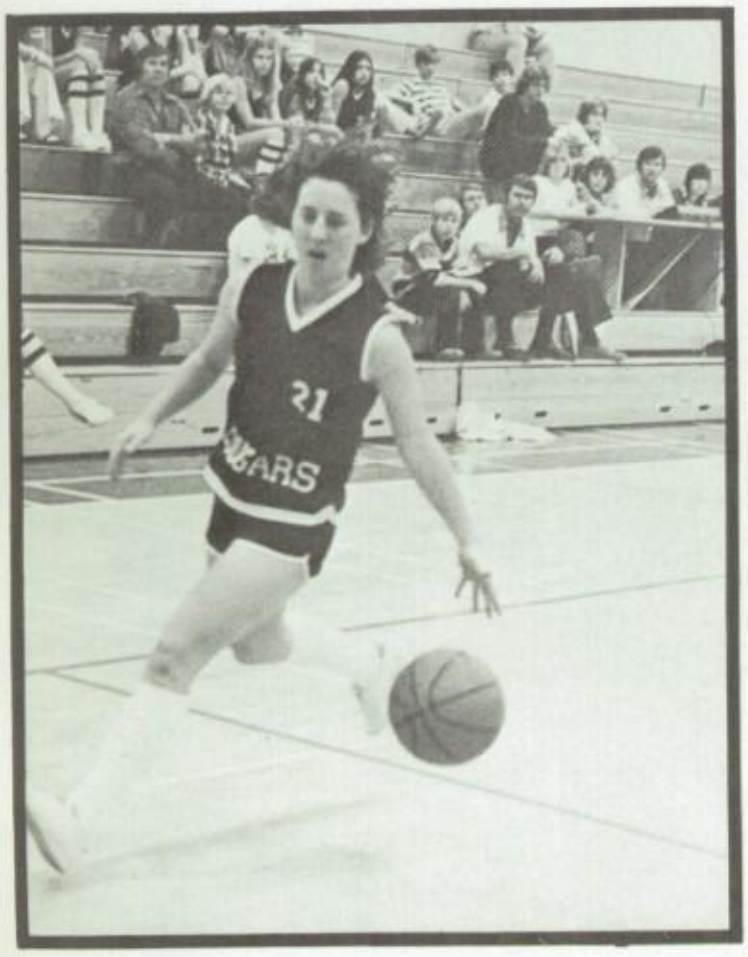
The Freshmen Basketball team for 1978 proved to be a good team. Nearing the end of January the Cougars are 8-5 and playing well. Coach Shawartz has been doing a fine job with the help of his team, the outstanding players being Ron Viggianio, Steve Gains, Jeff Chaska and Brien Pittman.

Top Row: Steve McClain, Steve Friedman, Ron Viggiano, Kim Kramer, Blaine Holiday, Eric Fox, Todd Schneiderman; Mike Roberts, Jeff Chaska. Bottom Row: Kirk McFalls, Andy Hein, Denemn Leftwitch, Don Westerfield, Lance Reed, Mike Bell, Brien Pittman, Steve Gains.

GIRLS BASKETBALL STRIVING FOR TOP

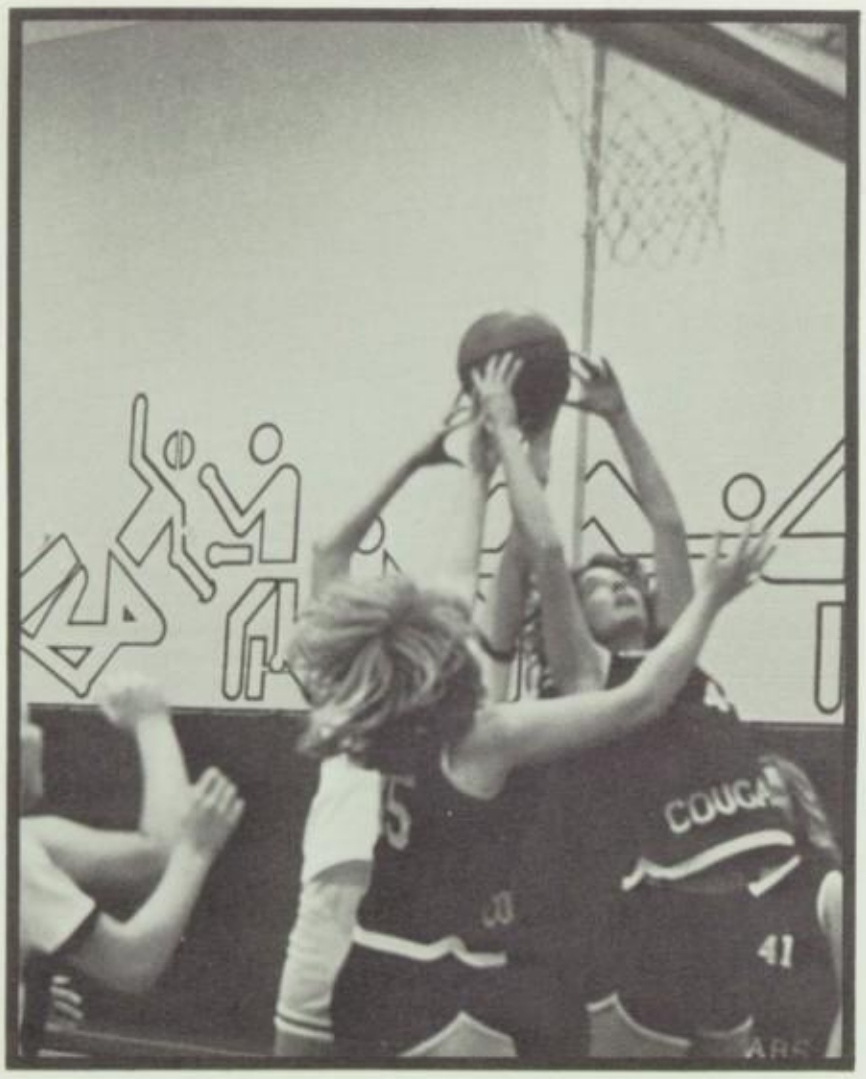
VARSITY TEAM 1978

1

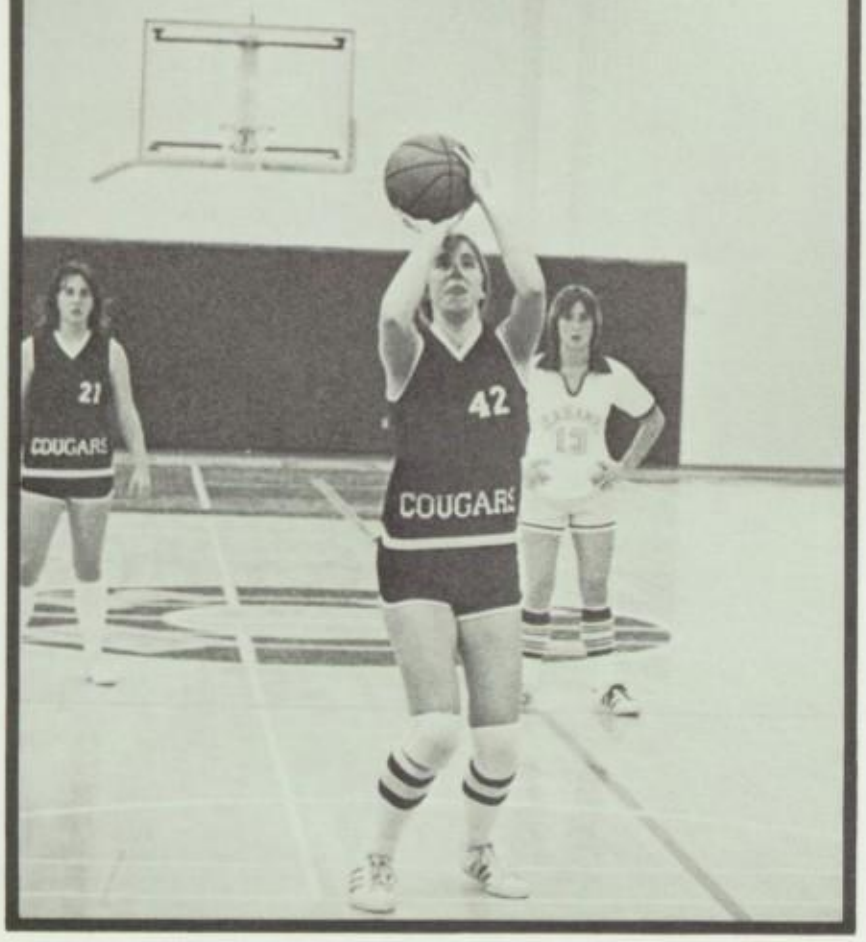


Top Row; Cindy First, Erin O'Hagin, Brenda Carter Lori Post, Steffani Ruedo, Terri Williams, Robin Moonham

The 1978 Varsity and J.V. Girls Basketball Team was up and running, giving them an excellant season. The Varsity had six returning players. The Varsity came onto the court with a well efforted season while the J.V. proved that their competition was a little bit easier, having a 8-2 season. J.V. players are looking forward to next year with high hopes of the varsity team since five varsity members will be graduating. GOOD LUCK NEXT YEAR GIRLS!!!



SHOOTING
PASSING



SCORING!
AND
WINNING

SOCCER

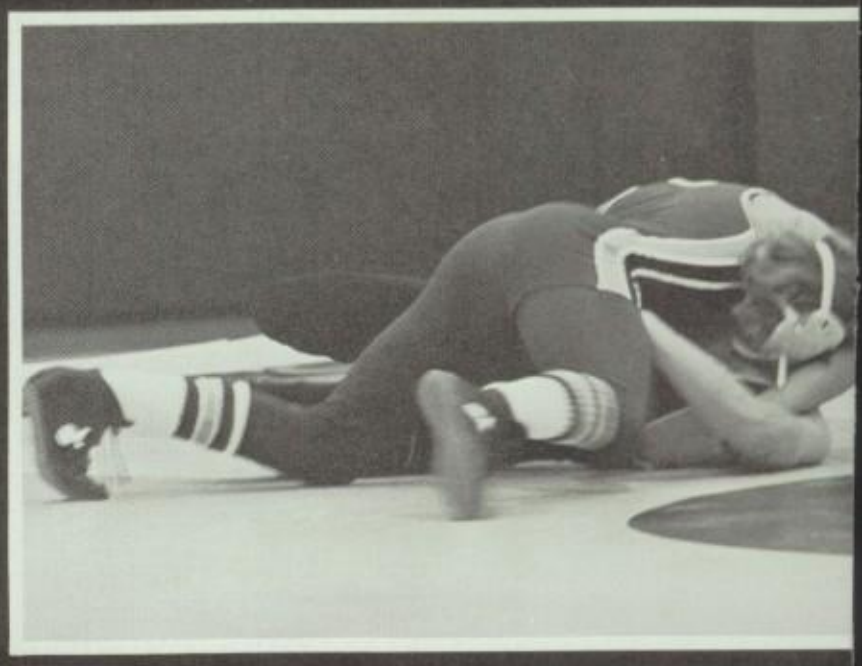
1978 VARSITY SOCCER TEAM - Back Row (L-R)-Ed Bravo, Manager, Pete Erickson, Mark Romero, Dave Trask, Howard, Bob La Faye, John Shaver, Marty "Flash" Turner, Alfredo Gonzales, Coach Willms. Kneeling- (L-R) - Al Fawcett, Kevin Romero, Johanne Leaderson, Carl Remple, Luke Johnson, Chris Sykes, Pete Lawrence, Juan Escutia.

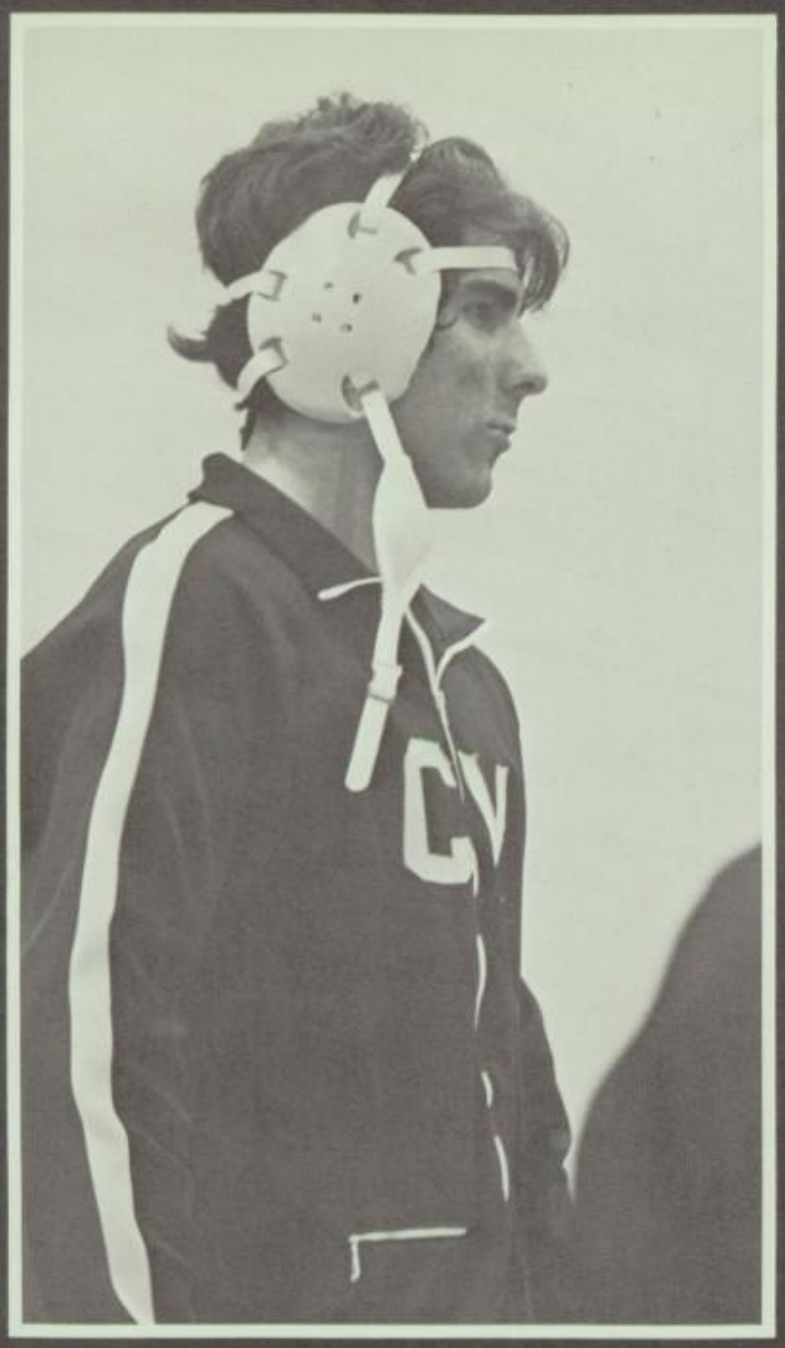
1978 JV SOCCER TEAM - Standing: Eric Magney, Bob Sepull, Bob Jolly, Randy Martinez, Tim Wilcox, Jeremy Sykes, Mike "Hopalong" Lawrence, Frank Jarmez, Deanna Fawcett, Coach Andreas. Kneeling: Steve "Whizzer" Wisneski, Tom "Nuggets" Tucker, Bob Mitton, Mark Stiglebauer, Sandy Purcell, Jesus Mendosa, Lorenz Martinez, Homar Sanchez.

Soccer is no longer a sport played only by people with "funny" accents. The Cougars soccer team was the only Capo team to take the icy plunge into a league in the first year and they are pretty much holding their own playing a 500 average. Spirit and enthusiasm are high and the players are accepting the tough challenge of the North Orange County League in which they play. At the first game the Cougars came back from a 0-2 deficit to win in a last minute thriller, 3-2. Other Cougar victims have been La Mirada, Tustin, Kennedy, Canyon and Western so far. Although their season won't be a championship one the Cougars will gain invaluable experience, develop solid unity and be tough in the South Coast League.

VARSITY, AND JV WORK AS NO. 1

Top: Paul Higgins, Robert Daniels, Fred McConnell, Dave Marohnic, Dinny Dunsmore, Dave Archuletta, Jerry Burns, Dave Montross. Bottom: Coach Schmitz, Brad Boone, Tom Noble, Louis Juarrez, Charlie Cassidy, Kris Sharrar, Tony Hart, Paul Ortiz, Butch Suedeen, Coach Janko.





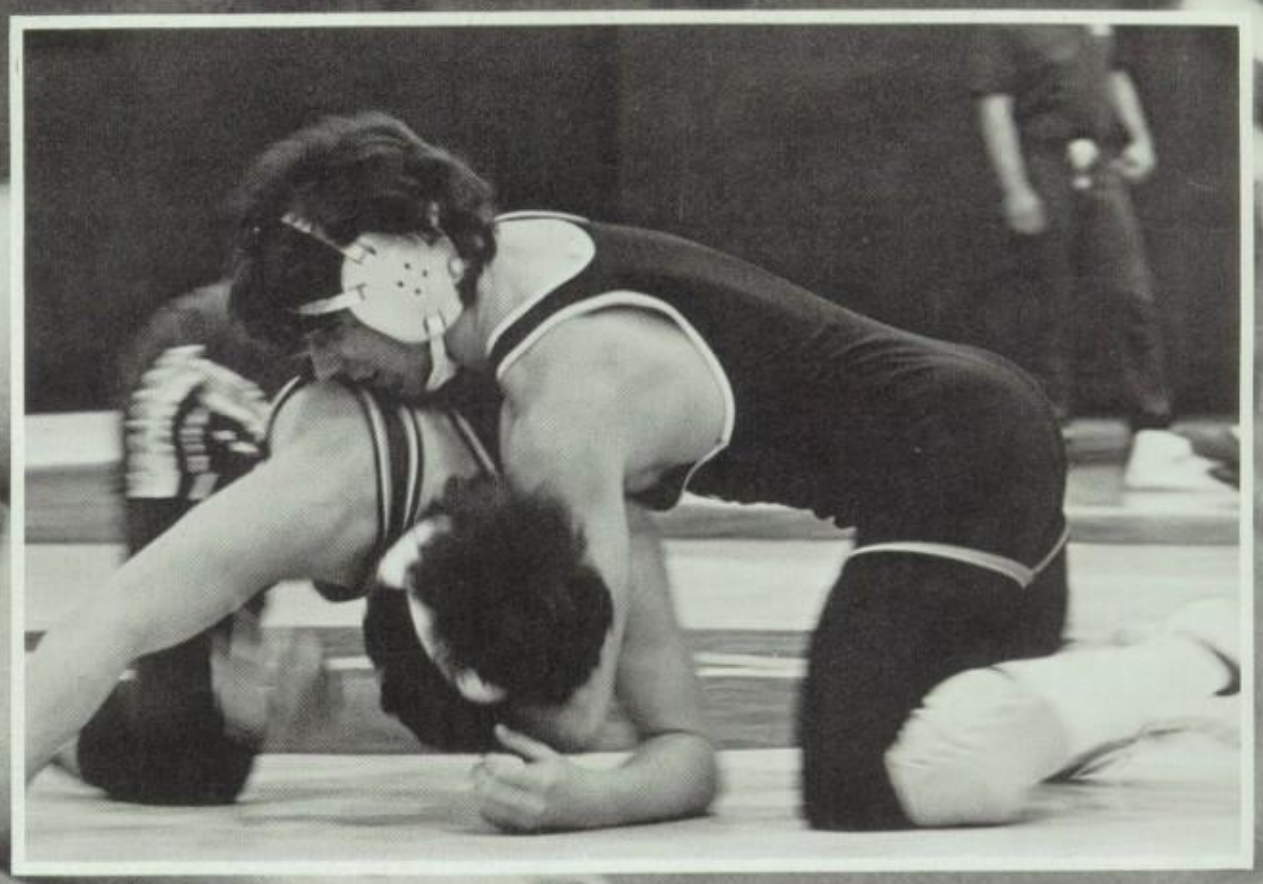
Youth and inexperience seem to be the key words toward describing the Cougars first wrestling team. While posting a team of only two seniors and five juniors and sophomores, the other twenty-two spots were filled with freshmen. However Coach Janko and Assistant Coach Schmitz put together a varsity team which placed third in the Long Beach Jordan Invitational and defeated Irvine in dual meet competition. The freshmen also were impresive supporting a first place finish in a 4-way meet against San Clemente, Irvine and Fountain Valley, along with second place finishes at the West Torrance JV and Freshmen 4-ways.

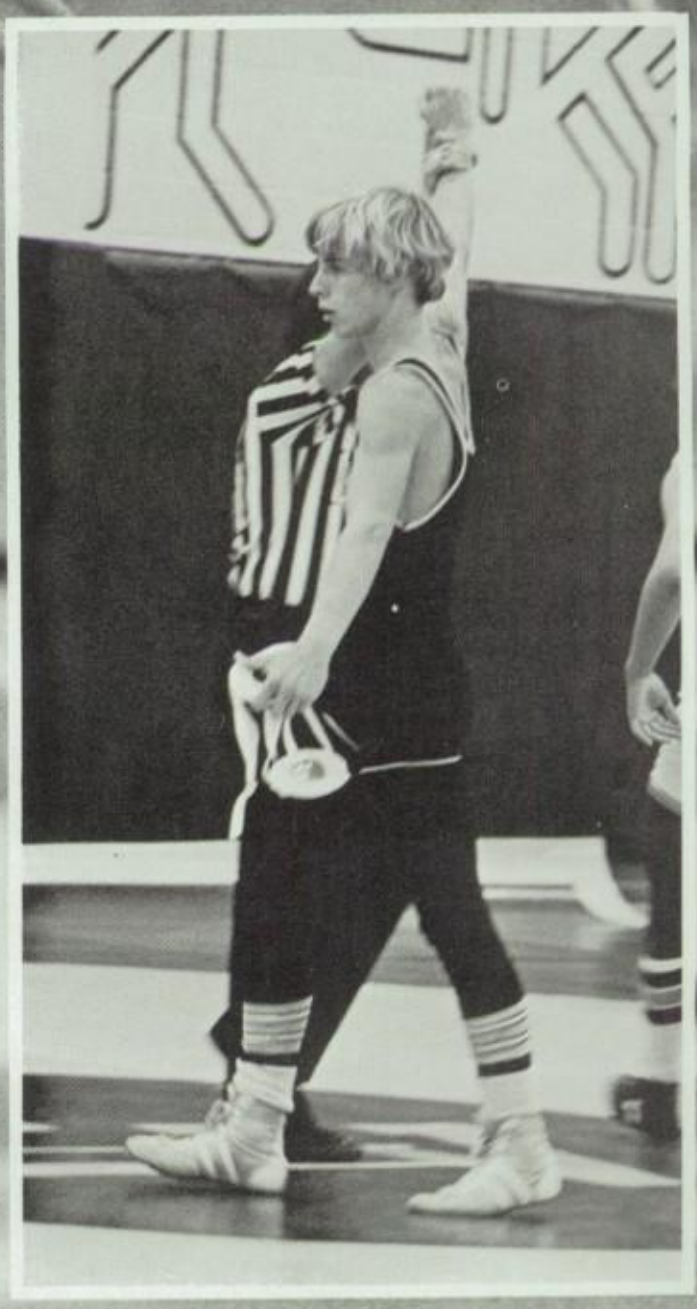
Team Captain, leader and most valuable wrestler, senior Louis Juarez had many wins to his credit as did other consistent performers, freshmen Paul Ortiz and Dave Mahronic, sophomore Paul Higgens and juniors Fred McConnell and Dinny Dinsmore. Other varsity performers were freshmen Tony Hart and Tom Noble, sophomores Dave Montross and Butch Svedeen, juniors Charlie Cassidy, Robert Daniels and Dave Archalotta along with senior Gerry Burns.

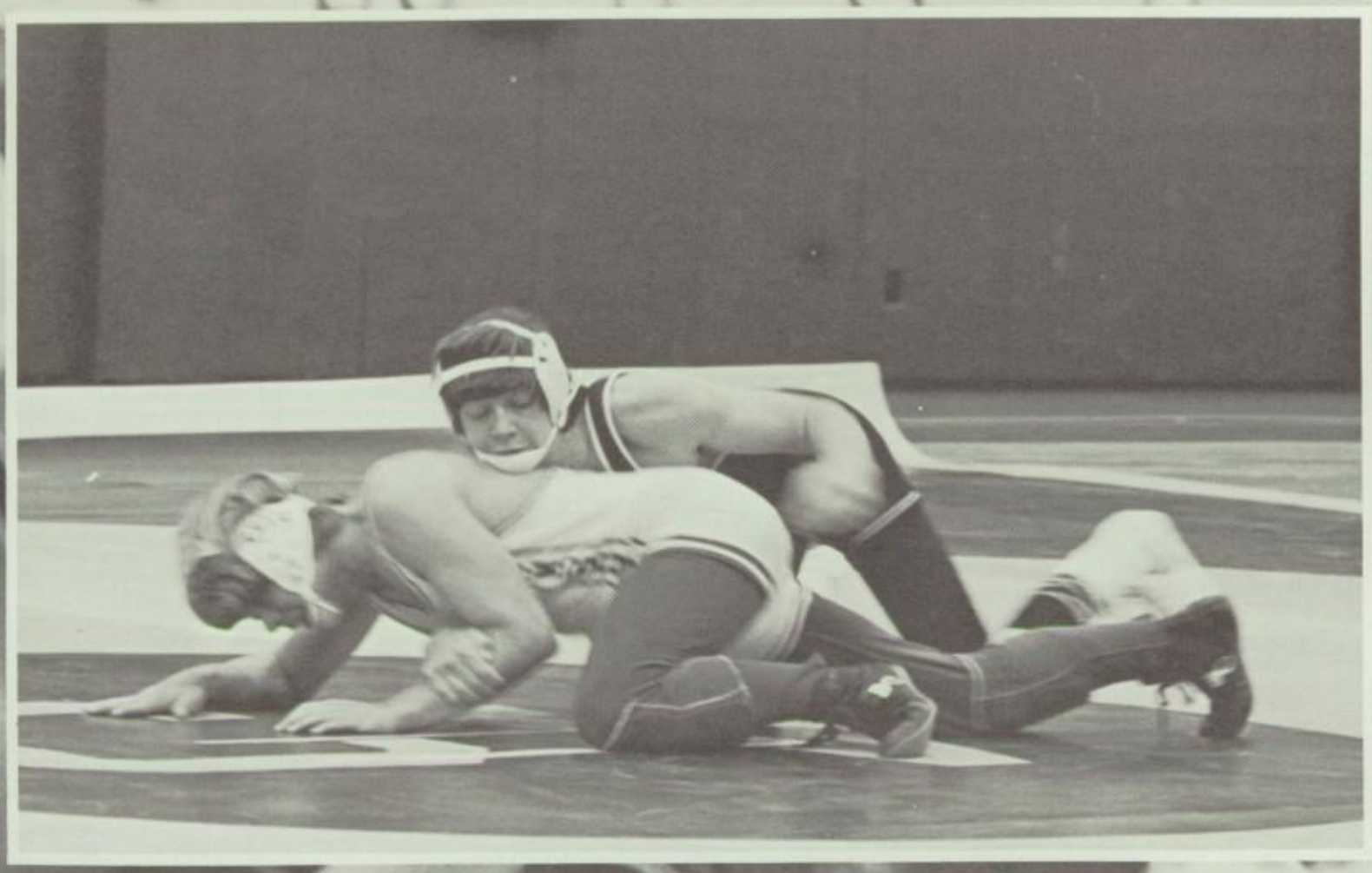
With further improvement only practice can bring Copo Valleys wrestling team should be a league contender within only a couple of years.

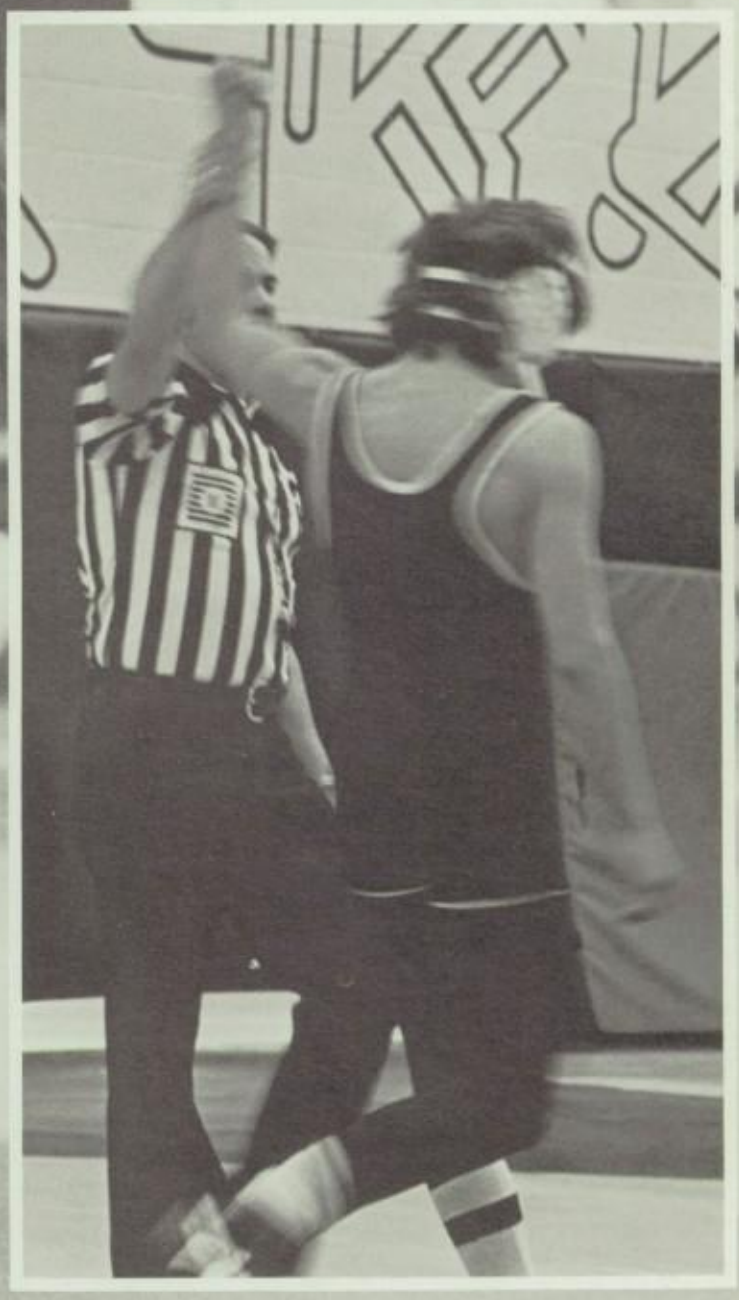
Top: Mike Johnson, Alex Gottdank, Mark Hall, Eric Hungate, Brien Mueller, Paul Douville, Allen Busby, Tim Bauten. Bottom: Coach Janko, Ted Salman, Mike Davin, Paul Schuman, Dan Dibble, Dyke Husih, Bill Watson, Pat Ortiz, Cory Adams, Coach Schmitz.

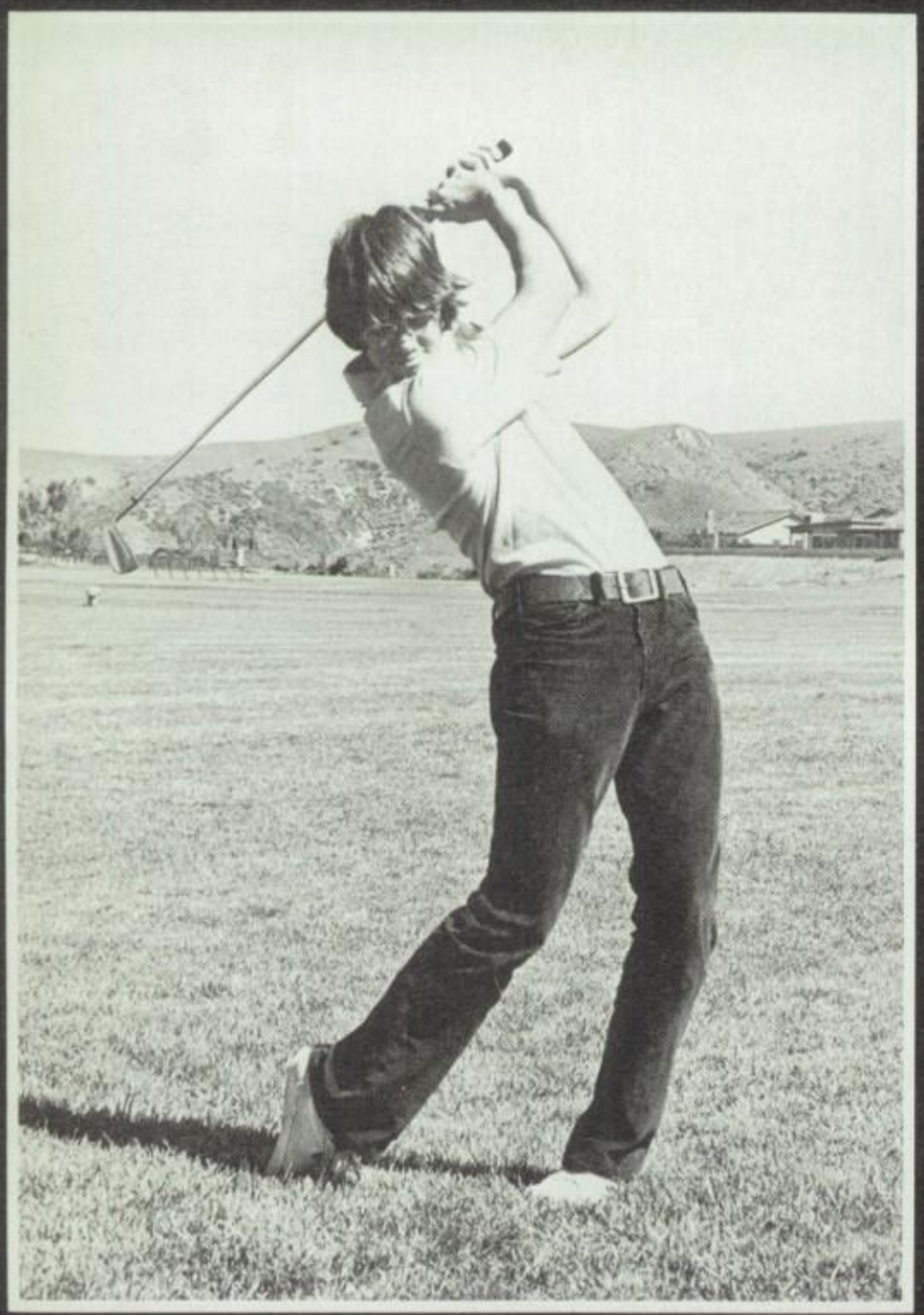
CAPO

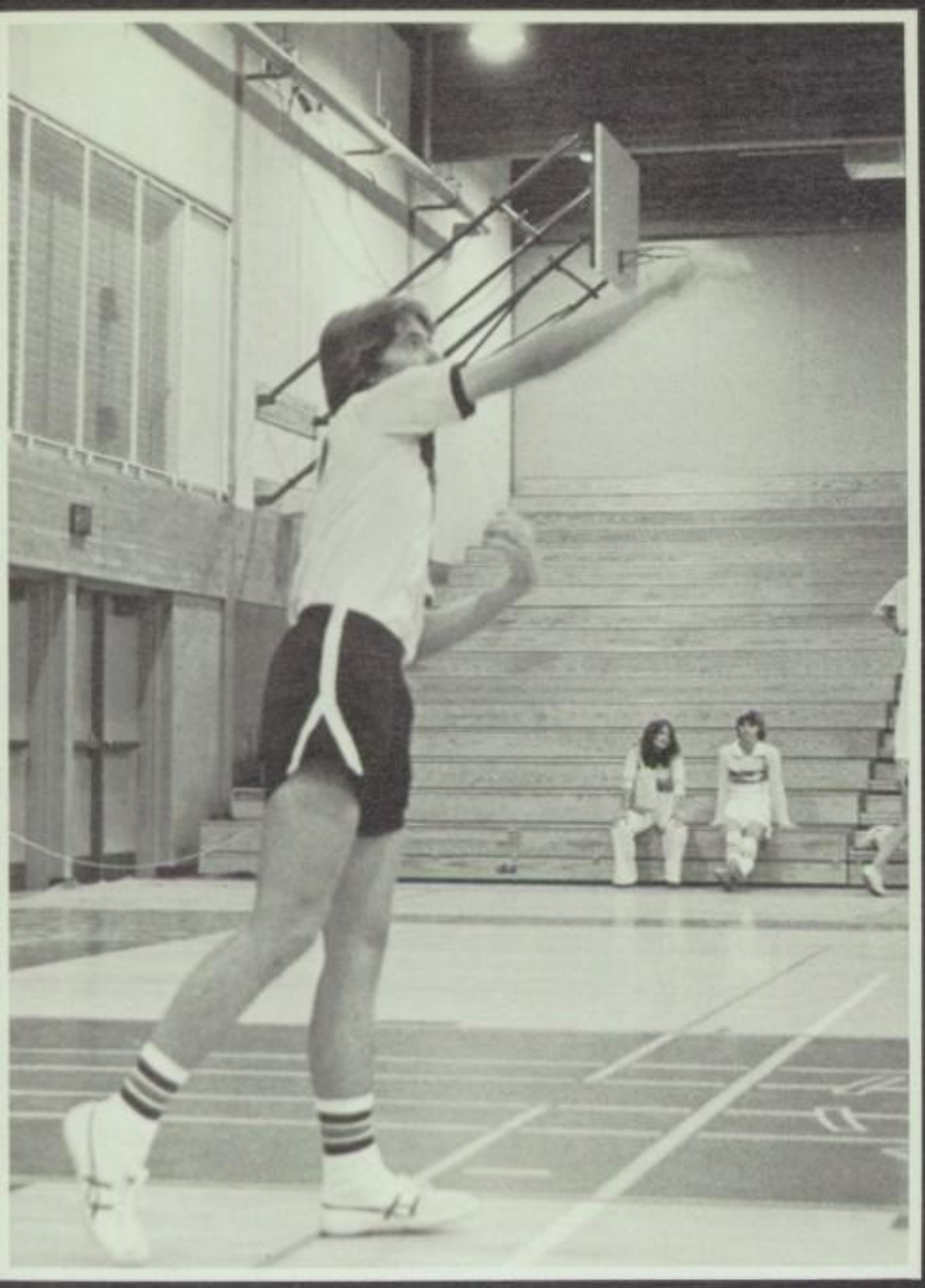












SPRING

BATTERS

Varsity

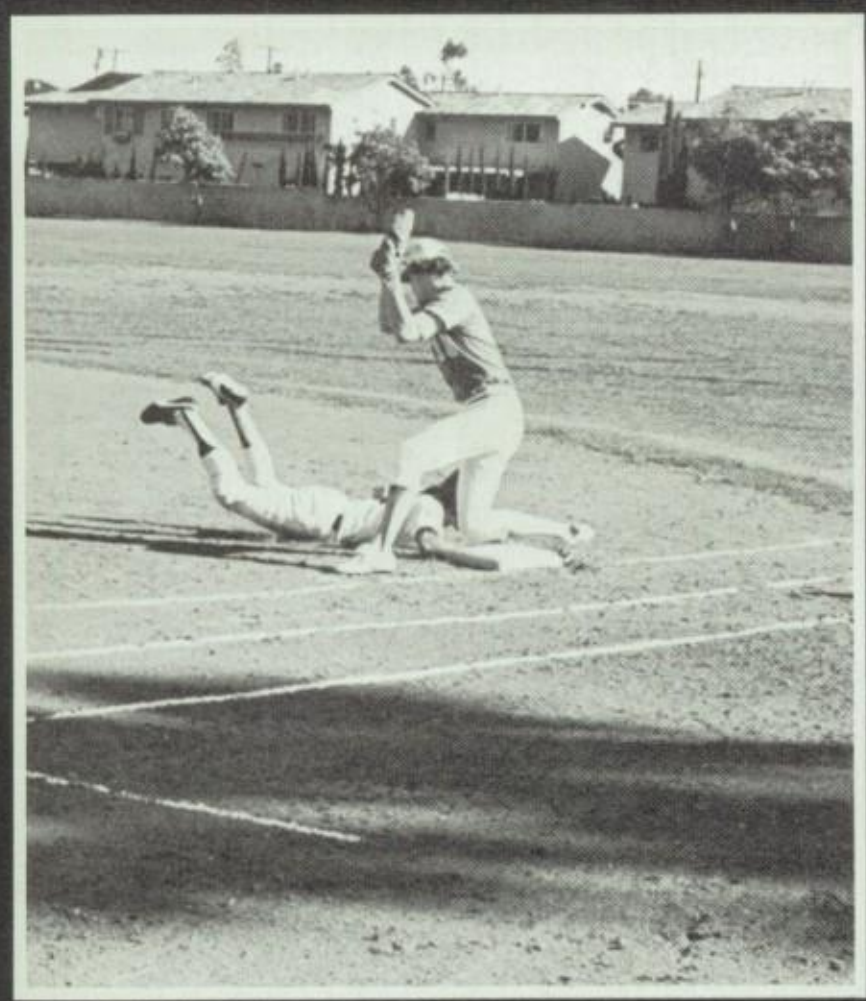
Top Row L-R: Mike Schwan, Mike Cukrov, Ron Van Puerson, Brad Parker, Middle Row L-R: Matt Calley, Vince Romero, Bob Zamora, Bill Cunnerty, Allen Fawcett, David Halstead Bottom Row L-R: Bob Wilkinson, Tom Goya, Fernando Salas, Chip Hayes

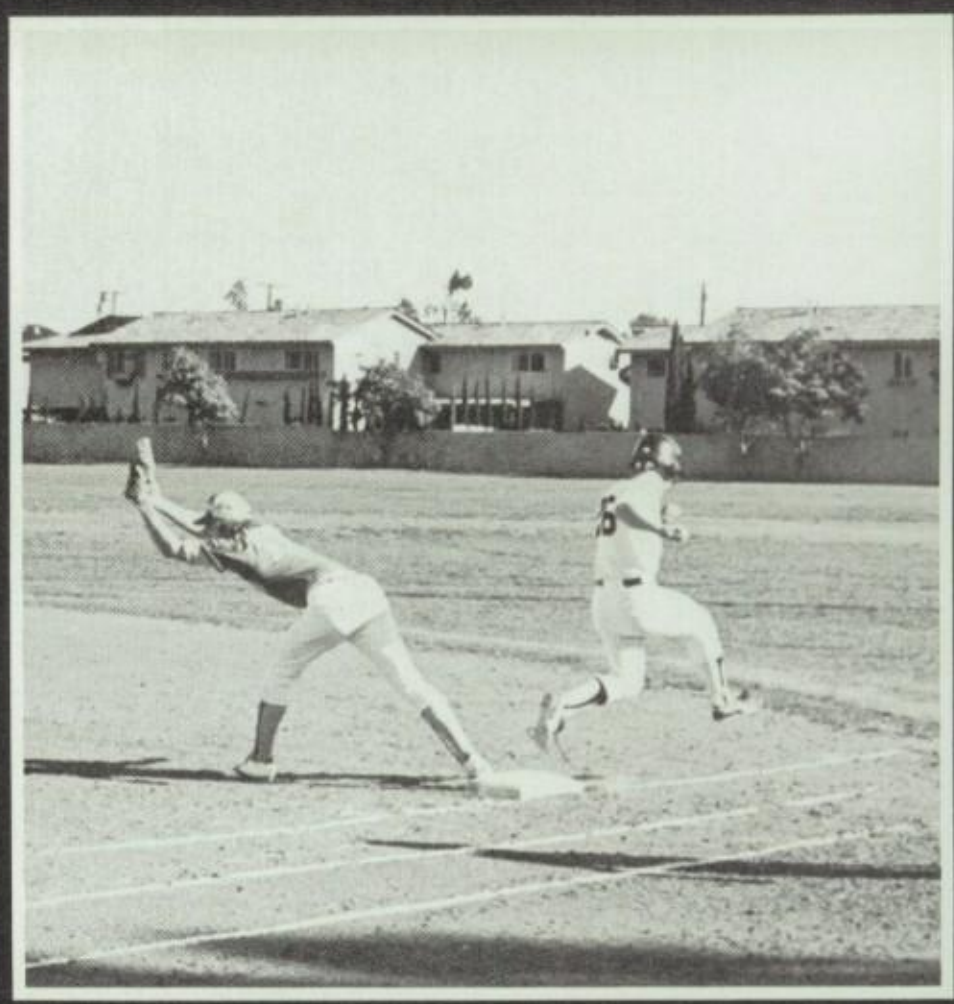
In early March Capo Valley's Varsity baseball team had shown much promise. Coached by Mr. Bob Zamora with the help of Coach Cunnerty the Cougars had a 3-3 record after six games. Hitting and speed were the strong points on the well-balanced attack. The pitching also was brillant in spots, especially in the Ontario Christian game when junior Mike Cukrov pitched Orange Counties first no-hitter of 1978.

The team goal for this first year was to make the CIF playoffs, meaning at least a 13 win season. Although progress was slow because of the constant rain, Coach Zamora seemed optimistic about the Cougars season.

U P !

COUGARS





AWAY

SWINGING

Frosh-Soph

Top Row L-R: Ken Griffith, Todd Trask, Brian Taylor, Tom Martino, Jim Benavides, Billy Parker, Tim Hunter, M. R. L-R: Doug Gunderson, Wayne Call, Tony Hart, Graig Anderson, Robbie Schmitz, Kris Sharrar, Mike Ortiz B. R. L-R: Dave Hushman, Efren Malagon, Kaynan Kazen, Pat Oyamy

The Frosh-Soph baseball team started the season in a winning way with two straight victories. Along with the Varsity the underclassmen were hampered in their conditioning because of the wet weather, however they also showed the skills which Coach Zamore hopes will help many of them to become varsity members next year.

C V SOFTBALL

Varsity

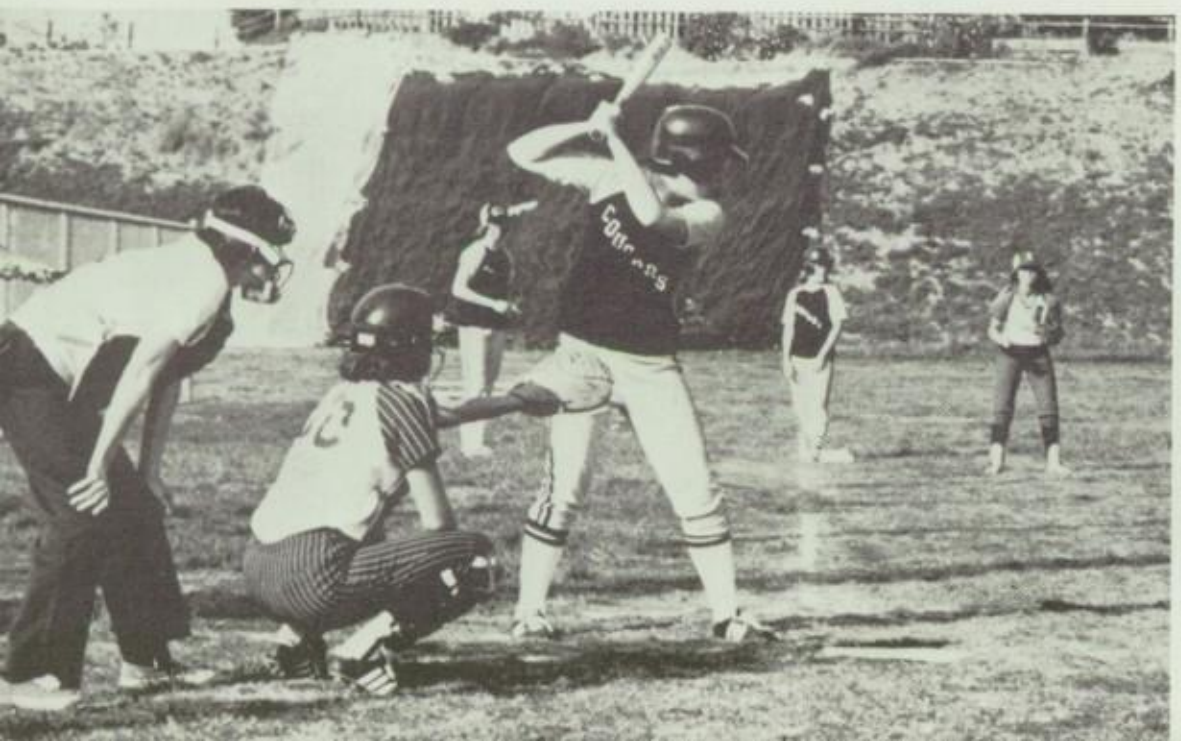
Top Row - Sharon Tonhen, Linda Hinds, Debbie Strano, Lynn McDonald's, Elva Aguilar, Kanita Hooper, Deanna Fawcett, Lori Post, Linda Trolta BR - Suzanne Palerno, Carol Ann Whitney, Erin O'Hagen, Cindy Furst, Robin Mooneyham, Teri Williams S.R.

JV

Top Row - Nancy Walti, Anne Gotch, Michelle Anaerich, Denise Pignoli, Jeanette Soria, Christie Willich BR-Gina Ferreno, Suzanne Luster, Stephanie Modory, Dana Van Ness, Gina Elchulk

SOFTBALL
SOFTBALL
SOFTBALL
SOFTBALL

The girls softball team was at the early stages of the season when this was written, however the team should have been highly successful. They had an outstanding coach in Coach Smith along with about six varsity performers from last years San Clemente Team. Striving for a 13 win season, the Cougar girls would have qualified themselves for a possible playoff position if they reached their goal.



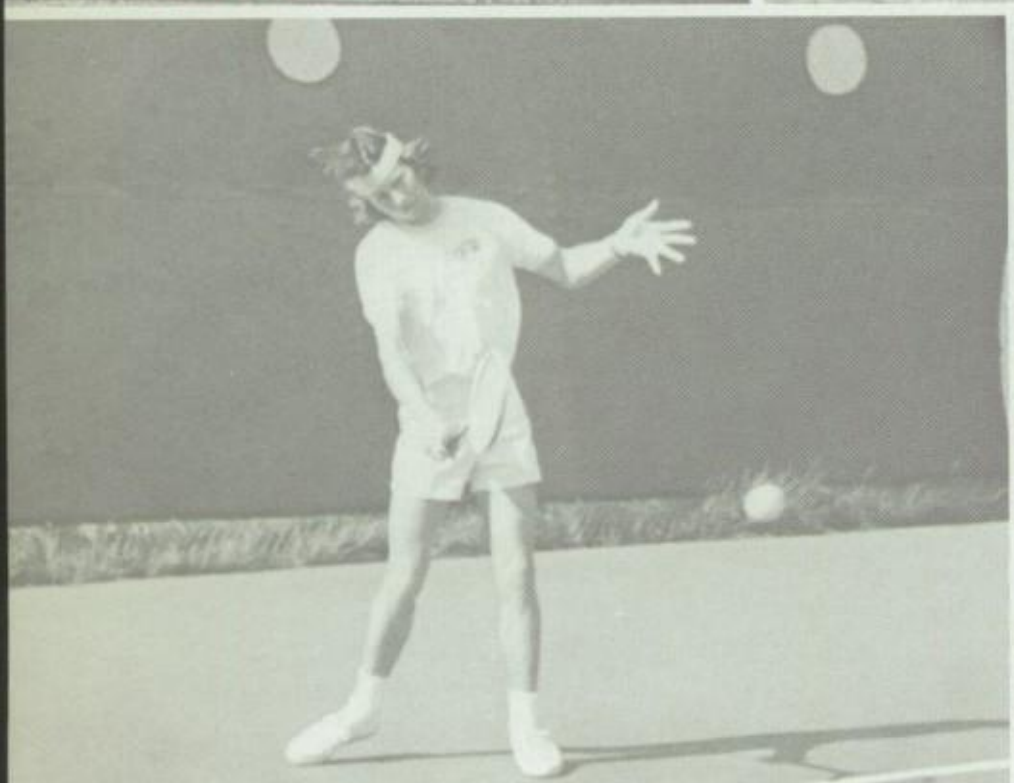
Laura,

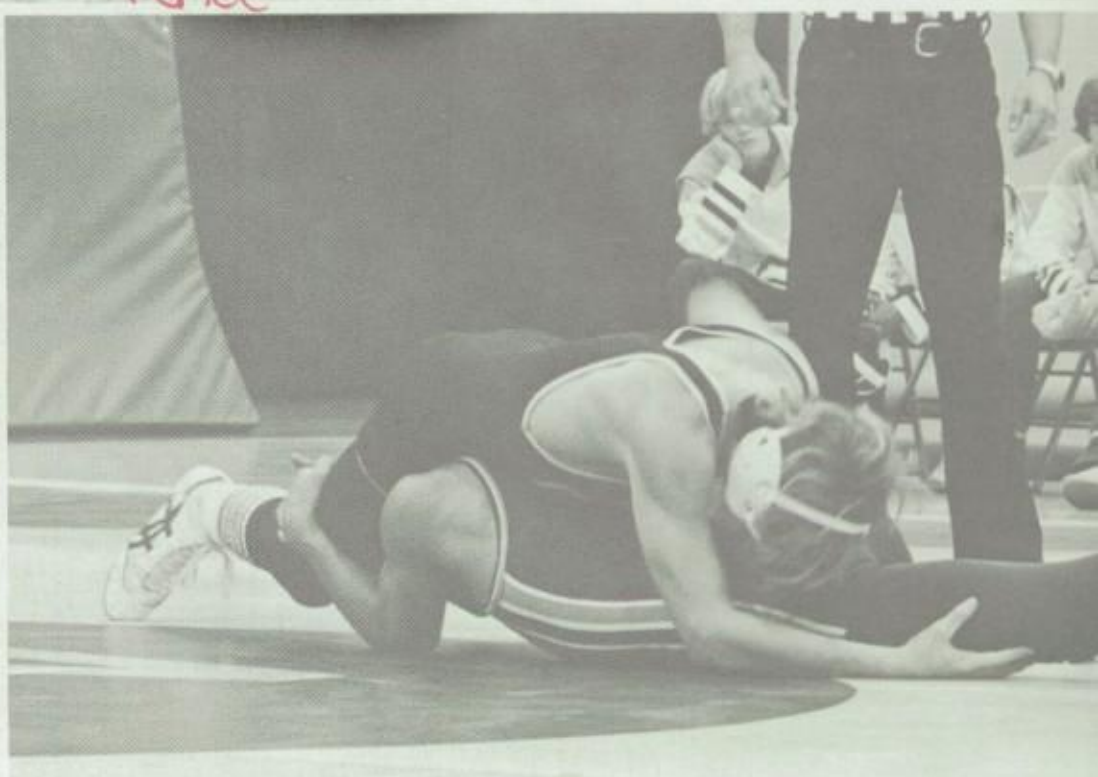
Well, we made it thru another year together can you believe it? Sometimes I wonder how we did it. Well, bio. was fun this year (sometimes) I know that Ive already written in here once but friday nite I was really bummed out and I didnt write anything what I wanted to say.

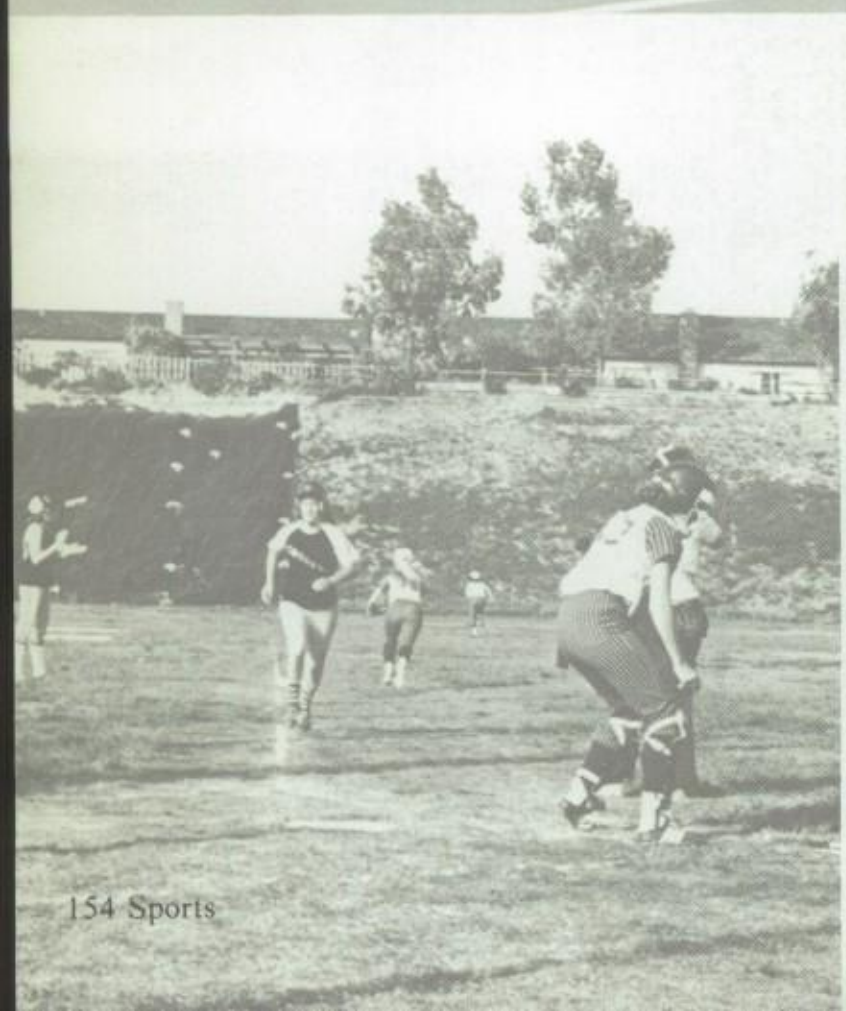
Thanx so much for being an extra special friend. Youre my first friend I made when I moved here and Ill always treasure that. If Ive ever done anything to hurt you Im sorry because I didnt mean to do that at all.

Keep in touch in the summer okay. - 831-3397
Lets get more classes together next year too.

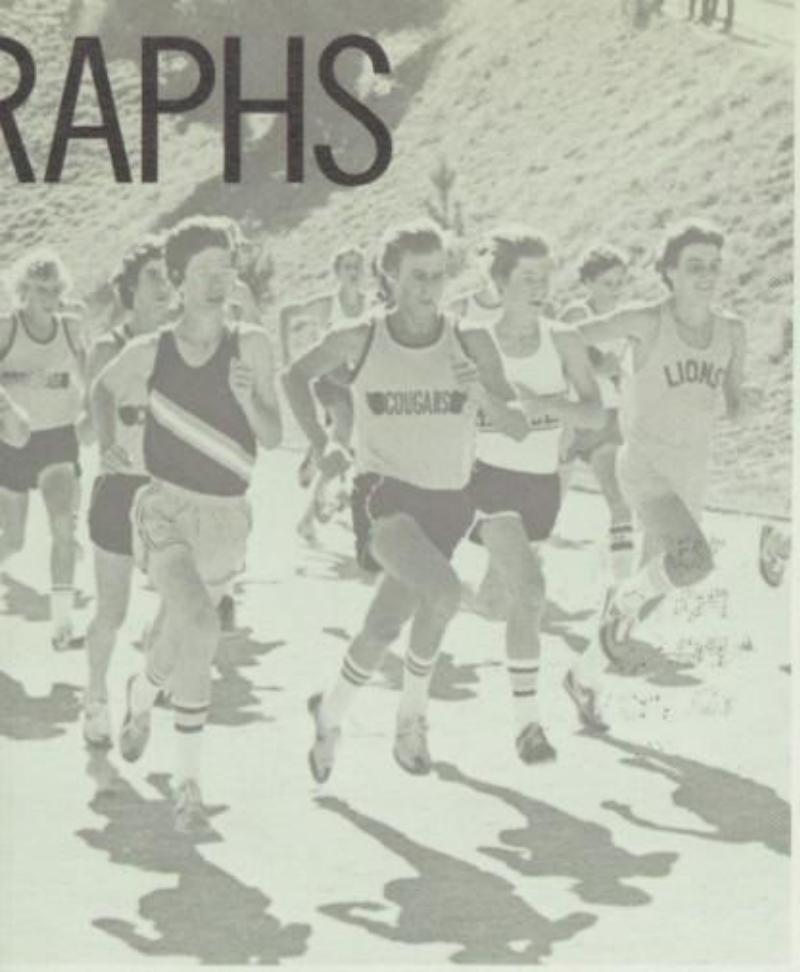
Love ya (again)
Tina

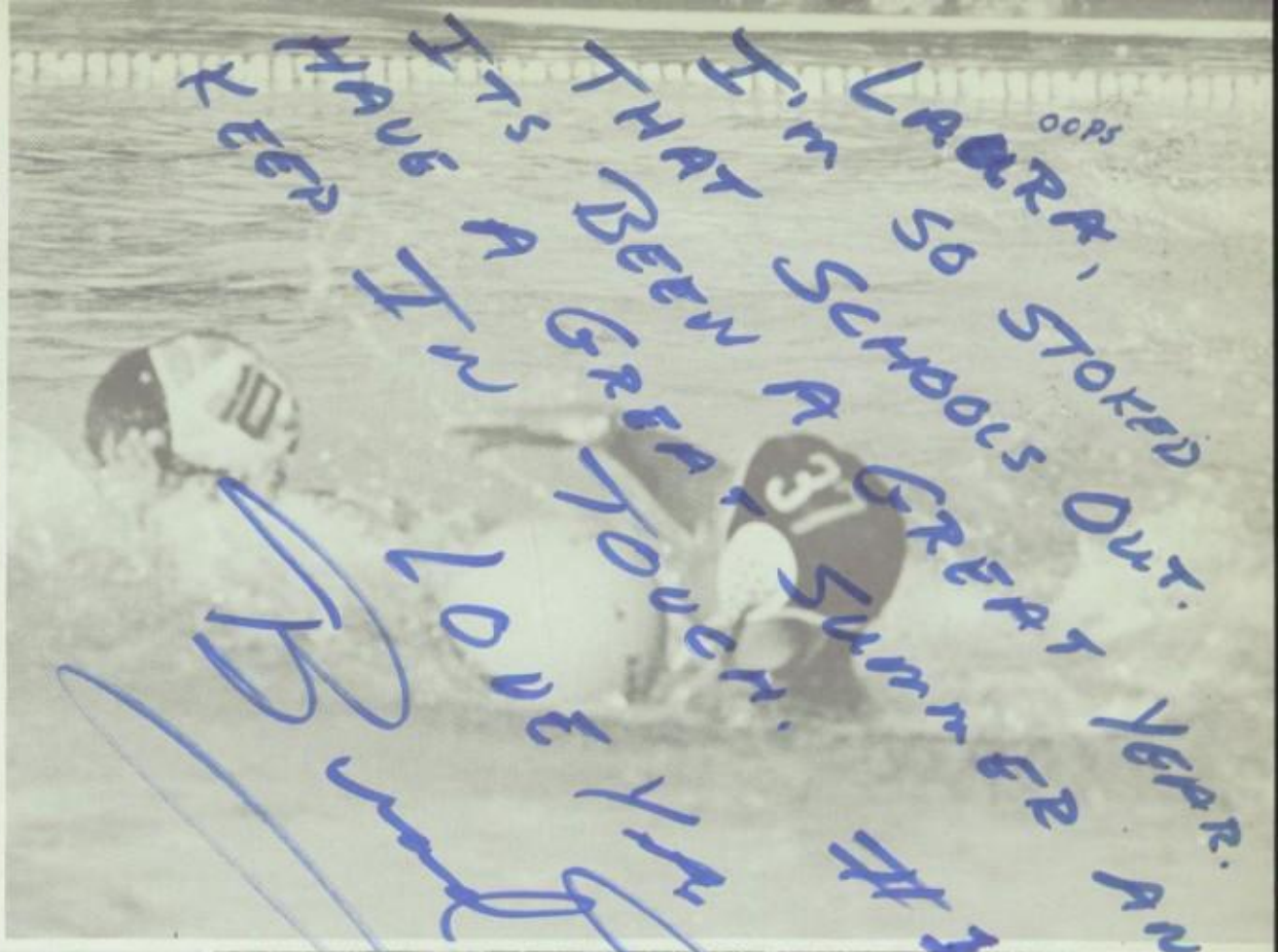




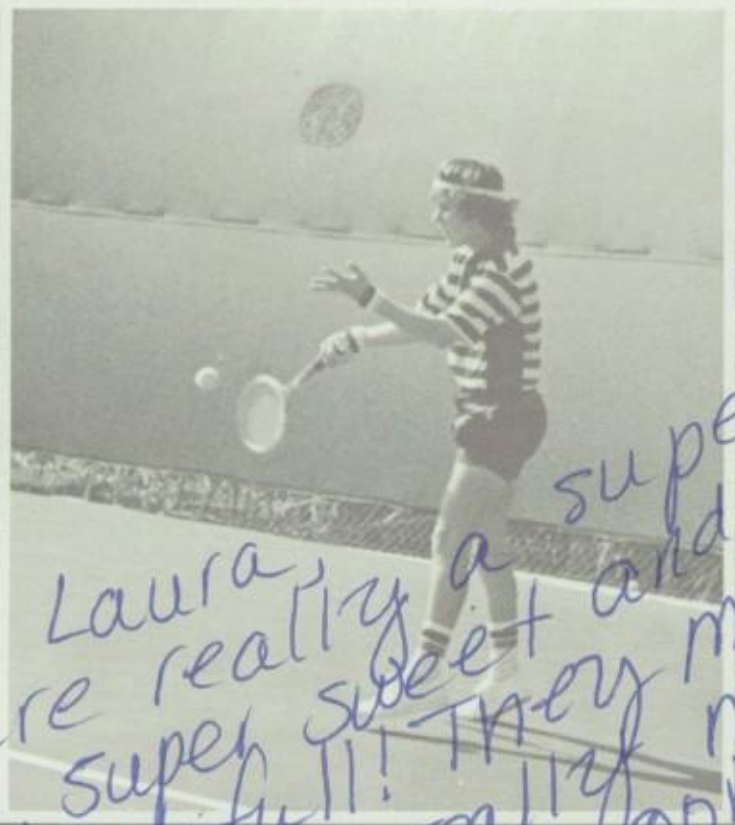


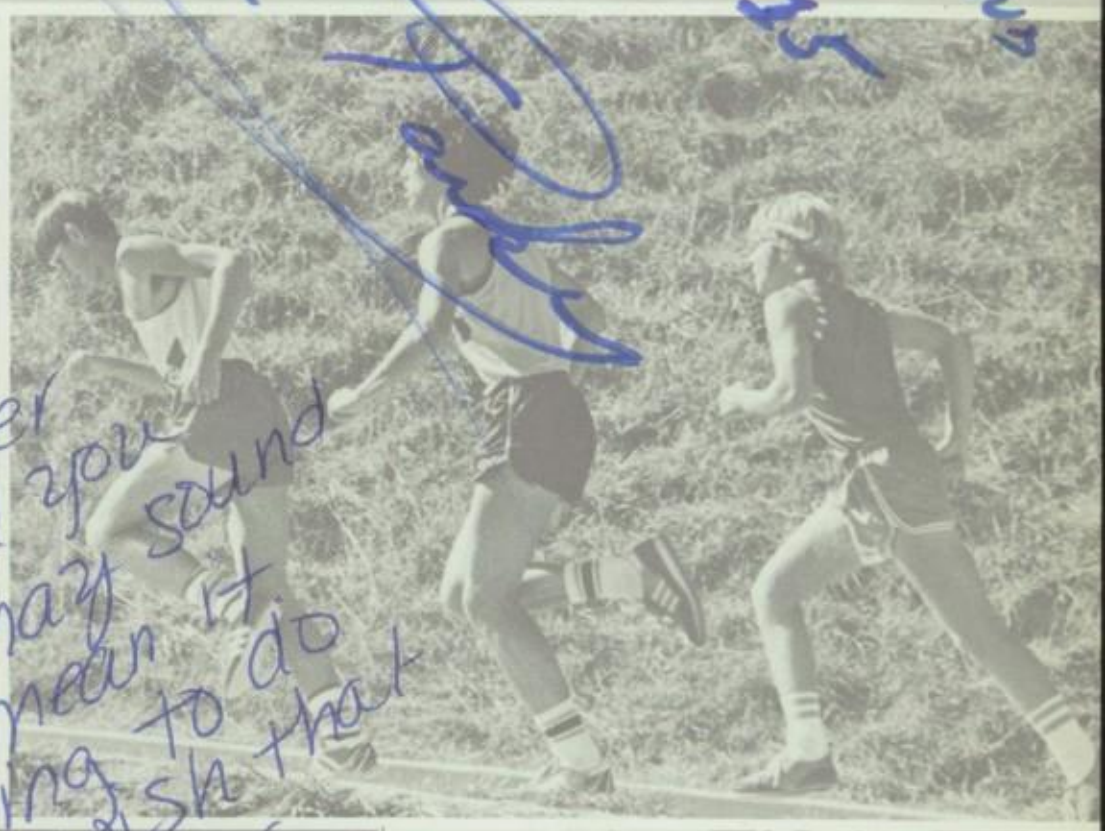
RAPHS



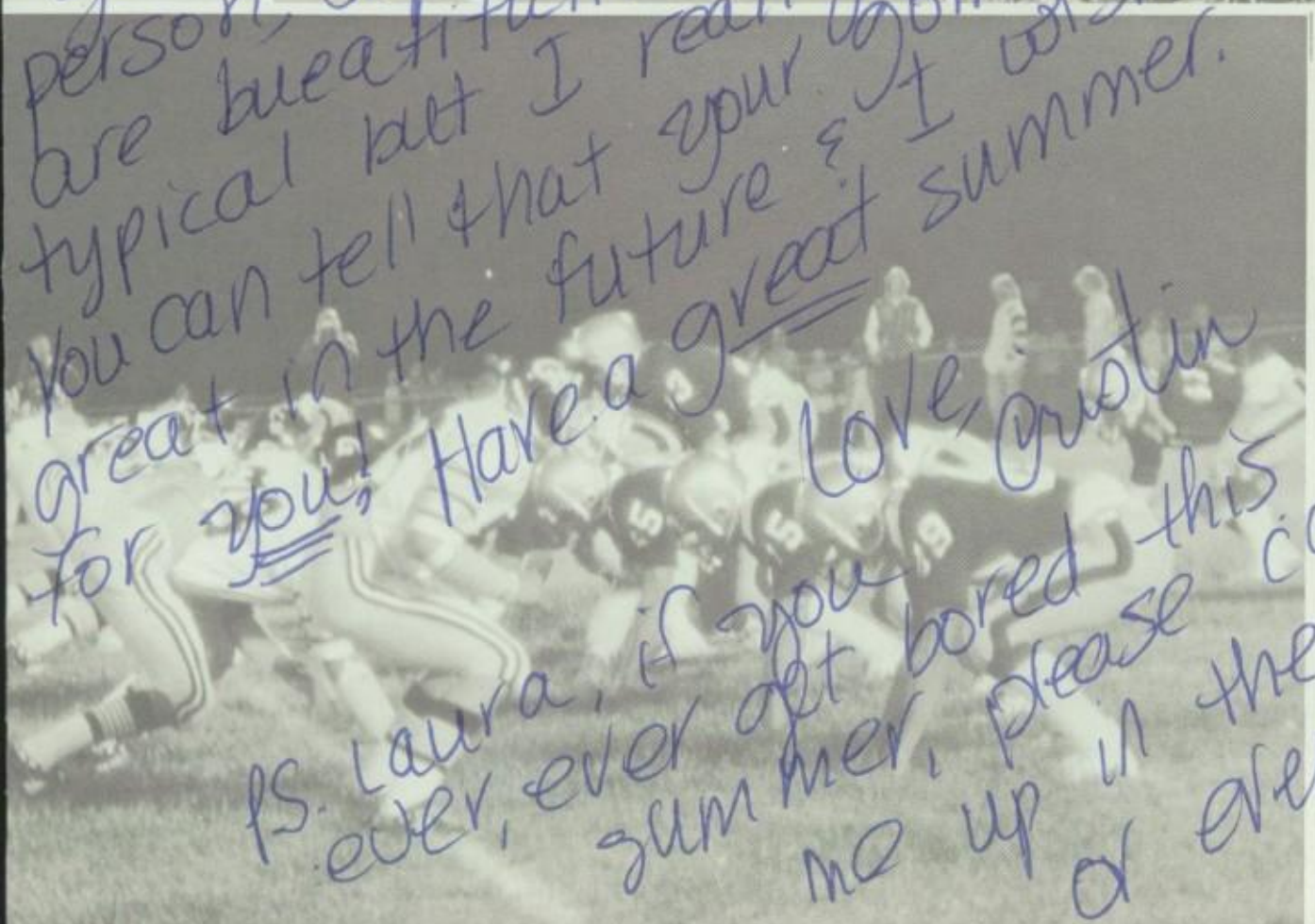


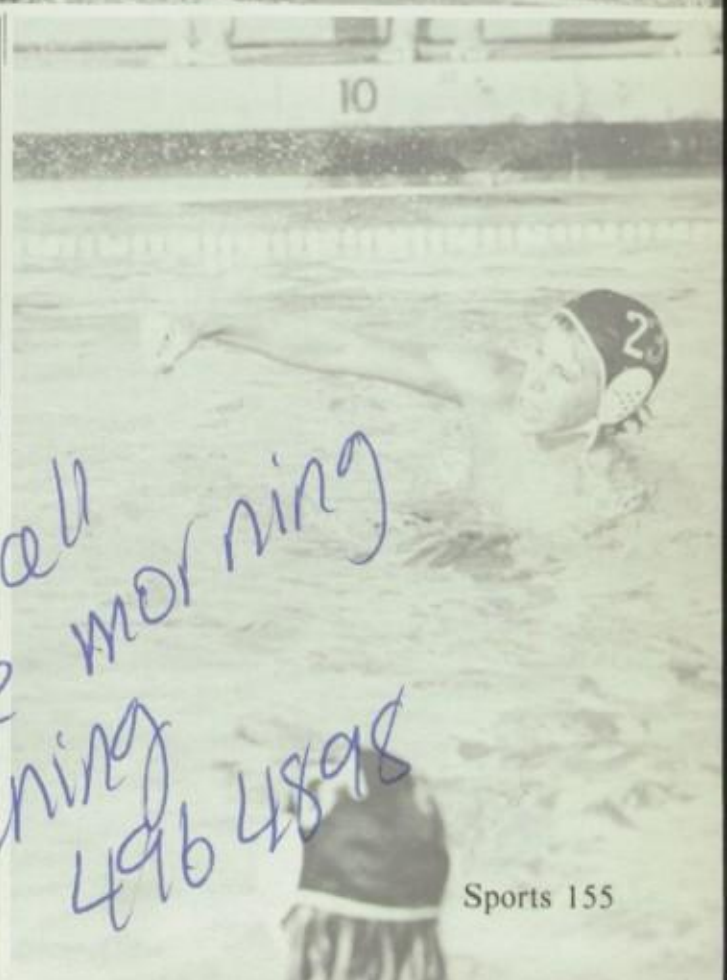
Laura,
OOPS
I'm so stoked out.
So schools out.
That Been a great year
It's been a great summer
Have a great Tour.
#15
I'm love you
Keep





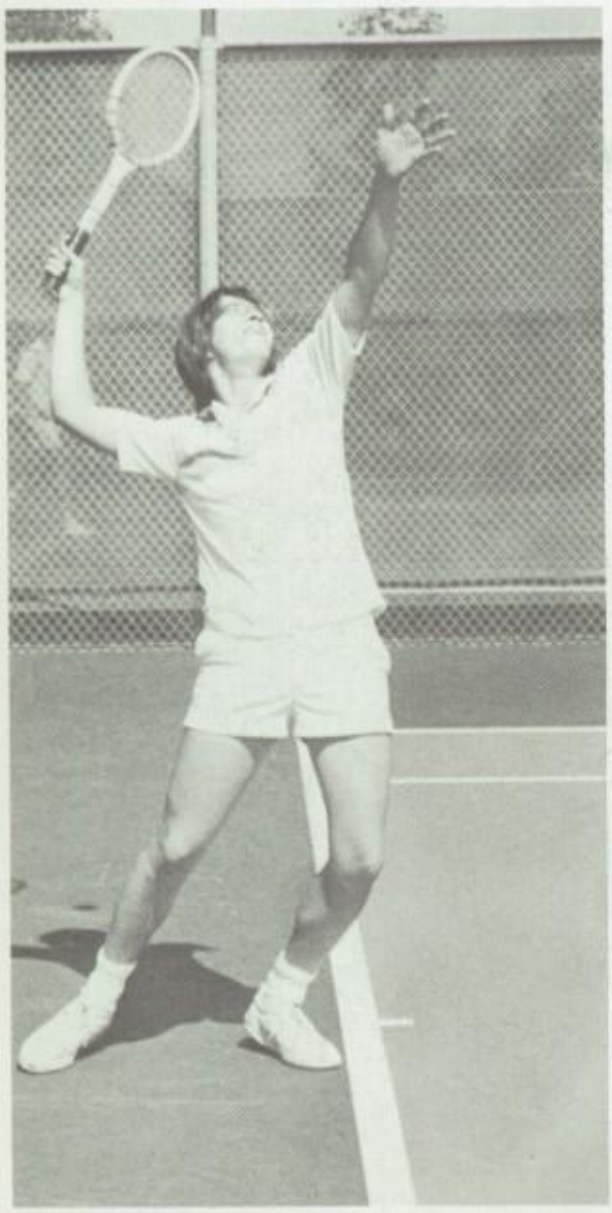
You are really a super
person, super sweet and you
are beautiful! They may sound
typical but I really mean it.
You can tell that your going to do
great in the future & I wish that
for you! Have a great summer.
Love, Cristin



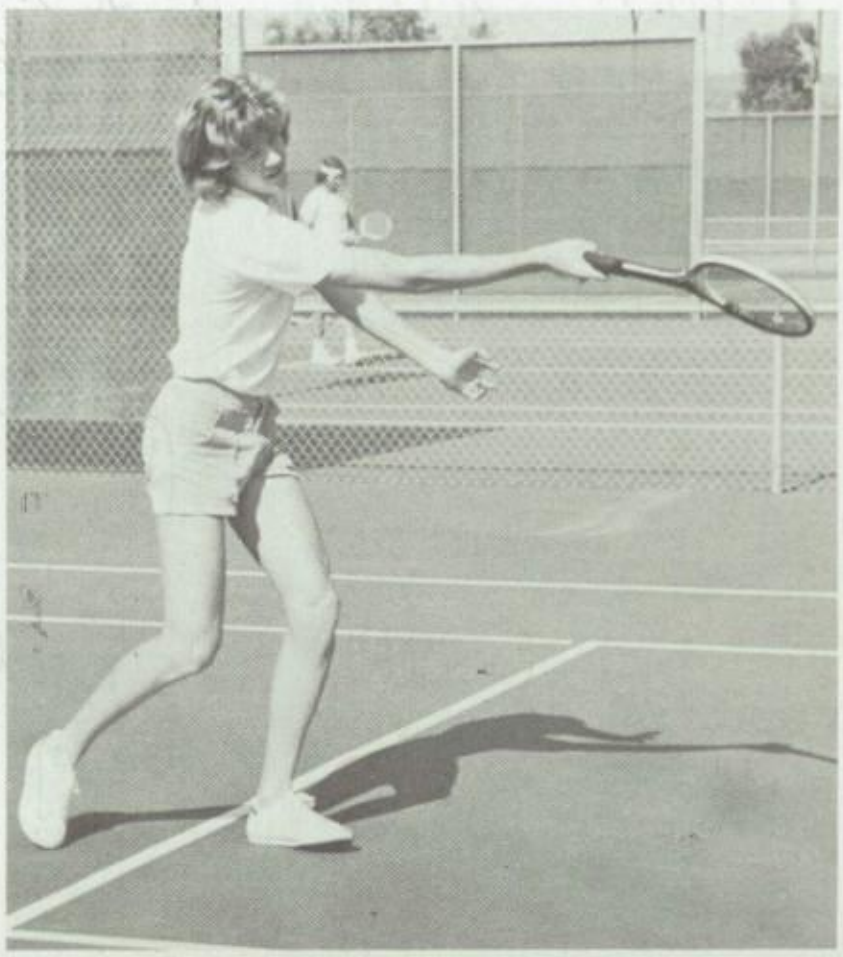


PS. Laura, if you
ever, ever get bored this
summer, please call
me up in the morning
or evening
496 4898

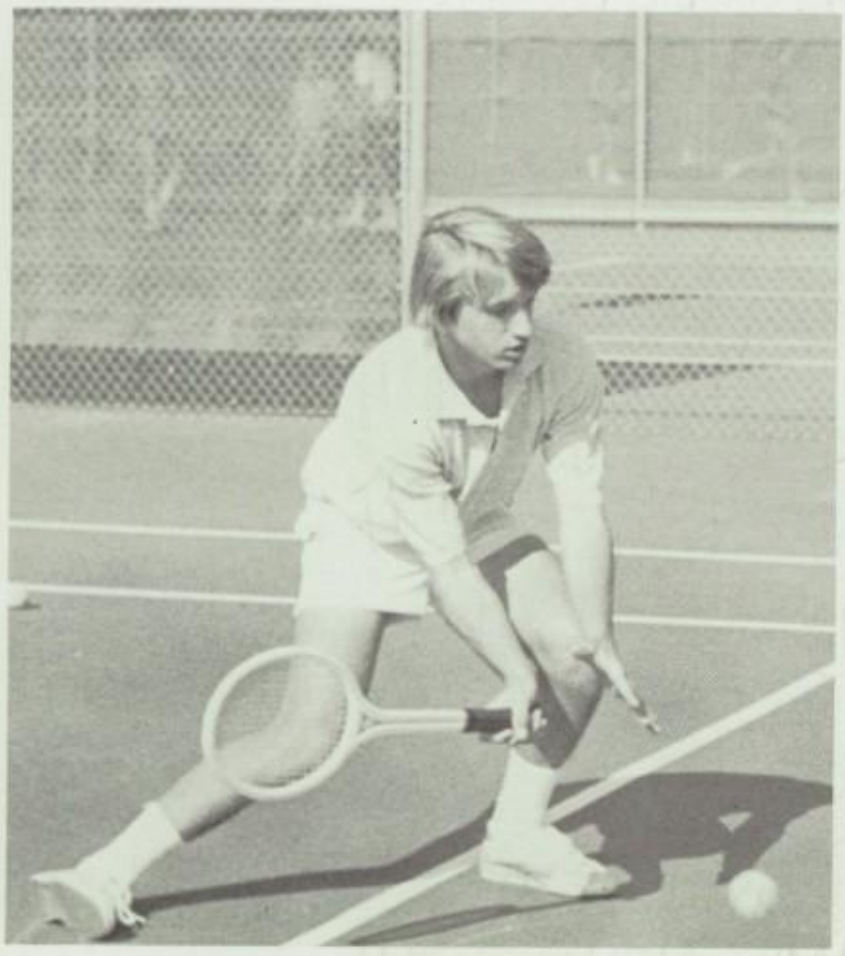
Coach Stringer, Bill Strickland, Andy Hein, Mark Lockeraff, Richie Sebtir, Bob Martin, Larry Wilken, Teddy Romero, Ted Crow, Craig O'Brien, not pictured Roy Jenkins.

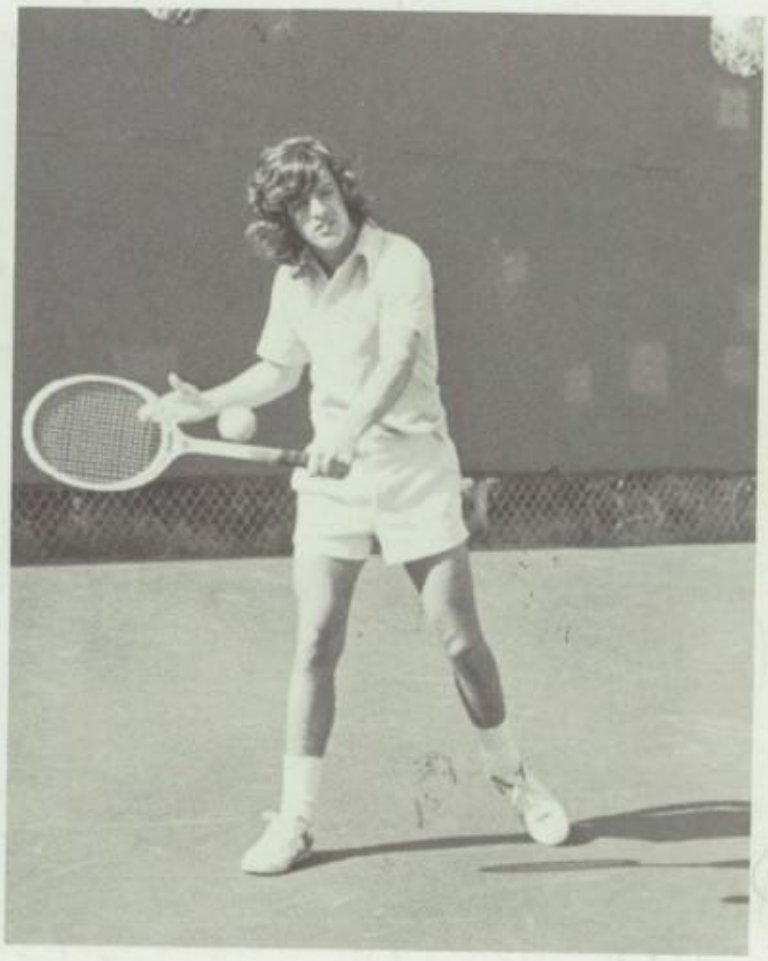


At the date of publishing the tennis team was doing better than 50%. Coach Stringer looks forward to next years season because he feels that the younger players will get a chance to improve.



Standing L to R: Coach Stringer, Nick Hannon, Greg Ashwill, Harold Loretero, Jeff Weber, Mark Rook, Joe Weber. Kneeling L to R: Terry Bass, Bob Martin, Andy Hein, Dave Smith, Jeff McClane.





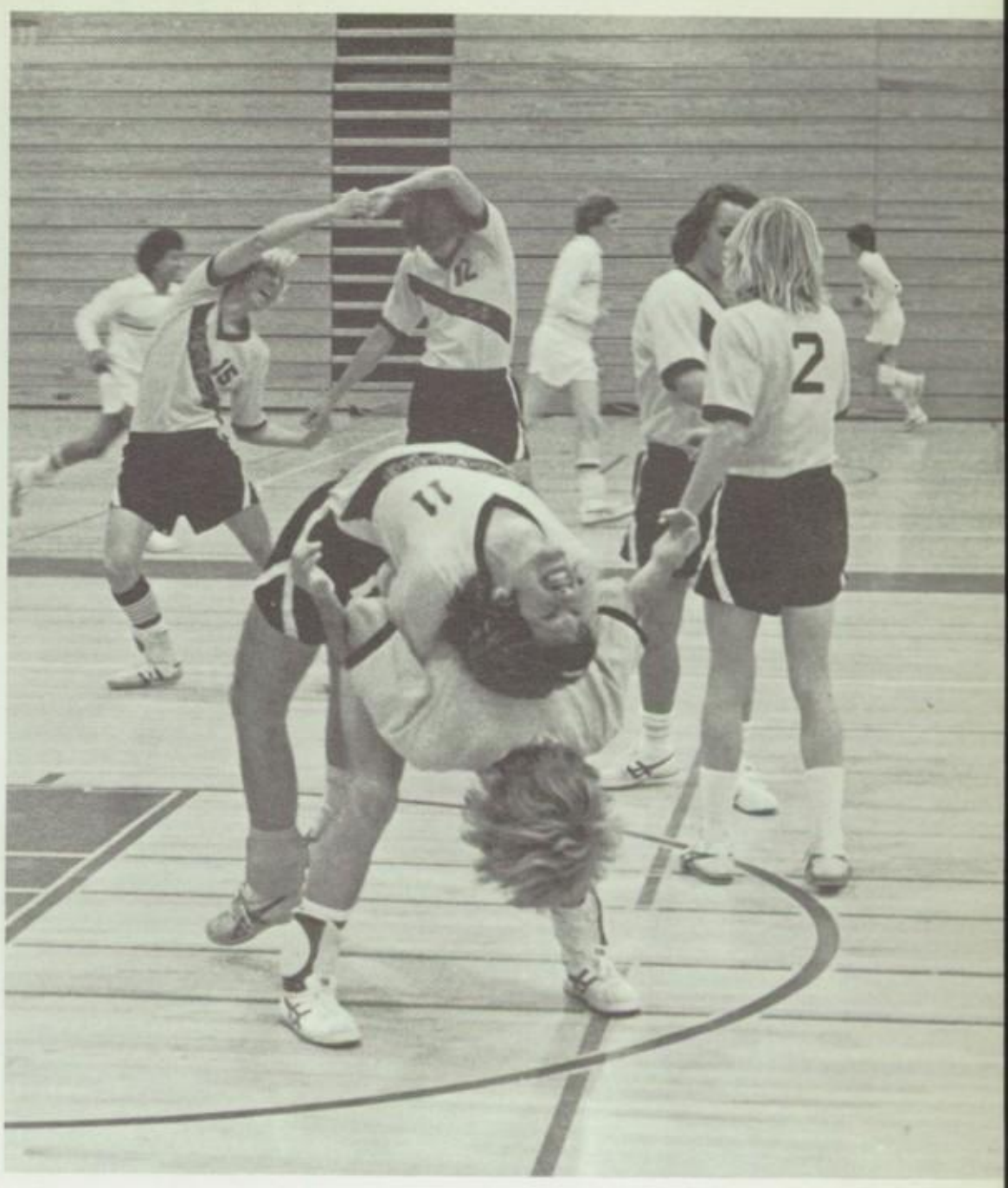
CAPO VALLEY

SPIKERS

Back Row: Kirk Morgan, Scott Parker, Mike Sagely, Jeff Pifer, Greg Schramer, Eddie Pignoli, Mark Reith, Bob McCarty, Dwane Utterback. Middle Row: Frank Wilber, Tim Calahane, Chris Marshall, Tobie Brawn, Steve Freedman, Braden Bodner, Joe Trujillo. Bobby Freedman, Dave Fararri, Chuck Denny, Todd Jensen, Ronnie Cruz, Tad Brown. Coach: Melanie Parker.

The first Capo Valley Volleyball team started their season impressively with the Varsity having a 2-3 record against strong competition. Coaching the team was Mr. Dodge Parker who worked hard to put together a team which played to the full extent of their capabilities. Leading the team was Dave Kettamen, Chris Marshal, Mike Sagely and Greg Shramer.

The Junior Varsity team also showed early season success as they opened with a 3-2 record. Playing on a level close to the Varsity's the JV team displayed the enthusiasm initiated by the top players Joe Trujillo, Tom Braun, Dave Fararri, and Frank Wilbur.



TRACK
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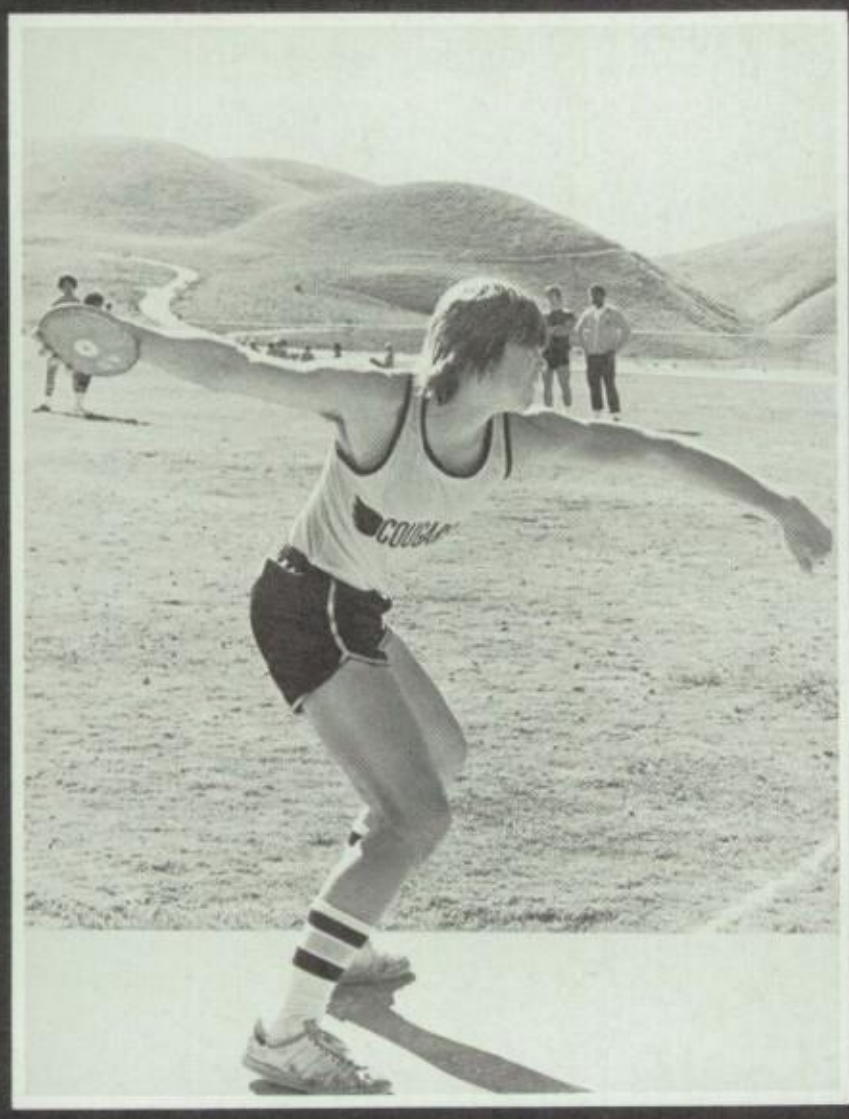
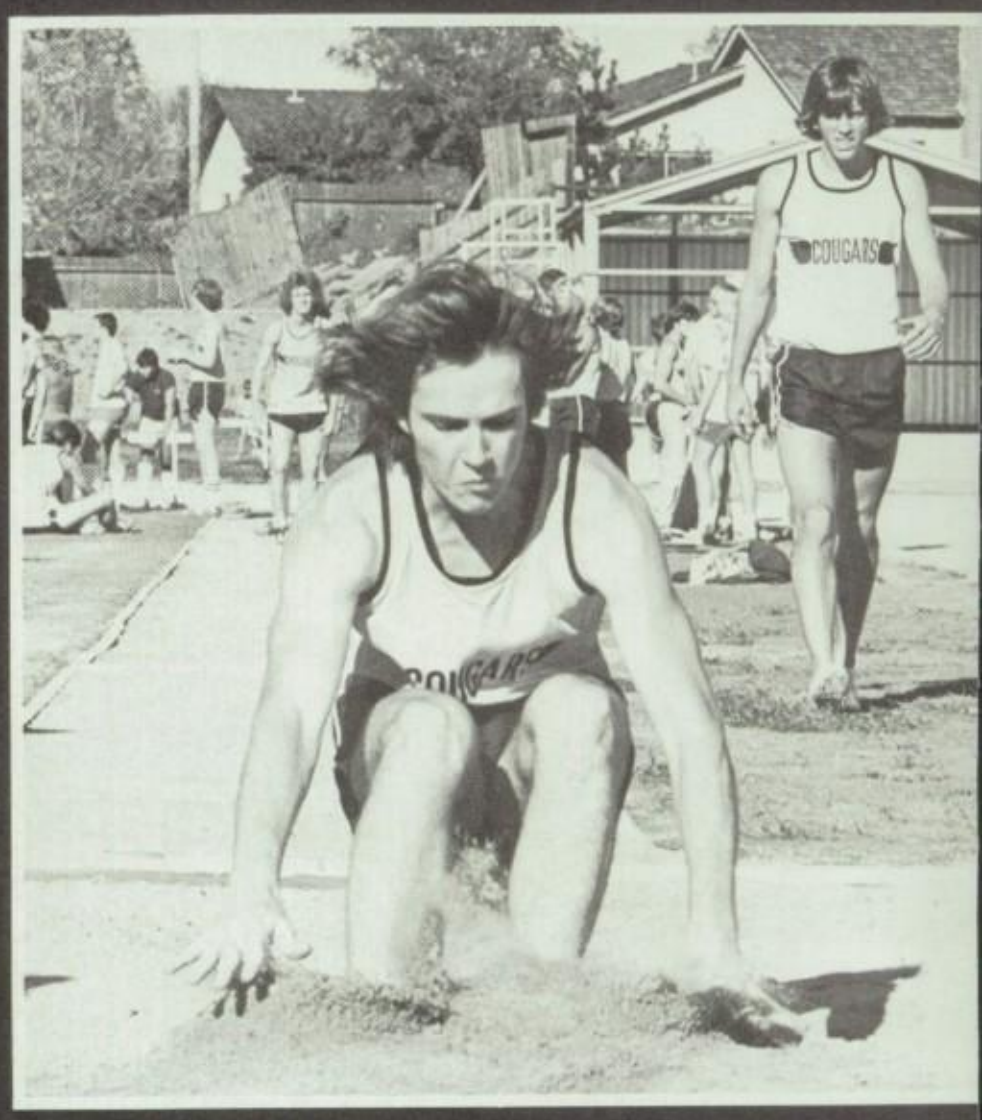
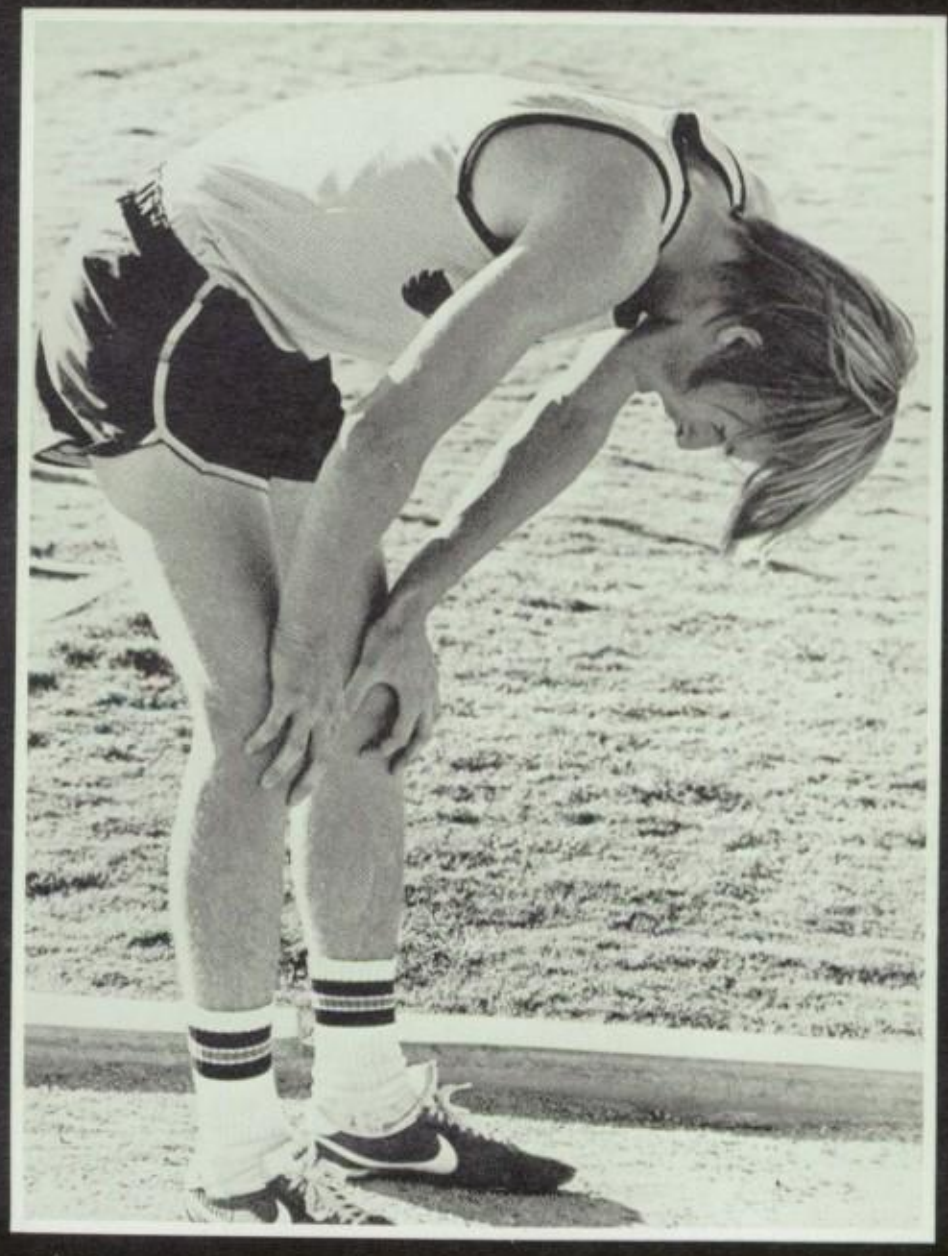




Victory!

The Capo Valley Varsity Track Team featured strong distance runners and pole vaulters with good all-around balance in the other spots. The team started the season with a convincing victory over Ocean View but then fell to the Workman school from La Puente.

The Cougar distance team was led by juniors Thom Fogerty and Sean Reddington who, along with sophomore Scott Campbell, often swept their events. The pole vaulters, senior Robert Jackson and sophomore Jim Fairclaugh both soared high above most of their opposition giving the Cougars almost an unbeatable pair. The other strong points on the varsity squad included sprinters Andy Ivers, Brad Parker and Steve Riis. Middle distance runners Bob Bell, Ken Sharrer, Ray Sliepka, David Koons and Louis Juarez. The weightmen were Todd Fuladosa and Sean Jenkins along with all-around performer Charlie Cassidy.



The Capo Valley girls track team had been as successful as Coach White could hope after the first two meets of the season. The girls had two easy victories over Ocean View and Don Lugo, with Michelle Messersmith giving an example for all to follow. For her first eight races of the year Michelle was undefeated, but others had also done well. Sprinters Judy Schubert, Linda Ivers and Lisa Powell along with hurdler Jerri Baker had been brilliant in their events. It seems easy to say that the girls enjoyed a tremendous season, congratulations to all.

Row 1-(L-R) D. Jackson, J. Burns, M. Ramirez, J. Waller, B. Bell, A. Ivers, B. Jackson, T. Fulladosa, L. Juarez, S. Reddington, T. Fogerty, M. Woodall. Row 2 B. Muller, M. Lawrence, C. Cassidy, K. Sharrar, S. Gaines, S. Campbell, F. McConnell, P. Sanistevan, B. Parker, S. Jenkins, J. Fairclough, J. Browne, M. Bryant, G. Thatcher, T. Salmon, P. Hilynh. Row 3 D. Gibson, S. Schelor, J. Chaska, T. Noble, B. Pittman, M. Faire, B. Boone, D. Smits, P. Ortiz, B. Bowser, K. Sveedeen, M. Sorientino, E. Lukas, P. Douville. Row 4 M. Copenhaver, M. Kingston, T. Kinoshita, D. Westerfield, J. Sykes, B. Sims, D. Koons, R. Sliepka, P. Dargan, B. Genter, S. Parr, P. Lawrence, N. Lisher, H. Patnaude, G. DiMaggio, S. Wiedmeier.

GOLFING

The boys Varsity Golf team had proven to be a low scoring bunch. The Cougars were impressive in their first five matches winning them all. Coach Steinriede had done a great job with his team, although the weather had restricted the amount of practice the team could have. The varsity members were seniors Tom Mitton, Dawn Vukich, and Joey Pickavance, juniors Mark Lockereff, and Steve Kirkoff plus freshmen Eric Fox and Bill Grey.

ARTS & CRAFTS

Jewelry is an exciting class. Imagine making your own rings, necklaces, bracelettes, bands, etc.

Art is a very popular class among the students at CVHS. Painting and drawing allows you to do your own thing! Students from Freshmen to Seniors are welcome to take advantage of this program.

CERAMICS

Capo Valley is fortunate to have a spacious, fully equipped ceramics lab complete with twenty pottery wheels, a 30 cubic foot gas kilm, and a large, damp room.

This year students are enthusiastically working to learn or improve skills in making pottery and handmade ware. We're looking forward to a pottery show and sale this Spring.

BUSINESS

The Business Department is busy expanding their program to include Typing, Shorthand, Business Math, Recordkeeping, and Accounting. The Office Occupation class is helping teachers around the school by typing and duplicating for them. The Accounting class is helping students learn the financial necessities of running a business. All of these activities help the business student become prepared for the world of work.

was 1264 books.

There is still some future work on the library, for instance there is a wall that has to knocked out to expand the study area. This will happen during the second phase.

Paw Prints Wins

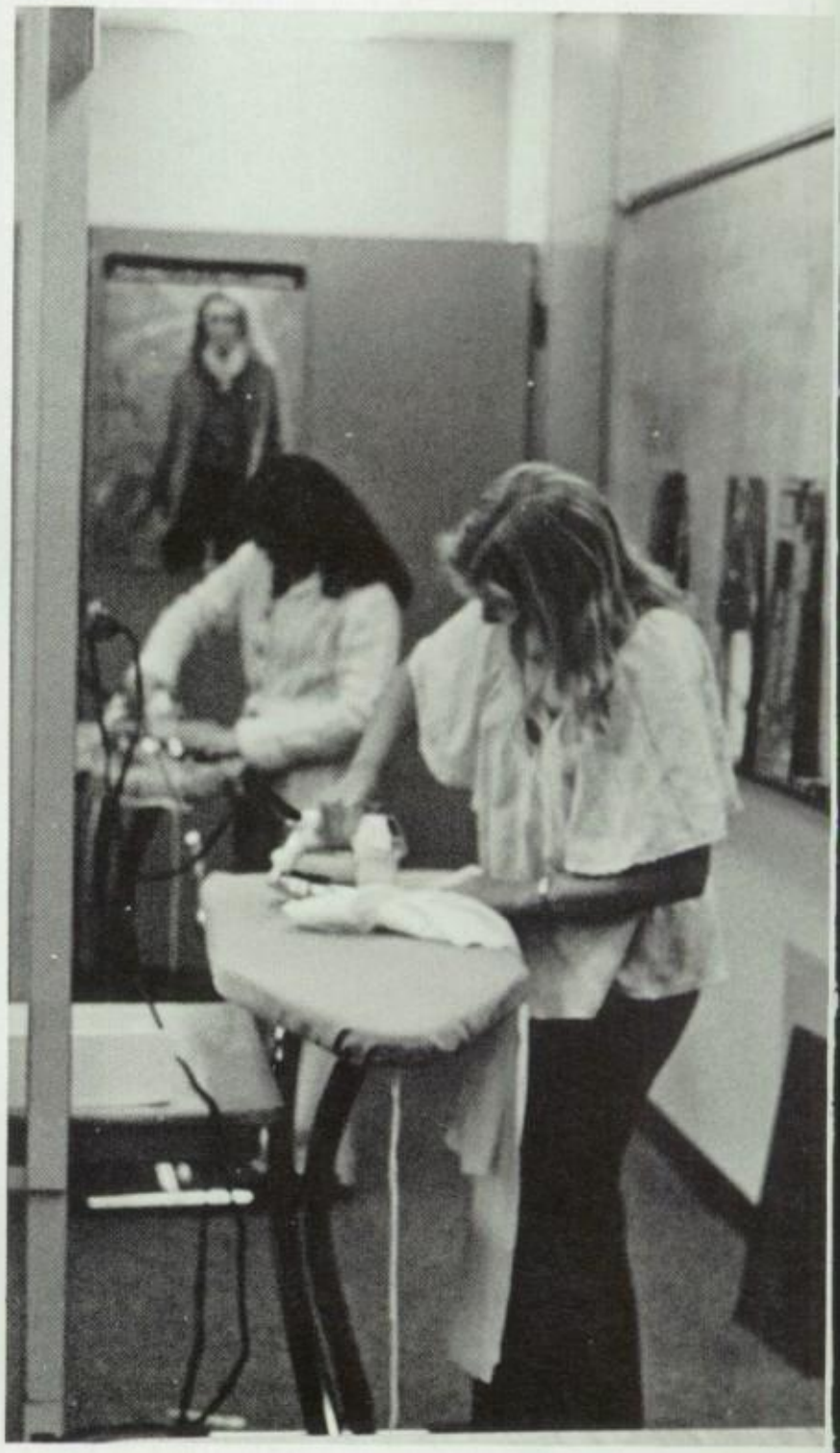
By Kenneth Weld

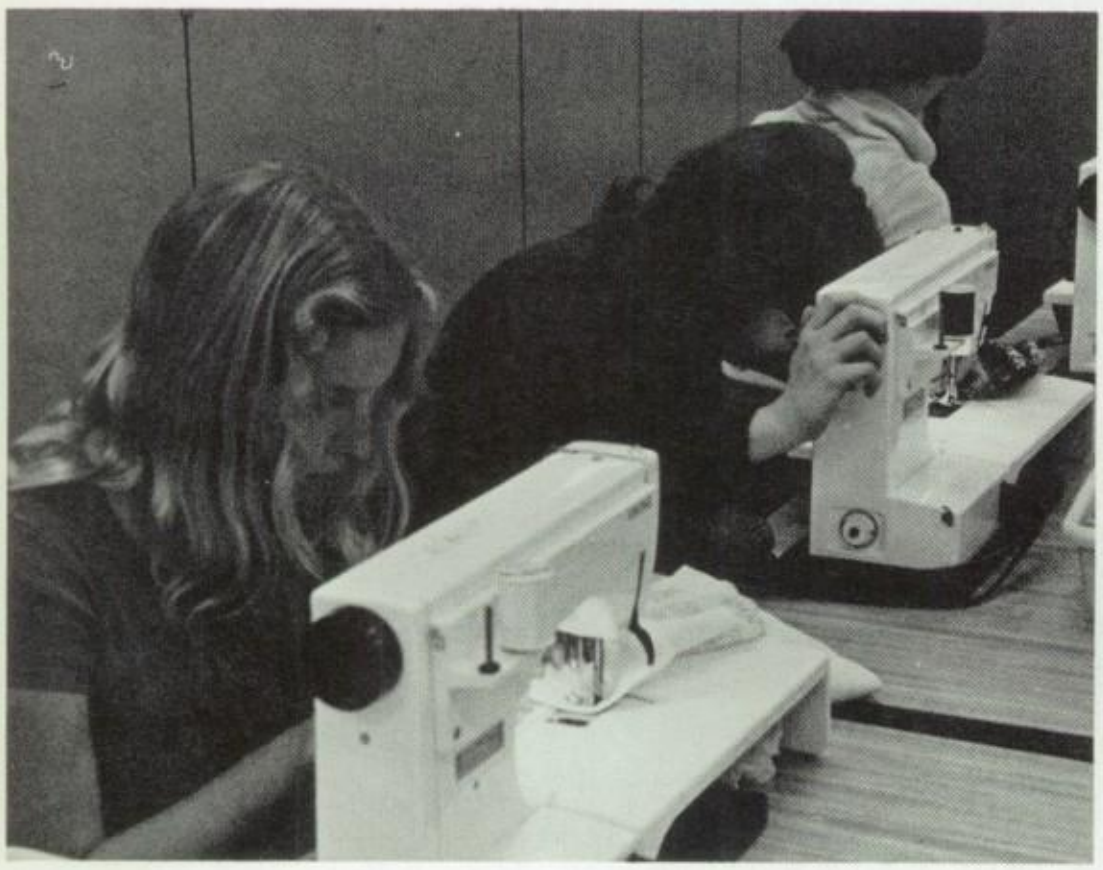
NEWSPAPER STAFF

TEACHER-MS. NORENE FARLEY & TONI WOOD
EDITOR-ANDY IVERS

The Newspaper Preduction Class jumped right into the swing of things this year. Without funds, supplies or a class in journalistic principles the students forged ahead and produced a monthly publication of "Paw Prints". Congratulations on a job well done.

HOME ECONOMICS





DRAMA

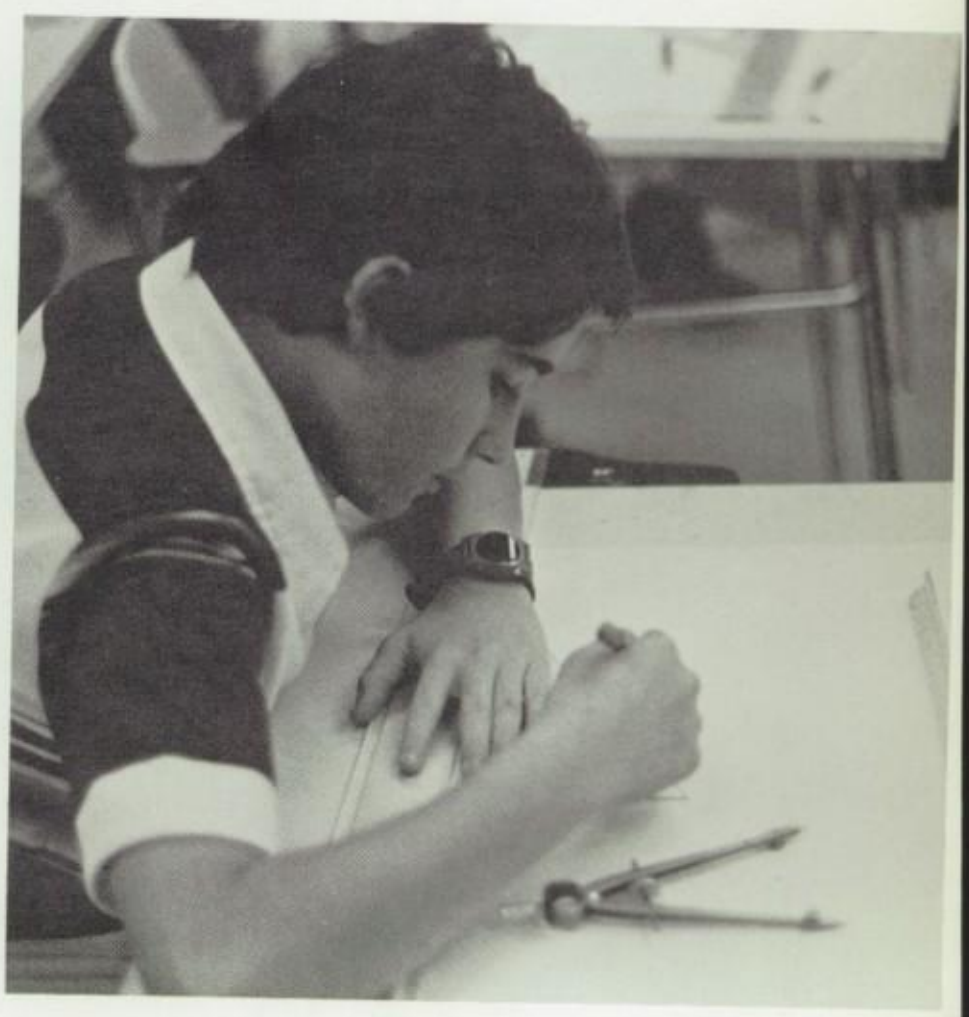
INDUSTI

Auto Mechanics, admist construction hold ups, budget cuts and equipment shipping problems managed to function due to the high interest of the students and instructor. They rebuilt several engines and transmissions and tuned many autos up. An ROP class was started in the spring semester after school to aid those who want to follow Auto Mechanics as an occupation.

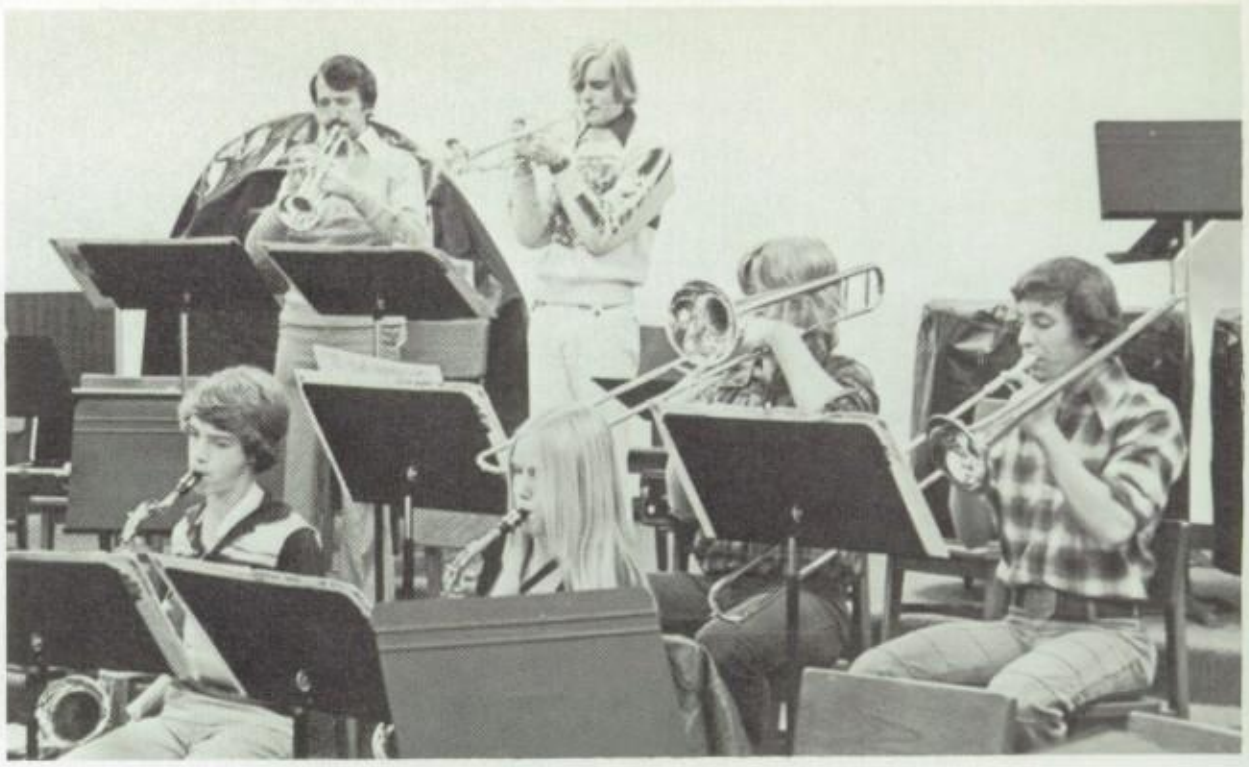
IAL ARTS

First year drafting students had to use drafting boards and T-squares. Drafting machines and tables are planned for the future.

Woodshop students completed numerous projects despite late delivery of equipment, slow hook up and limited wood supplies.

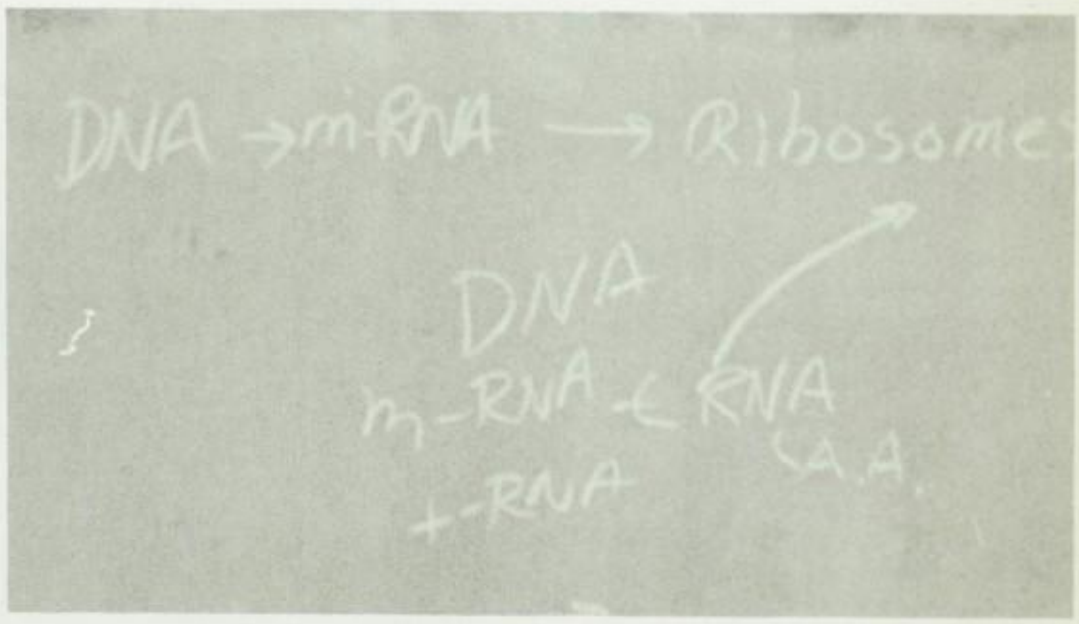


MUSIC

Choir classes, under the direction of Mr. Perry, do daily voice warm-ups and exercises to use the voice. The Madrigals, Acappella Treble choir and Voice Production are all individual groups that work together to acheive the right sound.

There are band classes to fit everyones needs. The cadet band teaches students who have never touched an instrument before, satisfaction in this class permits one to enter the Concert Band which plays at different school events. The Symphonic Band is an elite group of the most talented musicians in the school. The Marching Band does drills during class and takes part in many parades and football half times. Mr. Enmier is the Band director.

SCIENCE

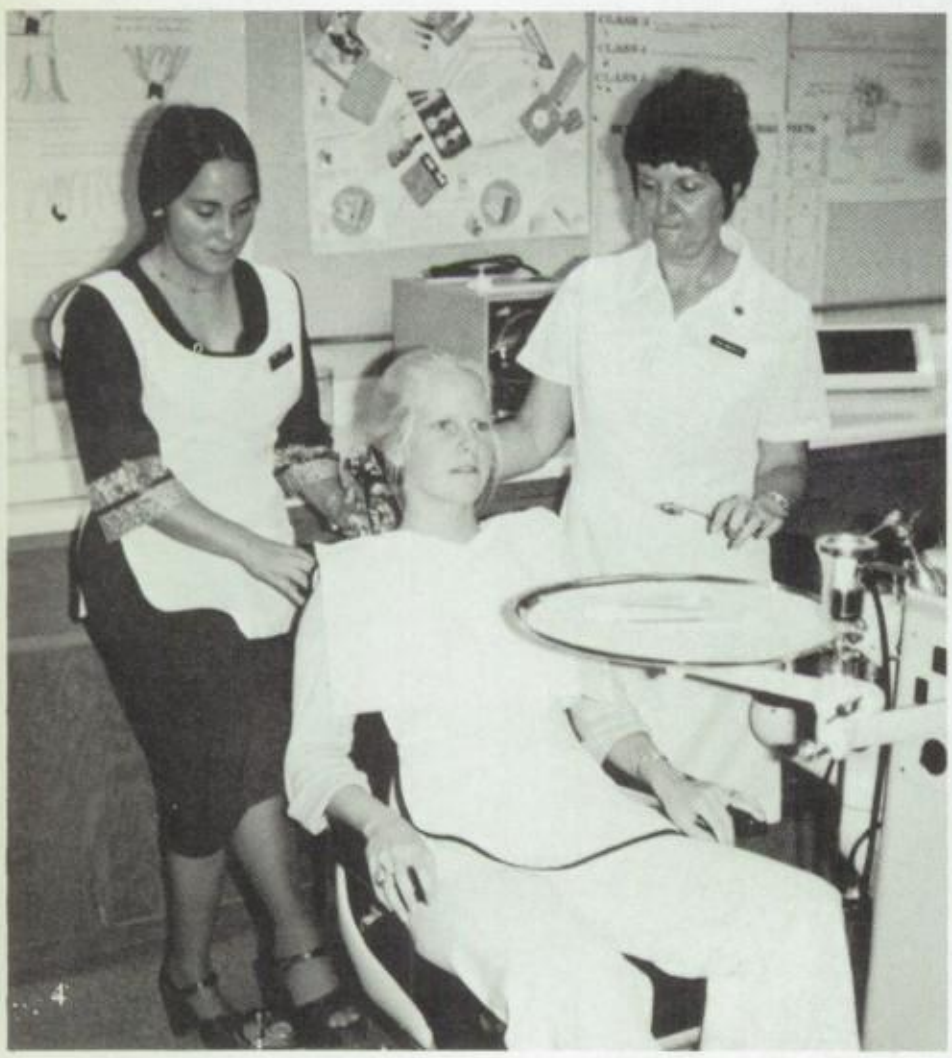
EMERGENCY PROCEDURES FOR
DANGEROUS MATERIALS
SOLIDS


DNA → m-RNA → Ribosome
DNA
m-RNA + t-RNA
t-RNA
C.A.A.

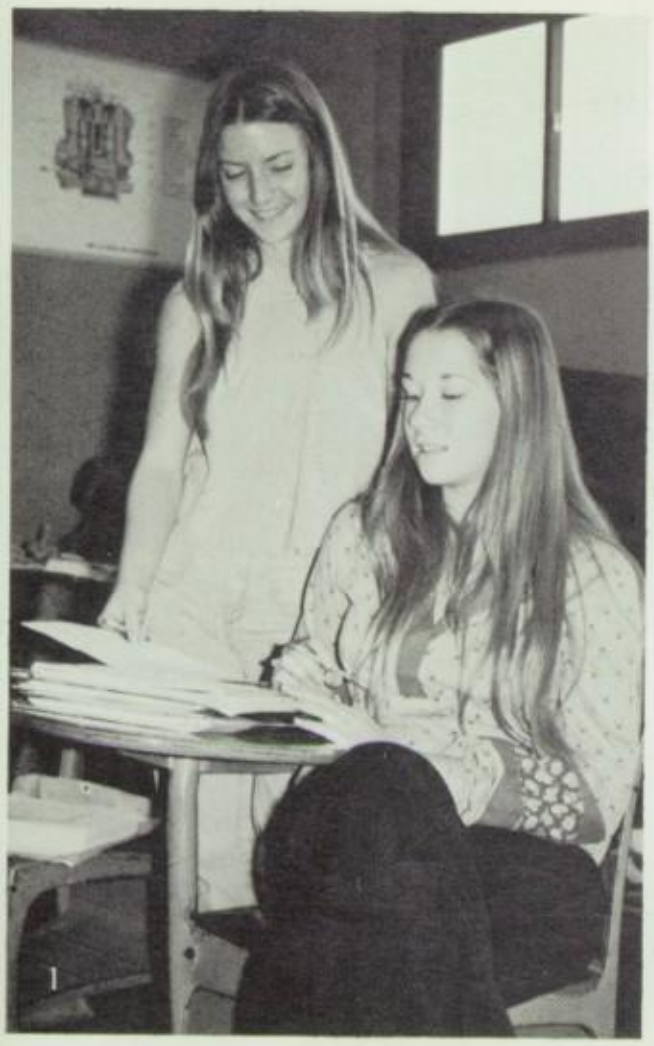
REGIONAL OCCU

The Capistrano-Laguna Beach Regional Occupational Program (ROP) was created to provide occupational training opportunities for high school students. ROP training prepares a student to enter the working world with a skill that is salable in a chosen field. It also prepares the student for further study in a specialized career field or upgrades existing skills.

1. Medical Occupation
2. Child Care
3. Checkstand Register
4. Dental Assistance
5. Legal Secretary



PATION PROGRAM



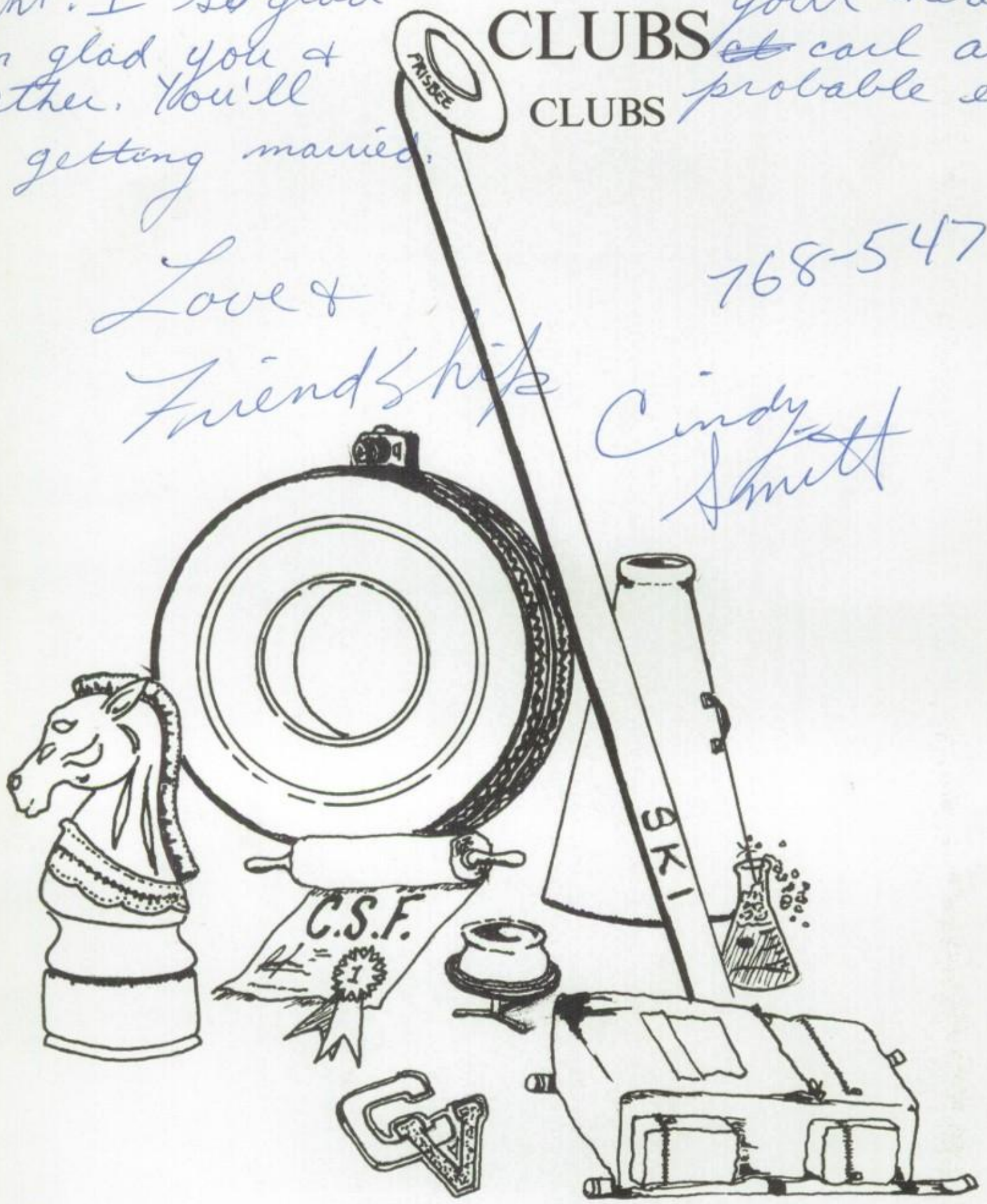
1. Banking
2. Foreign Car Service
3. Landscaping
4. Child Care
5. Fire Protection
6. Medical Therapy

Laura,
I'm so glad that you & I got to be good friends. You're a very special to me. I will never forget the night when Sue, Teri, Ray, you & myself were all talking. I've never felt closer to anyone before that night. I so glad your here!! I'm glad you & ~~et~~ call are together. You'll probable end up getting married.

Love &
Friendship
Cindy Smith

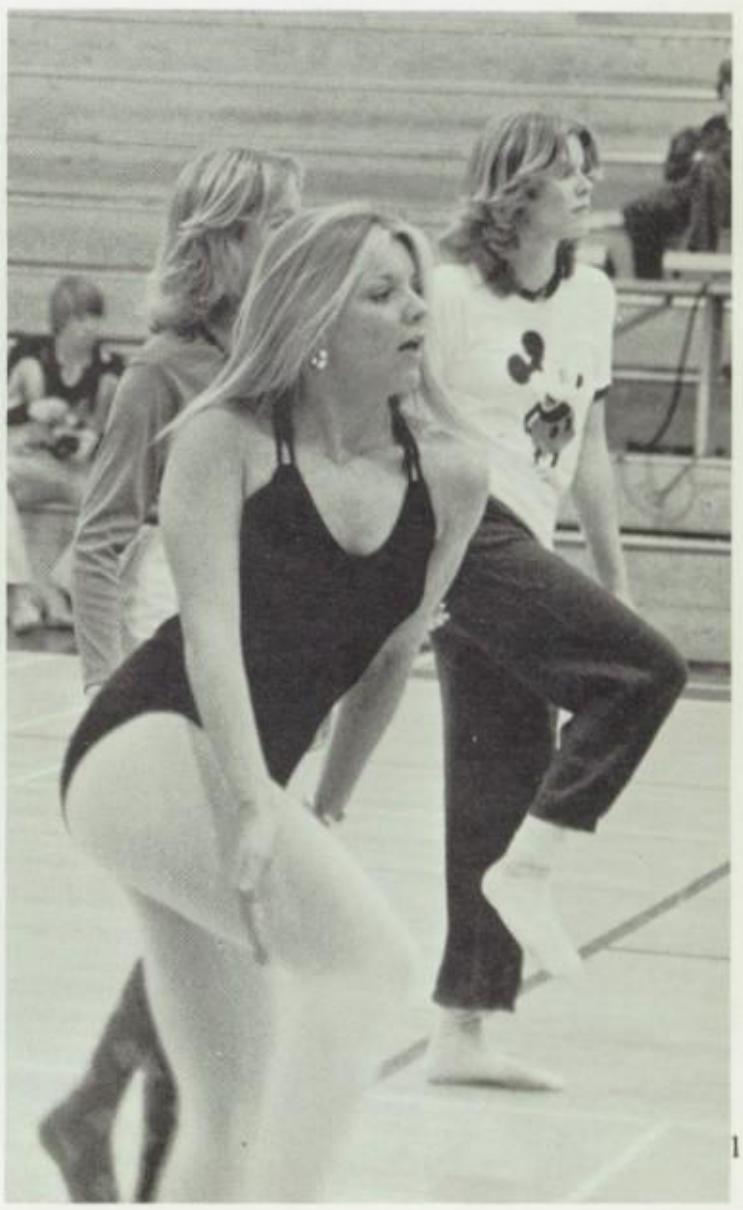
768-5473

CLUBS
CLUBS
CLUBS
CLUBS
CLUBS



DANCE

BACK ROW: Rochelle Robinson, Janie Jamison, Karen Jackson, Sue Chaska, Nadine Nicholes, Sue Sherry, Kathleen Schaller, Jill Jacobs, Tonia Stienke. STANDING: Kelly Thompson, Eddie Chaska, Sue Gibbs, Becky Rhoads, Cheryl Hartline, Beth Berchioli, Sandy, Barbara Perez, Tina Fiantaco, Mrs. Kelly (advisor). KNEELING: Suzy Beck, Anita Schnitzler, Lisa Sacco, Cleo Sanda, Teal Nava, Pam Driscoll, Tammi Marchello, Fran Hickman, Marie Broullett, SITTING: Anne Cast, Francine Loretero, Kim Ogle, Alma Aguliar, Christy Glacier, Denise Reagon, Dana.



FRISBEE

Designed specifically for having a good time, the Frisbee Club is open to anyone. However Mr. Panici and Mr. Hoffman have only been able to recruit ten members for their club. If things go as planned the Capo team will be involved in a week long tournament against the other schools in the area.

CERAMICS

Capo Valley students displayed their skills in ceramics as the Ceramics Club participated in a contest against University in November. However the most exciting event of the year has been the firing of the new kiln. Organizer Mrs. Booth plans to hold a John Smart look-alike contest along with a pottery sale for the spring months.

Standing: Ms. Booth, Carol Allen, Dana Bowers, Coeinne Trott, Dave Ferrari, Mike Herren, Dave McElroy, Doug Staggs, Tony Marchello, Tony Kobylski, Ed Gomez. Kneeling: Lisa Schroeder, Theresa Robertson, Debbie Wareh, Ted Wallace, Gloria Oropeza, Steve Gaines, Chris Sykes

PHOTO

Standing left to right: Lorenz Martinez, Todd Fulladosa, Clay Coolier, Mark Avery, Sean Reilly, Alex Kotowitz, Scott Anderson, Steve McClain, Mike Bell, Den Granucci, Mark Maldonado, Mike Bryant, Mark Chandier, David Trask, Brian Muller, David Grant, Jeff Gunning, Kathy McClure, Jermey Sykes, Donna Cordry, Advisor Mr. McIlwee, Kneeling: left to right: Gary Marble, David Ketterman, Adam Nestor, Paul Hughes, Danny Dibble, Greg Welty, Mike Dooley, Brent Kulp, Robbie Ford, Kurt Yeck, Laszlo Lehotay, Randy Kofron, Jeff Neal, Todd Schneiderman, Front Row: Amy Friesen, Deborah Parker, Heidi Reinicke, Wendy Wolfe, Gloria Orthopez, Margret Tarantino, Julie Galkin, Julie Wilson, Sheri Corvier, Ted Salmon, Photo Eddie.

AUTO

L. to R. - Ron Van Peursem, Jim Foster, Luke Johnson, Allen Fawcett, Gail Sarcae, Professor Purris, Joe Trujillo, Joe Butler, Time Callahan, Gene Kopitch. Middle - Gary Cox. Kneeling - Steve King, Don Vermeulen, Todd Fulladosa

The Auto Tech Club has been busy at work as they rebuilt everything which came through the shop doors from tractors to motorcycles. The club went on a field trip to the General Motors assembly plant near Long Beach. They also have been instrumental in setting up the auto shop, building tool panels, work benches and other needed materials for the shop. Mr. Purvis would like to thank this great group of students for their extended time and effort.

CHESS

The members of Capo Valleys Chess Club spent many of their enrichment periods trying to improve their play. The club, sponcered by Mr. Rouse, organized a tournament between its own players and possibly plans to participate in another match between the chess clubs of the other schools in the area.

INTERNATIONAL CLUB

Standing left to right: Mrs. Romero, Graciela Martinez, Maria Vasquez, Sarah Hernandez, Gustavo Beltran, Francisco Sanchez, Jose Antonio Magana, Juana Vazquez, Luz Maria, Omar Sanchez, Eddie Bravo, Mrs. Azar. Sitting right to left: Martha Beltran, Martha Zendejas, Martha Aguilar, Elva Agular, Bella Aguilar, Maggie Aguilar, Josie Alvarado, Lori Lopez, Jeasus Mendoza, Raul Macias, Rebecca Martinez, Bertha Lopez. Not in the picture, Peggy Soto, Ramon Maldonado.

SCIENCE

The Science Club of Capo Valley High may possibly be the busiest of all the clubs. In December they went on a field trip to the Searhes Lake Club. Being planned for February are two five day trips, one to Death Valley and another to the Mohave Desert. At all times the club, organized by Mr. Panici and Mr. Manning along with Mr. Gable, is collecting newspapers to be recycled in order to pay for their trips.

GERMAN

Mrs. Gibb and the German Club were the sponcers of the January German Pretzel sale, the funds from the sale will hopefully go towards a field trip to Alpine Village and film festival. Mrs. Gibb also is hoping to start an international week to promote the foreign language department and its clubs.

CSF

TOP ROW: Jill Jacobs, Andy Ivers, Theresa Howard, Larry Wilken, Scott Fox, Darlene Ridill, Mark Lockareff, Paul Amorese, Kristen Thorpe, Judy Schubert, Bonnie Sala, Terry Johnson, Sheri Carter, Mr. Hoffman (advisor). MIDDLE ROW: Lynn Farnham, Audrey Sung, Kim Krahulik, Laura Wenzel, Glen Magason, Steve Grod, Shelly Nobles, Claudette Cobert, Bridget O'Brien, Glen Claudi-Magnussen, JoAnn Shields. BOTTOM ROW: Dawna Halstead, Karen McCullum, Laura Van Peursen, Denise Reagon, Julie Ryan, Carla Kusky, Kris Dormady, Susan Soesbe, Amy Pitsker, Diane Bathgate.

The C.S.F. Club at C.V.H.S. began its first year in full swing with the selling of Thanksgiving flower grams, making a large enough profit to pay for their chaper in the State C.S.F. book and still enough for a scholarship.

Bill Hoffman and Alice Lahtela along with the Club officers did more than their share to see that the club was run as it should be.

An installation banquet was held in January to officially install all members. Members of C.S.F. are honor students who proceed to share their knowledge by granting scholarships to the students who so well deserve them.

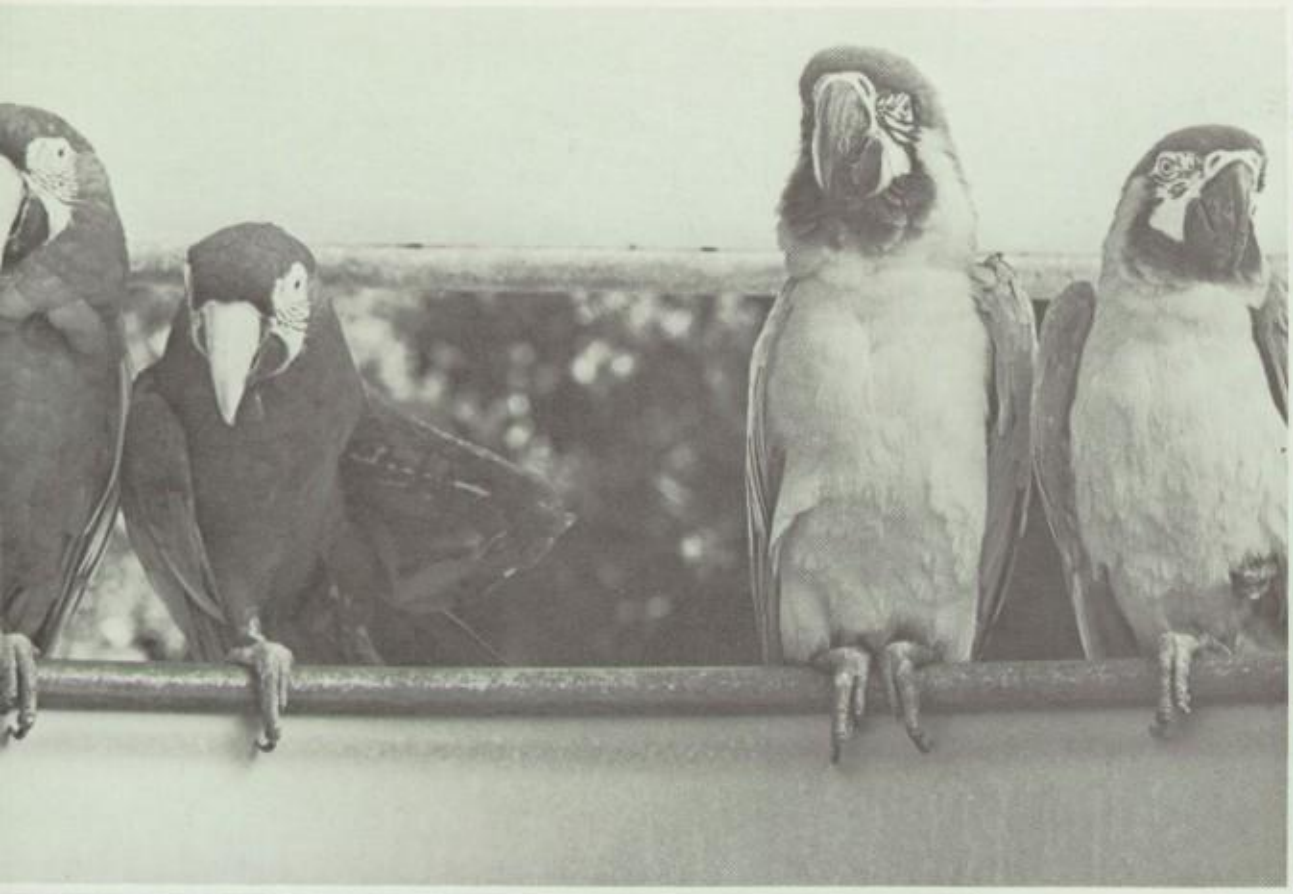
BACKPACKING

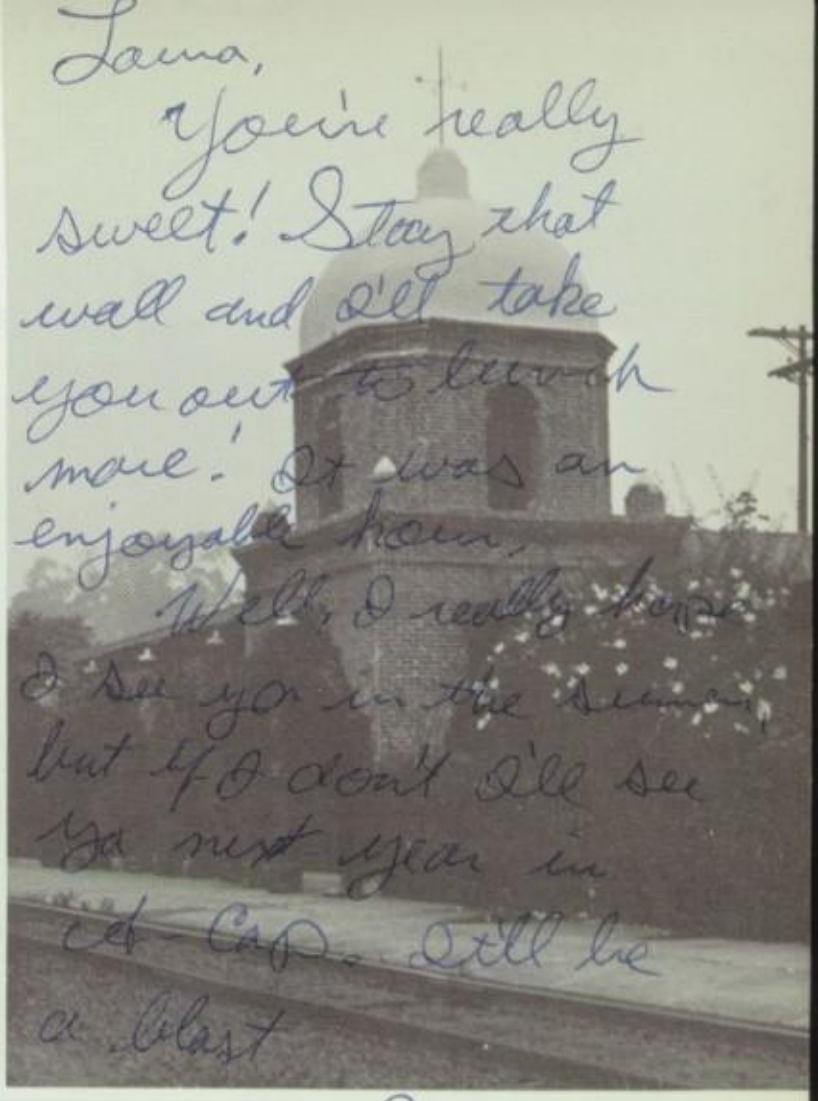
People Present: Kristin Thorpe, Denise Reagon Mr. Manning (advisor), Ed Paquin, Diane Bathgate

ASF

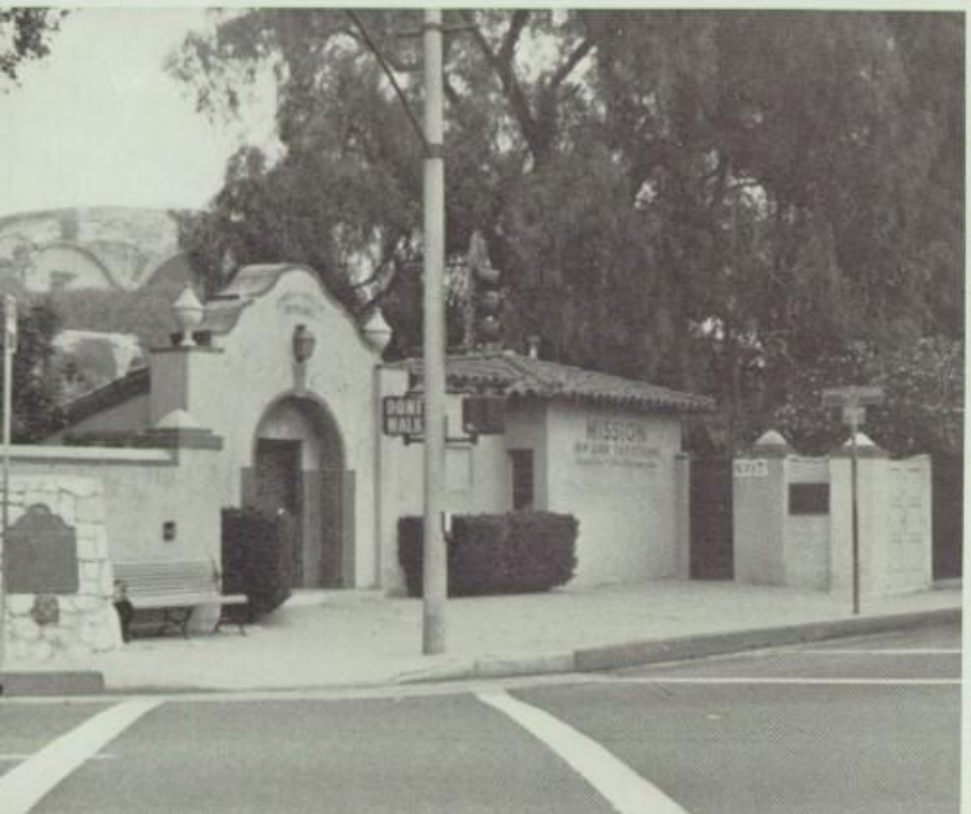
Martin Gukelburger, Johanne Leanderson

CAPISTRANO




Lana,
You're really sweet! Stay that wall and I'll take you out to lunch more! It was an enjoyable hour,
Well, I really hope I see ya in the Summer but if I don't I'll see ya next year in el CaPo. It'll be a blast
Bye,
Love ya,

MISSION
AN JUAN CAPISTRANO.
ounded Nov 1st 1776 By Fray Junipero Serra.


MISSION

DERAIL

SPECIAL THANKS.

Laura,
I'm really glad
I met you
your really sweet and great
friend have a fantastic summer
and maybe I'll see you around (I hope)
I know I'll see you next year
well love a great summer
Love always
Andrea Beck

Laura,
It's been a super
great year and I'm
glad I got to meet
you! You're a sweet
person! Well,
I'll see you
over the
summer
so, Love
and friendship
always,
Sue

Laura,
It's been a very fun
year and I think you
and Carl make a very nice
couple. I hope you have a
have a fun summer.
Alex Kopatch
me!!!!

Laura.
Its been a long
year and the summer
must be long enough!
I've enjoyd having you
around in Spanish to tell
you all my problems, and
most of all just to keep
me awake! I'm really
glad to see you & Ch
together, you really
make a cute cou
Stay sweet &
hope to
you th
su

Hi Laura,

I can't believe it we actually made it thru this year. (we said the same thing last year, remember?) I'm really glad were still friends, Let's stay friends forever! K?! I hope next year we get more classes together. See ya this summer. stay sweet! Love ya lots.

Love,

Tina

A VOICE FROM BEYOND SAYS PARTY!

Laura.
Take care/ the tomorrow is today.
Love
Jimmy Mortifee

SPECIAL THANKS

Love Julie

Mr. Long

ADMINISTRATION OFFICE STAFF

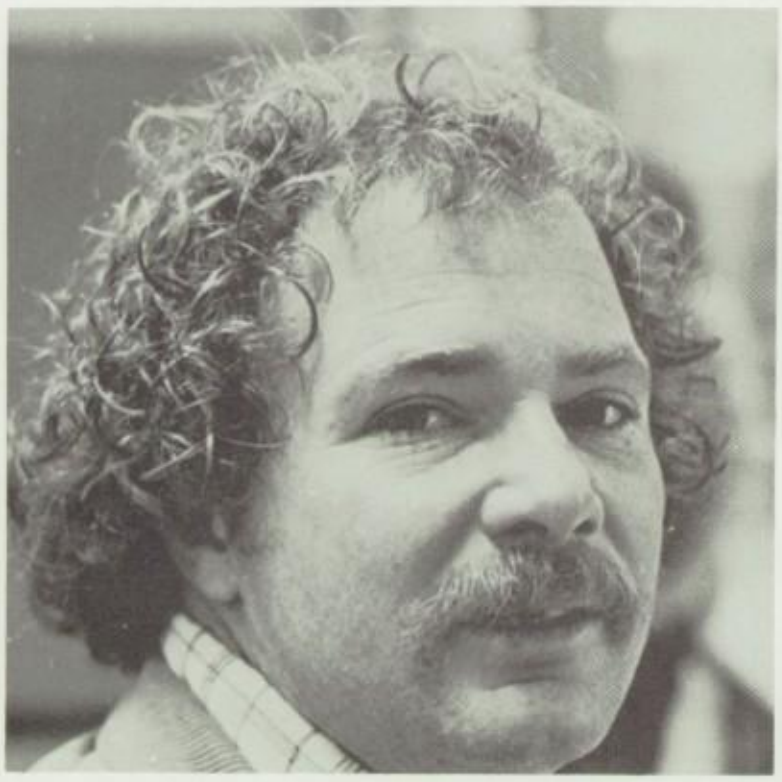
Mr. John Smart and Mrs. Jean Stevens

Mr. Andrew Fisher shows a little class.

BOTTOM ROW LEFT TO RIGHT: Sandy Belier, Dee DeBush, Wilma Johnson, John Murray, Janet Herkilrata, Marilynn Sedoff, not pictured, Sandi Smith. TOP ROW LEFT TO RIGHT: Cora Newton, Cheryl Phillips, Jeannie Wilson, Janet Jensen, Treva McKenstry, Sharon Griffith.

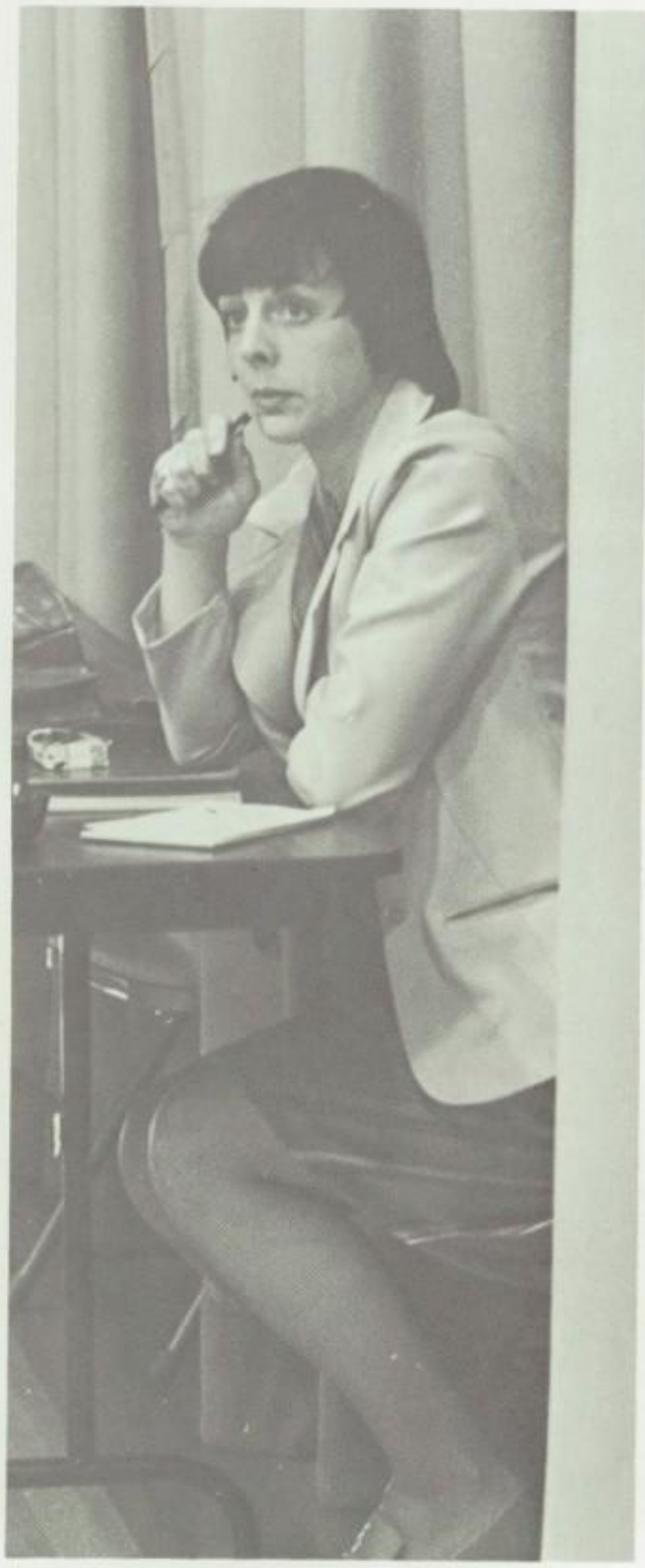
APPLIED SKILLS

SITTING LEFT TO RIGHT: Bob Perry, Barbara McKee, David Flores, Gay Veeh, Arlon Enmeier, Darlene Saltz. STANDING LEFT TO RIGHT: Carol Booth, Lisa Dallendorfer, John Purvis, Jay Mcillwee, Katie Stamp, not pictured Noremr Farley, Dick Christensen.



Richard Christensen gives the camera a glare.

David Flores, advisor of the yearbook looks pleased.



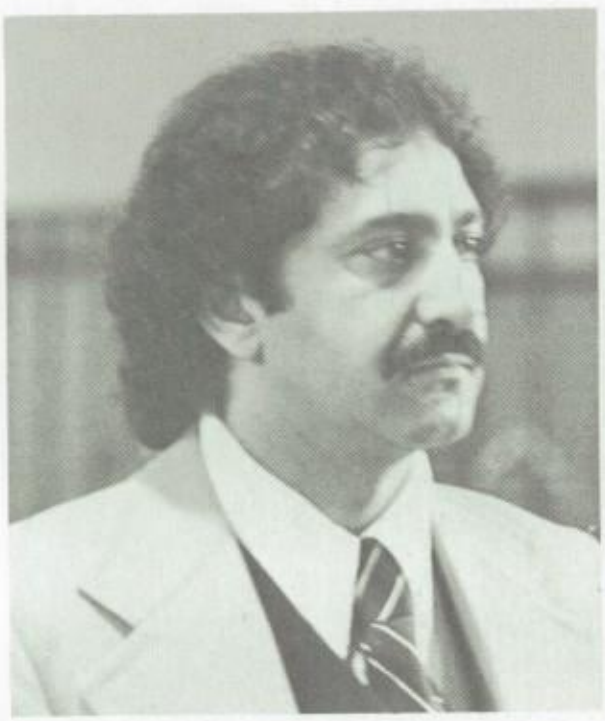
Noreen Farley takes a break.

Laura,
Sure hope
to see you next
year in Drama.
Congrats on
"Oliver!"
Miss
Farley

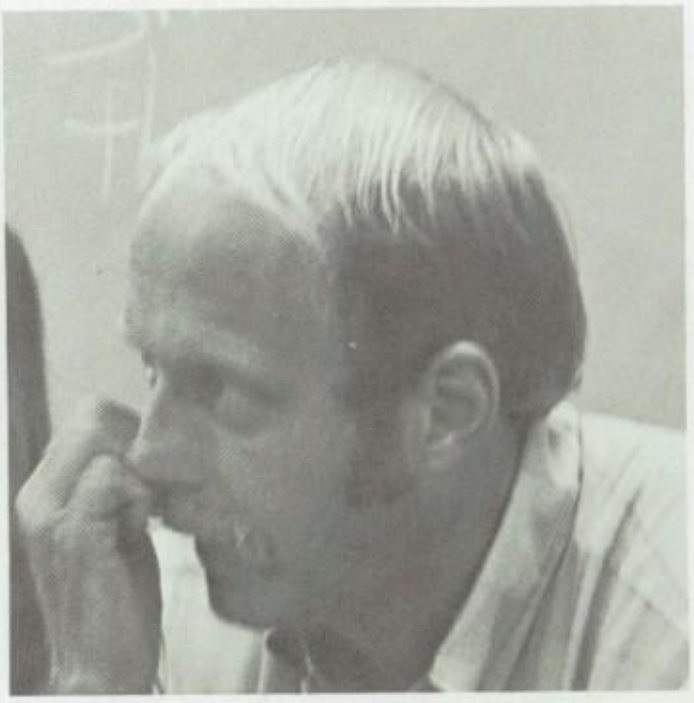
BASIC SKILLS

A cheerful moment during Eric Patton's class.

Sharon Cole talks to her students.



Habib Mohit in a serious stage.

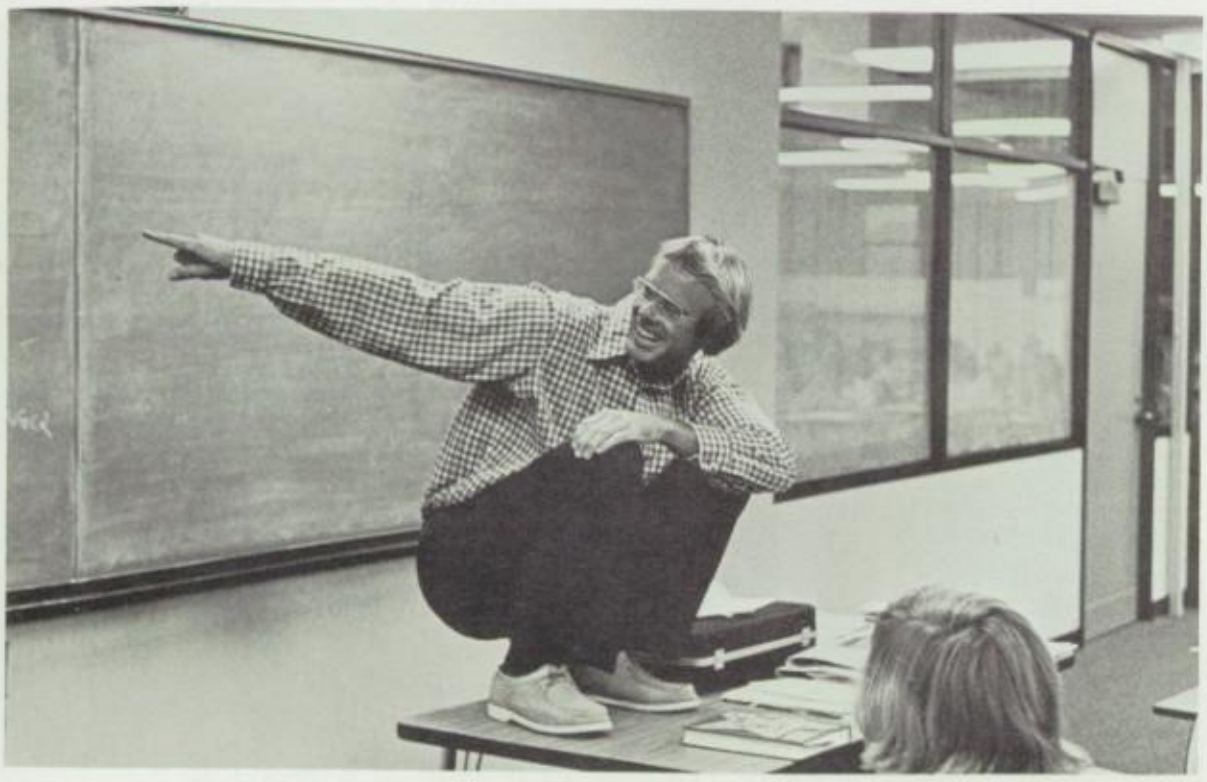


Ron Willms listens to his students.

FIRST ROW LEFT TO RIGHT: Mary Kay Dargan, Paul Lane, Bill Cunerty, SECOND ROW LEFT TO RIGHT: Susan Gutowsky, Sharon Cole, Paula Spadaro, Marlene Sigh, Randi Levine, Milt Rouse. THIRD ROW LEFT TO RIGHT: Ron Wilms, Ken Kaefer, Eric Patton, Alice Lahtela, Bill Eller, Sharon Birvlelund, Bob Janko, Janet Hellry, Habib Mohit.

ENVIRONMENTAL SCIENCES

FIRST ROW LEFT TO RIGHT: Dottie McHenry, Bill Hoffman. SECOND ROW LEFT TO RIGHT: Brian Manning, Beth Gibb, Ella Glaser, Marie Charolete Henderson, THIRD ROW LEFT TO RIGHT: Joe Wiemer, Dan Gable, Ray Panici. FOURTH ROW: Pat Levens. FIFTH ROW: Ragu Mathur. STANDING TOP TO BOTTOM: Cathy Rehn, Ron Long, Ray Beaver.



Bob Nealy rides a wave during one of his classes.

Carol Looney observes her students.

Laura —
Hope you start
to channel your
energy toward saving
oceans —
Good Summer
Bill Manning

Laura
Ha sido un
placer conocerte
Buena suerte
Sr. Salcedo

HUMAN RESOURCES

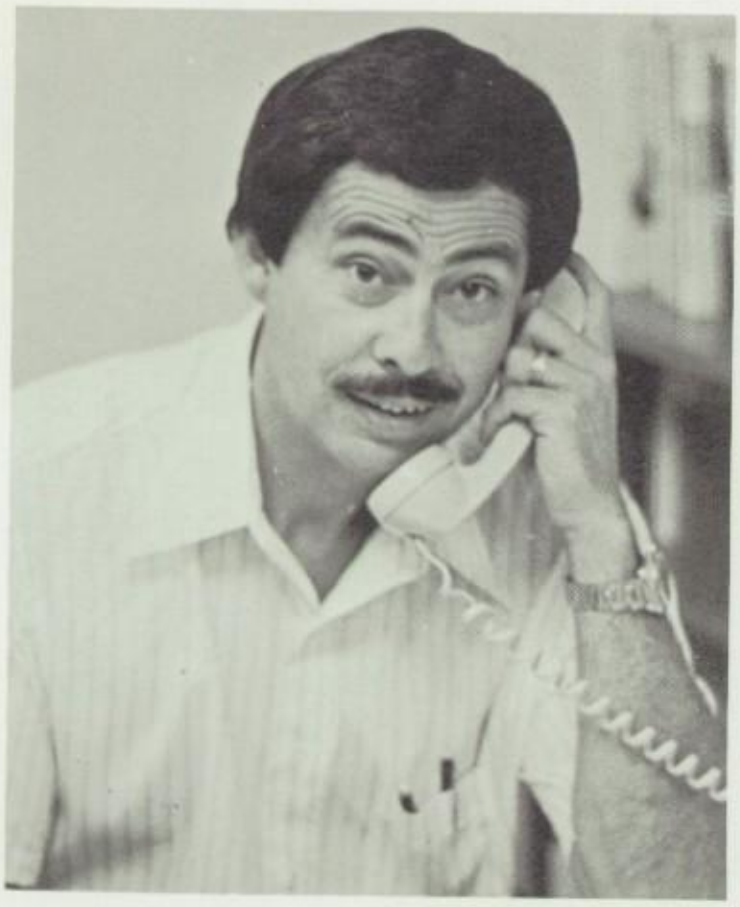
FRONT ROW, LEFT TO RIGHT: Stan DeMaggio, Mary Glusac, Dee DeBusk, Sharon Kelly, Bill Cunerty, Cheryl Phillips, Leslie Connor, Debbie Allen, Bill Rolfe. BACK ROW LEFT TO RIGHT: Rod Snook, Bob Bishop, Paul Smith, Bill Steinriede, Dick Enright, Bill Campbell

Bill Cunerty shows that teachers can dance too.

Bill Campbell and Dick Enright.

Cheryl Phillips gives a smile.

STUDENT SERVICES



Counselor Bob Sanchez keeps himself busy.

Counselor Diana Atkins takes a break from her busy schedule.

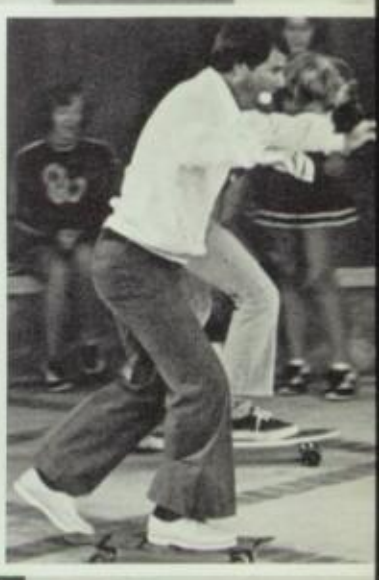
FRONT ROW LEFT TO RIGHT: Sandy Belier, Janet Jensen, Alice Azar, Irene Romero. BACK ROW LEFT TO RIGHT: Bob Sanchez, Diana Atkins, Marian Vertrees, Barbara Raht, Barbara Ryan, Al Kiesselbach.

CLASSIFIED STAFF

LEFT TO RIGHT STANDING: Beth Drazil, Georgette Bartolini, Marlyn Smith, Devvie Green, Frances Vecchione. SITTING LEFT TO RIGHT: Chelo Rymer, Charlene Wilkinson.

STANDING LEFT TO RIGHT: Rich Klien, Tom Saunders, Brian Johannes. SITTING LEFT TO RIGHT: Leo Dennedy, Jeff Wenickie, Frank Ferdenini, Tony Mohmy, Phil Howell, Bill Loharman.

STAFF AT WORK



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Seating L. to R. - Mr. Grignon Mr. Chicas

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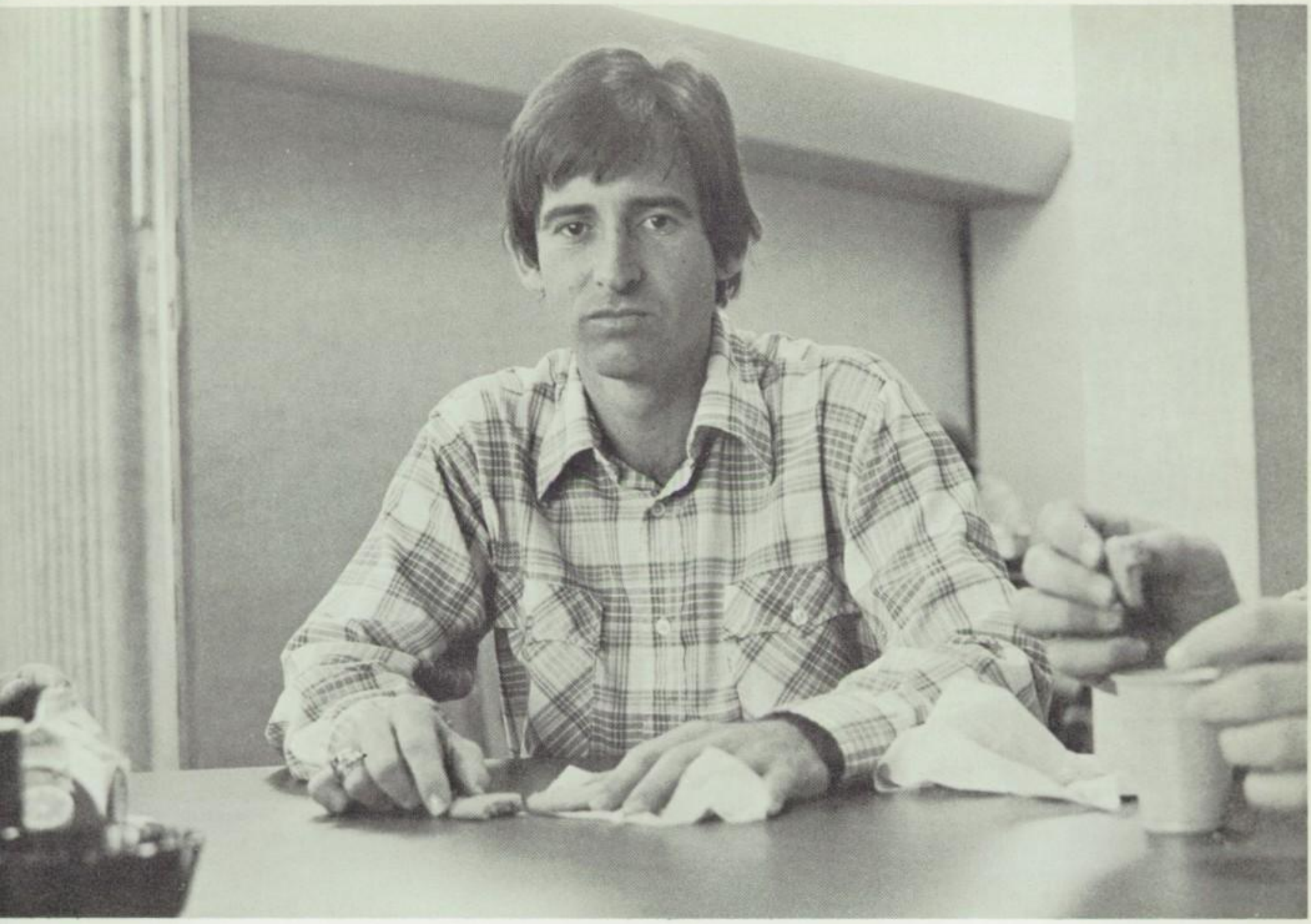
TEACHER OF THE YEAR



Each person has his own personal goal which he strives to achieve in his job. No honor could satisfy a teachers goal greater than the award presented to Mr. Bob Zamora, The Teacher of The Year. Being selected as the finest teacher in Capistrano Valley's first year has to be a highlight in Mr. Zamora's life, a life filled with many honors. Mr. Zamora attended Mt. Carmel High School in Los Angeles then went to Chapman College, graduating Magna Cumlaude and being voted the Scholar Athlete for that year. Now he is completing his Masters Degree at UCI.

Being a fine spanish teacher is not Mr. Zamora's only contributions to the Student Body. He also is the Varsity Baseball Head Coach, a job which he deserves. Mr. Zamora was a member of the San Diego Padre baseball organization for three years and last year was an assistant coach at Dana Hills.

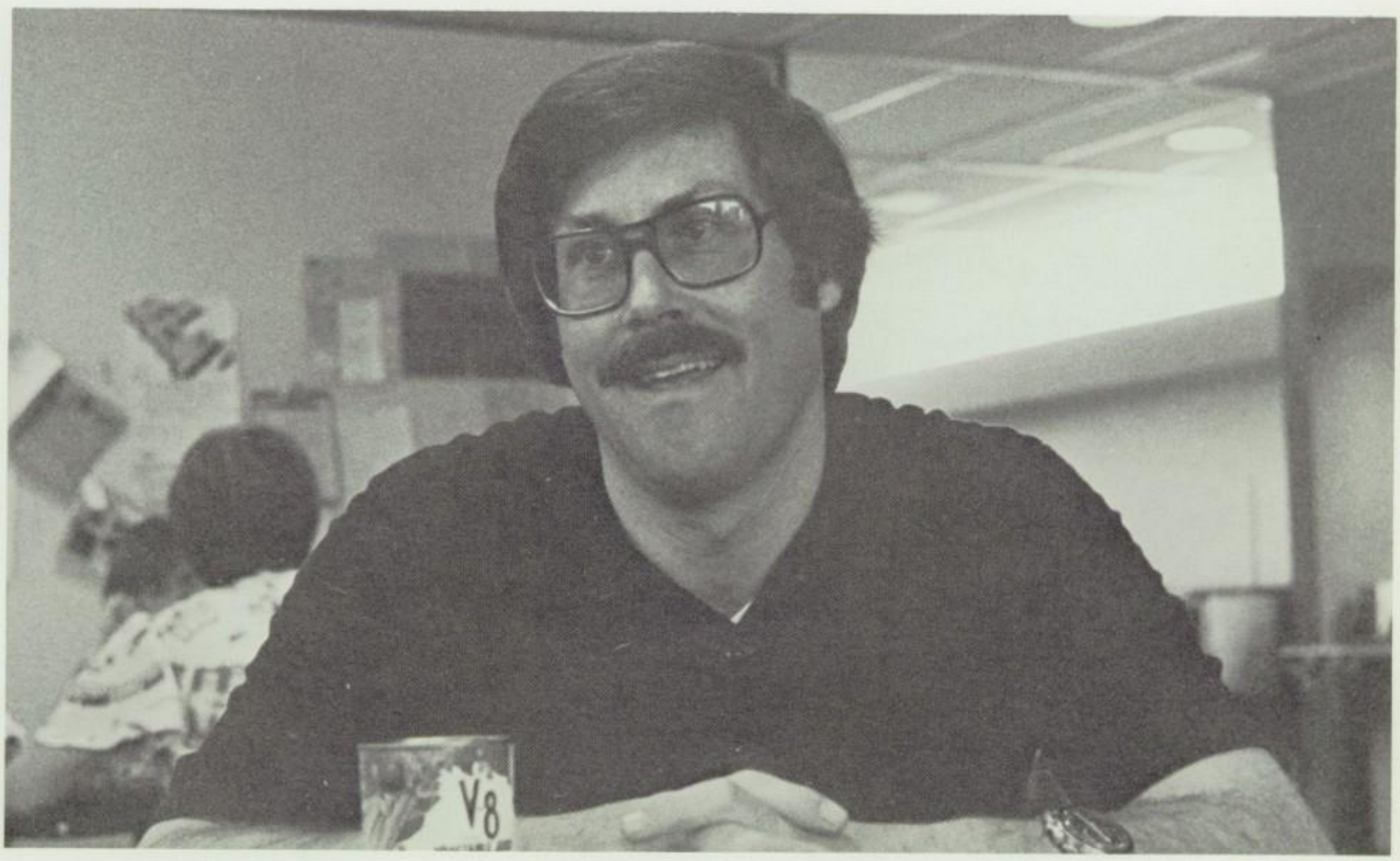
The Teacher of the Year award was presented to Mr. Zamora because of his excellence in teaching along with his leadership abilities and personal characteristics in the classroom and on the athletic field. Congratulations must again be given to Mr. Zamora, Capo Valley's first Teacher of the Year.

ADVISORS

Mr. Mohit, Senior class advisor.

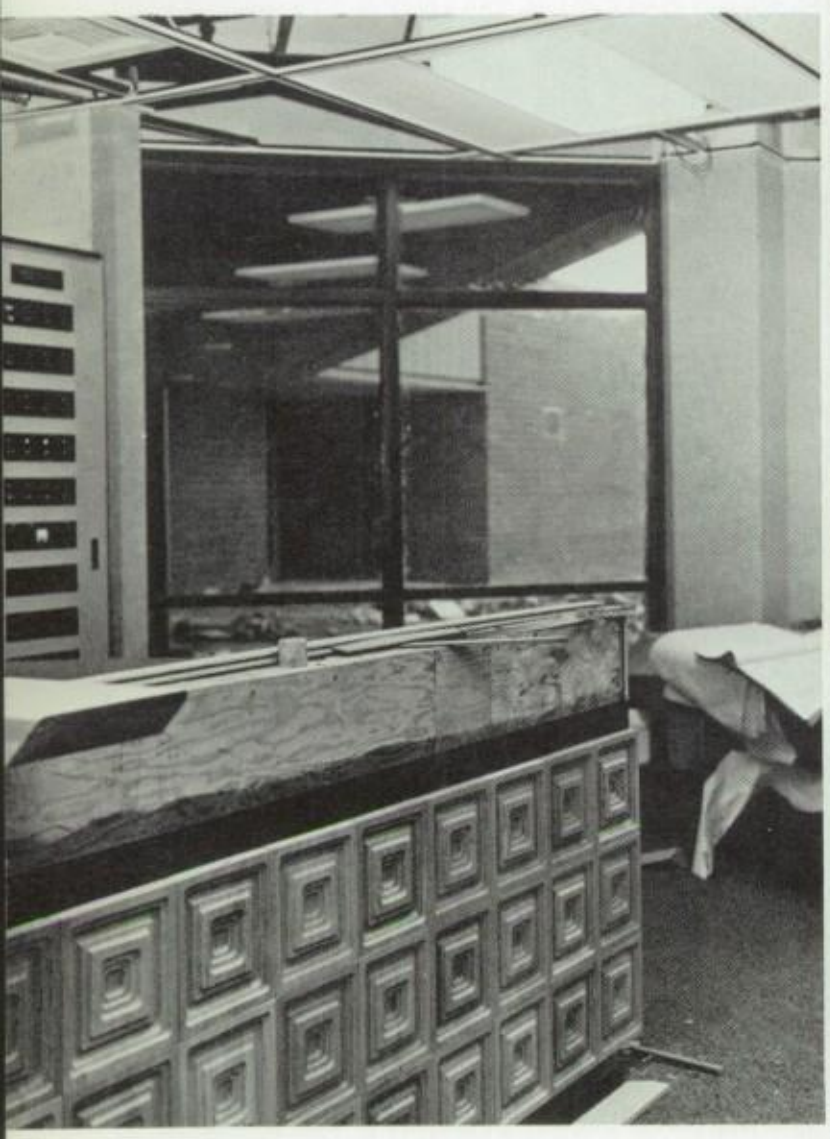
Mrs. Renn, Junior class advisor.

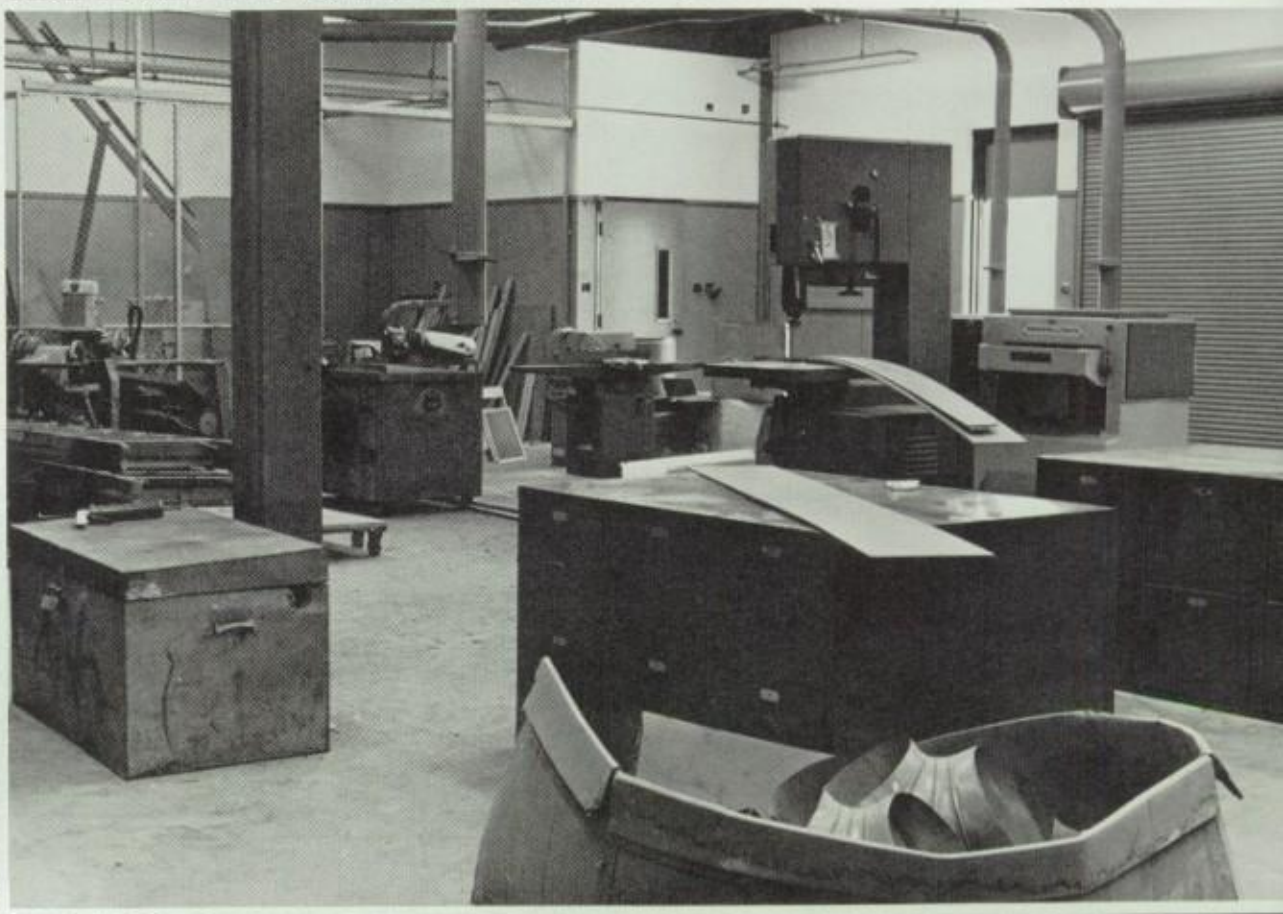
Ms. Stamp, Sophomore class advisor.



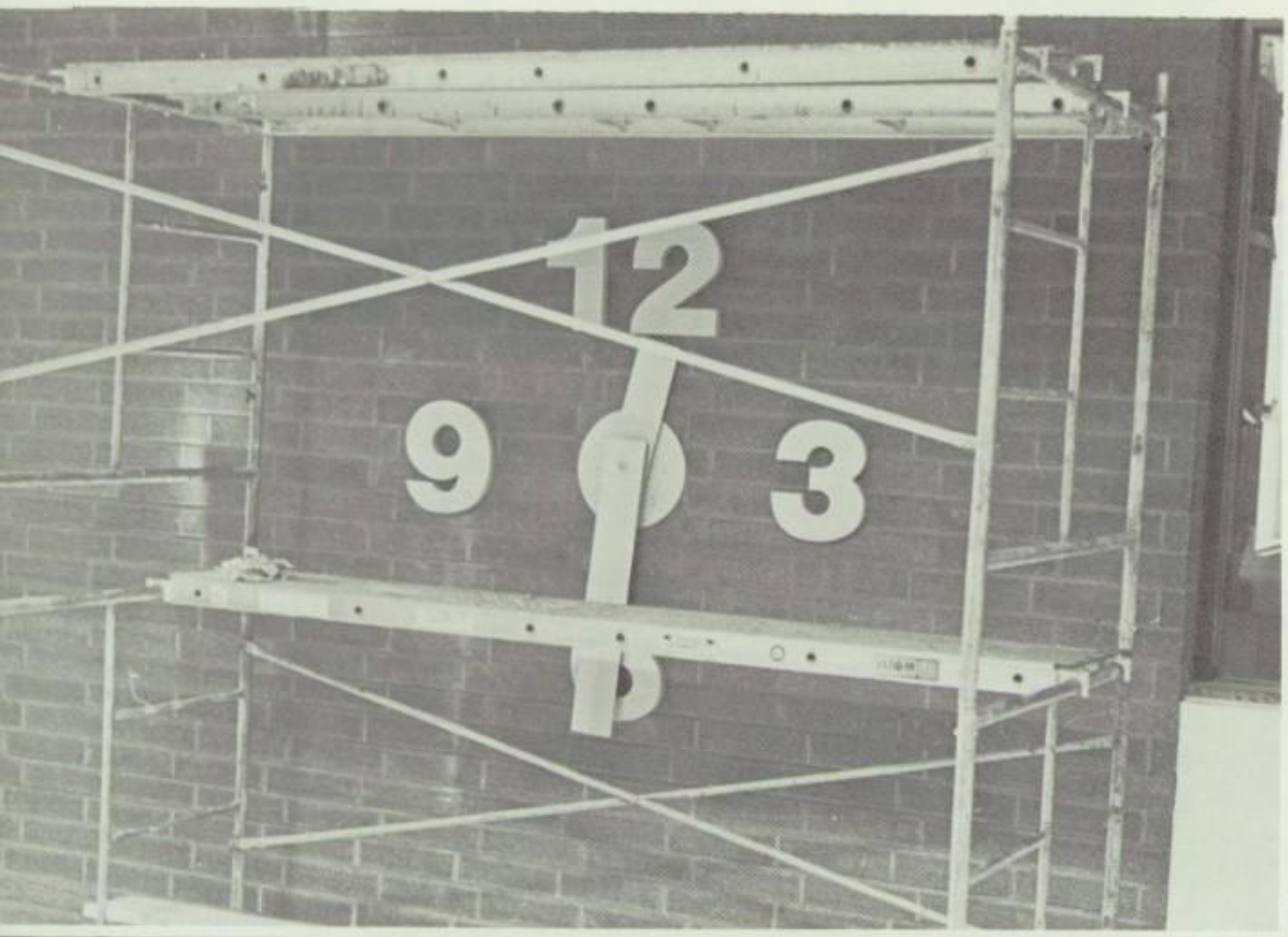
Mr. Levens, Freshmen class advisor.

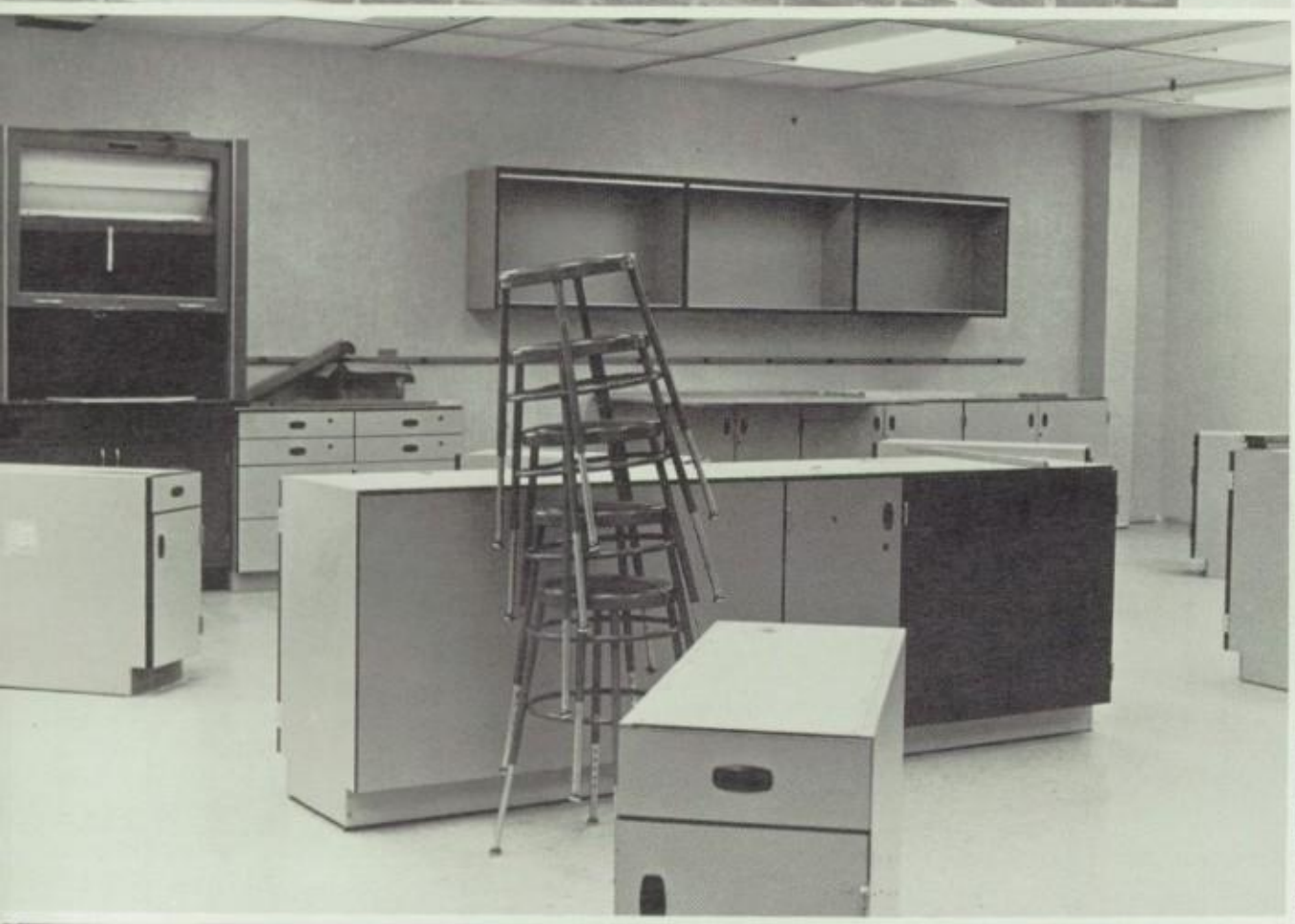
CAPISTRANO VALLEY HIGH





SCHOOL UNDER CONSTRUCTION





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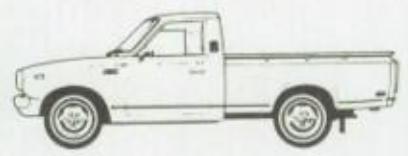
Corolla 4-Door Custom
42 Highway, 26 City*



Half-ton Standard Bed Deluxe
33 Highway, 23 City*

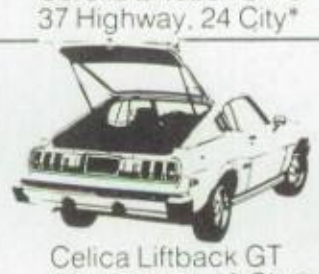
Corona 5-Door Wagon
32 Highway, 19 City*

Corolla Liftback SR-5
37 Highway, 24 City*

Long Bed SR-5
33 Highway, 23 City*

Corolla Sport Coupe SR-5
37 Highway, 24 City*

Corona 4-Door Sedan
32 Highway, 19 City*



Celica Liftback GT
33 Highway, 19 City*

Corolla 2-Door Sedan Custom
42 Highway, 26 City*

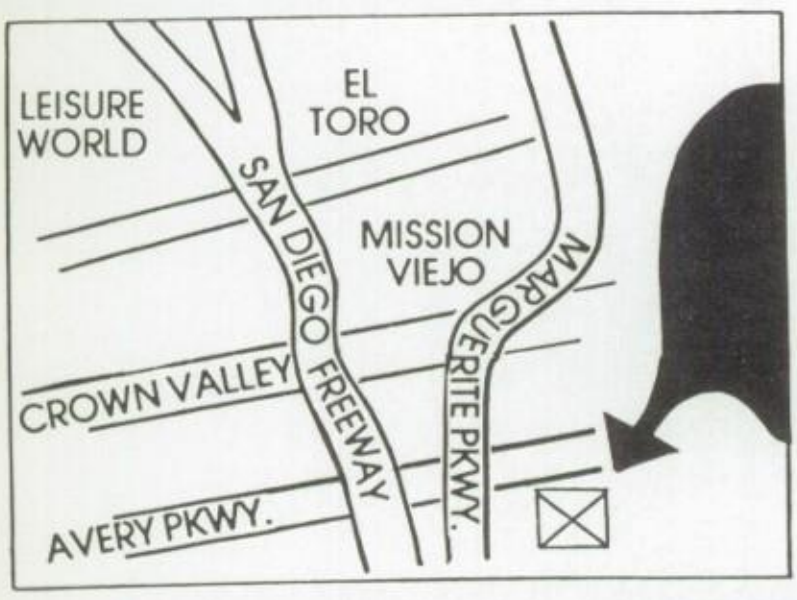
Corolla 2-Door Sedan Deluxe
42 Highway, 26 City*

Long Bed Deluxe
33 Highway, 23 City*

Corolla SR-5 Hardtop
37 Highway, 24 City*

Half-ton Standard Bed SR-5
33 Highway, 23 City*

Corolla 4-Door Sedan Deluxe
42 Highway, 26 City*



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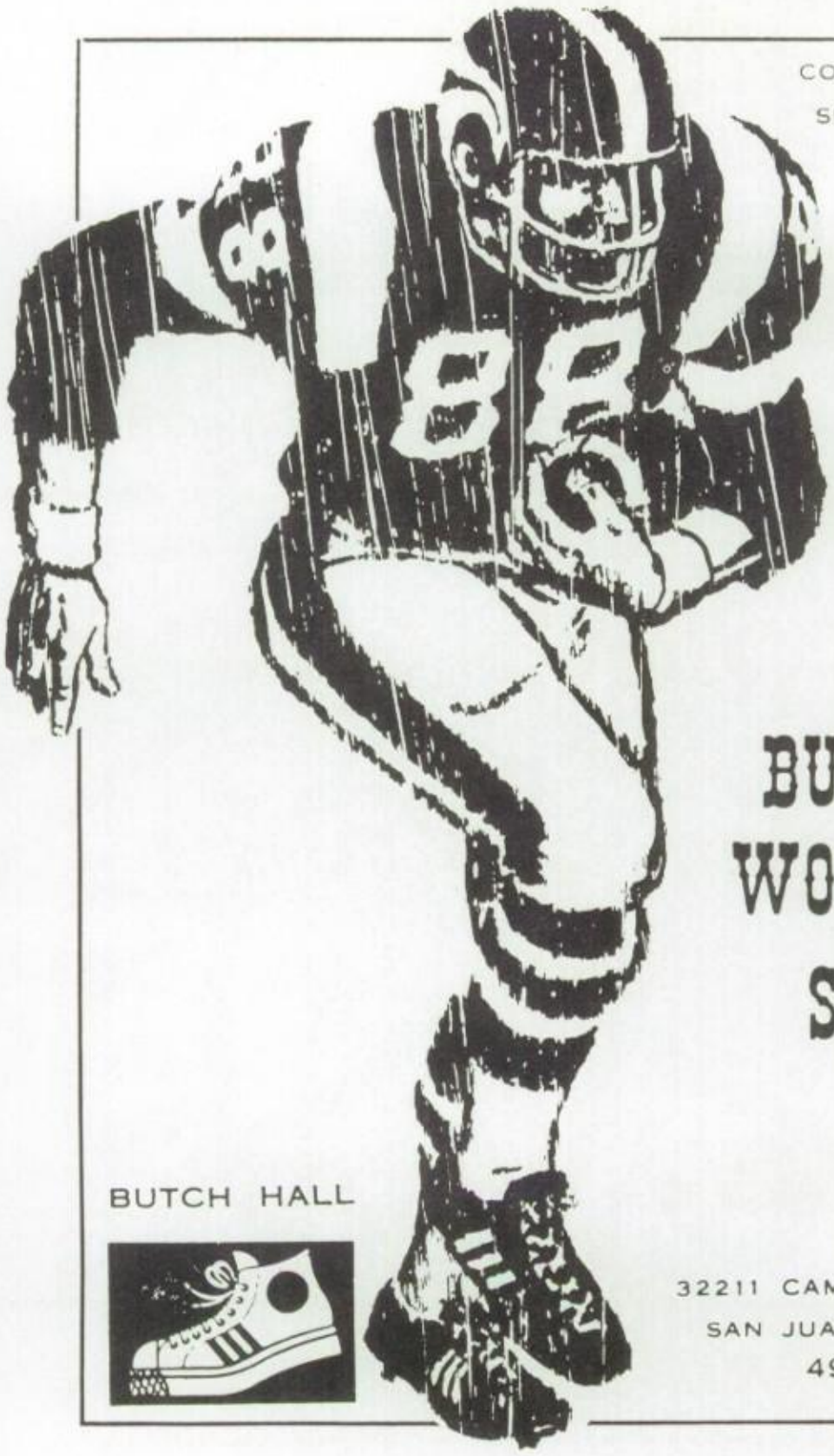

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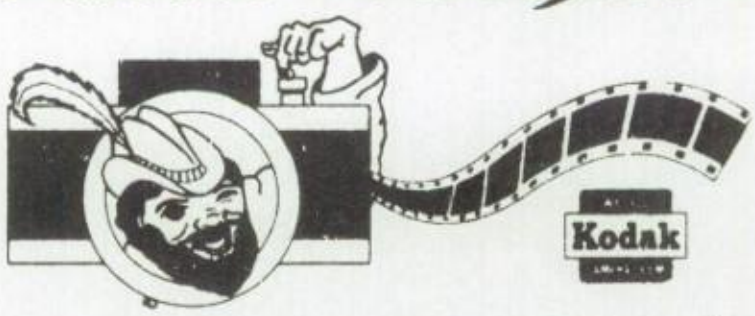

FAST PHOTO

DICK HALLMARK

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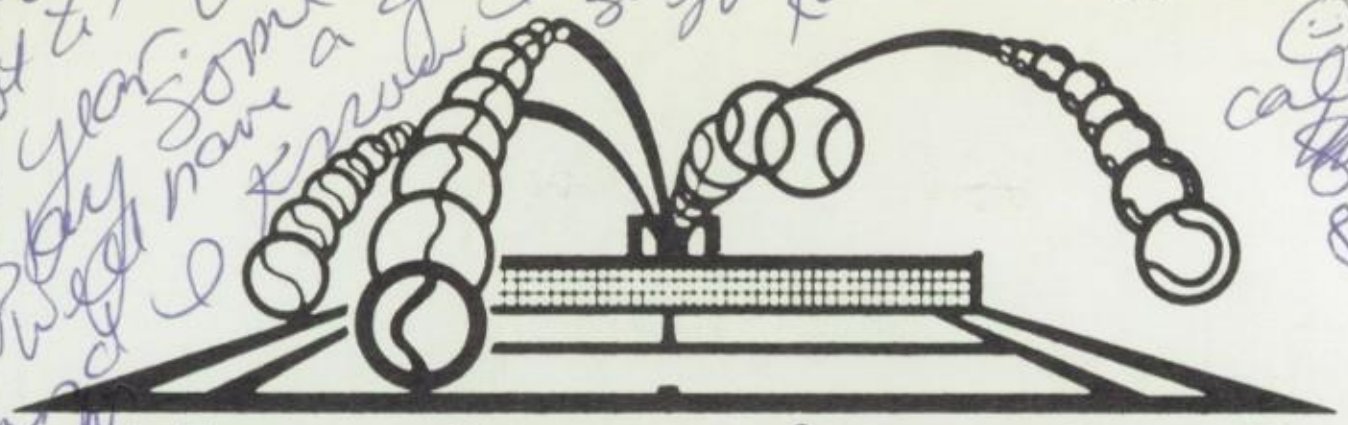
Phone # 661-1003



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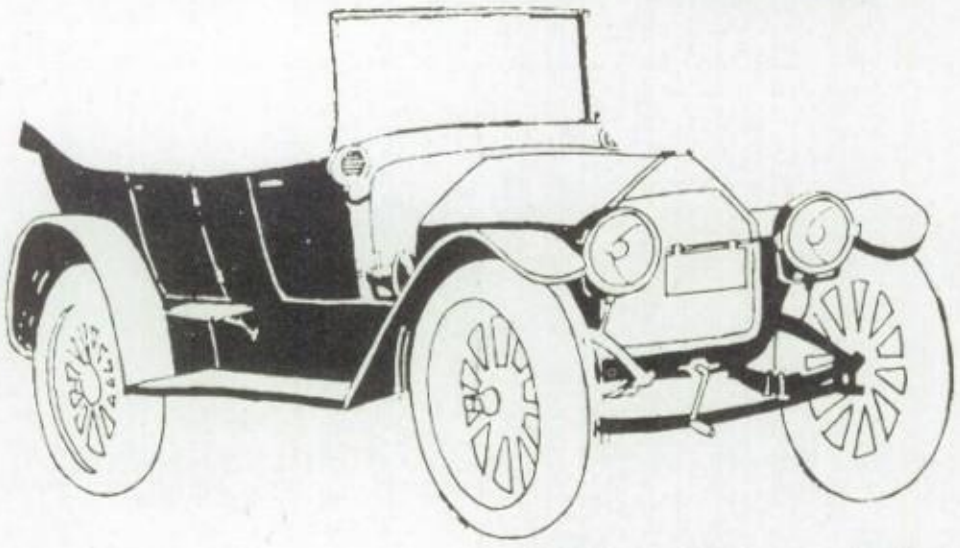

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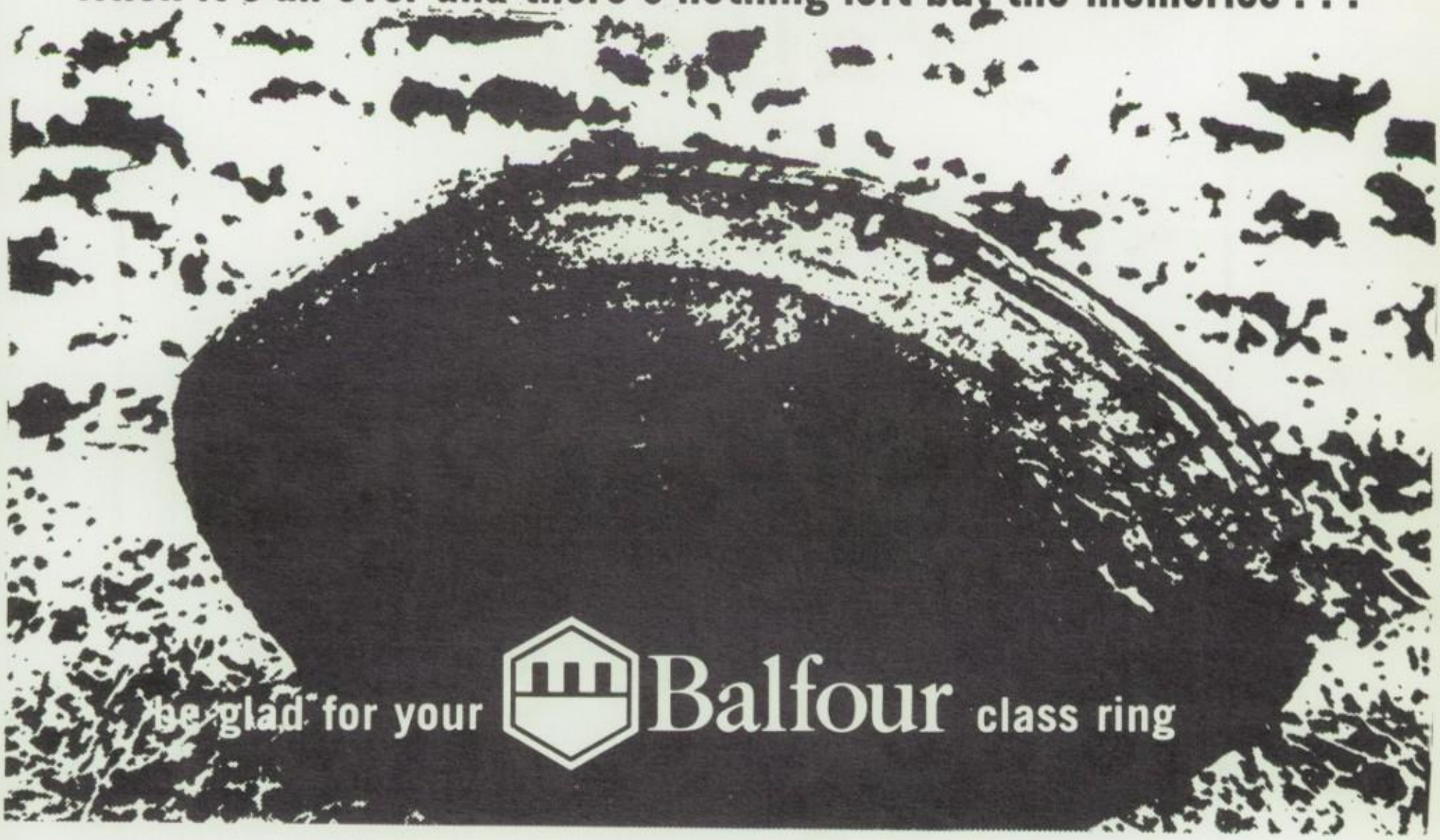

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SPECIAL THANKS TO STEVE WAGNER

JOSTEN'S / American Yearbook Company

Laura you are a super nice person and I enjoyed our friendship all year. We've had some fun times and I hope next year will be better friends, have a cas summer and take it easy.
Love always
Love...
Chris Weller

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Laura,
I wish you all the luck in the world for your future home ec. in high school.
Love
Clay

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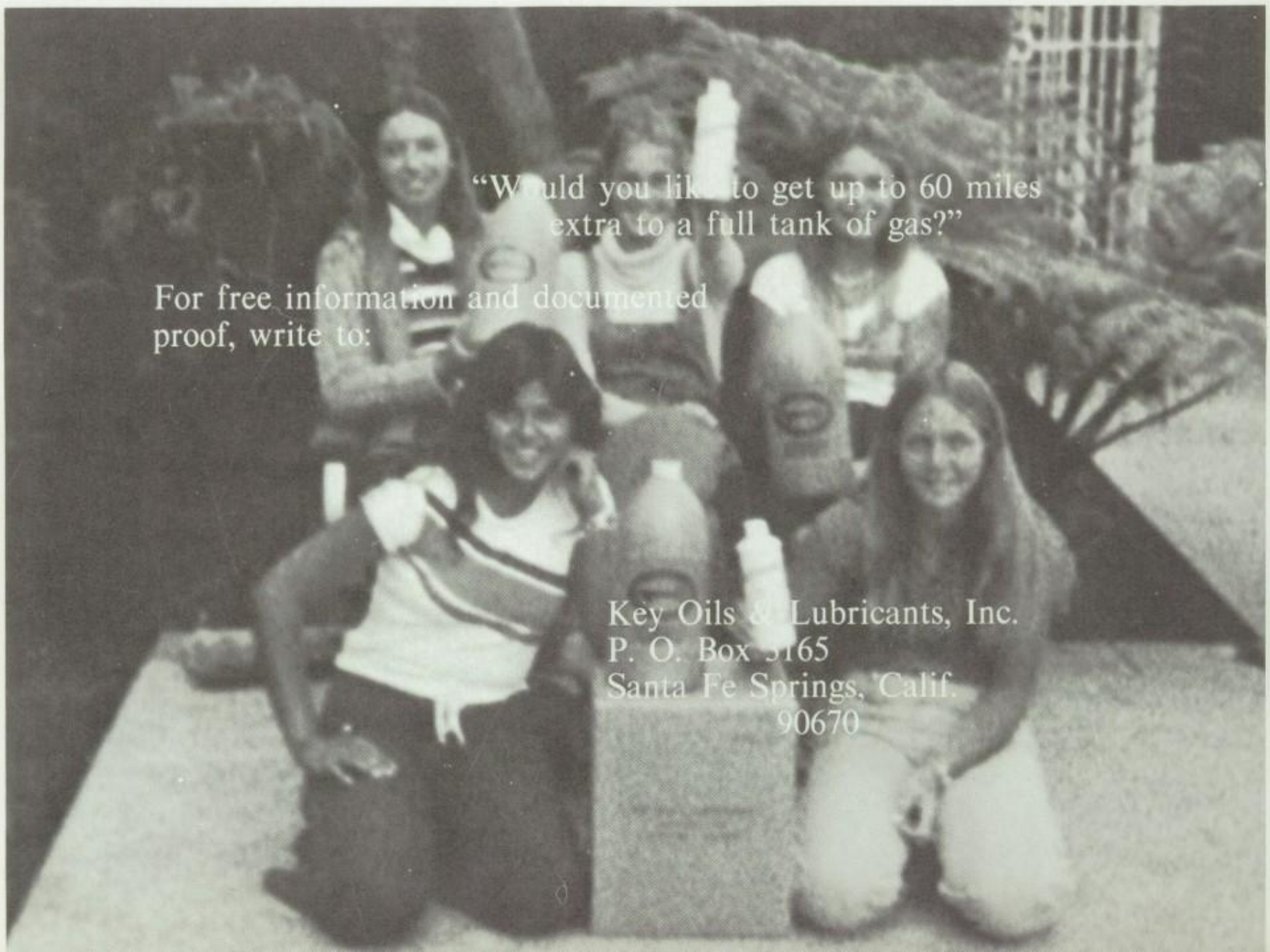
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Laura,
Can you believe
it's nearly Easter,
We've been fun sharing
you in his class ever
though it was hectic
Were a clever seemer
hope to see ya

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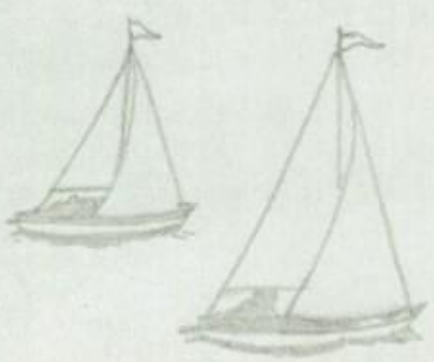

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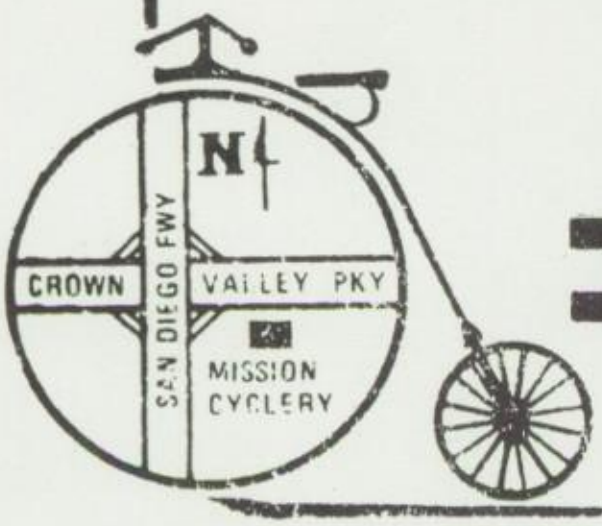

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Special Thanks 213

IN

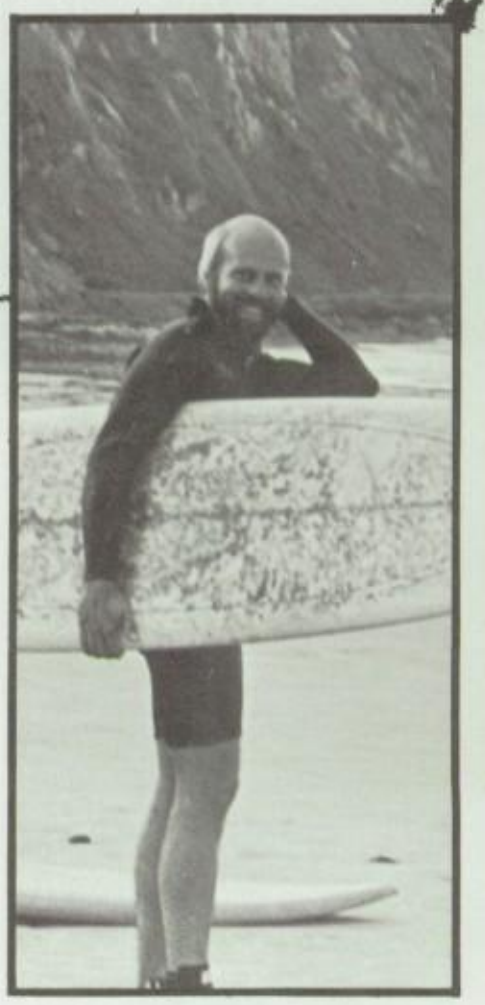
ANAHEIM

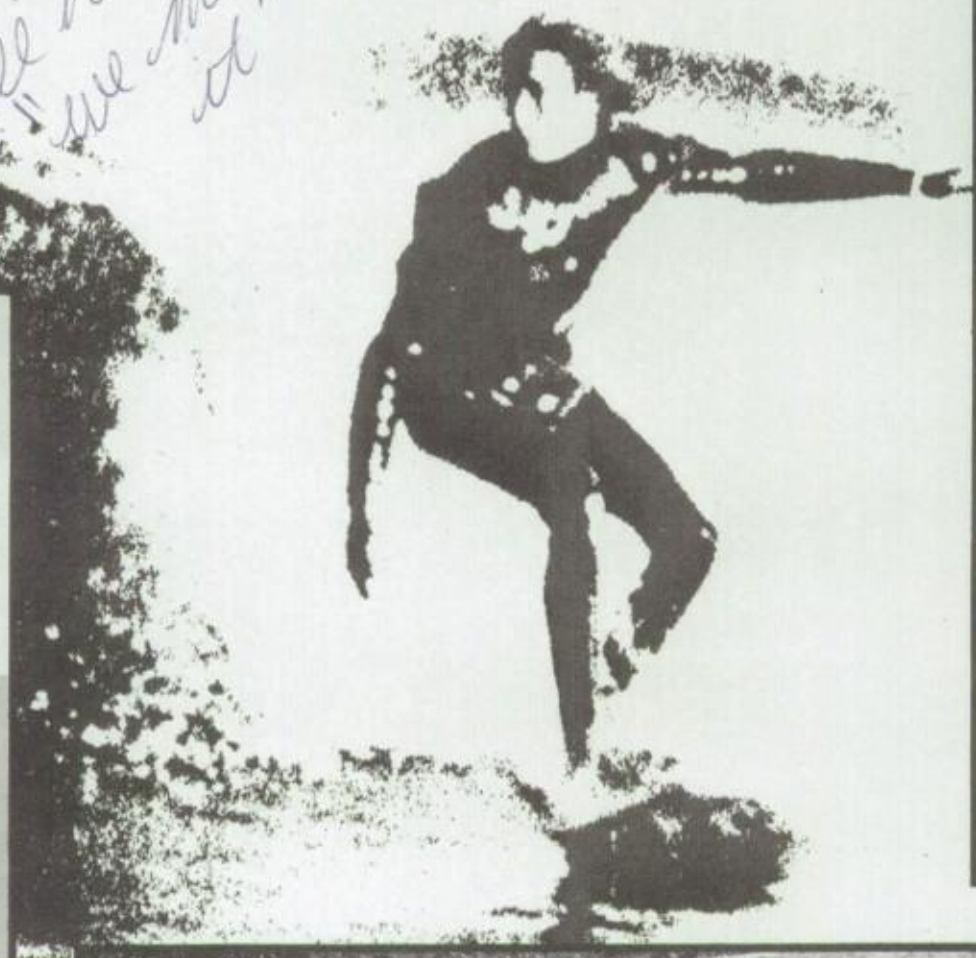
Hendricks GMC Trucks

"Special Thanks" from the yearbook staff, seniors, and leadership class, to Dave Anderson. He has dedicatedly spent many hours taking pictures. We've changed our minds and our times and places but still he's come through. Some of you may know Mr. Anderson he's the cuddly one with the smile who helped you stand up for formal pictures, he made you look fabulous for senior pictures, and also made you laugh for club shots.

Mr. Anderson owns a studio in San Clemente and has rearranged his busy schedule many times, this we greatly appreciate. The students would also like to thank him for his amiability and vivaciousness.

CREATIVE IMAGES
DISTINCTIVE PHOTOGRAPHY





Mr. Flores

With dedication and gratitude we the staff of El Gato would like to thank our advisor, Mr. Flores, for his time and guidance with us in the production of this annual.

Thank You

Sheri Carter, Tina Fiantaco,
Kathy Jackson, Eileen Hope,
Janie Jamison

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Editor in Chief- Sheri Carter
Assistant Editor- Tina Fiantaco
Layout Editor- Kathy Jackson
Copy Editor- Janie Jamison
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Photographers: Craig O'Brien, Paul Hughes, Sheri Montgomery

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Judy Irick, Mary Schubert, Sue Hansen, Rhonda Shook, Tayna Clark, Julie Nystrom, Monet Sachs, Kim Ketter, Steve Riis, Tammi Marchello, Anita Schnitzler, Mike Lawrence, Lisa Sacco, Rachel Kavanagh, Lisa Spaw.

YEAR BOOK

COPY STAFF: Janie Jamison, Tammi Marchello, Lisa Sacco, Steve Riis.

SPORTS: Steve Riis and Kathy Jackson.

ACTIVITIES: Judy Irick and Tammi Marchello.

CLASSES & FACULTY: Mary Schubert, Monet Sachs, Kim Ketter.

Left- PHOTOGRAPHERS: Craig Obrien, Paul Huges, Lisa Hollinshead, Sheri Montgomery.

Below- BUSINESS: Eileen Hope and Julie Nystrom.

CLASS

Laura,
Another year gone by - huh! Well it's been fun-
Like once before we've been through a lot! I'll always
have a place in my heart for you, You're a sweet heart
& hopper lucky to have Carl - He's really sweet -
We'll always be buddys - There's so much to say & we don't
know how to say it - I guess "I love you" covers
it - Keep in touch -
P.S. Someday we can go out for lunch
or on our break at work -
Love ya -
Molly

Sun rise and we see the awakening of dawn over a new horizon. Capistrano Valley High School peeked it's first ray of life in the fall of 1977. Since then the dawn has progressed to a life full of spirit. Students had the opportunity to establish such traditions as A.S.B. Structure, School Spirit, Educational Standards, and a strong Athletic Competition. These traditions will be carried on in the years to come. The class of '78 had the honor of being the first graduating class and as the sun sets, the beginning of a new dawn arises.

EDITOR: Sheri Carter

Laura,
Well here we are at the end of another year
I am really glad I met you, If not this
year would not have been so fun. I won't
be seeing you's any more beings I will be
going to Dana Hills or the count that we
moved to dana point. But I want to thankyou
for making this year so fun. Have a great
summer. Laura & Carl "Forever" Make some
thing of it. Friends always
Love ya
Pam Bundley
P.S. Keep
in touch
495-3885

Laura,
Well, can ya believe it? We made it through 10th grade! Congrats on making co-captain of flag! Next year is gonna be great. I can't believe I'm gonna be a junior though. See ya next year and probably this summer.

Love always,
Mary (Melvin!)

8° Rules!

P.S. Alan is back!!

Laura - you better be careful or else the nice young men in their clean white coats will come, and take you away to the loony bin. Have a nice summer and all see you at the Beach. I frequent Salt Creek.

Your friend
Carl Rempel
78

Laura, Its been real nice knowing you I'm glad I met you & I think you have a really good life ahead of you really you one of the nicest people

Good Luck

Laura,
To a very sweet person. I hope you-n-Carl stay happy. call me if you have time. okay. 555-

Love,
mary

Laura,

Can you believe it, another year gone by. Wire getting so old! It was really great having you in English and World History. Long is such a drag, isn't he!! I'm really gonna miss ya next year on Drill Team. You were such a big help! But flags I'm sure is going to be fun! I'm sure I'll see ya in the summer. We have to do something this summer O.K.?!! See ya next year!

Love Ya and Friends Always,

Jami

P.S. Keep in Touch

831-0484

Laura,

I'm really glad I met you this year. You're a very sweet person. I'm very happy for you and Carl. Have fun during the summer and maybe I'll see you. Good luck in the years to come.

Love
Jenn

Laura,
Hi!
Gee I don't know where to begin!
I'm really glad that I got to know you.
You're so sweet & nice & Crazy! (Hee! Hee!)
Just think of how fast this year went by,
but think how great it will be next
year. We MADE Flags!!!!! and I'm
made it too! ☺ I can't wait for next
year. It's going to be so much fun!
Anyway, listen if ever you have a
problem don't hesitate to come and talk
to me ☺. K.? Please let's be friends
for along time.
Well I'll see ya later! ☺

Love

Terri

99 rules!

Hej o Hå Laura!

I will miss you a lot when I go back. Not only cause you always are willing to talk to me when Molly and I have trouble. also because I think you are a great person. Have a great summer and good ~~luck~~ in the future. I expect to see you though a lot before I go home.

Johan Leanderson

Laura,

You're a really sweet person and I'm so glad we became friends. Thank you so much for your advice about B ean and all my other numerous problems. Hope you have a really good summer. Call me 586-8512

Love always

Lise

Laura,

Hey, Its been fun talking in Spanish. Biology was a drag but we made it through. I hope I see you this Summer. Call me * 661-6534. Thanks for sharing this year with me. Next year maybe we will see each other more. You a pretty girl with alot going for you. BE good!

Love ya,

Karen God Bless you!

Andrew

Laura,

I'm really glad I got to know you this year. You're really sweet. Have fun this summer and I'll see ya in flags. Luv Kim Newhart

AMERICAN YEARBOOK COMPANY

LAURA -
Congrats on your Selection
OF FLAGS Co-CAPTAIN - You
KNOWING the fine, Enthusastic
person that you are the Group
is GOING to be extremely happy together.
Let's make this year's Group one that
we And the school Can be extremely proud
of OK? See You This Summe
Mrs. Allen

Laura,
I know ~~you'll~~ if
you try-out for cheerleader
next year → you'll make
it! Congrats. on making it
for Co.— Captain for Flag
next year! Will Rank
a blast at the games!
See ya during the summer!!
Love Always,
Kathleen
Schaller

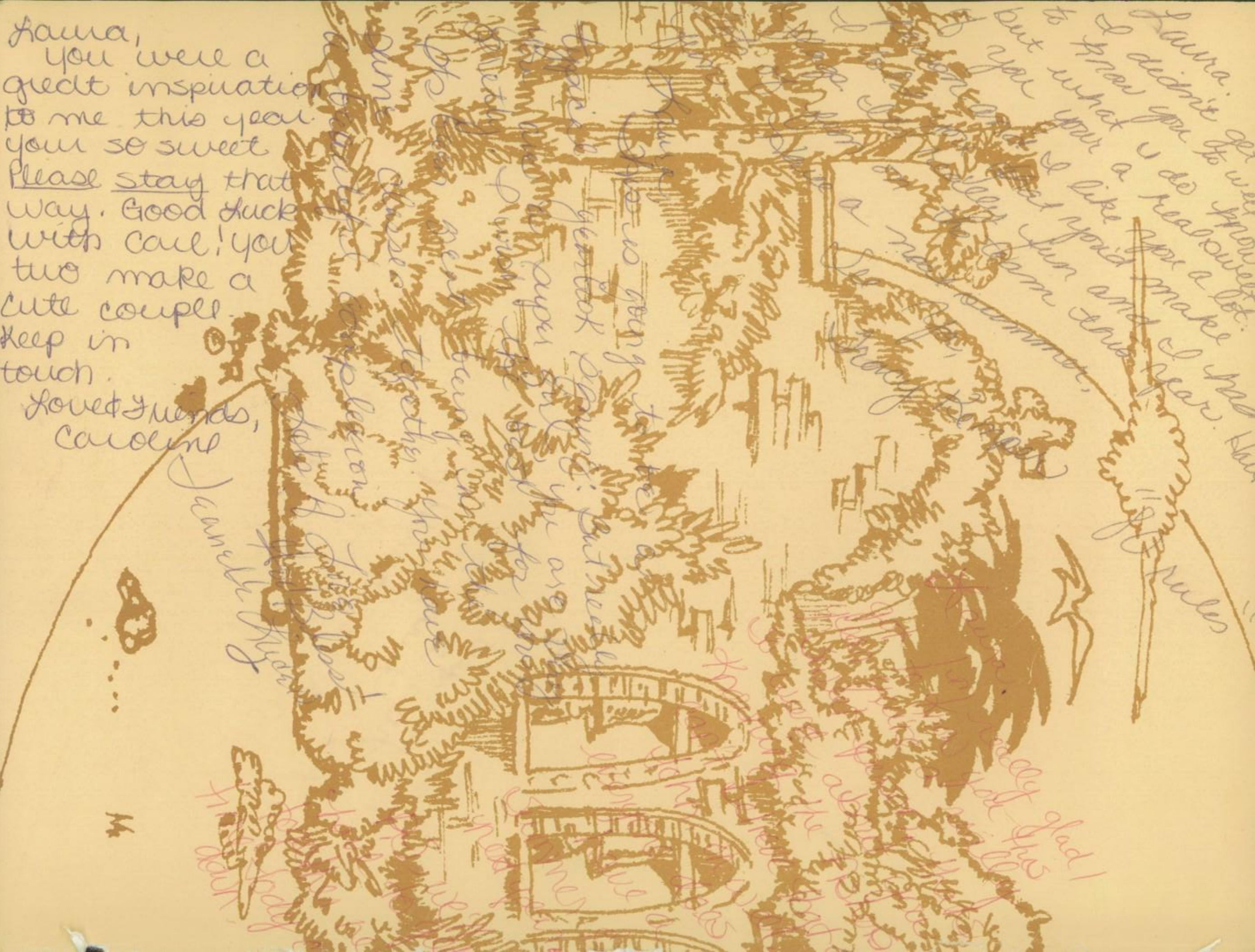
Laura
Remember
when you spent
the night. It
was pretty funny.
Love & Friendship
always
Lori
Hallowan

Laura,
Even though we
didn't get to
know eachother
very well this
year, I know
that you are
really nice. I'll
probably see you
alot (at least
at grocery stores!)
Have fun!
Love, Kristie

Laura,
Thank for
letting me and
Margie in to the
most boring musical
ever. Just kidding. Nice
job. I know you did.
Have the rest of
your years
Love,
Dave

Laura, It has
been nice knowing
you this year. Always
remember Big Ocean.
Dave

Laura,
You were a great inspiration to me this year you are so sweet. Please stay that way. Good luck with Carl! You two make a cute couple. Keep in touch.
Love Friends,
Caroline



Thanks for being such a sweetie. You were really great to the whole pep squad + we all love ya. I'll miss ya next year!
Love, Pam Brodie

You're a sweet, sweet person!

Bye! Bye!
Friends
Love ya

Call me sometime
[illegible]

CAPISTRANO VALLEY